





# LUFISTO

Height: 5'3"  
Weight: 144 lbs  
Montreal, Quebec  
Canada

| LEVEL 1 OFFENSE                                                                                                                                                                                                                                                              | LEVEL 1 DEFENSE                                                                                                                                                                                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> <li>1. pregnant dog slap - 1</li> <li>2. reverse armbar takedown - 1</li> <li>3. corner rope drape leg choke - 2</li> <li>4. backflip kick - 2 (ch A)</li> <li>5. double arm suplex - 2 (pw)</li> <li>6. double foot stomp - 3</li> </ol> | <ol style="list-style-type: none"> <li>1. dazed - 1 (tag)</li> <li>2. LUFISTO - 2</li> <li>3. LUFISTO - 1</li> <li>4. LUFISTO - 1</li> <li>5. dazed - 1</li> <li>6. dazed - 1 (tag)</li> </ol> |
| LEVEL 2 OFFENSE                                                                                                                                                                                                                                                              | LEVEL 2 DEFENSE                                                                                                                                                                                |
| <ol style="list-style-type: none"> <li>1. backward legsweep - 2 (ag)</li> <li>2. reverse crucifix - 2</li> <li>3. into the turnbuckle</li> <li>4. tornado ddt - 3 (ch H)</li> <li>5. nataro bianco - 3</li> <li>6. Air Raid Crash - 3</li> </ol>                             | <ol style="list-style-type: none"> <li>1. hurt - 2 (tag)</li> <li>2. hurt - 2</li> <li>3. LUFISTO - 1</li> <li>4. LUFISTO - 2</li> <li>5. dazed - 1 (tag)</li> <li>6. down - 3</li> </ol>      |
| LEVEL 3 OFFENSE                                                                                                                                                                                                                                                              | LEVEL 3 DEFENSE                                                                                                                                                                                |
| <ol style="list-style-type: none"> <li>1. deathjump</li> <li>2. out of the ring</li> <li>3. out of the ring (c)</li> <li>4. smash with weapon -3 add1 dq*</li> <li>5. EMERALD FUSION (0)</li> <li>6. EMERALD FUSION (0)</li> </ol>                                           | <ol style="list-style-type: none"> <li>1. PIN 5 (2)</li> <li>2. down - 3</li> <li>3. hurt - 2</li> <li>4. hurt - 2</li> <li>5. down - 3 (lv) (tag)</li> <li>6. hurt - 2</li> </ol>             |

Ropes – B

Turnbuckle – B

Ring – A

Deathjump - A

Disqualification – 5

Agility - 4

Power - 1

Cage 2

\* LuFisto uses either her bat or chain to clobber the opponent, roll DQ

