

EXCLUSIVE!

Meet the world's **FIRST**
baby born to a **MAN**

*6 1/2 lb bundle
of pure
cute*

JONAH

Tomlinson-Styles

8 page special interview with daddies
Louis Tomlinson and Harry Styles

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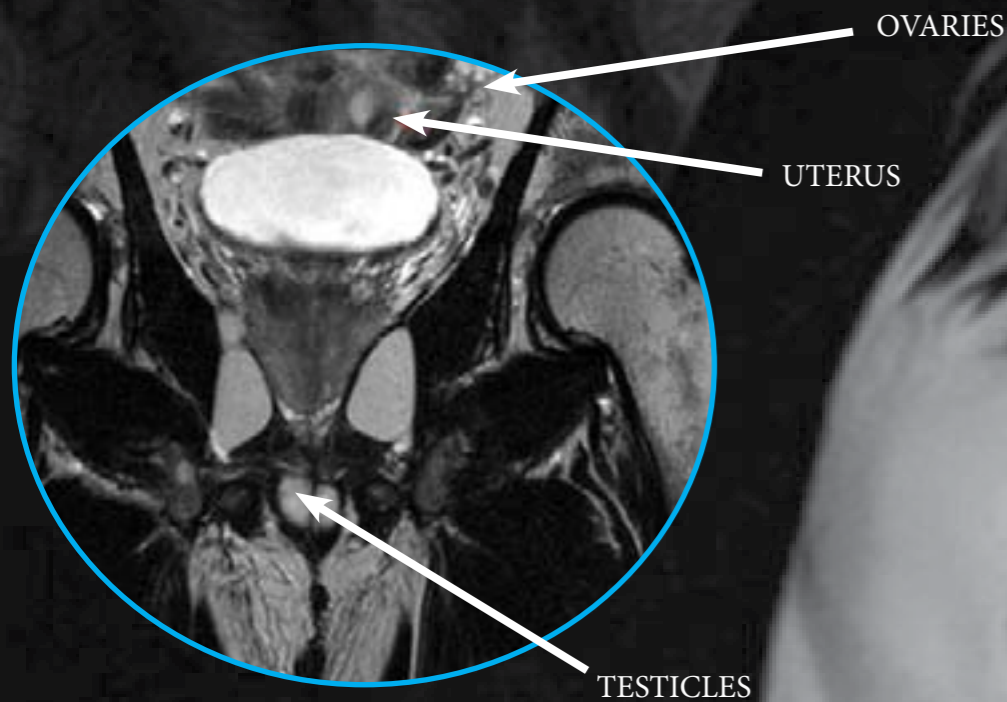
WORLD EXCLUSIVE!
LOUIS TOMLINSON:
MY MIRACLE PREGNANCY
FINALLY A MAN UNDERSTANDS

12
GREAT EXERCISES
FLATTEN YOUR
ABS FAST



FOR EVERY BIRTH, A CAREER DIES.
In Italy, 52% of women are forced to quit their job after giving birth to a child. But the chance of reconciling maternity and career is an essential requirement of civility that the State must commit to guarantee. Because women deserve a Country where being mothers means opportunity, not renunciation.

“Amazingly it’s not an unheard of condition... it happens to about two in a billion...”



“We’ve been very, very lucky.”

Firstly, can I just say, on behalf of everyone at Cosmopolitan, thank you for allowing us to be part of this amazing and extraordinary benchmark in History.

LOUIS (sharing a private smile with Harry): You’re welcome.

Can I also offer our sincerest congratulations; your son is absolutely gorgeous and has a smile to die for. I think most of the team has already fallen in love with him.

HARRY (grinning ear to ear): Thank you. He takes that from Louis. We’ve been very, very lucky.

DISCOVERY

Okay, so let us start right at the beginning. For the benefit our readers, Louis Tomlinson has, incredibly, become the first man in the world to get pregnant and successfully give birth to a baby. Louis, first of all, how on earth did you discover you could have children? It’s not something that generally ever happens to a man except in the movies!

LOUIS: It’s actually quite a funny story because I probably could have gone through all of my life not knowing had I not become unwell last year.

