

The Loser Attitude

A letter I wish my father had written to me

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Dedicated to, all those who fearlessly
express their hearts and minds.

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Foreword

As I grow up, everyday I discover that life is not what I thought it was going to be. Experience they say is the best teacher, but I wish I had learned from the experiences of other people, than mine. More often than not, I face situations in which I wish somebody had told me; at least I would have prepared to face them. I have discovered that if I continue like this, before I arrive where ever I'm going, I will surely end up a living corpse.

Because I know that many people have a life similar to mine. And I don't wish life damages for anybody; I have decided to share lessons from my experiences, hoping that other people could learn from them.

The Loser attitude is a book which brings out bitter truths about life, truths that can make life work for us, from the youngest to the oldest, richest to poorest, no matter our origins. Those things we need to know if we strongly desire to have a fulfilled and successful life, those things I wish my father had told me.

**Don't spare the wrath and
spoil the world**

Chapter 1: Welcome to Life

Dear Son,

You have made your first step in a journey called life. You will grow up and you will see, hear, feel, think, and experience marvelous things, good and evil. Of everything you shall deal with, the most interesting shall be the different types of people that exist in the world. The differences shall not only be limited to skin color, shape or size, but most especially on ideologies and behaviors. You will discover that each individual is unique and that we all want the same things but just differ by how we intend to achieve them.

Despite the numerous differences existing between us, we are all the same. No matter

how much an individual claims to be philosophical, rational and intelligent, the truth is that inside everybody is a small innocent and beautiful emotional soul that desires the same things that you desire, love, peace, happiness etc. we all have the same fears, and one common destiny, DEATH.

Some people bravely accept life for what it is, keep all hypocrisy aside and honestly face the ugly truth of who we are. But a majority due to their inability to accept our truth and reality, live life based on formulated conspiracy theories.

Man is always trying to find perfection, to differentiate him-self from other men by showing mastery of things beyond the average human being, but most of them are just victims of self-insecurity. Every human

being wants to feel important, and it's crazy what people do to achieve this dream.

Life is fairest being unfair; don't waste your time trying to right wrongs that don't exist. Many people don't want to accept who they truly are; PERFECT beings. WANTING is what has led mankind to turn a perfect world into a miserable chaos of defective people.

From north to south, east to west, whether tall, short, fat, thin, black or white; in life, there are only two types of people, HEROES and LOSERS.

If there is one thing I have learnt in life, it is that there is enough space for everybody to become what ever they want to become. We just need to follow our hearts and focus in what we are good at. We should not be

afraid to fully express who we are, and stand for what we love and believe in.

Life can be very beautiful, peaceful and enjoyable when you understand and live in harmony with it but also very miserable and unsatisfactory when you miss the essence.

Many people live and die without ever enjoying the beauty of life. They have little understanding of themselves and their environment, hence pursue wrong choices which and at the end of the day, render them confused, unsatisfied and unfulfilled.

To be a person to whom success, achievement and self fulfillment is a stranger is the most hideous thing that can ever happen to any man. Yet success is personal and its definition varies from man

to man, however true success is self satisfaction, something which the next person by your side might not possibly understand.

I know people, who gained fame and fortune but died miserable, hating their lives and blaming themselves and others, regretting the lives they lived, wishing someone could turn back the hands of time for them to become what they truly should have been. But unfortunately there is only one life.

Regret is a feeling worse than physical pain, and depression, a situation many people in our sorry world often find themselves.

As long as we are alive, we still have the opportunity everyday to wake up and become who we truly are, not a fake and not

a mistake, a true chance to live never to regret having ever lived.

Life is a great gift and a wonderful opportunity for us to be all that we can be. To live never to regret, and most of all, enjoy being alive. Don't let it pass you by.

Wanting to be loved is what has always killed man. Don't expect them to understand nor love you, but that they respect and accept you for who you truly are.

You are you, and you are beautiful, wonderful, and powerful. Many people fall in the temptation of allowing other people to define who they are or what they should be, and at the end of the day end up in regrets.

If you desire to be a winner, then you must learn to see the world in a way different from how the people of the world perceive.

Hunger for knowledge and wisdom, for a winner is a learner. Learn how to do things. Learning never stops, ask questions and you will receive answers, seek and you shall find. Every little choice you make is very important, don't only think before you make a decision, research thoroughly about the choice you are about to make. Surround yourself with clever and worthy people. Know other peoples experiences, then determine if you are ready for that path. Don't be chicken hearted, but don't be brave to the grave. Don't be afraid to be controversial, for each situation has a different solution.

