



H a p p y . . . B i r t h d a y . . .

The iBook 2013-2014



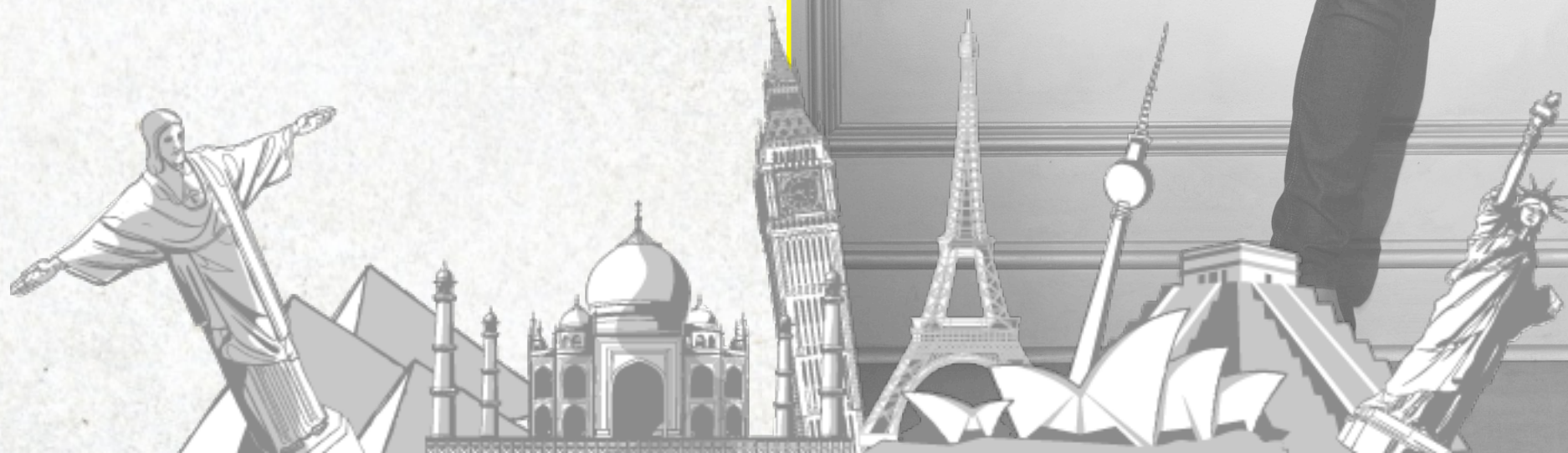
Chapter 1

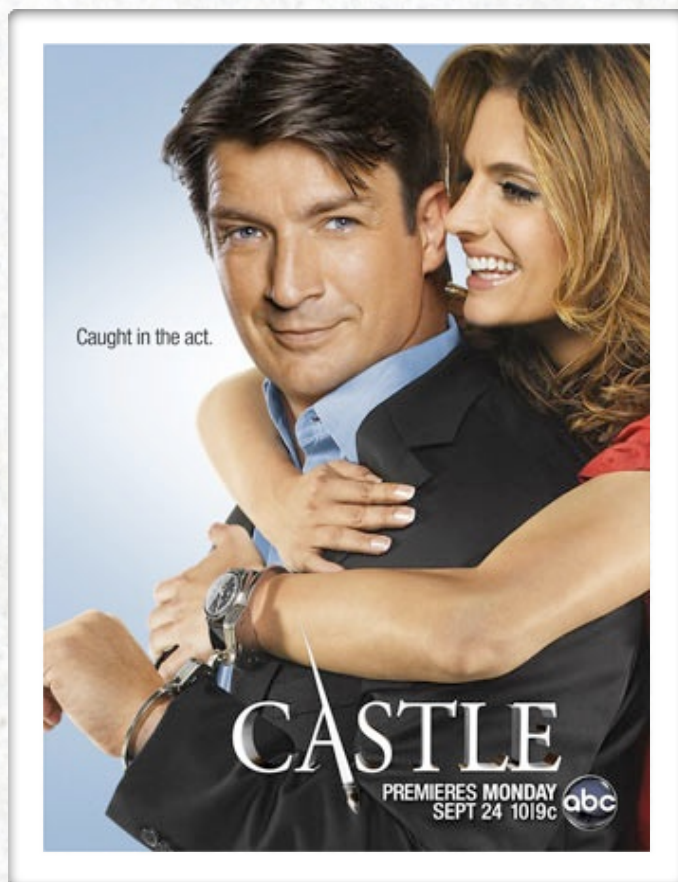
ACTING



“I have only one rule in acting : trust the director,
and give him heart and soul.”

— Ava Gardner





This is a show about love, relationships, hard work, determination, the story, the mystery, the pain of human emotions, crime, remorse, friendship, family, fun and laughter. There are infinite reasons to love this show. Too many, so we can't even grasp how strongly we love the TV-show we are fans of.

Beckett : the strong female lead. Fearless, determined, closed. Over the years, we have seen her coming out of her shell, her protective layers have been peeled off one by one until the beautiful butterfly has emerged. She is the driving force in this show. The emotional depth Stana Katic portrays in this role only adds to the character. Beckett is our hero, our pillar to lean on

- «Trinxy» - (Castle fan from Northern Europe, econut and ATP enthusiast)

SECTION 1

Castle

I first saw you as Detective Beckett, as the episode progressed, my admiration for you grew more

You put so much of yourself in your characters, I am always astonished by your performance on screen.

You deserve to be more recognized because you are a true talented actress.

A BIG thank you for your hard work every weeks.

I really hope your beauty will smash the (big) screen for many years.

Keep smiling, keep loving, keep amazing us...

Proud to be one of your fans.

- Margaux - (France)



...Of your main character in Castle, Kate Beckett, I think that you're perfect for it. I'm feeling identity with it because when I was young, more than now, my mum died and I haven't got a lot of real friends.

One of the reason of I love you is because when I'm sad and I'm feeling lonely you helped me to get up and move on, I thank you for it, thank you very much.

If someday you'll come to Spain and I'll have the opportunity of meet you in real person, I would be grateful for it.

Thanks for everything Stana, keep it up.

One hug and kisses.

- Clara - (Spain)

I do see a bit of myself in Beckett's character, but Stana's stunning beauty is what drew me in the first place. I guess I kind of have a bias for why I like her character lol, but there is so much that people can relate to with Beckett so in a way she's kind of universal. But I do share quite a few character traits and behavioral patterns with the character. She definitely has an influence on me, as well as Stana herself, because she's that woman that people look up to and aspire to be like, maybe in not all aspects of the character, btw definitely her drive and her compassion are traits that I think everyone tries to emulate. She's this strong independent woman that is dominating in this male-oriented society/workplace and I think those are all very admirable traits to have, especially because she doesn't lose sight of her femininity.

- Treveena Smith - (USA)

I'd like to congratulate you for beautifully portraying Kate Beckett in the best TV show ever. You've become a role model to me. Thanks to you, I've finally found what I'd like to do in my own life and I do feel good about it thanks to you.

That character's always had a huge impact on me and I don't even know what to say to thank you. Thanks for auditioning and playing Beckett. You clearly deserve to win every award ! you're the most amazing actress I've ever seen on TV, as if your characters was a part of you.

Your fans (including myself) are extremely proud of your whole path. You were born to be an actress and an example to humanity

Last but not least, I also take this opportunity to wish you a happy birthday. I hope all your dreams come true ! You're such a charming, stunning, commendable and talented woman, stay gold ! Your fans will always be there for you and have your back.

with all my love, - Marie-Lou - (France)

Beckett influences me to be a bit stronger even when things are tough, i see a lot of beckett in me and i liked becketts characteristics because she is serious but can be funny stana is amazing in what ever she does and whoever she plays.

- Shannon Rutter - (UK)



How Stana Katic changed my life? Oh my God. I could answer it in so many ways...

First of all, I started watching Castle because a friend of mine told me I needed to. The first minute I saw you, I realized I was already in love. I mean,

Beckett was already amazing in the pilot, and different than any other character I have seen before. I tried not to become a fan, but it was kind of impossible, of course. Haha.

I started to watch your interviews and I noticed you're this big kid, this amazing woman, who has an amazing child soul. That took my heart so strong that I couldn't resist anymore.

Since then, everyday I watch you (on Castle, interviews or all your amazing projects), I learn something new. You have this huge and incredible heart, you're kind and humble, and

I hear all the "lessons" you try to pass to us, and then I see the kind of person I intent to be. That's why I love you. Because you're not just a tv star, you're not like lots of other tv stars as well, but it's impossible

to 'know' you and not love you. Now, I'm from Brazil, and a huge and devoted fan. That's why I say 'thanks' everyday to that friend who told me I had to watch Castle. She was

absolutelly right. I had to watch Castle, because, somehow, I had to find you. So, keep your perfect child sould, this great laugh you have (omg, i can't breathe when you're laughing like that),

and keep being this perfect human being you already are. I love you,

with all my love,

- **Brenda** -, from Brazil.

Always.



Dear Stana,

First of all HAPPY BIRTHDAY!!

Please let me tell you a short story about my life. I was sitting in class, once, and the teacher asked who our role model was. Most of the students said members of their family, football player, some even said actors. But do you now what I said? I said KATE BECKETT. And yeah, some people laughed.

And then I went on and explained: 'Yeah, I know Kate Beckett is a fictional character. I'm not stupid. But she's been through so much. When she was 19, her mother died. Her father became an alcoholic. She was on her way to becoming the youngest female justice. But this event changed her whole life and she became a cop. She became a cop to get justice for her mother. Since then she's always in life danger. She gets hunted down. Yeah, she even got shot on the chest and almost died. But you know what? She's not giving up. She still holds her head high and fights. She made a deal with Bracken to save herself and the ones she loves. She protects her family: Castle, Ryan, Esposito, hell even Gates. This character is the best example that no matter what comes your way, you can get through it.

So yeah, Kate Beckett is my hero and my role model, and don't you dare to judge me for that.' Some people looked at me like if I was some kind of alien, but I didn't care, because that's just how I see Beckett: As an incredible person. And I don't think everyone could act her. I think just a talented person that has her feet on the ground.