Unwell?

LOUIS: Yeah, it was back in September. I had been feeling rather

poorly for a few weeks so Harry dragged me to the doctors. They ran a few tests and decided to perform an MRI scan as a precaution. Unbelievably it showed I had a uterus in my abdomen. I don’t know who was more shocked by the results, the doctors or me. In fact, I refused to believe them until they actually showed me pictures.

HARRY (chuckling): I believe his exact words were, ‘I’m a guy; I have a dick which I have used often enough to know it works like a normal one. I cannot possibly have a uterus. What did you really find?’

Sorry Louis, we shouldn’t be laughing but that is rather funny. You have no physical signs of having extra bits?

LOUIS: None whatsoever. I’d offer to prove it but that might get me in trouble.

THE UTERUS

Can you explain how your Uterus came to be?

LOUIS: The easiest way to describe it is like a hernia – only it’s a whole reproductive system and not just tissue inside the sac. Amazingly it’s not an unheard of condition either, it happens to about two in a billion – a kind of accident during conception thing. Only a few years ago there was a man in India who had the same thing as me. Ryalu was his name and he had to have a hysterectomy as his was causing him severe stomach pains.

Mine hasn’t caused any problems as of yet and the reason I had been ill in the first place was because I had actually caught a virus. The lads like to joke that I walked into the doctors’ surgery a guy with manflu and walked out a women with a penis.

That is a funny analogy! How did you feel when you learned your condition? Was it a nice surprise or was it a little unsettling?

LOUIS: I won’t lie. At first I absolutely hated the idea of having any kind of girl bits. I wanted the hysterectomy right then and there in order to forget I had been anything but normal.

What changed your mind?

LOUIS: Initially it was the doctors. They refused to do a hysterectomy straight away without giving me time to think properly. Then they dropped the bomb on me; the uterus system was fertile. I had viable eggs in the ovaries.

THE IDEA OF PREGNANCY

Wow, that is almost too incredible to believe – even though we are looking at your MRI scans right now and can see it for ourselves. Who first introduced the idea of trying for a baby? Was it the doctors, your family or something you thought about yourself?

LOUIS: Honestly? It was a combination of all three. As soon as we

knew my uterus was fertile it became the large elephant in the room. The only thing doctors didn’t know was how much longer it would remain fertile. It could have been months or it could be years yet. We still don’t know for sure. All I knew back then was there was a chance I would miss the opportunity if I waited too long to make a decision. I didn’t want to regret not making a decision in time.

Were children something you had been planning for?

LOUIS (laughing): Almost anyone who has ever met me will tell you that I’m a bit of a family man. The lads sometimes like to tease me by calling me Mummy Direction. I love kids and have always wanted to have my own – right from an early age. The whole process fascinates me – in fact I used to drive my mum crazy with questions when she was pregnant with the twins. I spent hours begging her to let me feel them moving about and I always made sure to read them a bed time story every night. So when I was presented with the idea of being the one who could get pregnant... I won’t lie, it really appealed to me. To have that closeness to your child? Most men will never have the opportunity but here I was, one in a billion, with that very option. Was it fair to squander the chance? I didn’t think so.

Was the uncertainty of the time-span of your fertility also a major factor?

LOUIS: Yes. It was probably the top deciding factor. I knew I had



I love Louis, he is my best friend and, as much as I want him to be happy, I didn't like the idea of him going into this as a single parent. It's hard enough to do it alone normally... we've both had parents who divorced... but when you're a single parent in the public eye... I knew Louis wasn't keen on going it alone either. So I made a two-fold offer, I would donate if I was allowed to help raise the baby too.

LOUIS: And that wasn't an offer I was going to refuse. How many people get the opportunity to raise a child with their best friend? I love Harry. We have been through so much together that our friendship is deeper and more stable than most couples' are. He is a truly amazing guy. He has stood strong and true while the media has falsely slaughtered his reputation, he manages to keep good humour while faced with ridicule and lies, he'll stand in the bitter cold for two hours to greet fans without complaining even if he hasn't slept for twenty-four hours. He is sweet and thoughtful, smart and funny, protective and very loyal. I can't think of anyone who would make a better role model for my child.

