

Cedar Crest, along with Marlene
aid the two had been wanting to get
ts out for quite a while, but the
as that a vehicle could not be located

reached out and petted Buzbie's horn. If Bu
could have rolled over and had Esther pet h
stomach, he most certainly would have.

"I've had big dogs at home. I don't see why

couldn't h
one of the
said Esthe

"I'd like
get up the
too," she
added as s
passed the
Siberian t
It's doubtf
the tiger
would hav
been as la
back as Bu
bie.

Broken Arrow Scout

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ust
out of the facility for the day," said
as she pushed a resident in a
r. "They were ready at 8 a.m. this

it had been "about 15 or 20 years"
been to the zoo.

A cool, breezy spot under a shade tree wa
perfect place for lunch, as Tulsa Zoo Friend
volunteers served up a meal of fried chicke
mashed potatoes, green beans and chocola
chip cookies.

The sea lion pool was next on the journey.

Hargrave wins Jeet Kune Do honor

BY MAIA MAXWELL
Scout Writer

Carter Hargrave of Broken Arrow has his share of tailgaters that zoom up on his red sportscar.

They back away quickly when they read the customized license plate that says, "BLK-BELT."

"I get real surprised," said Hargrave, with a laugh.

Hargrave doesn't hold just one black belt. Try four, in different disciplines.

From Tae Kwon Do to Kempo, Aiki Jitsu to Jeet Kune Do, this man has made his mark on the world of karate.

One of only 50 Jeet Kune Do instructors in the world, he was named Instructor of the Year on May 19 in Cleveland, Ohio and also inducted into the Martial Arts Hall of Fame.

His certificate is impressive, rivaling any advanced degree.

"I have some lawyers that I teach say it would look good in their offices," Hargrave said.

Not bad for a guy who says he once "dabbled" in the sport, dropped out and returned four years ago.

"I got into it hot and heavy, basically for self-defense," he said. "The time seemed right."

Apparently so. While slogging through the ranks of Tae Kwon Do, Hargrave met Gary Dill of Bartlesville, who was once one of Bruce Lee's students, and who became Hargrave's instructor.

Keeping the four separate disciplines of karate separate isn't easy, says Hargrave, but there are aspects that are unique to each.

"Tae Kwon Do is off by itself," he says. "It's very strict and stiff. Kempo is hard but there's a soft side. In Aiki Jitsu, you simply flow around your attacker and use their energy against them. Jeet Kune Do's only aspect is for street combat and how to end an attack in the shortest possible time. There's a lot of straight line punches, eye gouges and low kicks."

With domestic violence at an all-time high and other forms of assault not uncommon, Hargrave says it's just common sense to prepare not to have a fight by studying one or more of the disciplines.

"Most of the time, a person will come across someone unarmed, or someone with a

knife," he said. "And a female has an automatic advantage. An attacker assumes she wouldn't do anything."

If a student comes to Hargrave undecided in any particular discipline, yet still wants to learn, Hargrave said there is a basic procedure to follow.

"I would ask, 'What do you want to do?'"

He describes three general categories into which most of his students fall - karate for self defense, physical fitness or children.

If someone wants to learn only self defense, Hargrave will steer that person in the direction of Jeet Kune Do.

"That's all it's made for," he said. "That way, they don't waste money on doing pushups."

With a physical fitness routine, Hargrave will taper a program according to what the individual wants and can accomplish, although he stresses that in karate, accomplishment is up to the person.

"A combination of the disciplines work pretty good," he said.

Working with children presents a new aspect, he said.

For instance, many of his child students are fans of the Teenage Mutant Ninja Turtles and want to know more about how they can fight like their favorite cartoon characters.

"We save the weapons for later, though!" laughed Hargrave.

The one goal for the students, he says is "self-respect. If you respect yourself, you will respect others."

It's always a little bit easier teaching adults, he says, because "kids are always wanting to challenge authority."

Of course neither of his two daughters ever do that, right? Hargrave rolled his eyes.

"Oh, no, never. Only once a day."

His eight-year-old daughter, Holly appears "kind of interested" in Dear Old Dad's field. Eighteen-month-old Heather is already throwing punches and kicks.

Students under Hargrave may elect to either join a Thursday evening group class or opt for private lessons. The group classes are open to any age and cost \$50 per month, while private lessons are payable by the hour at \$35-\$50.

Hargrave now offers lessons from his home and has plans to open a commercial facility in early 1994. In the meantime, interested students may reach him at 455-5176.



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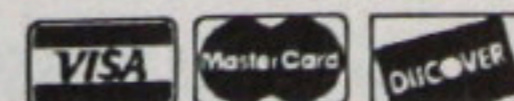


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