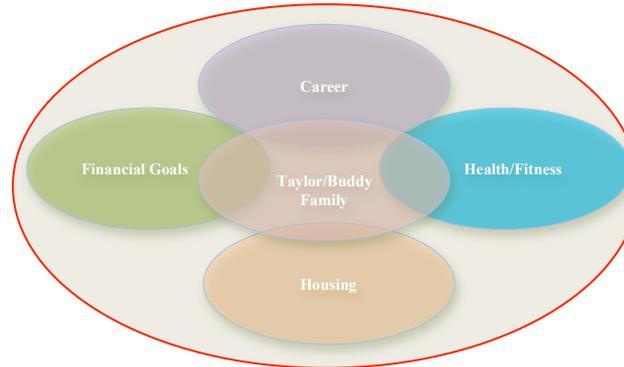


# 2012 Dashboard

**Goal 1: Career:**  
 - Secure employment  
 - Achievements

**Goal 2: Finances**  
 - Aggressively invest in 401k  
 - Security for the future



**Goal 3: Fitness**  
 - Ideal weight by August  
 - Maintain fitness

**Goal 4: Move to Annapolis**  
 - Secure position  
 - Place ads and find agent

Focus Areas				
Career	Financial Goals	Health & Fitness	Housing	Family
<p>My main focus is to specialize in a field and be relied upon for my institutional knowledge serving as the "go-to" person within my department.</p> <p>My next steps include:</p> <ul style="list-style-type: none"> <li>✓ Enhance my project coordination abilities through training and work experience</li> <li>✓ Organizing conferences and events</li> <li>✓ Become engaged in strategic planning and business development, marketing, political analysis, and sponsorship proposal writing/coordination</li> <li>✓ Applying my creative skills and innovation</li> </ul>	<p>Focus on aggressively investing in my retirement</p> <ul style="list-style-type: none"> <li>- Sample 1</li> </ul>	<p>Healthy habits with exercise and nutrition. Stay hydrated, develop eating/exercise routine + supplements.</p> <ul style="list-style-type: none"> <li>- P90x</li> <li>- Shakeology</li> </ul>	<p>Move to Annapolis</p> <ul style="list-style-type: none"> <li>- Sample 1</li> </ul>	<p>Sample</p> <ul style="list-style-type: none"> <li>- Sample 1</li> </ul>

Daily Habits	Strategic Goals	Hobbies and Interests
<ul style="list-style-type: none"> <li>✓ Walk Buddy</li> <li>✓ Consistency</li> <li>✓ Spiritual check in</li> <li>✓ Samples</li> </ul>	<p><b>Summary</b></p> <ul style="list-style-type: none"> <li>✓ Continuing my education and/or gaining certifications in Event Planning and training in MS Project</li> <li>✓ Serve as a career coach and mentor</li> <li>✓ Volunteer for the USO and organizations dedicated to ending human trafficking</li> <li>✓ Learning to play the drums and Great Balls of Fire on the piano</li> </ul> <p><b>6 month goals</b></p> <ul style="list-style-type: none"> <li>✓ Achieve ideal weight</li> <li>✓ Samples</li> </ul> <p><b>1 year goals</b></p> <ul style="list-style-type: none"> <li>✓ Family vacation to Hawaii</li> <li>✓ Samples</li> </ul>	<p>My hobbies and interests are world travel, politics and military, extreme sports and strength training, outdoors exploration, water recreational activities, and play sports for fun. I have a personal passion for the travel and exploring different cultures with an extensive travel background and have visited 17 countries.</p> <p>I have interests in creative design to include: architecture, exterior/interior design, Web design and management, mixing music, creative writing, and marketing.</p>