HARRY: I don't think I've blushed so hard in my life. Thank you Lou. That's exactly how I feel about you too.

You two are so cute together! However, it has to be asked, I'm afraid, when you donated did you need the magazines Harry?
(Harry and Louis giggle ridiculously and Harry shakes his head)

THE PREGNANCY

How many rounds of IVF did you have to go through before one took?

LOUIS: Amazingly, just the one!

HARRY: My little swimmers are that awesome. It only took one shot!

LOUIS: Hey! My eggs were just as awesome! Wait... that sounded so weird, didn't it? Please don't add that bit in.

[Laughing] How was the pregnancy itself Louis? Did you suffer any morning sickness?

LOUIS: I had some later on in the pregnancy, which wasn't so much fun.

Any cravings?

HARRY: What didn't he crave! It changed every week from Quavers to Jaffa cakes to...

LOUIS: Apple jelly.

HARRY: Cornflakes with raspberry jam

LOUIS: Branston Pickle on potatoes

HARRY: Brussel sprouts with marmite!

LOUIS (hitting Harry's arm): You didn't have to share that one!

Wow, those are some... interesting cravings Louis. What about other pregnancy symptoms?

LOUIS: I got most of usual ones; back ache, leg cramps, tiredness, over-heating, swollen feet, the need to pee every few minutes...

HARRY: Insecurity about his weight gain...

LOUIS: Hey!

HARRY: It's true though and it was adorable.

You two are ridiculously adorable.

HIDING IT FROM THE PUBLIC

Okay, let's talk about how you concealed the pregnancy from the public. Firstly, why was that so important?

LOUIS: There were many reasons.

HARRY: Mainly Louis and Jonah's safety.

You felt their safety would be in jeopardy if the public knew?

LOUIS: My pregnancy was high risk and everyone involved was concerned about my stress levels. If the news was made public then it would cause a pretty big stir. On a normal day the press can be quite in our face and rather intrusive. With a story like 'the first pregnant man', who just happens to be in a well-known boyband, we were all worried about the depths the press would go to get more information. Nobody wanted my safety compromised nor did I want to risk getting hounded. Stress can trigger early labour and, as the baby had nowhere to go in my uterus, labour could have been fatal for us both.

HARRY: We were also concerned about the people who would react negatively. Regardless of how good we might be as fathers, or how well Jonah grows up under our care, some people in the world will never support us. In their opinion we have broken natural order and, to them, that is an abomination. Louis was in a very vulnerable position while he was pregnant. Our security teams are very good but he was a bit of a sitting target.

That is very understandable. Talk us through how you managed to keep it hidden.

LOUIS: Well we informed the management team very early on – even before our families and the rest of the band knew.

HARRY: Our management are experts in media control so we gave them plenty of time to devise a thorough plan.

LOUIS: It was pretty easy to hide my pregnancy in the early stages. Up until I was about four months I hardly put on any weight. I started to show around the eighteen weeks mark though and that's when our stylist started to get involved with my clothing. I was made to wear a lot of baggy t-shirts and hoodys to try and hide the bump. Most of the time it worked but I know there are a few dodgy photographs out there on the web.

Obviously there was a time limit on strategic clothing though?

LOUIS: Yes. Our management had decided they could keep me in the public eye up to about week 26. Then I'd be too big to hide. That's how the idea of pretending I would be going in for a minor operation came about. It wasn't exactly a lie. A caesarean is an operation and we never specified what the operation was for. We were pretty amazed the press and the fans didn't push for more information but you know the saying 'never look a gift horse in the mouth'. Originally my due date was early October, which was why my 'convalescence' was scheduled to last all the way until the end of October. It gave us some leeway in case anything changed. It would also give me time to recover from the caesarean. After that it pretty much went to schedule. From weeks 22 to 26 it was a juggle to ensure we were doing things I could hide my bump behind like radio interviews and label conducted photoshoots. Then in early June I went into the private hospital and sat out the final two months.

the doctors' backing for attempting a pregnancy. They were quite excited by the idea but I was still uncertain because I didn't want to try just for 'experimenting' sake. A child's life is sacred and not an opportunity for scientists to play games with natural order. I wanted to make sure that if I did go through with it that I was doing it for the right reasons.