Someone like you. Someone who works really hard, someone who knows when to have fun and when to work, someone who (I quote Nathan Fillion): 'always carries a blinder and folds pages, highlights, takes notes, someone who is as serious as a heart attack about work. I don't think I've ever seen anybody work so hard'. Yeah Stana, that's you. And you have to be proud of yourself, because you're the inspiration of so many people around the world. Including mine.

You spend 90% of your days in front of multiple cameras for OUR entertainment. You've taken numerous times out to talk, take photos and interact with fans and always give the show 110%. And I can see, you LOVE what you do. You dedicate so much of yourself to Castle, and for that I owe you so much... The whole castle fandom owes you so much... Lots of actors just do it for the money, but you don't. You do it because you love what you're doing, and we really notice that, so THANK YOU.

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You said once that you never had fans before, and look at you now. Stanatics all over the world. You feel flattered, but the truth is I owe you so much... Because you make me smile, when there's no reason to in everyday life. You make me laugh when life isn't a joke. You are the most perfect human being I've ever known. So please, stay the same, because the way you are you are beautiful. And I want to thank you for that and for so much more. Thank you for being humble and sincere. Thank you for playing Kate Beckett, and thank you for teaching me so many things through her. I learned to be strong because of 'You think it's a weakness, make it a strength' (Javier Esposito), I learned to never give up, to always keep on going, to do what I love to, to follow my dreams, and so much more... So thank you again, for being the greatest Kate Beckett ever. A real, sincere and deep thank you.

And at last, I want to wish you again a happy birthday, I hope you enjoy it a lot, have fun with your friends and family and I wish you an excellent year, because I really think you deserve it more than anyone else.

So please feel happy and proud of yourself 'cause you the greatest example of a humble, beautiful, fun, nice and gorgeous actress. Never stop doing what you do, **THANK YOU A LOT FOR EVERYTHING.** I love you with all of my heart.

∞ALWAYS∞

- Clara- (Spain)

Stana katic acting: here is why she need an Emmy

I started watching castle " Nikki heat" episode in was thinking ok what is this show it's funny. What drew me into castle was season 3 finale "knockout" stana katic gave a great performance and when she got shot you felt every emotion. I never cried for a tv show and I said who is this actress. I remember my sophomore year of college I stayed in my room all weekend eating pop tarts and crackers lol but I ended up watching the first three seasons of castle and watch every work stana katic has does from guest spots to movies. I came back out my room Sunday night my roommate asked "what did you think about the show" I said " I haven't seen an intriguing storyline since the x files and castle has become my favorite show. I discovered a new actress and her name is stana katic. You can feel every emotion coming from each scene she is in she will make you laugh, cry, frustrated and feel loved. Nathan and stana play so well with each other and the cast is an assemble one. Stana katic needs about 6 Emmys for each season. Stana is award worthy and she is a positive role model. She is a one of a kind actress. I hope I get a chance to work with her one day . Love her always forever a fan

Xo

- **Sharrie** - (USA)

Chasing dreams never stop believing



Happy Birthday Stana!

Oh my gosh where do I even begin! When I started watching Castle a few years ago, I knew it was instantly going to be one of my favorite shows. As I grew older, I became obsessed and I'm so glad I did. Castle has helped me through so much, including the ending of eighth grade, major back surgery, and starting high school all within one year. Because of my curiosity, I decided to look up who played each person on the show. When I saw your name, I read more into you, and I felt inspired. After I started following you on twitter and seeing some of your interviews, I was like "finally! A down to earth actress that actually cares about the earth!" I am in awe that a big actress can have such a big heart for not only her fans, but also the world around her. Although I'm only 14, I have been inspired to try and go car free for a day and take in the time to breathe some of the fresh air that's around me. On October 31st, the unthinkable happened. You tweeted me back. I almost had a heart attack. I'm so glad I dressed up my mom and my step dad to look like you and Nathan Fillion from that photo-shoot. Thank you for being an incredible actress and for bring me together with a wonderful group of friends that watch castle. They have been there with me for so much and I've enjoyed fangirling with them on oovoo. Thanks for being awesome and I hope you have a wonderful birthday!

Love,

- **Daniella Karant** - (USA)

The first time I saw you it's was in Castle, since this day I never stop to watch the show. You're became my idol, my model. I love your actress game. Everything seems so true when you act. You are an amazing actress and proves us every weeks on the tv show. I love the character of Beckett : she is so strong but she is also sentimental and she needs love. I know that Beckett is not very "true" but for me she is wonderful, like you. It's your actress game who make Kate "alive" and you do it very great. Castle is my favorite tv show and for nothing I would like change that. This is the only show for which I wake up at 3am. The cast is awesome and make me smile every day of my life, you are awesome, beautiful, talented, gorgeous. Castle is an amazing show with drama (a little), fun (a lot), love (enormously)... all we need to do a very good show. I'm so glad that you make out of it.

Due to this series, I met a second family who understand me when my friends or my family can't. I made friends who are, like me, a little crazy. It's my second family, and I like to discuss with all of them. It's funny too saw how we are different but we have so much in common finally. We even came to give nicknames. Mine is a friend who found it. This is "Sat-na" it's a mix of your name Stana and Satan (devil) because sometimes I'm pretty honest with people, I say what I think without detour and it does not always please I know. But my friends accept this part of me. And now, everybody call me like this when the devil resurfaces.

"Always" is became a word important for me and my friends know that I not tell this word any time or for anything. They know that, when I say this word, is for real.

Some of my friends think I'm crazy to love a show this much, but I answer them "Yeah, maybe, but I'm just a fan of a wonderful tv show, and actress !" And this is who I am and I proud of that.

To finish, I'm going to talk to you in french which is my native language :
JOYEUX ANNIVERSAIRE STANA !!! j'espère que tu vas bien et que tu vas passer ton anniversaire avec toute ta famille et les personnes à qui tu tiens. Je t'aime.....always ∞

- **Chloé** - (France)



CBGB (Country, BlueGrass, and Blues) was a music club at 315 Bowery at Bleecker Street in the borough of Manhattan in New York City. This movie «follows the story of Hilly Kristal's New York club from its conceit as a venue for Country, Bluegrass and Blues (CBGB) to what it ultimately became: the birthplace of underground rock 'n roll and punk» and was produced by rad Rosenberg and directed by Randall Miller, Jody Savin.... Great storyline, crazy awesome cast... I can't agree more with Crystal Ball «CBGB's shaping up to be quite the star-studded affair».

Official website : <http://www.cbgb.com/index.php>

FB : <https://www.facebook.com/CBGBtheMovie>

Don't miss out CBGB Festival : films screening (Oct. 9-13, 2013) in NYC.

SECTION 2

CBGB

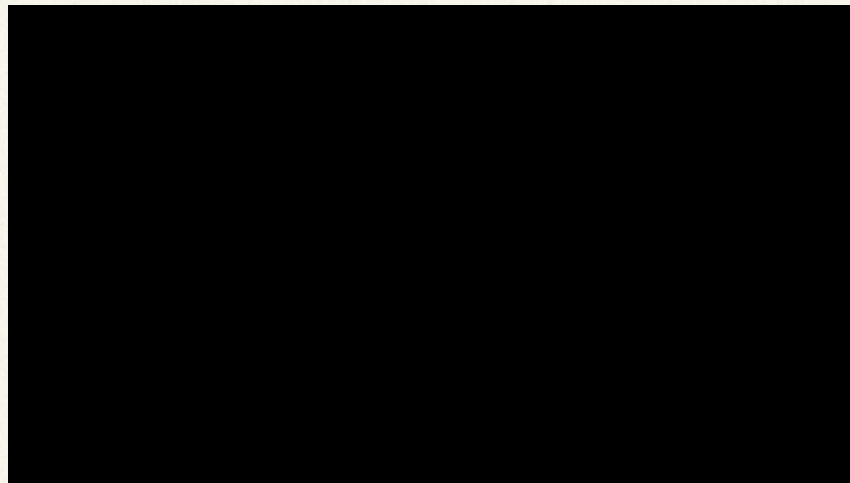
I can't tell you what I think about the movie as we don't see it yet ! BUT the only think I'm waiting for is great music and I hope that all the cast will give us the a bit of the feel of 70's and CBGB club!!! Stana is not the main character there so I don't think we will see her a lot BUT I do hope she will make Genya justice!!! I love her music, story and I really hope that more people will learn how amazing person she is !!!

- **Malwina** - (Poland)

I'm quite excited to finally watch this movie. I'm expecting so much from it ! I've already seen «Nobel Son» and the whole cast was pretty amazing, interesting plot. I'm looking forward to seeing «Bottle Shock». Since I've heard of «CBGB» I've been checking the official website every single day. Very attractive cast, that music club is a myth, totally dig the atmosphere and I wish I could have been there listening to a live performance. I'm pretty sure that movie's gonna be successful.

After having recently discovered Stana in Castle TV Show for her portrayal of Kate B, and I have the feeling she'll perfectly portay «Goldie».

- **Leo** - (Switzerland)



Richard De Klerk, CBGB actor

Stana's anticipated new film is CBGB, in which she portrays famous rocker Genya Ravan. It has a large cast and will surely tell multiple fascinating tales of music legends and the club CBGB. The film will be out this year, presumably, and I cannot wait. I've been excited for it ever since I found out Stana would play a part in it. I believe she can fill the role as rocker perfectly. If she sings, that'll be even better because she has the voice of an angel. I'm sure she can be a badass belter too. I do not know what to expect from CBGB, but I'm under the assumption that Stana will have many scenes. Her character is/was a pioneer for women and a music producer. From the photos already revealed, Stana makes a good-looking rock star. Two key aspects: wild, curly hair and no bra. Whoo, what a rebel! My hopes for this movie, besides really great storytelling and a perfect inside look at the club, are for Stana to sing, have a love scene or just a shirtless scene, and to shine with prowess as Genya.