I don't believe that right is right and left is wrong. Be careful because things are not always what they seem to be. Sometimes it's hard to tell in the dark, something which is true or right for one person or situation may be false for another.

Two Types of People

People fail and will keep on failing, but a loser is not somebody who fails, or a person with a record of failing as defined by the dictionary, but rather somebody who fails to rise up every time he falls, somebody who cannot recognize success when it comes.

The bad thing about losers is that not only do they waste their own lives; they often contribute to the downfall of other people who lack the will power to maintain a winning attitude.

As popularly said, look at the five people you spend most of your time with; you are just like them. Birds of the same feather flock together.

However don't be stupid to think that you can change another person. The choice to change is each individual's. The only true factor which we have total control over is ourselves. All we can do is contribute and try to make people reason with us. It is even hard to tell what an individual truly wants. But at least we know what we want. We don't change people; we can only help them to change.

A hero is measured by his ability to let go, especially of things which he does not need. Many people live miserable hypocritical lives, pretending to like things they hate, or hate things they love, for reasons which are barely vague.

Learn to identify and avoid loser attitudes, that can possibly contribute to your downfall

as well as to win people to the winning attitude.

Becoming a loser is a very easy and foolish thing to do. A loser is easy to indentify, from what they think, to what they say and what they do.

Value your life and your time; don't spend any moment wasting your two greatest assets. Seek to be free, independent, and wise and most especially learn to fend for yourself. The only person who has your best interest at heart is YOU. You are your best guide. You make your choices, and your choices determine who you become.

It is better to be alone than with the wrong company, however a lonely man is as good as a dead man.

Make a Choice

Winners are achievers, and people with fulfilled lives. A winner is always winning at every level of his life even when the rest of the world sees his endeavors as failure. A winner falls just to rise again, but a loser remains on the ground. To a winner failing is a stage in the process of success, to a loser failing is defeat. Winners know what they want and the end always justifies them right.

A winner primarily works for the love, but a loser will stop at nothing to receive credits for every insignificant work he does. Losers are often people who sing their proper praises. Winners are praised or condemned by others.

What you see and think of other people, is what you would do if you were in their shoes. A loser, who of course is a receiver; he always sees other people as receivers and as such develops a habit of greed and superiority.

A loser often thinks that knowledge is scarce and then tends to keep private lots of things which he has learned or heard. A winner understands that knowledge is to be shared and improved. A winner gives away everything that he has learned with his whole heart hoping that it can benefit other people.

A winner knows when enough is enough. It's never enough for a loser. He begins by digging a hole to plant corn and ends up digging his own grave.

Losers hate to take accountability of anything; they shy away from all responsibilities with aim to put the blame on others when the mission is failed. Because they don't try, they don't achieve.

They always speak in the negative; they always see the disadvantages, failures, impossibilities and end up getting mad at other people's success. They always find an excuse for everything, and often blame other people, circumstances or situations for their failures in life. A loser is somebody who cannot differentiate a need from a want, and cannot stand for what he believes.

They say they know what they are doing but then you see them attempting. They can't accept defeat, correction or anything that will show them as humble. Losers are very

lazy and as a result, most of them become gold diggers, always looking for the next victim. Most losers are skilled with talk. If they are not talking you into a sweet idea that will downgrade you to their level, they are skillfully displaying their misery in a way that will make you have pity for them. A Loser is either offering to help or being helped. They are always scared to make agreements or set clear terms.

Do not for one second think or believe that your life and future depend on the efforts of other people or external factors, however do not neglect the importance of the people, places and things that surround you. Do not defer for tomorrow what today can achieve. Losers more often than not, due to their lazy attitudes find themselves in regular pressing

issues always at the neck of time. Avoid impatience, and don't try to force things to happen out of season.

Losers lack self esteem and often tend to follow the flow. They more often than not behave by the influence of other people. They are easily fooled to reject themselves and who they represent, to adopt foreign conspiracy definitions of who they should be.

A loser believes that there is a scarcity in almost everything and as such treats life as a war. They often find every reason to justify their stupid actions instead of accepting wrong and receiving correction. They are often known for leaving works unfinished.

They believe that life is unfair and tend to indulge in unfair methods of earning a living. To them, hard work does not pay. They always hope one day they will win a jackpot and keep on waiting for that day of big boom, but a winner piles up little drops of water to make an ocean, one step at a time.

A winner never feels reluctant to change methods when things are not moving and is always grateful to learn from other people, but a loser does the same thing over and over again, expecting different results. A loser feels humiliated whenever his method is proven wrong, but a winner becomes stronger and more determined to achieve at all positive cost.