I also had to think logically too. I'm in a boyband and we have been touring all around the world recently. How would a baby factor into all of that? Would it be possible to introduce a baby into such a hectic schedule? Would I be able to be a single parent as well as remain in the band? How would my job affect the baby's welfare once it was born? They weren't questions I could fully answer myself so I turned to Harry for advice.

HARRY (reaching out to squeeze Louis' hand): And I told him the band isn't everything in our lives. There's no guarantee of longevity and we shouldn't squander other opportunities for something that has no certainty. Further more, we aren't just a band, we're a family. If this was something Louis really wanted to do then the four of us would stand by him and help make it work. There's never going to be good timing in our job; we're always going to be 'in the studio', 'doing promotion' or 'touring around the country'. Therefore, timing shouldn't even come into the equation. We'll always find a way around it.

LOUIS: And that's why I decided to give a pregnancy the try.

CONCEPTION

Okay, we'll try and keep this section tasteful... Let's talk about the conception. (Harry and Louis chuckle and then blush adorably). Now, obviously the conception didn't happen naturally.

LOUIS: No, it was done through IVF. There was no other option.

For those unfamiliar with IVF, it is a process where an egg and sperm are fertilised outside the body, i.e. in a laboratory, and then implanted into a uterus.

May we enquire as to the donor?

LOUIS: I think it should be pretty obvious who the donor was just by looking at Jonah. The dimples, the cheeks, the pouty lips and the wispy curls...?

HARRY: For those not getting the hint, I was the one who donated.

Wow, that was a pretty amazing gesture Harry.

HARRY: Louis is a pretty amazing guy.

In more ways than one it seems! Are you willing to talk about what made you offer? That is not something that happens everyday either.

HARRY: My reasons are rather personal, which I hope the public will understand. What I can tell you is I didn't make the offer lightly. There was a lot of thought and consideration put into it.

Two months? Wait a minute, the figures aren't quite adding up here...

HARRY (chuckling): That's because Jonah decided he was going to be ready a lot earlier than the middle of September.

THE BIRTH

He was even earlier than expected?

HARRY: Yeah, Jonah decided he was going to be ready on the 12th August.

The 12th of August but that's almost a whole month early! He must have been tiny!

LOUIS: When I was officially 33 weeks I actually measured at 37 weeks. The doctors aren't sure why, possibly because of the different hormones in my body, but my gestation appears quicker than that of a woman's. So by the time the 12th came along, which was into my 34th week, Jonah appeared to be 38 weeks along, which was as far as the doctors were willing to risk me carrying to.

So the caesarean all went to plan? Or were there any unexpected complications or surprises?

LOUIS: Amazingly it went pretty well. My blood pressure did drop low as I was being sewn up but the doctors quickly sorted that out. Harry was there for moral support, which was a big help.

You were present at the birth Harry? That must have been such a tremendous moment for you.

HARRY: It was probably the most amazing moment I've lived through and one of the most emotional too. I won't lie, there were a few tears shed in that operating theatre, especially when Jonah first opened his eyes and looked up at us. Louis was absolutely incredible - so strong

LOUIS: You were incredible too babe. You didn't pass out, not even when you cut the cord.

Oh my goodness, you got to cut the cord too, Harry?

HARRY: Yeah, I did. It was pretty surreal.

Wow! Who got to hold Jonah first?

LOUIS: I guess it was me - the doctor put him on down on my chest the moment he was born. Harry was the first one to get a proper cuddle though.

HARRY: It was quite funny. He just sort of looked at me for a few long seconds before yawning and falling right to sleep on my shoulder. Sort of like 'hi dad, nice to meet you... snore'.

Aw! You're making us all teary-eyed! How much did he weigh?

LOUIS: 5lb 7oz. He was tiny. He still is tiny [laughs].

HARRY: I could hold him in the palm of my hand when he was first born.

Ugh, did you hear that? It's the sound of a million women melting into their seats. Who got to hold Jonah first out of your family and the band?

