

today **BELIEVE** in self belief.
It's time to stop worrying and embrace uncertainty.
let's { have **FUN**
make ~~**MISTAKES**~~ and
CELEBRATE.

you are the

new, and the **UNDISC**
the raw and **OVERED.**

Today is an

opportunity:

- to challenge yourself,
- to learn new things,
- to work hard,
- to strive.

(chill out some times though.)

TAKE TIME to appreciate and respect what's around you.

Enjoy the journey / start today / #be young.



The Mix invites you to apply to exhibit your work in our £6m world class centre for young people and the community in Stowmarket. We wish for our curator to select the best Art Work and Sculpture produced by young people from Suffolk.

If you would like your work to be considered for exhibition in time for the opening in April please email lucy@themixstowmarket.com together with a picture of your work, our curator will then arrange to visit your school or college to make their final selection. Deadline 24th February 2014.