



**Cribbage Extreme
League 2010
Winter Season Report**

Captain/Coach's Address

The Cribbage Extreme League 2010 season began at the beginning. Although commitment and enthusiasm were very high, basketball skill was low to the point of non-existence. This became immediately apparent as I quickly shouted out who was playing which position as we ran onto the court, to which the response was largely silence and blank stares. The pre-season competition was a very important warm-up for our team. The first time players learnt the basic rules remarkably quickly, and we started to form an understanding of each other's games. Most importantly we came to a basic understanding of how the zone defence functioned, allowing people to settle into their roles for the regular season.

We had a few heavy losses at the beginning of the season, and delayed starts from James Douglas and Doug Fenton, forced some of our shorter players to play post on defence. The other leaders in Lachie Fraser and Dylan Toune were a great help in explaining the basics to the less experienced members of the team. The greatest acceleration in player development, however, came with the inclusion of star recruit Tim Hall, who was a perfect role-model for the shorter players in terms of positioning and forward movement. Hamish Lockwood and Lincoln Birch both improved their ball control, passing, and shooting

dramatically over the second half of the season, resulting in much better forward movement and scoring. Whilst Ed Rose and Doug Fenton set up great position on offence to get some good shots under the basket and played strong aggressive defence, with their flexibility in playing both tall and short greatly strengthening the baseline of our zone.

Throughout the season the senior players also improved a great deal. Lachie Fraser was always the most reliable path up the court, and along with Dylan Toune shot some great jump shots and threes. James Wright was forced to play the power forward role alongside me and carry the entire offensive structure when I was off the court.

Throughout the season his strength and aggression improved markedly, resulting in many offensive rebounds, powerful layups, and some great low passes and key movement to create scoring options and space for myself. James Douglas shifted to centre halfway through the season producing many strong defensive rebounds and amazing cut-offs running back with the flight, whilst freeing me up for a more aggressive offensive role. Dave Parncutt looked like he'd been playing basketball for years in the games he filled in, with great poise on offence and aggression in defence.

Behind every great man there is a great woman, and although our team was not great, there were a lot of us, so combined we were kind of like a great man. The point of this is that Rosalyn Wood was there for every game, taking scores, compiling the moustache cup, and giving

people lifts home. She was the great woman behind our team, and as such a special thanks must be reserved for her.

This first season was a great start to a tradition, which will hopefully continue until we're fat old men like the rest of the competition. The new players improved out of sight and the senior players shook off some rust to finish the season with some great games. It was a pleasure to be the captain of the Cribbage Extreme League this past season, and barring a lingering injury I hope to be part of an improved summer season, with further development and glory.

2010 Awards



From left to right: *James Douglas* (MVP), *John Foxcroft* (Moustache Cup) and *Hamish Lockwood* (Most Improved)

2010 Winter Season MVP Results

1. Douglas - 44 votes

2. J-Rat - 40 votes

3. Lachie - 38 votes

4. Tim - 30 votes

5. Hamish - 18 votes

6. Dave - 16 votes

7. Lincoln - 11 votes

8. Doug - 7 votes

9. Ed - 6 votes

10. Duncan - 4 votes

10. Wang - 4 votes

2010 MVP Winner: James Douglas - James took the team by storm from his first game and within a few games had firmly planted himself in our defensive structure. He had basically everything to do with our higher scoring in the latter half of

the season; not only did he allow John to attack but he added a rebounding defender to fire passes to wingmen. A truly standout season and an absolute rock of a player.

2010 Winter Season Moustache Cup Results

1. John - 84

2. Dylan - 25

3. Lachie - 21

4. Tim - 17

5. James W - 15

6. Hamish - 12

7. Doug - 11

8. Douglas - 7

8. Dave - 7

10. Mike - 5

11. Lincoln - 4

11. Ed - 4

13. Duncan - 2

***2010 Moustache Cup Winner: John Foxcroft* - From early on it was obvious who the front runner was and he didn't disappoint. John continued to excel, drive hard into the key and play with the aggression needed from a hard forward. Although injury should hypothetically have slowed him down, his biggest games came towards the end as he stormed home.**

Lets see the century reached next season John! Special mention to Tim for finishing fourth with so few games played.

2010 Winter Season Most Improved Result



2010 Most Improved Winner: Hamish Lockwood - At the start of the season, Hamish had never played a team sport in any serious degree and feared he wouldn't even know how to hold the ball. By the end of the season he was one of the most important in our forward rotation and his fitness was super impressive. After a quiet word from John and myself about confidence Hamish had two breakout games scoring-wise also. His use as an offensive weapon next season will hopefully be as exciting as it was towards the end of this season.

2010 Team

#14 - John 'The General' Foxcroft



#11 - Lachie 'Mr Reliable' Fraser



#7 - Dylan 'Thinks It's Rugby' Toune



#15 - James 'Stonewall Jackson' Douglas



#24 - Hamish '1Up' Lockwood



#45 - Lincoln 'Gimme The Loot' Birch



#53 - Ed 'C₂H₅OH' Rose



#12 - James 'Curling Dervish' Wright



#4 - Doug 'The Sherman' Fenton



Tim 'Gillard' Hall



Dave 'Foot Violation' Parncutt



Rosalyn 'Fegelein!' Wood



Final Words

Just wanted to say thanks to everyone for trying so hard this season and coming out for sculls and participating so well. I had a blast playing with you guys and I hope we can continue to gel as a group and strengthen our game in the seasons to come.

Cheers!

-Dylan

Captain's report by John Foxcroft

Award reports by Dylan Toune

Layout/design by Hamish Lockwood

Special thanks to Rozzie and Clare for all their work this season and for giving the boys something pretty to look at apart from Tim.