



WINTER CAMP

JANUARY 29, 2011

WINTER CAMP is a special 1-Day martial arts event filled with training, learning, & FUN for students of all ranks & ages!

JUST \$69

WHERE: Eastern Shore Taekwondo Center ❄️ 9am - 5pm

YOUR CAMP DIRECTORS:



Deborah Kim
7th Degree
Black Belt



John Kim
7th Degree
Black Belt



Ryan Gillikin
5th Degree
Black Belt



Charles Taylor
5th Degree
Black Belt



CAMP T-SHIRTS FOR THE FIRST 75 TO REGISTER!

GUEST STAFF:



Suzanne Hinkley
Gymnastics &
Tumbling Coach



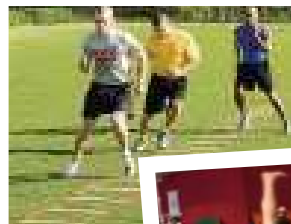
Travis Stone
Agility/Footwork
Trainer

- ◆ Learn Dynamic Kicks & Jumps
- ◆ Polish Your Form & Techniques
- ◆ Learn Sparring Drills & Strategies
- ◆ Learn Knife Self-Defense

- ◆ Improve Stretching & Flexibility
- ◆ Fun Aerial Moves & Acrobatic Kicks
- ◆ Beginner & Advanced Sword Training
- ◆ Improve Agility, Footwork, & Speed

LUNCH WILL BE PROVIDED

FAMILY DISCOUNT!



SEE YOU THERE!

REGISTER AT THE FRONT DESK