

LINKS and EXTRAS

(for more zines go to xthugwife.tumblr.com)

<http://www.rarcc.org/>
**Rape Crisis Center
for the Riverside Area.**

Crisis Hotline: (951) 686-7273

**Highly recommend everyone visit this website, it is an
invaluable resource to anyone living in the community.**

<http://www.rainn.org/>

The nation's largest anti-sexual violence organization

<http://www.webcomicsnation.com/maisha/sextalk/>
BEST consent comic ever.

**The CLIT Collective (Consensual
Liberation through Intimate Tactics Collective)**
A great collective that greatly influenced this zine.

<http://www.aftersilence.org/>

**A rape survivor support group. Survivors can
share their stories, seek support, and healing.**

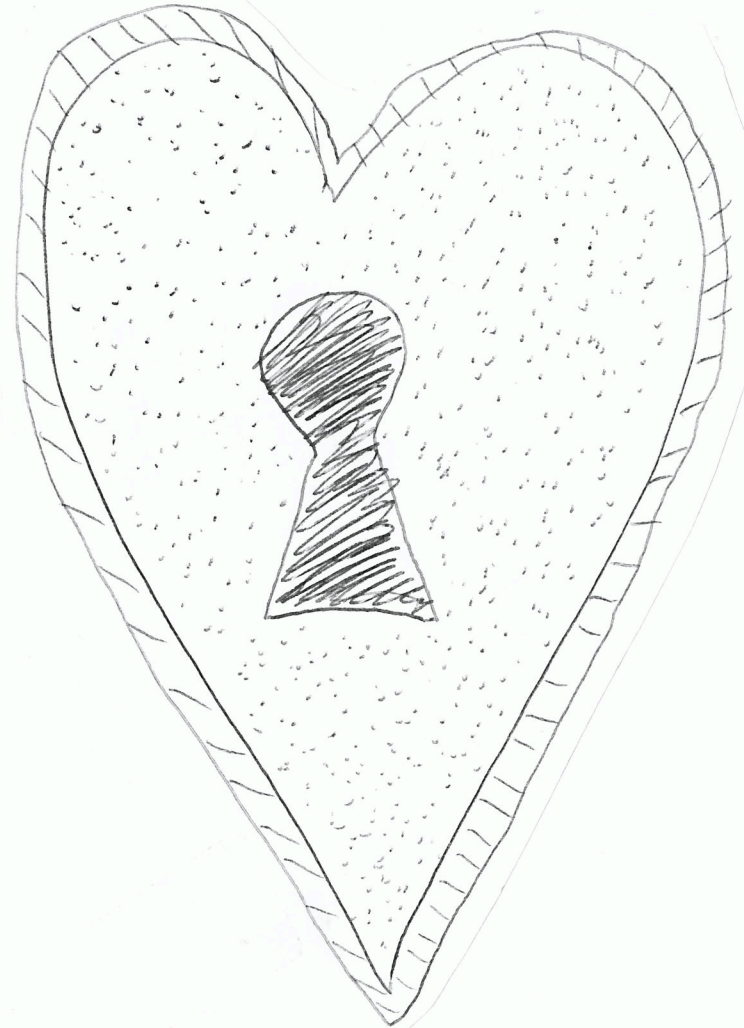
<http://www.aftersilence.org/espanol.php>
Spanish website.

To contact the creator w/
comments, questions, critiques:
xthugwifex@gmail.com
♥+thanKs!♥

An interactive guide to understanding why CONSENT

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S

Key!



Dear reader,

This zine was created to enhance a consent workshop for a Take Back the Night event in Riverside, CA. But, you'll still find this useful by itself.