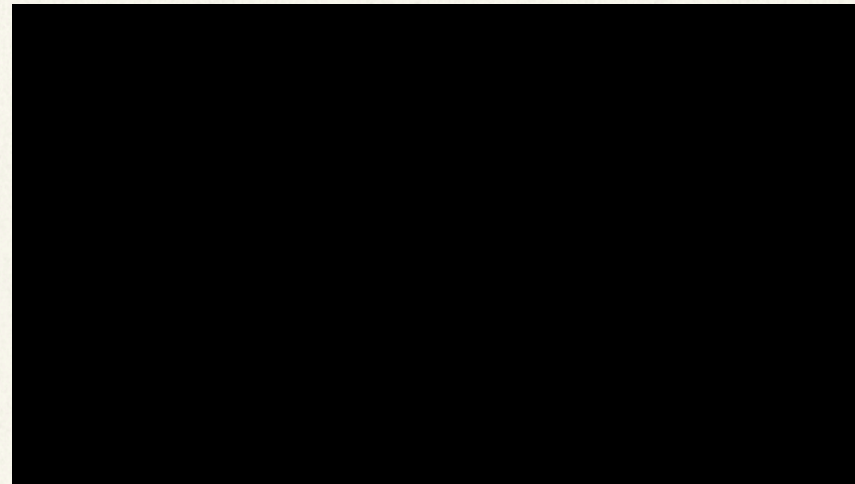
- Kate - (USA)



Stana Katic fans worldwide can't wait for the theatrical release of CBGB, a film in which she portrays legendary punk rock producer and musician Genya Ravan. Ravan is famed for being a founding member of the first successful all-girl band, Goldie and the Gingerbreads, followed by a successful career as a music producer in the late 70s. We have only seen a few of the stills from the film in addition to some behind-the-scenes photos taken during production, but Stana looks beautiful, edgy, and so unlike the her Castle character Kate Beckett we all know so well. These are the kinds of film projects that we would imagine are welcomed departures from the character Stana plays 10 months out of the year. And the fact that Genya Ravan herself, is still alive and well has to add an interesting element to playing her on the big screen, and you would think an added amount of pressure to do her character justice. But we know Stana will steal the show, as she always does no matter what role she is playing, and whether the role is a leading role, or a guest starring role, when she's on the screen you can't take your eyes off of her. The release date for CBGB is still tbd, but we can't wait to see Stana shine in this role, and we look forward to seeing what additional projects she takes on during this Summer hiatus from Castle.

-Miah- (USA)

Randall Miller - CBGB movie director





When I knew, you were going to play in the movie CBGB I immediately told me that I had to watch the movie. Then when he came out I went to see directly.

I admit that as I watched in English without subtitles, I board not all inclusive. But I think I got the gist. Anyway, I loved this film because it's about music, groups who went to CBGB. And the music is very important for me. It's a part of my life, I don't spend a day without music. Every morning and afternoon I listen music. 🎵

By cons I would have liked to see you more in the film, and my be sing. But I still loved the movie and you play in. I loved your "look" in the movie, and your haircut.

I hope to see you in a lot of movies ! 🎵

I wish you a happy birthday with a lot of music and fun ! Love you

- **Chloé** - (France)

I've been a long time fan of this music universe talking about CBGB famous club. Was stunned when I learned there was going to be a movie about it. Actually it was the 1st time I've watched a movie directed by Randall Miller but man, that person did some crazy awesome job with his team. Everyone who worked on that insane (in a good way of course) movie made it fantastic.

The atmosphere was so real and catchy. Couldn't blink during the entire movie. Amazing cast from A to Z (Alan Rickman, Rupert Grint, Richard De Klerk (who I knew was in Repeaters but also Fathers & Sons) and I'm not even talking about getting Stana Katic in that entertaining movie. Seriously, seeing you, Stana, in CBGB totally made me look at you differently. How you can play a character from an other. Didn't think a minute of Beckett which is why you're talented as hell. As an actress I'm stunned by the wide range of projects you're invested in and how good you are at interpreting the characters your own way somehow. It's absolutely unique.

You're a diamond in this hollywood industry. Your talent is radiant so is your personality.

Thank you for making the viewers dream and having a wonderful time watching the TV Shows or movies... you totally rule this world. At least mine. Happy birthday Stana.

- **Stella** - (France/Canada)



«Directed by Michael Polish and starring Mark Polish & Stana Katic, *For Lovers Only* centers on two soulmates romancing their way through France. Yves & Sofia haven't seen each other in nearly a decade, but once they meet on a Parisian staircase, it's clear their love still blooms. They embark on a crazy awesome journey of affection, laughs, passion, and honesty. They discover important details of each other's lives and eventually reach a final destination. The key mystery is: will they stay together? As the lovers reacquaint themselves, the audience can only focus on them, thanks in part to the black & white cinematography. It makes *FLO* unique in today's world of color and enhances the love story. Music also plays a prominent role via various montages of lyrical tracks and Kubilay Uner's rich score. *FLO*'s shining aspect is Stana Katic, whose smile dazzles the screen. I believe she's shown more than Mark, which makes sense because his character is a photographer. Her beauty and brilliance are evident in every scene. *For Lovers Only* is a must-see film for all Stanatics, but be prepared to fall in love and wish you had a lover of your own» - Kate Burkholder -

SECTION 3

For Lovers Only

For Lovers Only quickly became my favorite movie. It all started when I saw it a few weeks before I moved to Australia. I was single, not really looking for love. Just enjoying my life as it was. But then I saw *FLO* and I was so surprise by it, by the intensity of what was on the screen... I smile like I never smiled in my life, I burst into tears, I was all smitten by what I was watching. During my last week as a Parisian, I walk in Paris, following the way left by Sofia and Yves in the cold winter. That was the last images that I had before I took off. *FLO* was in my head, in my heart. Love. I was - finally - looking for love. I needed it because I just wanted to feel like these two. That wasn't something that I just wanted anymore, I needed it. But 17000km away from home is not a good place to fall in love. No way I was going to fall in love for just a few months and then break up to go back home. That was hard to see everybody around with somebody and being single. That wasn't for long. I met a guy, a nice guy. That was my birthday weekend in Sydney, that was some random holidays for him. And we met. He was sweet and funny. I kind of know that he was the one. Like *THE ONE*. And we had the most wonderful evening ever. Best first date. Or whatever. Two French - yep, I find a french man in Sydney - walking through every



street. That was St Patrick'sday. We saw a big fireworks, and then, when we arrive at the Opera House it was green, and empty. The place was all for us and we shared a first kiss. I was leaving the dream. For three days, he was all for me... We enjoyed as much as we can. Just three short days before I had to leave. It was like we just had this three days before we died. I was so afraid to loose him. So when I got back to Brisbane, I was on skype almost 24/7. And contrary as S&Y, he called. I was with the guy I love. Because that was love and I just know it. I realised that if I hadn't see FLO, I woudn't have look for a man, or even let a chance to one of them. I was hurt by love, or what seem like it before, and weeling to be alone for a long time, or forever. I saw Yves and Sofia and that changed all. That changed my life. So now, I have 'For Lovers only' tattoed under my left breast, I'm getting married in a few months and we hope to welcome a little baby next year... So thank you for FLO, thank you for everything, you, the cast, all the people who participated to the movie.

- EMILIE - (France)

“For Lovers Only” is a movie about two people who were lovers that meet again after several years in the same city and discover that actually their love is far from faded away. But...no. This is so not the way of speaking about this movie. Let's begin again, shall we?

“For Lovers Only” is a story about two lost souls who find themselves again after long time, and that come back home again, because true love never dies. Because this is the whole point. There are many people who can make a person happy, but only one is THE ONE, that complementary part of the soul that is somewhere in the world. Sofia and Yves had find that, but they were too young, to unexperted to recognize that, and they left the world taking away that possibility of happiness from them, understanding then, only later, the mistake. “If you find something really really great don't screw it up, don't mess it up, hang on to each other.”, and it's true, even if once there it's not so easy to understand what really is important, and how to deal with it. The fact is that world and life are complicated, and if and when, in a moment of serendipity, all the circumstances are right again, and the two persons find themselves again, everything else is changed.

For Sofia and Yves this was the case, because in the meantime they had constructed a family, Yves had had a daughter; all things that cannot be easily underestimated. But what to do when the real love appears again in your life? Would you want to taste it again, even for a few days? Thinking about it all the movie is about Sofia and Yves saying goodbye to each other. They understand that there is no possibility they can stay together now, and decide to use those last days to dream for a while that it is possible. Leaving to personal opinion judging the rightness of their behavior towards their partners, Sofia and Yves have a certain degree of desperation in their time together



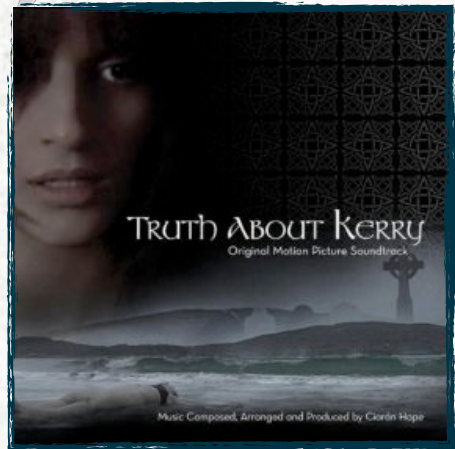
... They know it will end soon, and are afraid of it, they want the other, but at the same time they know what they are doing and the thought saddens them. Like when someone tries to hold water in their hands; no matter the efforts everyone knows that it will drop away. Everytime they kiss, everytime they make love, or it is characterized by some kind of desperate craving, or by a quiet feeling of melancholic happiness that highlights even more every second of it. Trying to define what these two people are trying to do it could be said that they are trying to fill that hole that they have in their hearts with the other, with all the moments and laughs and kisses of the other person. Because they have to let it go, they have to come back to their life and live it in the present and future, not in the past. This really happens when Sofia gives Yves the letter before, and then with the dress of his daughter. The message is: we have to let it go, it is useless we continue to torture ourselves because it is impossible to come back, and now there is no possibility for something. We have to live for what we have, and be happy with it. We have to go on. It is implicit that going on does not mean forgetting, on the contrary it means living with the renewed strength that all the memories give.

Particular importance has the end. Contrary to all the movie, the ending is not in black and white. Sofia and Yves are in a flowered field and play together, laugh, dance, in an atmosphere of complete serenity. Why this difference? Maybe with an hazard it could be said that the last frames do not show an earthly scenario, but a sort of aerial parallel version of the universe where the souls meet, and in this world Sofia and Yves's souls are together.