LOUIS: Our mums got the first hold, then the lads, and then the aunts and lastly the extended family and friends.

GETTING SETTLED

How has it been since you brought Jonah home?

HARRY: At first, the late night feeds were tiring but we're pretty lucky - Jonah doesn't cry or demand constant attention. He'll occasionally whimper if he's really tired or if 'Patchy' - that's his little teddy - rolls too far away.

LOUIS: Usually, he can happily entertain himself just by looking at the world around him. He's a curious little thing - likes to wrap his hand around anything that comes close. He's been doing it ever since he was born - although, back then he hadn't the strength to actually grasp.

What is like to be fathers?

LOUIS: I don't think there are words accurate enough to describe how it feels. Having a child changes your whole outlook on life. The love and protection you feel for them is overwhelming. Sure looking after them can be tiring at times but when they look you in the eyes with wide-eyed wonder all the effort becomes more than worthwhile.

HARRY: Exactly what Louis said. There is nothing more precious in my life than my family. I would do anything to make Jonah or Louis happy. I will do anything to protect them.

You clearly care a lot for each other and for your son. It's beautiful to see. Do you share the duties of feeds and changes equally?

HARRY: We do. For the first two weeks, however, I did most of the feedings and changes because Louis needed time to heal from the operation.

LOUIS: I felt bad about that so as soon as I could get up, I tried to do my fair share - although Harry kept nagging that I was pushing myself too hard.

HARRY: Well you were and after all the hard work you put in you deserved a few weeks of rest. It was the least I could do for you.

Well with that kind of example of care and teamwork I'm sure Jonah is going to grow into a wonderful young man, just like his fathers.

One last question before we let you go; Christmas is coming up soon, have you any plans?

HARRY: We've been discussing that recently and, since Jonah is really too young to truly appreciate Christmas we're going to spend Christmas day at my mum's and then, hopefully, ring in the New Year with Louis' family. When Jonah's a little older we'll have a proper family day together at home.

LOUIS: We'll still put up a tree in our flat though and take him to Covent Garden to see the lights.

Well we hope you have a wonderful Christmas together and we're looking forward to seeing how Jonah grows into his curls. Thank you for talking to us and we wish you all the best with your gorgeous family.

LOUIS: Thank you for having us.

HARRY: Yes, thank you very much and we wish you a great Christmas too.





10 Facts about Jonah

1. Harry and Louis chose the name 'Jonah' after playing a game in which they chose 5 names they each liked and then compared. Both wrote the name Jonah!
2. If Jonah had been a girl she would have been called Eve
3. The first time Jonah kicked was during a book signing. Louis called for a five minute break so Harry could feel it too - aww!
4. In almost every ultrasound Jonah was seen sucking his thumb just like in the picture opposite – double aww!
5. Harry decorated the nursery under Louis' supervision (see picture below) - it's green and white with teddybear motifs!
6. Jonah was born shortly before 11am on 12th August, weighing 5lb 7oz. Harry could hold him in one hand!
7. Harry and Louis' families, Niall, Zayn and Liam were at the hospital when Jonah was born. The proud grandmothers got to hold Jonah first after Harry and Louis!
8. First person Jonah accidentally peed on was poor Zayn
9. Jonah has been sleeping through the night since he was 2 months old!
10. Jonah thinks 'bopping' noises and raspberries are absolutely hilarious



NAME PATCHY

OCC JONAH'S 1ST TEDDY

STATUS FAVOURITE

GIVEN BY: ED SHEERAN

SLEEPS IN COT

ADVENTURES LEFT ON A

TRAIN, FELL IN THE BATH,

GOT LOST IN THE LAUNDRY

CONDITION WORN



Hiding in plain sight:

Louis Tomlinson, back in April, pictured walking into Syco Studios.

(laughing) “...at that point I was about four months pregnant!” *Louis*

On reflection the bump is clear to see. *Aww!* It's pretty incredible how obvious it now is. Louis admits some of the fans had noticed he'd 'put on weight' but with careful styling it was quite easy to disguise his growing stomach as a 'bad camera angle'.