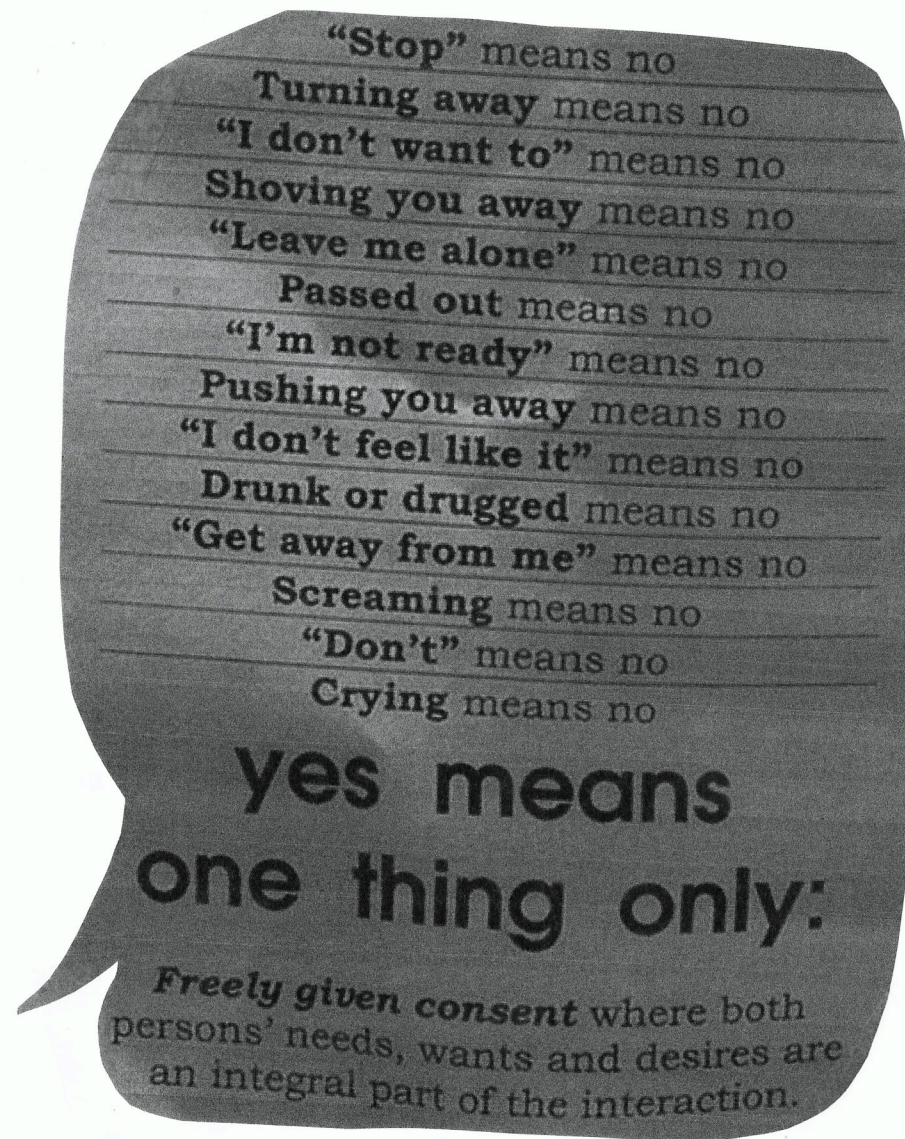
I tried my best to make sure the information and activities are applicable to everyone, including but not limited to: womyn, men, trans, straight, gay, bi, single, committed, polyamorous, etc...

CONSENT IS FOR EVERYONE
and should be practiced by all
FOR THIS ZINE YOU WILL NEED:

a pen

a partner (friend, lover, stranger)

an open mind



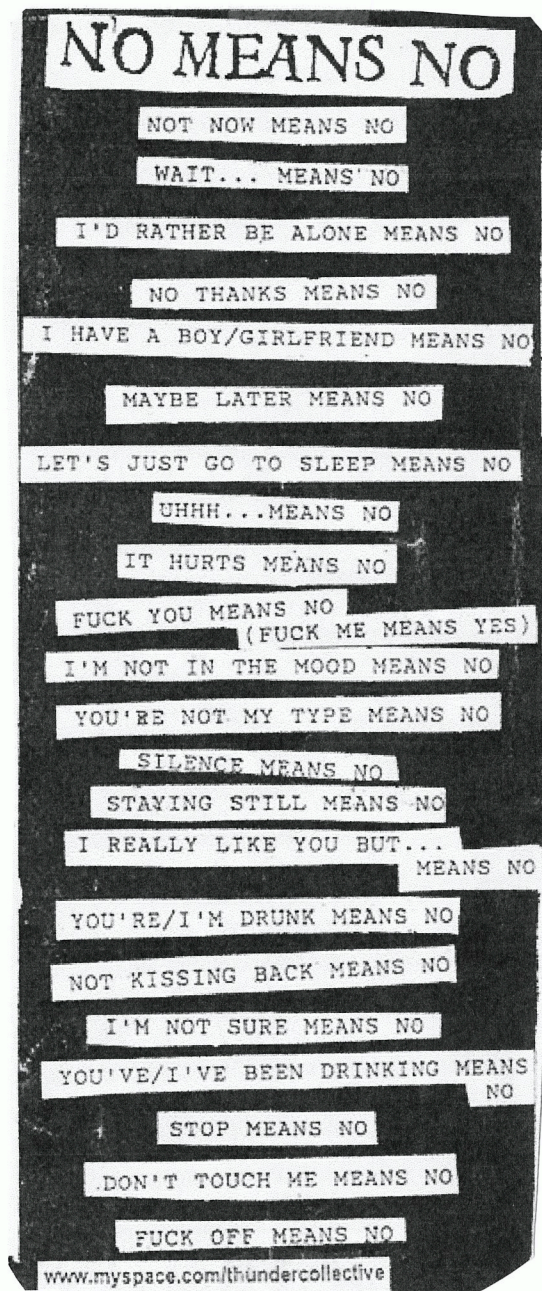
Now...