It is quite understandable the difference between the atmosphere of the all movie, that, however, lightens a bit in the end when Sofia leaves Paris, and the atmosphere of the ending frames. Very different, as the music is, reflecting the evolution of the relationship understanding by both the characters. This understanding of the reality of the situation, frees them from their past, so that now they are free with the deep belief that they will never be apart. And it is not just a case that the movie ends with Sofia and Yves souls' hug in that flowered field.

After all I wrote it wouldn't be necessary to explain why I love this movie, and why I love the characters; it is impossible not to feel pulled into a story that is so realistic and romantic at the same time. The feelings and the exact atmosphere of each character are expressed at their best by the two actors, that find their natural environment a black and white movie, a choice that highlights even more their ability in portraying the characters emotions and expressions. So thank you Mark, Michael, and Stana for this beautiful gift. This is a very precious movie, one that leaves something inside, a rare one.

- **Veronica** - (Italy)



Well known as «Detective Kate Beckett» in Castle, Stana's career started way before that and from what we can see, she was already destined for being a great actress.

We admire her willingness to take on different roles and how she can always make acting believable. She's work with meritable people too.

We're glad she was bitten by «the acting bug» !

The librarian III : <http://www.imdb.com/title/tt1146438/>

Stiletto : <http://www.imdb.com/title/tt1027747/>

Shut Eye : <http://www.imdb.com/title/tt0298551/>

T.A.K : <https://www.facebook.com/TruthAboutKerry.movie>

Fletcher Drive 'The Intervention' : <http://fletcherdrive.net/2012/03/101-the-intervention-2/>

SECTION 4

...and others

Happiest of Happest Birthdays to you. I hope you have an awesome day filled with lots of love and laughter.

I'm not sure if u'll remember me but my Canadian friend Tyler and I met you in 2011.

I recently got around to watch "Truth about Kerry". I loved the movie and your performance in it. It was a really emotional ride. This movie is one of the many reasons why I will start Film school in London in April. So excited to finally live my dream. I also recently scored my first paid writing job. 2013 couldn't have started better. Guess turning 30 wasn't too bad huh?

Speaking of writing. I'm actually writing a romantic comedy script right now that got inspired by the idea that I'd really would love to see you and Eric Christian Olsen in one movie. Maybe one day I can get to work with the both of you. Guess working with you is every directors / writers dream. Love seeing you bring all the emotions to screen. Your acting is livid and never fails to catch me by surprise.



Anyways, enough of the babbling. You have an incredible Birthday. Knowing the Castle family I'm pretty sure there will be cake and a little party for you. And please always stay the way you are. Not everyone has such a bright soul and such a big heart.

- Love, Nicole Behrens - (Germany)

Hey, Stana! I think that, as an actress who loves characters so much, you would like hearing about how a bunch of completely inexperienced people found creative ways to share a real life person's story. That's probably the shortest way of explaining why I thought about including this article in this project. Enjoy!

Professional storytelling: It's not quite acting, but it's not quite not acting either. Rather, it doesn't have to be acting, but it's allowed to involve some acting if you want it to. Or...well, that's the great thing about telling stories--the possibilities are endless. Apparently, you can even do the storytelling thing professionally. But I'm getting ahead of myself here. Sort of...

Telling their stories : Students and the legacy of the Holocaust

In the fall of 2003, Uta Larkey, assistant professor of German, recruited students for a new course she planned to offer the following semester. Called "oral Histories of the Holocaust," the course was based on one offered at Pittsburgh-area schools. Under the guidance of Larkey; Steve Salzberg, a psychiatrist who interviewed Holocaust survivors for the Shoah Foundation; and Jennifer Rudick Zunikoff, a Jewish storyteller, a half-dozen Goucher students learned to dramatically embody the stories of two local Holocaust survivors, Rubin Sztajer and Emmy Mogilensky.

Based on enthusiastic response to the course and its outcomes, Larkey hopes to offer an expanded version for the Fall 2005 semester. In the pages that follow, three of the participants, Shana Lieberman '06 and Taneisha Osborne '04 share their creative journeys.

The Best You Can Give (by Shana)

Very few people survived the Holocaust: even fewer are still alive. One of these days none of them will be around to tell their stories. Someone else will have to do it for them. Why not me?

Even though I had not done any theater or a lot of interviewing--and I was terrified of the thought of having to give a final presentation--the course sounded important when Professor Larkey told us about it. So I registered for it.

For the first few weeks, we met with Steve Salzberg and Jennifer Rudick Zunikoff to learn interviewing and storytelling techniques. At one of the early meetings, Jennifer performed a story from Hasidic Tales From the Holocaust, as a sample of the type of presentation we would eventually do. She's a professional so obviously it was very good. The expressions on the other students' faces seemed to say, "We are supposed to do it like that?"



We did mock interviews with Steve, including one when he pretended to be his father (complete with a Polish accent). One of the most important things he taught us, however, was how to sit through somebody's pain. He also told us not to turn the camera off too soon, since that's often when the best material comes out.

We were divided into two teams. David, Andria, and I were assigned to Rubin Sztajer, who was sent to the camps as a young teen. We met with him on three different occasions and conducted hour-long interviews about his life before, during, and after the war. For each interview, we took a different role--asking questions, taking notes, or videotaping.

Although we were initially nervous about what Rubin would be like or what he would (or would not) say, it was easy. He wants to tell his story.

Sometimes, he said, survivors twist their stories a bit or are slightly off with the dates. That worries him, because if even one discrepancy is discovered, the entire story might be questioned. So he knows his facts.

When we did the second interview, he said, "I have my set piece for this part; don't ask any questions until the end." Steven had warned us that we might have this problem, that Rubin might not want to deviate from his "script." He told his story, and we tried to get some extra out of it, but he didn't want to go too far--not because he doesn't want to talk about it, but because he thinks no one will believe him.

We kept asking, "What was it like," and he kept replying, "You wouldn't believe it. I'm not telling you." That line became an important part of David's performance.

It was strange to return to campus after the interviews. One minute I was hearing about things so horrible I couldn't even begin to fathom them. Then, I'd step outside into a beautiful day and be back at Goucher.

After each interview, we met as a class and shared the things he had said that surprised us or really stood out. We offered each other feedback, both on what we told and how we told it.

When the time came to piece everything together, Jennifer surprised us. She said we already had our stories, that the images and things we remembered were what we should tell. My story began to take on a life of its own.

Our first performance was in Hillel, on a Friday night near the end of the semester. I always eat dinner there on Fridays, and people usually leave after dinner. I was terrified that nobody would stay and listen--more terrified than I was about the performance. We had invited Rubin, and I didn't want him to think that no one cared.

About 20 people came, including people from outside the Hillel community. As I was sitting on the couch, waiting to perform, I hardly heard what anyone else said. My heart was pounding in my head. I remember looking around the room after each person told his or her story, and especially after I told mine. Everybody was keyed into what was going on. Steve had brought his little daughter, who can't be more than 8 or 9. She sat in the front, leaning in the entire time. Her eyes were big and round.

When I went out for pizza the next night, my friends who stayed for the story asked me if I had found out when the class would be offered again. I suppose my story had really touched them.

Right after Rubin mentioned something bad in an interview, he always followed it by saying, "Don't dwell on this. It's over, but just don't let it happen again. Don't act like it's nothing, but don't feel sorry for me." He is an amazing person. He has no real bitterness, and I think people need to see that.

When you read about the Holocaust in history books, you get a very objective, group approach. Even when you are reading memoirs, most of the time it's from a historical perspective. I think it's a much more powerful experience to meet with somebody and see who that person is. The best gift you can give is listening to somebody's story.

why not anger ? : A dialogue between anger and love (by Taneisha)

Why not anger ? it does me no good.

Why not anger ? What good would it do me ?

Why not anger ? it wouldn't ease my pain.

Why not anger ? Because it's easier to love.

Why not anger ? Because anger takes too much energy.



Why not anger ? They separated you from your family. You can't be separated from those you love, as long as they live in your heart.

Why not anger ? They stole your childhood. I did have a childhood, as a result of the Kinder Transport. I was placed in a family that loved me as though I were their own.

Why not anger ? You were only allowed to write 25 words to your parents each month. Those 25 words were filled with love.

Why not anger ? They killed your mother and father. They were killed, but their memory will never die.

Why not anger ? It does me no good.

Why not anger ? It doesn't belong to me.

Why not anger ? Because love is easier.

Why not anger ? You didn't receive reparations. Reparations couldn't bring my parents, friends and millions of Jews back.

Why not anger ? They hated you and Jews for no reason. Because loving is easier on the spirit, and God will deal with it.

Why not ...? Taneisha, you have asked me why not anger, why not anger. I asked you why not love ? Why not love those who persecute you ? Why not love those who hate you ? Why not pray instead of being angry ? Why not pray for those who do evil against you ? Do you not know that love conquers all and endures all, even suffering? You no longer have questions to ask me about my anger, yet I am able to still go on in love. You see, love is where the heart is and my heart will never forget my parents or those Jews who died. As long as I live, and now as long as you live, the Holocaust will never be forgotten. Love will always overpower hate, so just give into love--it's a whole lot easier on the heart. So I ask you again, WHY NOT LOVE?

Taneisha Osborne '04 graduated with a major in religion.

She lives in Baltimore. Of her presentation, she writes: "For me, the most traumatic part of Emmy's story was her life after the war. Hearing all the terrible things that had occurred and how she had to start over without her parents made me think about my own history as an African American. This poem represents my feelings at the end of my interview with Emmy and her demeanor throughout the interview. The first speaker represents anger (me); the second speaker is love (Emmy). When read aloud, anger's tone is loud; love's tone is soft."

The articles don't do this experience justice at all. I wish I could explain what the ATMOSPHERE was like whenever we all presented the completed projects together. My "team" chose to all tell the story as if we were Rubin himself, so in a way, I guess you could say there was some acting there. Jennifer and Steve even went so far as to mention that, somehow, the three of us each picked up on a piece of Rubin's personality and just stepped into it during our storytelling. It was pretty awesome, if I do say so myself. I also wish I could explain to you how powerful Taneisha's poem/discussion was--how the emotion just escalated and escalated and then, right when it came to a point where you couldn't handle that anymore, there was just this beautiful, peaceful resolution.

My whole storytelling experience was beautiful.