To a winner refreshment and entertainment is a way of celebrating success or of rest after hard work, but to a loser refreshment and entertainment are ways of hiding sorrow where they get lost in the moment, pretending that when they open their eyes, their lives will be perfect.

Sometimes some winners without strong faith fail to see that they are winning and turn to pursue loser characteristics. A true winner knows that success is within.

A winner is a solution seeker but a loser is a complainer, they are often people of little faith, even in what they do.

Life is not always what it seems to be; losers are people who don't take things for what they truly are but for what they conceive

them to be or for what they are told. Always be prepared, but avoid acting on assumptions or prejudices.

Do not make a mockery of anybody or thing, learn to accept other people for who they are.

The Devil

Worst than a loser is somebody who acquires enlightenment and wrongly uses it. A liar is a devil. They take advantage of the ignorance of the world, build wealth and fame for themselves then take themselves as the gods of the earth, manipulating and influencing mankind to the ways of the losers, because they don't want other people to achieve what they have achieved.

Greed, power and the concept of property are things you should strive to understand. People are often caught on the neck by their very own egos, wants, and insecurities.

Instead of telling people the bitter truth on how they worked hard to gain the fame and wealth, they tell the public to focus on the

virtual and intangible aspects, a general misconception of realities that many people fall for.

You can't be rich or famous for nothing; you have to achieve something tangible that is buyable by others. If you wish to be as popular as Madonna then you need to sing a song as good as hers or even better. If you wish to be as rich as Bill Gates then you need to invent or create an idea that can sell.

Don't judge a book by its cover, but don't forget that the rest of the world does otherwise. Keep the outside clean and attractive but most importantly keep the inside as clean and beautiful as the outside.

There is magic in dreaming big, but don't ignore being realistic, hard work alone does not pay; you need to be smart too.

There is no such a thing as to conquer the world in one life time; however success does not have a finish line. Feel free to expand the wings of your creative spirit and soar. Do whatever you do, and pray and work hard that as it pleases you, other people may find comfort in it too. However be quick to identify the jealous, don't let them get you.

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Secrets of a fulfilled life

Whether rich or poor, loser or winner, we are all equal and for no reason should you consider yourself more special than another or feel belittled by anyone. Avoid arrogance and be humble, quarrels and fights are not worth the trouble; just let them go. It's ok if somebody else wins you. Feel free to be carefully carefree, but remember that every act has its consequences which you should be ready to face. Else they'll keep on hunting you till you reconcile with them.

No body is a loser by default; it is our habits and choices that determine who we become. The winning attitude is an art than can convert losers to winners, make people achieve more than they ever imagined and

most of all provide people with stability and peace despite the chaos of the world we live in. Make winner choices and you will become a hero.

Don't be afraid to doubt, or to question life. Doubt, question and doubt again till you find an answer that fits your soul.

Many people will suggest answers, and some will claim to have the ultimate truth but the final choice is always **YOURS**. Life is just a bunch of theories and ideas, no matter who gives them. You have a heart, a mind and a conscience, **USE THEM**.

If there are two things we don't ever chose in life, it is when, where and how we are born or die.

That you are able to be born, to grow, talk, walk, think, see, hear and feel is a gift that no man can ever repay. The least you can do is to be thankful and to enjoy being alive. Many people only live because they are alive. Don't be one of them.

We need each other to be able to survive life, but I want you to understand this one thing, I may be your father, but most of all I am HUMAN. Just like you, I too have weakness. We are perfect being imperfect, I don't expect you to be perfect or not to make mistakes, but you too should not expect me or ANYONE at all, to be. Copy what is good and avoid what is bad. Your conscience shall guide you.

There is a thin line between love and hate, hero and loser, good and bad. It takes allot

of courage, effort and wisdom to build a successful life, yet just one silly act can screw up your whole life achievements.

Don't put your hopes or expectations on anything or person. Life is dual in nature, but very few people have the courage to accept it. When ever you do anything, know that it can succeed, as well as it can fail. Do not let anything surprise you and please avoid all unnecessary anxiety. Be slow to anger and quick to forgive.

The journey indeed is not an easy one, but if you be brave and courageous, and most especially learn to connect with your inner self, to express who you truly are without fear of being rejected, and with a free and open mind to learn and accept truth, knowing that human facts are subject to

change. You shall enjoy a life that saints and angels dream of. Right here on earth. Troubles and tribulations shall come, but what defines a man is how he approaches his greatest fears.

Mind your business and learn to hold your peace, remember no body owns you; nevertheless, It is good to be good. In life you reap only what you sow, so sow what you will love to reap. I have said it, but the choice to act upon is yours.

Sincerely

Yours Daddy

This is exactly how I wish he had written the
letter

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