



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*We are what we repeatedly do.
- Aristotle*

January: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

January: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Spend 25 minutes decluttering the kitchen
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

January: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

January: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- spend 30 minutes decluttering coat closet
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

Blow Money Ledger

Grocery Money Ledger

Kid Money Ledger

Household Money Ledger



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*Money is only a tool. It will take you wherever you wish,
but it will not replace you as the driver.*

February: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Clean out / organize lower kitchen cabinets
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

February : Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

February : Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- Clean out / organize upper kitchen cabinets
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

February : Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Clean out / organize the pantry
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*You will never leave where you are until you decide
where you'd rather be.*

-Lewis Dunnington

March: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Clean main level window treatments
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

March: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- clean out under all sinks
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

March: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Pay / file bills
- Clean all upper level window treatments
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

March: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- clean out linen closet
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

Blow Money Ledger

Grocery Money Ledger

Kid Money Ledger

Household Money Ledger



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*Whatever you do, act as if all
the world is watching.*

April: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

April: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- change kids clothes for new season
- Sort kids clothes to toss, sell or donate
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

April: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

April: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- change adults clothes for new season
- Sort clothes to toss, sell or donate
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*If you were to measure success in service, money will
flow to you in truckloads.*

May: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

May: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- 1 hour to clean out/declutter garage
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

May: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

May: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Use 1 hour to clean out/declutter garage
- _____
- _____

Saturday

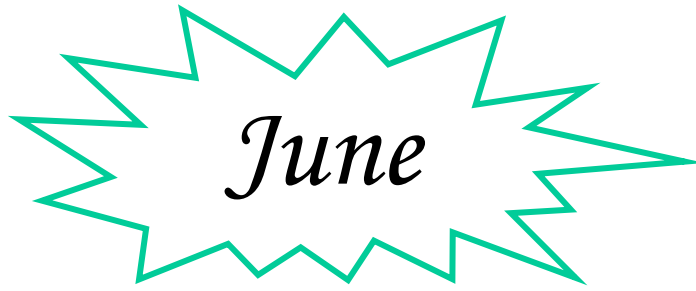
- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*Goals are the building blocks that make a
vision come true.*

June: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

June: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Declutter toys / kids stuff
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

June: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

June: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Declutter toys / kids stuff
- _____
- _____

Saturday

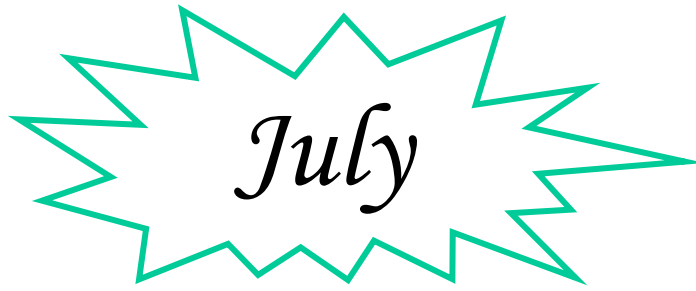
- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*Hope is one of the greatest gifts one human being
can ever give to another.*

July: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Clean out / organize lower kitchen cabinets
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

July : Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

July : Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- Clean out / organize upper kitchen cabinets
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

July : Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Clean out / organize the pantry
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

Interestingly, the ancient Chinese words for “crisis” and “opportunity” are exactly the same. It all depends on how you look at it.

August: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

August: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- clean out under all sinks
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

August: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

August: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- clean out linen closet
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____



Monthly Budget Amounts

Grocery Money: \$_____

Blow Money: \$_____

Kid Money: \$_____

Household Money: \$_____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*If you want something you have never had, you'll
have to do something you've never done.*

September: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

September: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- change kids clothes for new season
- Sort kids clothes to toss, sell or donate
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

September: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

September: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- change adults clothes for new season
- Sort clothes to toss, sell or donate
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____



Monthly Budget Amounts

Grocery Money: \$ _____

Blow Money: \$ _____

Kid Money: \$ _____

Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*Patience is golden because patience will
increase your gold.*

October: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Move fridge & stove to clean behind them
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

October: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- 1 hour to clean out/declutter garage
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

October: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

October: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Use 1 hour to clean out/declutter garage
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

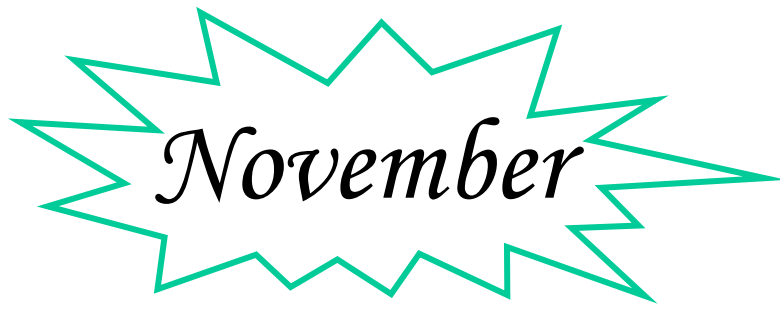
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Blow Money Ledger

Grocery Money Ledger

Kid Money Ledger

Household Money Ledger



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

Thousands of people are brought into a state of real poverty by their great anxiety not to be thought of as poor.

November: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

November: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Declutter toys / kids stuff
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

November: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

November: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- Declutter toys / kids stuff
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____



Monthly Budget Amounts

Grocery Money: \$ _____
Blow Money: \$ _____
Kid Money: \$ _____
Household Money: \$ _____

Monthly Goals

Money saving Goal: _____

Home Organization Goal: _____

Weight Loss Goal: _____

*I'm a great believer in luck. The harder I work,
the more of it I have.*

-Thomas Jefferson

December: Week 1

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

December: Week 2

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- _____
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

December: Week 3

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- pay / file bills
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- wipe all light fixtures
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

December: Week 4

Monday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean toilet
- Clean bathroom mirror
- Wipe down kitchen appliances
- _____
- _____
- _____

Tuesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Clean tub/shower
- Wipe down baseboard on first floor
- Declutter office area
- _____
- _____
- _____

Wednesday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Sweep/vacuum main floor
- _____
- _____
- _____

Thursday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Change Sheets
- Clear off/organize night stands
- _____
- _____
- _____

____ / ____ to ____ / ____

Friday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Clean kitchen garbage can
- Dust main floor
- Sweep/vacuum second floor
- _____
- _____
- _____

Saturday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Back up computer files
- Clean kids room
- Move furniture and vacuum
- _____
- _____

Sunday

- Wash Dishes / load dishwasher
- Wash kitchen sink
- Put away dry dishes
- Sweep Kitchen
- Pick up family room
- Pick up toy room
- Clear off / wipe kitchen counters
- Wipe out bathroom sink
- Empty all trash cans
- Do laundry
- Take vitamins
- Clear off / wipe dining room table
- Clear off / wipe down coffee table
- Mop Kitchen
- Exercise
- Plan upcoming weeks activities
- Plan upcoming weeks errand/shopping list
- _____
- _____

Weekly Appointments / Notes

- _____
- _____
- _____
- _____
- _____

Weekly Goals

- _____
- _____
- _____
- _____