I have never experienced anything like it and probably never will again. One of my favorite parts, besides the obvious one of getting to meet this beautiful, strong person that survived unspeakable evil and yet still had an amazing sense of humor, was the moment right before I'd tell the story. I was able to just kind of take a breath, find this inner peace, and then slip into something much bigger than me. I absolutely loved it. I'd like to imagine that you would too. I hope you've enjoyed what I shared. As someone who manages to tell stories so well in her acting, perhaps you'll be able to understand just a little bit of the magic that I have been able to live through all of this.

Happy birthday. With love, - **Shana** - (USA)



In Stiletto, I was stunned by Stana's dark role (Raina) who was dying for revenge. Unexpected movie. I don't know how she made Raina's attitude «understandable». Great twist. I'm convinced Stana Katic can skillfully play a wide range of character types and brings much more to it.

She's definitely an actress to keep an eye on !

PS : Stana, you are magic ! On your birthday, today, I wish you a year with loads of fun, excitement and beautiful memories.

- **Kim** - (Germany)

I was told to take a look at 'fletcher drive' web series. At first I was a bit reluctant to watch it but after I did, my 1st thought was like 'those roommates are hilarious !'. I've always enjoyed every mini story line. I appreciate the concept and the direction it takes. Funny cast and great guest stars ! It was interesting to see Stana Katic in that kind of shows !

She easily switch from a character to another (:

- **Flore** - (Italy)

Stana Katic has a range of movies under her belt, and one of her lighthearted ones is The Librarian III: Curse Of The Judas Chalice. She stars with Noah Wyle in this comedic adventure and it involves a powerful cup. What makes this movie unique for Stana and from the previous Librarians are vampires. Yes! Vampires. Stana herself portrays one (Simone), and her first moments include singing with her beautiful, alluring voice. She portrays one hell of a mesmerizing and adorable vampire. The Librarian III is worth watching because of all the cuteness from her. Did I mention she has a French accent? It's stunning! And her chemistry with Mr. Wyle is palpable. He's just as charming as she is. I believe The Librarian III stands on its own, thus, you don't have to see the previous to films to enjoy it. I also believe Stanatics everywhere would love it because they know how adorable Stana can be. Plus, Simone is probably the most delightful vampire I know. Thank you, Stana, for choosing this role of likeable vampire instead of one that's a bloodthirsty killer.

- **Kate** - (USA)

Stana acting is very believable, express feelings and emotions in an impressive way, I'm proud of it and what it may become, plus, it stays that way. I'll be there always.

Happy Birthday Stana :)

- **Lucia** - (Spain)



The very first time I saw you in a movie was the Librarian with Noah Wyle. I've been a big fan of his for a very very long time. But Simon really caught my eye. When I heard her singing in that movie I was blown away. Such a delicate and passionate character. Then, I took a look at your biography and noticed I had a lot to catch up. Castle, Heroes, Shut Eye, Truth about Kerry, Stiletto... in every single movie or episode from Castle I've watched, I've adored your character. I don't know how you do this but I have the feeling you're adding so much to it ! Everytime your acting is believable and you make us go through all kinds of emotions. That's what I call incredible acting.

You have these amazing facial expressions, this voice that can be soothing and strong ...

Seeing you on Fletcher Drive was something absolutely different. Not only it wasn't that long but I was thinking while watching it you had a lot of fun. And the cast was awesome because it was their own universe but you perfectly fit in such a webserie and I hope you will do more of this if you do have the opportunity to do so. Because you do have a great sense of humor, you are unique, dazzling personality and stunning person.

I'm glad we all get to know you through your work.

I wish you a wonderful birthday with your friends, family and beloved ones !

- **Sabine** - (France)

Hello Stana!

Let me just say that you are a Paragon of Beauty, Brains and Brawn combined. There is no doubt in my mind as to the tremendous talent you possess as an actor. You can do almost anything with passion and perfection. I am always blown away by how you translate emotion into life with your facial expression and body language. You magically transform the written (oftentimes abstract) word to life that is powerfully engaging to the audience, bridging fantasy and reality. You are an amazingly articulate storyteller! I was impressed with the reading that you did on 'Dangerous Women' audiobook. Your voice has left me particularly awe-struck at its impassioned creativity: the accent and stress, the whimpers and growls, the grunts and grits, the snarls and screams... AWE-mazing! I hope you never cease to explore the world of the ARTS, and thus continue to unfold your many great potentials as an artist. I will always follow your work and value your 'good juju.' Happy Birthday, Stana! I wish you everything that gives meaning to your life, and makes your spirit more joyful and peaceful, and your heart more loving

- Michelle- (Japan/Philippines)



I got the opportunity to watch The Librarian: The Curse of the Judas Chalice, and decided to watch it when I saw you were in it. It was so much fun to see you as a vampire.

I particularly loved that scene in which Flynn wakes up in the manor and discovers that "you" are a vampire.

I loved it when Simone showed her teeth, that totally made me smile. And What a voice ! Hearing you sing was amazing. I was speechless. I know that this movie isn't that recent, but I liked it a lot !

It was good seeing you play in another register in the supernatural. Very different from what we're used to see. I also liked your co-star Noah Wyle whom I've always pictured as a doctor from ER. You two made a great team !

I just wanna tell you that I loved you in that movie.

Happy Birthday Stana and remains as spontaneous, as you are perfect and gorgeous

- **Chloé** - (France)

Loved Truth about Kerry background story. It was very different from everything else. Plus I'm a huge Ireland lover. Going there every summer and this part of the country, where TAB was filmed is one of the most beautiful areas.

But I would say that Stiletto blew my mind. Raina is a seductive and fierce woman. I truly think that's the kind of role Stana perfectly fits in. Determined and fearless woman. She's (in her roles) empowering. Can I thank her for being a gift ? Haha. Well Stana, if you do read this message, let me thank you for your talent and sharing with us so much.

Keep shining and exploring the possibilities when it comes to portraying a badass woman. You can be everything at the same time, I mean, sensitive, touching, fierce, wild... that's magic.

Love, - **Anikó** - (Hungary).

PS : Almost forgot to send you the very best for your birthday ! I hope you're sharing this special day with special people... don't know if you are in the US right now or in Europe but wherever you are, enjoy this particular day ! You're special to so many of us. I am sending you hugs from on your Hungarian fans behalf. Kisses.

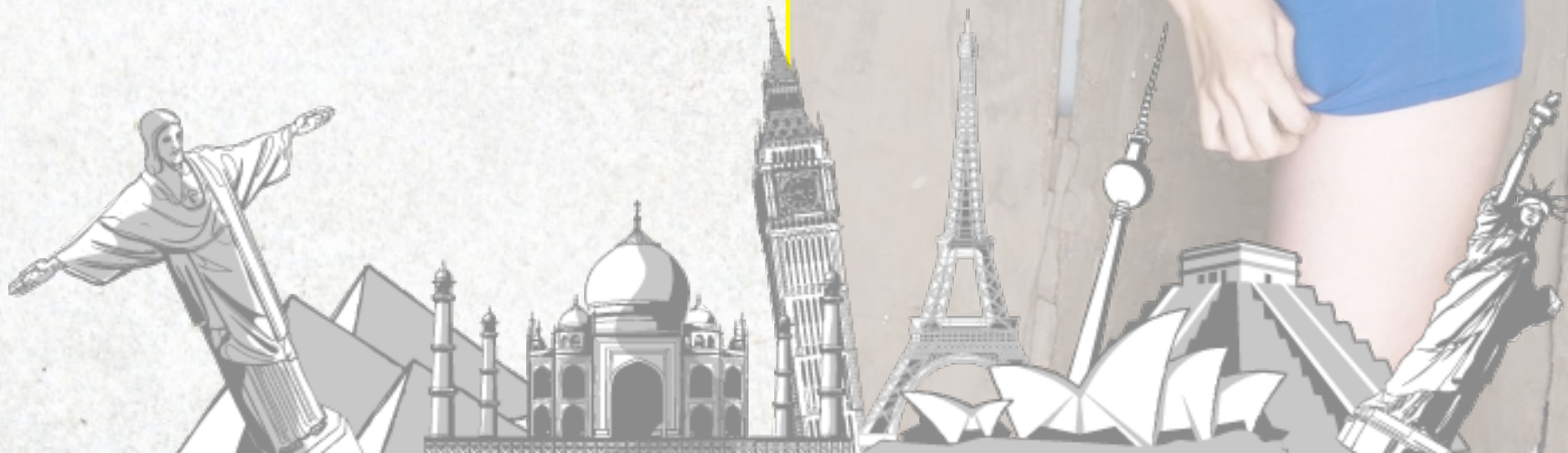


Chapter 2

FASHION

“Fashion changes, but style endures.”

— Coco Chanel





SECTION 5

Beckett's style

There's this pretty awesome website a dear friend (**Stephanie** from Belgium) and her sister (**Ann-Sophie**) have been running for a while => 'fashion on castle : dress like beckett ' for those who wanna know everything about what the terrific Det. Beckett wears ! <http://fashiononcastle.blog.com/>

(with a little help from *Luke Reichle*, costume designer)

«...Although Kate Beckett is a tough detective, she's also sophisticated and blessed with a great fashion sense...» - Stephanie -

If you wanna know who designs Castle character's beautiful clothes, take a look at Luke Reichle's website : <http://secretsoftheredcarpet.com/>



Kate's bandage dress by Hervé Léger is my favorite dress ever! I think it's impossible for anyone not to notice her in this form-fitting bright blue piece. It's stunningly styled with an oversized cutout in the back. A definite winner!



The brown linen collar adds an extra something to this white Burberry blouse. I love how a small detail can make a plain piece that much more sophisticated, and it worked perfectly with her hair.



Another great dress is this black one by Nicole Miller. The combination of shiny and matte fabrics make this a really interesting piece.

