

the potential of positive thinking

[my company](#) Most people are aware of with the power of using positivity and almost certainly identify

that it's better to be a positive rather than a negative person.

Many of those same people

may think that we can't change

and that if we have had a difficult life or a lot of depressing occurrences

then it's of no use knowing that positive thinking is good because we just cannot change the way we

think!

Positive thinking concerns each

phase of our lives

See, the thing is, genuine positive

thinking isn't just something that can create a difference in

your life, it will make ALL THE DIFFERENCE. Think about it. If someone

is presented with a prospect in life they can choose to either take full

advantage of that opportunity or to permit it to pass them by. If they think they

would fail or that things just wouldn't work out

they way they want it to, that is negative thinking (and negative people will have many "reasons" (i.e. justifications) as to why it was

not really a good opportunity).

A truly positive person

on the contrary would not only take advantage of the fresh opportunity, but would take it for all it's worth! A

positive thinking human being says of course Yes! while the negative thinker says no.

Negative thinkers say no to new opportunities.

This reminds me of that Jim Carrey film where he's obligated to say yes to any

question asked of him as part of the motivational program he signed up for at a seminar. While this movie is quite

unworkable in a lot of ways

the fundamental premise is based in reality.

Positive people that say "yes", have

experiences that are far more beneficial than those who tend to say "no".

The Power of Positive Thinking in My Life

For example, when I first traveled to Vietnam in 2007 to strike out on my

own, there were new opportunities for me each and every day to meet brand new people, start a new job,

or start up a new company. I saw so many opportunities that I did not know

which opportunity to take advantage of at first. Eventually, I procured a teaching job for

a couple years until I found a new opportunity to co-found a company called Saigon Sports Academy.

After three years I'd built that business up and sold

off my shares for a good profit. When

I was first presented with the opportunity to create a sports training company by one of my co-founders, it was quite a risky move. I had a very

secure profession teaching English as a native speaker that paid quite well and I liked it quite a lot. Why would I want

to risk losing that comfort for a chance

to work almost twice as many

hours without any guarantee of success?

The rational is for the

limitless POSSIBILITIES! Not knowing what is going

to unfold but saying YES anyway is what makes life worth living. It is true, the company could have failed and I would be left licking my wounds lamenting

over years of wasted time. But it really would not have been a waste of time anyway because you learn a great deal through these kinds of experiences.