ENJOY!!

♥ Consent Cheat Sheet ♥

Sometimes, Consent is not as black + white as "yes" or "no". 93% of our communication is non-verbal! which means we have to pay close attention to body language and non-verbal cues such as sighing, yelping, eye rolling, etc.

(Reading Listening
Between
the lines)



♥ - - - - - ♥ 9

CONSENT

(uhh.what?)

while it doesn't flow off the tongue, consent is a beautiful thing. It is the key component to a functional and healthy relationship, sexual or non sexual. But! what exactly is consent??

According to the dictionary...

con•sent |kən'sent|

noun

permission for something to happen or agreement to do something : *no change may be made without the consent of all the partners.*

verb [intrans.]

give permission for something to happen : *he*

consented to a search by a detective.

• agree to do something : *he had consented to serve on the panel.*

Now that we have an idea of what it means, why is consent absolutely necessary for every and any type of sexual encounter?

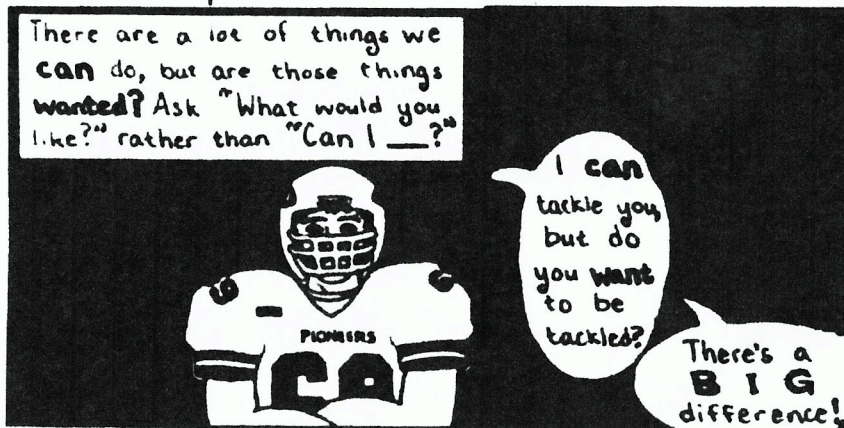
Expressing Consent

"I'll tell you what I want, what I really really want" -

The Spice Girls

Practicing good consent is not possible without clear communication. Like PB+J, R2 & C3PO, mac'n'cheese, you can't have one without the other.

WHAT we say and HOW it's said establishes the strength of our personal boundaries.



We don't just communicate with words, pay attention to body language as well.

Silence does NOT mean "yes."

~ yes means yes! ~

The Facts...

Even if she^{*} spends the night at your apartment,
even if you've taken all the initiative in the relationship,
even if you've been dating for three months,
it is never okay to force sexual activity on anyone.

Lack of an explicit "yes" is lack of consent.

When you have sex without consent (including sex with someone who is drunk or asleep and can't give consent), you are committing **rape**, even if you know the person or if the two of you have had sex before.

Some can give their consent, but can change their mind at **anytime**.

The use of coercion (begging, bribes, threats) is **never** acceptable, period.
"Giving in" or "giving up" is **not** giving consent.

38% of rapists are a friend or acquaintance.
28% are an intimate.