- **Stephanie** - (Belgium)

I LOOOOOVE this dress ! Beckett looks so good in it, being all ‘I wanted you attention, but now that I have it, I’m gonna play it cool’. One day, maybe, I’ll be able to rock a Hervé Leger ! (Or any blue dress, I don’t really have to money for designer dresses…)

- **Virginie** - (Canada)





Katherine Beckett works in a male-dominated field. She solves murders and hunts criminals. She's often coming & going from the precinct and battling high-stakes situations. Thus, it would be impractical for her to wear skirts. Surrounded by mostly men and dealing with such darkness as her mother's murder, frilly tops and flower patterns are not her style. Beckett's everyday wardrobe consists of: jeans, slacks, blazers, plain shirts, boots, and minimal to no jewelry. She keeps her makeup simple too. However, one cannot label Katherine Beckett anti-feminine. With help from Castle's costume designer, Luke Reichele, and Stana Katic herself, Beckett displays subtle and integral evidence of femininity. Lately, she's been wearing a golden pearl bracelet, which I can only assume was a gift from Castle. It's gorgeous and quite a style development since she's never been one to wear bracelets. She wears purple, red, and white shirts, and I believe those colors look very feminine on her. A common accessory for her is the scarf. Miss Beckett has worn plenty of scarves, and sometimes they've looked fairly girly on her. I wonder how she stores them all. I believe the most well-known if not always obvious womanly attire are her heels. Not only are they badass, they are also sexy as hell on her. I think they're my favorite aspect of Beckett's everyday style. I mentioned she wears jeans, but they can't be just regular jeans. To showcase Beckett's femininity, she models skinny jeans. Simply check out how they look on her and how well she fits into them. 'Nuff said. Thank you, Luke and Stana, for creating and sustaining Beckett's sensible and beautiful clothing collection. I always enjoy seeing what's next for her.

- Kate - (USA)

By the way,

This is Kate (full name Katherine just like Beckett) wishing you the happiest of birthdays. It's on a Friday this year, so TGIF party time, right? My birthday was March 19, a Tuesday this year, and I had a lovely dinner at Olive Garden. If you love Italian food, that's an awesome place to dine. I want you to enjoy your birthday, enjoy life, and enjoy all your days working at Castle. I admire you for your acting, your beauty, your ATPing, your eclectic tastes, and your childishness. Your acting on Castle continues to astound me with each episode. Especially your facial expressions. Your perfect face can always capture my attention and take me away from the murder case. Your beauty can only be described as not-of-this-world. You're a goddess. I love ATP; I think it's very important to raise awareness and change our commuting habits. In a way, I ATP every day, but that's because I don't venture out of my house much. I love that you share your ATP playlists. You have quite a varied taste in music, it seems. That's very cool. I love that you travel; I want to travel more. I'm more of a landmark /sightseeing kind of girl whereas you really embrace cultures and get to know people. Thank you for anything you have shared and will share from your travels. Have fun on your future travels. I love how you play and make silly faces because I myself am a child at heart. I think you're better at showing it than I am. I know I'm not alone in admiring you. I want you to know that you are loved by many. I cannot claim to be your biggest fan, (seems pointless because we should be equal & united) but I do love you so much. You're the queen of my everything. I hope to be so lucky as to meet you someday. Happy Happy Birthday, Stana. Eat some cake for me, dood. Preferably red velvet.

XOXO,



I'm not gonna lie, first I wasn't a "fan" of Beckett's style when I saw the first season of Castle.

Then throughout the seasons I have appreciated more and more her style and finally, I've ended falling in love with Beckett's style. I have to thank Luke Reichle for that !

He is just awesome, I love how he made these changes throughout the seasons ! I love when Kate wears simple regular clothes like just a simple pants, tee-shirt and jacket with the heels of course ! It's simple but I think it's beautiful. I also love when Beckett wears a dress and heels, which isn't that often.

She's more feminine, well I do have this feeling and dresses this way more freely as time goes by .

She looks SO gorgeous, amazing and charismatic ! I love o much this style can be similar to what I actually wear sometimes, (because I also like to wear, jeans, sweat shirt and basket) at school. This way I'm able to look a bit like Beckett (blush). When I go to school dressed like that, I often let my twitter followers that I have «Kate's style today !!! Be careful, I'm carrying a gun around just like a cop...or not»

I'm also fond of Beckett's hairstyles. It's fun to see all the different hairstyles over time and seasons. There were so many of them ! But every time it suited you well.

You/Beckett looked great. And I confess that what I do love the most is when Beckett keeps her beautiful long hair down. It's pretty tough to have the exact same haircut but went to the hairdresser and asked for the same so that I could finally tweet " Today's Style : Beckett's hair, don't worry I don't have a gun !!!" and a friend directly answererd me " hairporn ?". I know that you know that "hairporn" means. it's trending all the time on twitter, don't know if you've noticed it. But people are drooling because of your flawless hair.

Anyways, Beckett's style is amazing in every way, everything she wears looks stunning on her.

To finish, I would like to wish you the happiest birthday of the world ! You are an amazing person, stay as you are, always ♥

- Chloé - (France)



on her personal style : "It echoes my mood. If I don't want to draw too much attention to myself I'll wear all black. If I am being adventurous I may feel a really strong pull toward colors like cobalt blue and deep red." - Stana Katic

SECTION 6

Public appearances

I've finally came up with a 'Top 5' talking about Stana's most amazing outfit but it was one of the hardest thing to only pick 5 events she's attended. Why ? Because Stana's crazily beautiful, looking incredible all the time.

After a lot of researches and having been thinking a lot, I chose 5 public appearances where I do believe Stana's the most remarkable (like beckett's character) and wonderful. Actually these particular events are from 2012 and I'm sure we all agree, that was a good year for Stana. But there is no doubt she's amazing in every way. Alright, here's my top 5 :

PS: I made my choice before this year's events, and gosh, she is absolutely WONDERFUL !!!!! For instance, i had a crush on the red dress she wore at the The 85th Annual Academy Awards back in February....

Anyway, HAPPY BIRTHDAY STANA ! Thanks for being who you are..., beautiful, amazing and Always smiling....

- **Manon** - (France)

Number 5: The Paley Fest on the march 9, 2012.



- Jimmy Choo Quiet Patent Leather Red pumps
- Helmut Lang 'Lush' voile dress
- Helmut Lang Era Collar Detail Blazer

So far from what we were used to see during events and I can easily notice that she can wear whatever she wants, it suits her perfectly...



Number 4: The Beverly Hills Hotel 100th Anniversary Weekend on June, 2012

- Emerald Jimmy Choo Imogen Sandals
- Long sleeve black jumpsuit by Stella McCartney
- Gold Neil Lane jewelry
- "Maryanne" minaudière by Rafe

I love the "wild side" effect because of the hair and make-up. It is not something we often see on but I think she looks pretty good ! I could even say ' she looks purrfect'



Number 3: The People's Choice Award 2012 on January 11, 2012.

- Black V-neck gown by Valentino

THAT look, THAT Valentino dress and I think she is close to perfection...

Number 2: The 69th Annual Golden Globes after Parties on January 15, 2012

- strapless navy blue Kevan Hall floor length gown
- diamond Damiani earrings

It was hard to choose between this event and next one in my list. The dress is WON-DER-FUL! I totally fell in love with it. Plus Stana looks stunning in that piece of art. Not to mention the Hairstyle and the make-up ... Here's THE Stana we love to see at these particular events...



And the wiiiiinner iiiiiiiis : The 2nd Annual Critics' Choice Television Awards on June 18, 2012.

- "Dame" Dress by Black Halo
- Earrings by Irene Neuwirth
- B Brian Atwood rosegold metallic "Consort" Sandals
- Kotur Pearlescent Minaudière

I'm speechless. There isn't any word to explain how beautiful she was there. The entire look made her absolutely breathtaking.



I've always been interested in Fashion. When I was a kid, I used to sneak into my mum's wardrobe and was dying to try some clothes I really liked. I like her casual chic style, her jewelries...

I'd like to work in the fashion industry such as a Design assistant or something alike.

I could talk about shoes, clothes, accessories and so on for hours.

Fashion's important to me in a way it does express our personality.

Max Azria's clothing line has attracted me for years. I do also love Vera Wang, Donna Karan, Salvatore Ferragamo, Stella McCartney... Christian Louboutin...



The minute I saw that Donna Karan Jumpsuit you wore at this particular event, you did leave me speechless. How radiant ! My favorite actress wearing one of my favorite fashion designers clothing... what a great choice !. I admire your fashion tastes and the way you dare wearing a wide range of clothing. I Love jumpsuits too, there's nothing more comfortable, right ?

Just keep on being yourself and expressing your dazzling character and nature. You're inspiring, that's all. Thanks offering us so much, and I also want to thank Luke Reichle for being around. His website and show are awesome.



When I was young, I used to wear a skirt over my jeans. It was the UGLIEST thing ever, but at that time, I truly believe I look so fashion. Today, I'm aware I looked stupid, but back then, it seemed so cool !

Now, I try to avoid fashion faux-pas like those, and even though there are days when I feel like a plain shirt and jeans are enough, I love to dress up. I feel beautiful, confident and powerful and I believe that's how every woman should feel in her clothes. Beauty is on the inside, OF COURSE, but a great dress or nice shoes never hurt anyone...

Now, why did I pick this particular event you've attended ? Because I love how you were dressed up....



...Quite simple, but really efficient ! You know black really suits you ? (Even though we like to see you wearing tons of colors !) I love everything in this outfit, but what I like the most is the make up. I'm also a brunette with hazel eyes and I always knew purple was the best color for eye shadow, but I never did anything about it... But seeing YOU with purple eye shadow and how EXQUISITE it looks makes me reconsider... Maybe I'll wear more purple...

outfit : T by Alexander Wang t-shirt, Alpinestars by Denise Focil skirt, Jimmy Choo shoes, Jill Milan clutch, and jewelry from Killer Collection, Elodie K, Dana Faith, Melinda Maria & Elahn.

And by the way, HAPPY BIRTHDAY STANA !
I'm glad I started watching Castle last year, because now I know YOU ! (Not that I know you personally or anything, but you really seem like a really great person!) You deserve the nicest birthday party, with the coolest cake ever and the best people around you. You are an inspiring person, stay that way, keep sharing your music with us and take care of that precious smile on your lips, it's GORGEOUS !
Be happy, stay cool, grow old but not up, we love you that way

- **Virginie** - (Canada)

Zdravo,

I have never known how to start an article, which words I had to choose...

So, today I'm here to talk to you about fashion, not as I am an expert in that domain, I'm far away from that. But I've really wanted to make a contribution because once again, Stana taught me to be myself, to wear what I want reflecting who I am and not to care what the others want me to be like.

I really enjoyed the Secret of the red carpet show on June, 2012. Since it, I wear clothes that I really like without being worried about the gaze of the other because I am not necessarily following fashion trends.

