

RAMADAN SELF IMPROVEMENT CHECKLIST

Week beginning

Ending

REQUIRED DAILY ACTIVITIES	FR	SA	SU	MO	TU	WE	TH	COMMENTS
Got up for Fajr on time and prayed Fajr with its Sunnah								
Made my morning Dhikr								
Prayed all prayers on time and on earliest time possible								
Made the recommended Dhikr after every prayer								
Prayed all the 12 rakah of Sunnah prayers								
Made Qunut/Du'a for the Muslim Ummah in a prayer								
Made Du'a for my parents								
Commanded one good								
Forbade one evil								
Prayed more than one fard prayer in a mosque (males)								
Read the Tafsir of one verse of the Qur'an								
Read one new Hadeeth and its meaning								
Read one page of the Qur'an as a minimum								
Attempted to increase in knowledge (Reading/Listening)								
Attempted to practise one rare Sunnah of Rasulallah ﷺ								
Made one or more Muslims smile								
Made my parents smile, hugged and kissed them								
Did not argue, nor backbite with anyone								
Did not harbour ill feelings in my heart against anyone								
Did not do anything I was unsure about its permissibility								
Tried my best to take care of my body								
Gave charity (monetary)								
Preserved or removed a harm from the environment								
Made Du'a for the Prophet ﷺ								
Make Tawbah and Istighfaar 100 times								
Pondered 10 minutes about struggling for this Deen								
Did a special deed that is secret between myself and Allah								
Gave some of the extra food from Iftar to my neighbours								
Made my afternoon Dhikr								
Prayed my taraweeh prayers								
Prayed the Witr prayer								
Read Surah Mulk before going to sleep								
Pondered about my Death and of the Day of Judgement								
Prayed absolute minimum two rakat Tahajjud prayer								
Asked Allah for Jannah and refuge from Jahannam (X3)								
Went to sleep in a state of Wudu'								
Went to sleep without ill feelings towards any Muslim								

REQUIRED SPECIFICALLY ON FRIDAYS			
Read Surah Kahf		Took extra care to groom and maintain myself	
Attempted to pray Jumah earliest time & best gathering		Made Du'a only for Rasulallah ﷺ	
Pondered 5-10 minutes about the khutbah & its message			

WEEKLY REQUIREMENTS			
Memorized minimum ¼ page of Qur'an		Fed/Clothes one needy person or gave gift to one	
Memorized 1 hadeeth of Rasulallah ﷺ		Made Istikharah about an important matter	
Memorized Du'a from the Sunnah		Attempted to join hearts between 2 Muslims	

And Allaah Subhanahu wa-ta'ala witness over my all affairs.

Name: _____

Signature: _____

Date: ____/____/____