*or he or zee or hir or they

U.S. Department of Justice. 2005 National Crime Victimization Study. 2005.

sexy partner survey
Talking can be tough at first, fill in the survey and get the conversation going!
I like it when you....

In order to be intimate, we MUST

X

X

X

X

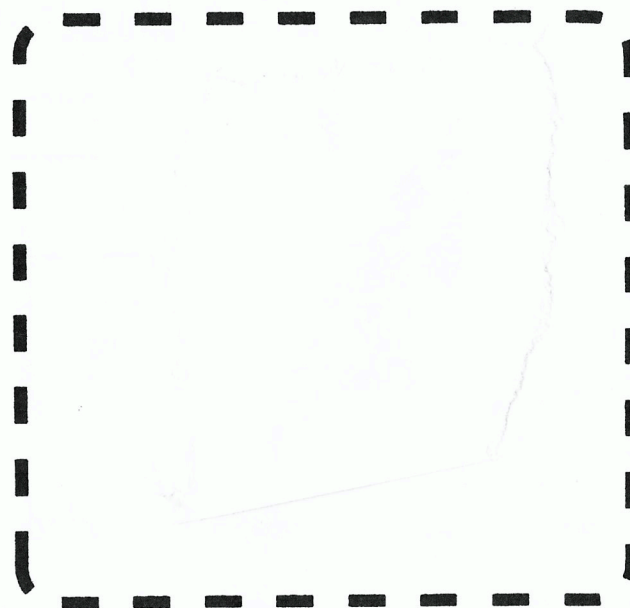
YES! (ex. toys, positions, scents)

NO.

Communication

BREAKDOWN

Let's see how well you express what you want to a partner.



Steps:

1. Find a partner.
2. Sit back2back.
3. Pick someone to give instructions, and the other to receive.
4. The "giver" is going to draw a simple design in the box.
5. The giver will instruct the receiver how to draw the exact design.
6. Both partners cannot look at the other person's paper until the very end of the activity.
7. Compare drawings.

How did it go? Did the picture look anything like the original?

*If so, how did you communicate with your partner? were you specific? detailed? clear?

*if NOT, how could you improve? _____

*If you were the one receiving the instructions, did you ask questions if unsure and/or confirm commands? could you understand what your partner wanted you to do? _____

when what we want is being communicated precisely & clearly, it's easier to see the big picture. creating a dialogue and practicing consent skills in the bedroom (or wherever good times are had) makes it soooo much SEXIER!

The following page can be ripped out/photocopied and given to your partner(s).

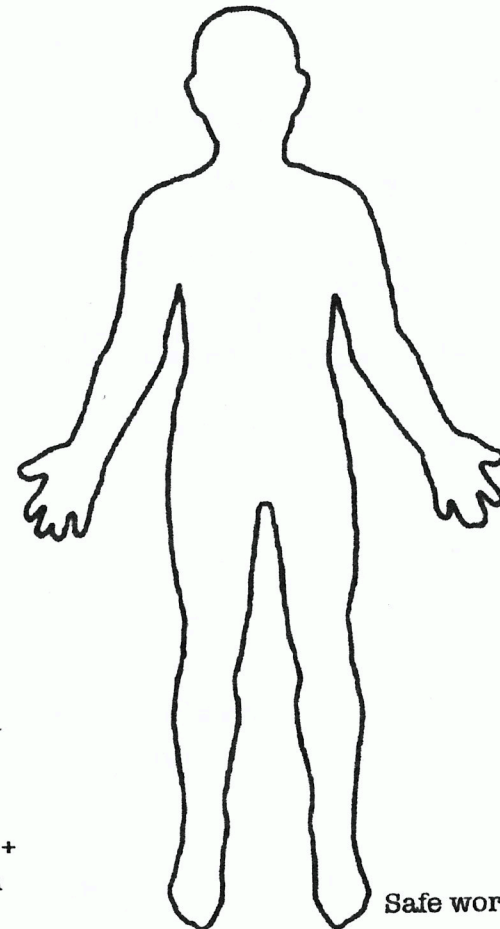
HOT OR NOT

On the body, label the parts that are ALWAYS, SOMETIMES (which means consent req'd), or NEVER okay to touch.

A -Always

S -Sometimes

N -Never



Add arrows + labels for an ideal chart.

Safe word: _____