I love Stana's style, I think it's elegant and sexy without being too much or vulgar.

It helps me to be more self-confident, to wear clothes that I wouldn't have worn three years ago.

So thank you Stana, for making me who I am

- **Marine** - (France)



I wanna tell you how much I think you are awesome and beautiful and even if I already did, I guess one's never hear it enough.

I love your personal style, clothes... When we get to see you attending public events, your outfits always outstanding ! Your dresses (I don't know if you're the one picking what you want to wear or if you are given advice by a stylist) are gorgeous.

But I have to say, even regular random clothes look great on you.

Actually it's depressing because you look fantastic in pretty much everything whereas this isn't true for everyone.... :)

I think that you're lovely in everything you wear. It's not extravagant it's just perfect and it totally reflect your personality. Nobody looks the same.

For example, I loved what you wore at the Paley Center in Los Angeles back in September 2013. Your dress was amazing it matched perfectly with the jacket ! I'm not even talking about the hairstyle on that day, you were truly perfect ! And this is just one example among many others.

Briefly, I think you will understand that I admire your style, the way you dress and of course your hairstyles

Also, I hope that some day I will be lucky enough to finally meet you, and I will always continue to hope until it really happens... ∞ ♥

- Chloé - (France)



Chapter 3

CAUSES

“Give Happiness, Patience, kindness, and Care, and the PAIN goes away. Then only LOVE remains...”

— Tsem Tulku Rinpoche

"Be the change that you wish to see in the world."

— Mahatma Gandhi





Maybe you already know that but you definitely are a role model. Action speak louder than words which is why seeing you committed to CHLA raised some people's awareness about those great kids who are there.

You care about those children and we also want to help them. A few projects were led ('Drawings, Cards to cheer them up', 'fundraising webpage' ...).

We've extremely enjoyed being part of those because this is just showing some love, some basic humanity.

Thank you for showing us the way...

www.chla.org/

SECTION 7

CHLA

Children's Hospital L.A matters as much to us as it does to you... for some, you made people aware of how caring is important, being generous and committed is a significant value. Helping the others, contributing to their happiness... Which is why, we've wanted help as well, on your behalf here's ' TEAM STANA ' fundraising page which was created by **Leigh and KB** who worked particularly on this :

<http://fundraisechla.kintera.org/faf/donorReg/donorPledge.asp?ievent=1016413&lis=1&kntae1016413=38AC6C010BF747A9B201483E066148AC&supld=375302117>

(Back in 2013)

This year, an other fundraising contribution was renewed by «TEAM STANA» . On your behalf the stanatics got involved and contributed

<http://fundraisechla.kintera.org/faf/donorReg/donorPledge.asp?ievent=1016413&lis=1&kntae1016413=C9F73738126F4BB987558F2505DB2>

Last year «project» consisted in sending a card personally made in order to cheer the children up. Messages were sent, drawings....

Handled by **Cheyenne, Juliette and Marine** .

(further info : Section n°8)



Childhood usually is the magic time of each person's life, that span of years where each one of us still leave in a fairytale, and everything is good. Or it is supposed to. Unfortunately, not every children in the planet is that lucky. There are some kids who are born with diseases or become ill after, that have as home a hospital, as friends the nurses, as playroom or their bed, or, if they are a bit more lucky, the playroom of the hospital ward. For these kids having company, someone to play with, someone who could make them laugh, is as necessary as the medicines they take.

For this reason, following also Patch Adams thought of the laugh therapy, animals, external people, and clowns, have been introduced into the lives of these little patients to talk and play with them. To make them laugh. As Patch Adams said: "We need to start treating the patient as well as the disease"

So...how do you treat a kid? Cheering him up, with fairy tales, kind words, smiles, that can make all the situation seem a little more normal, like being home, just with a different furniture. Give the kid a smile, and what you'll obtain back is worth 100 times more. Is not so simple, however, to approach to the little patient.

Not everyone is happy to interact with other people, with or without a red nose, some kids can be afraid, some just too ill, some other simply shy. So the right move is just to be cheerful and kind, and with some patience the friendship of the kid is gained. Those pure souls easily open up when a gentle hand touch them. Have you ever heard your heart laughing? I'm sure that exactly when your look meets the one of the kid, an you can



see that twinkle in his eyes that is curiosity, happiness, due to the fact that you're here with him and are playing with him, is one of those moments. And I can assure that the kid on the other part will remember the moment as well. In the hospital life when something other than the usual medical routine happens is remembered as a golden fact, even in the years that will come.

So, what I really want to do here is to thank you Stana for your being there for the children of the LA Hospital. Thank you for your courage, your heart and kindness in doing something that not everyone would have done, for having brought a smile, a laugh, a caress in those kid's lives, for having brought them a parenthesis of happiness. It is an experience that makes you understand life better, that puts you in front of unexpected situations that makes you think, and that definitely will enrich you. Thank you for the good you make, for helping the defenseless; in doing this you make their lives better, the world better, and your life better because nothing is better than knowing that the good you do makes a difference and you can see it right in front of your eyes.

Happy birthday Stana! A kind and rare soul as yours deserve the best!

"Each of us has a spark of life inside us, and our highest endeavor ought to be to set off that spark in one another". — Kenny Ausube

- **VERONICA** - (Italy)



...Not to mention the fact that Stana is amazing in everything she undertakes I wanted to give you my opinion about her investment with the Children Hospital. I think that it is a genuine life and love lesson that she is giving to us. Indeed helping these children like she does is beautiful. It must be so hard for these kids to fight everyday and when I see that some people are there to help them and bring joy to them, it's really moving. It might be very tough for her to find time in her schedule but when you know that she finds this time and that she goes there just to spend time with them, drawing, dancing or just talking to them, it is what makes her so brave and adorable.

I think that she is an example for everybody and that we should do the same. Take some time to help the people who are in need around us. So I wanted to thank her for what she does everyday.

- Elisa - (France)

I believe in your projects. I can't collaborate directly with CHLA but I love this initiative and in some way I support your cause from my country. In Catalonia, every year on december there's a tv programme call "La marató" (a telethon) to raise funds for scientific research into diseases which are currently incurable. Every year is about a different disease, and last december was about cancer. During the whole day they explain the disease and there are interviews with scientists, professionals and people who are suffering this as a testimony to inform other people, and they also organise different activities.

I tweeted you once when the programme finished, to say that we collected more than ten million euros. But we could still donate until end of march, and we got more than 12 million euros (15'5 million dollars)! In Catalunya we are 7,5 million people, and was a fundraising record of all editions, despite the economic situation, I'm very proud to have contributed to this.

I don't have the initiative to do things but I love volunteering and help others. I work in a special school with children with severe disabilities and I worked as a volunteer in different activities related to this world. It's so nice and makes you think about the important things. You can learn a lot, and just a smile is the best reward.

I always care about other people and I think first in others than me. I'm always ready to help, but sometimes I feel weird in this world where people only cares about themselves. That's why I'm happy to know you because makes me feel more proud and give me more confidence.

I share your values, I love how you care about the others, how you speak about the family... You are an example for all of us.

And I take the opportunity to tell that you are helping me a lot to be more confident and to believe in myself, and that's what I needed. Every day when I wake up, I think of you and what you tweeted once (the day of my birthday;)): "good morning life!" and I see life more positively



You are the first person I admire, you encourage me to do things and to keep learning, and this passion for life gives me more confidence and self-esteem. How you give value to things, the importance of the hard work, and the joy for life. That's what I want to learn from you.

Thank you so much for everything <3

By the way, MOLTES FELICITATS!!!! Happy Birthday Stana!!!

I wish you a successful year, both personally and professionally, and I hope you can keep sharing it with us.

Please keep smiling and inspiring us, and keep sending lots of loveballs!!

Thank you so much for everything <3

- Anna - (Spain)

I'm happy that Stana is into helping children, I love kids and I would do all to make world a better place for them, BUT (yeah there is this BUT-comming) CHLA is really not such poor hospital. As a Michael Jackson fan I know that only from his estate there is 25.000\$ send to this hospital every month!!!! I think that there are more needed hospitals, or kids and we should help them. Like kids in Africa they need water, or medicine, or just food. And there are plenty of poor, sick kids in your neighbourhood so I think that what she is doing is OK but we should think about more needed!

- Malwina - (Poland)

Having a little sister suffering from a genetic disease is not always easy to live with. Every day is important, because if it goes well today, tomorrow it may be not the case. An innocent child has not asked anything but he showed courage, strength and respect. Where adults would not have held him, he lives life to the fullest. These are this small children that make us sick proud. And when you see a famous person rallies for their cause you can only rejoice! There are celebrities who support causes without really getting involved. Because it is always good for the image. But you Stana, in your first actions, we immediately saw that you were sincere. The CHLA cause touch you and it is all the more remarkable for us! So, no, we can never overcome all diseases, or even save all the little sick children. But at least they know they are not alone in this adventure. A child or her family require just a smile and you do this at the perfection. Stana thank you for all that you do ! You are incredible !!

- Cassandre - (France)

I love the fact that you're concerned about so many associations. It's one of the characteristics that I love the most about you. You protect and take good care of children. It's so cute and respectable.

Even if I'm now a grown-up, I'm still a kid and not really an adult yet, I am a teenager. So this issue affects me. I mean, childrens are our futur. And, I think it's just not fair that while they are still young, they undergo so many things such as diseases. I Can't stand knowing they're staying in a hospital because they do have no choice and always hope they're going to feel better very soon.. So, I love the fact you do everything you can to make them feel better somehow.

I have a friend who has a serious disease. He can not come to school, but we try to help him with my friends. But it's difficult with high school that keeps us busy all the time.

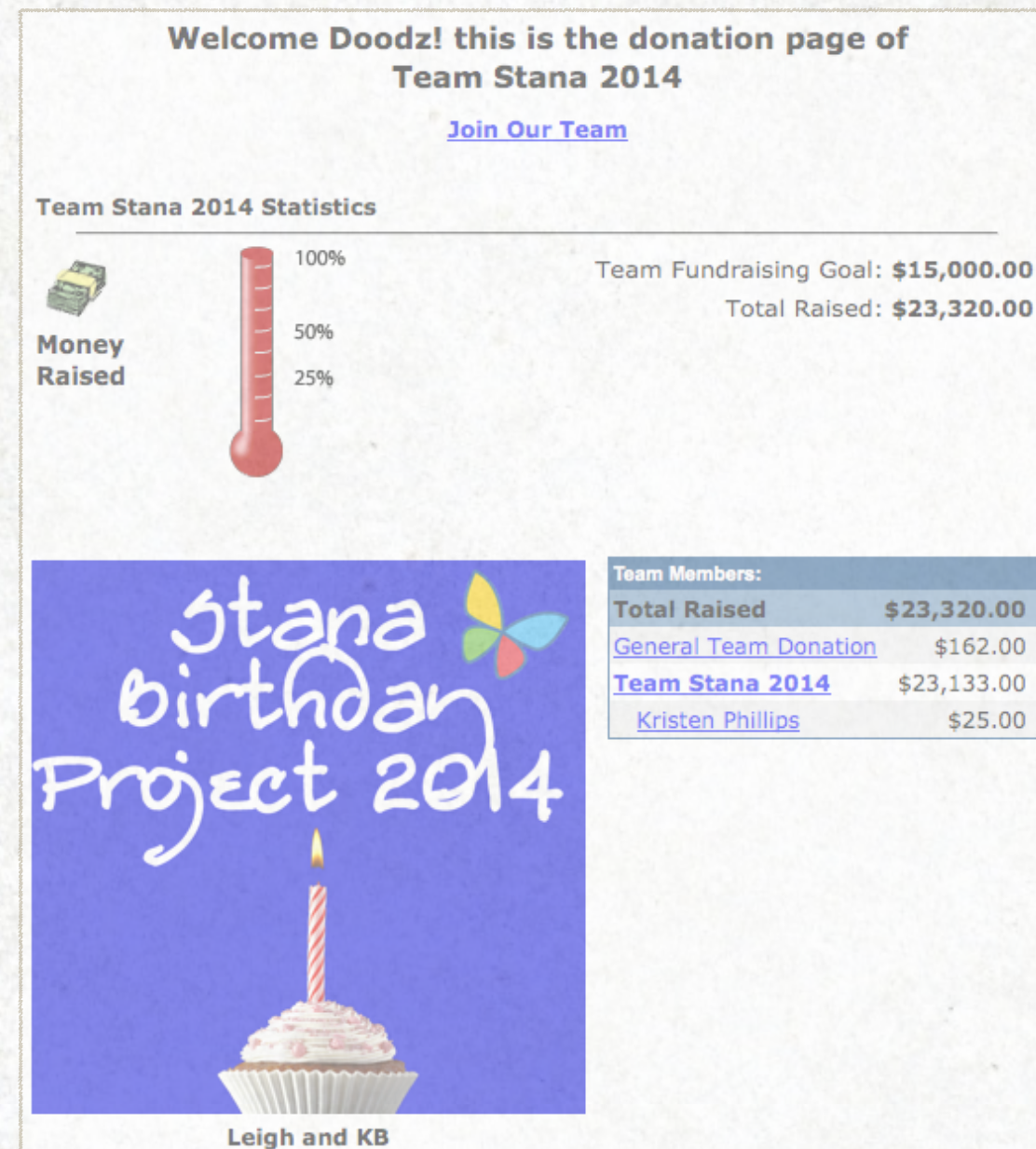
The last time I saw him was right after the operation. I remember him wearing this bandage around his head which made me scared and sad.. Now, I hope he'll get over it and I think he actually is. Thankfully.

What meant to say is that I'm glad and touched by the fact that you care about children who are sick and staying at CHLA. It's a wonderful cause to help them and it's all your honor.

I admire you for who you are and what you do. Again, I wish you a wonderful birthday with lots of love. Remains always as you are because you're wonderful



- chloé - (France)



Little update : Such a blast to contribute to CHLA on your behalf. Helping CHLA Children as much as we can, Leigh & KB planned again this fundraising and your stanatics are doing great !

----> Amount reached for now on the 26th of April 2014, 11:37 am...



SECTION 8

CHLA Cards project

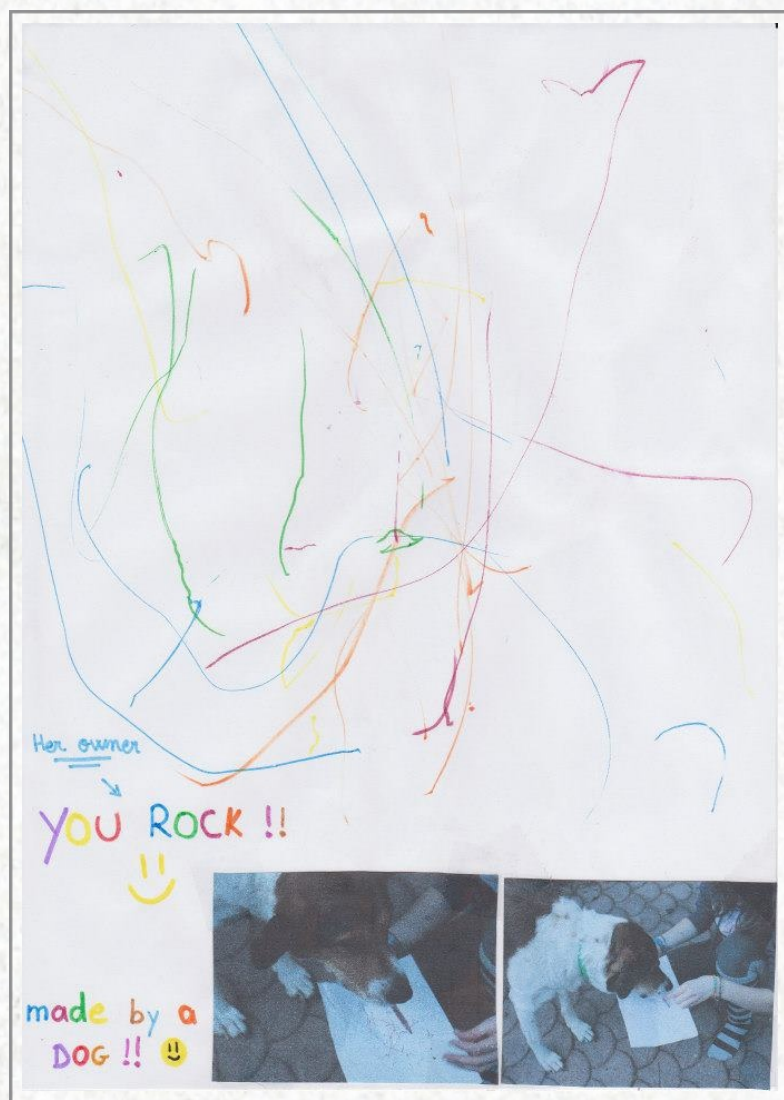
As soon as they've heard of this possibility to send Greeting Cards for CHLA Patients, **Marine, Cheyenne and Juliette** gathered together many cards from all of us in order to cheer the children up. It's been a delightful and artistic project to work on.

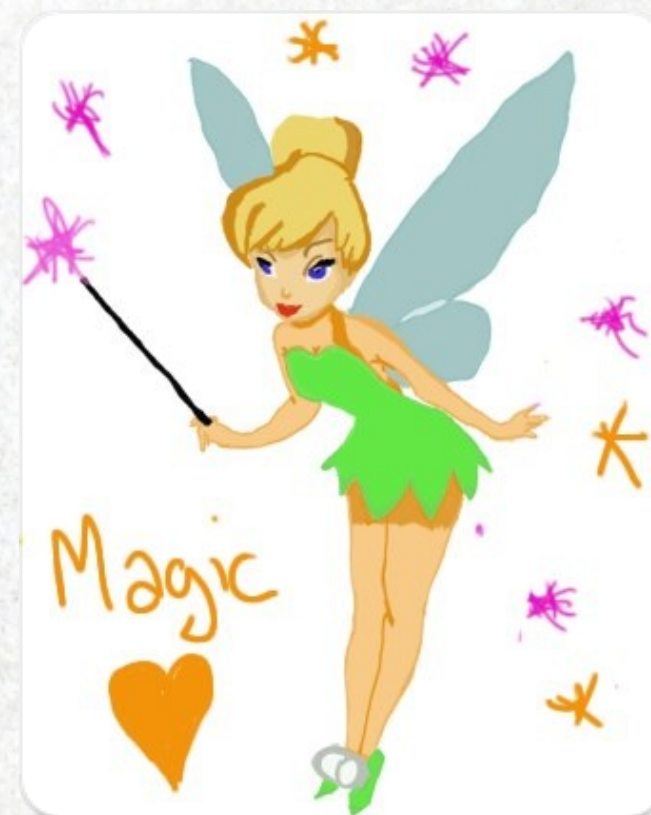
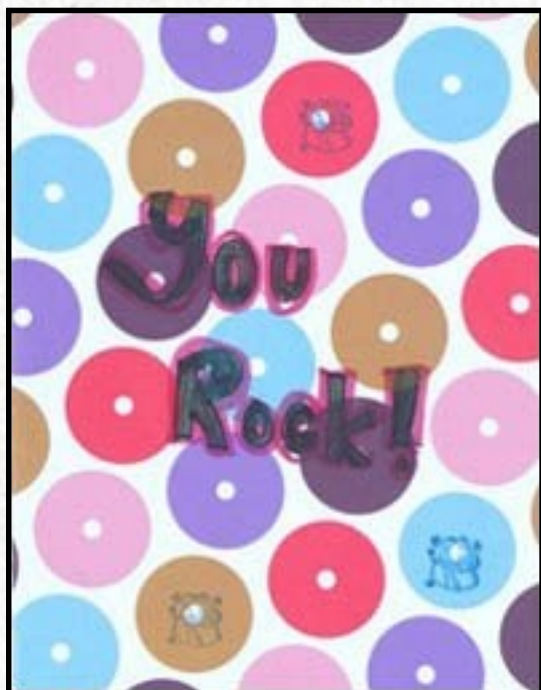


Knowing we have this opportunity to make them smile for a minute is absolutely priceless.

The cards were sent directly to CHLA but we've wanted to show you what was made ! This was **Back in 2013**.

Here's a short preview ;) (The rest is gonna available as a PDF file at the very end of this section and there was a Toys Donation too thanks to Lizzie).

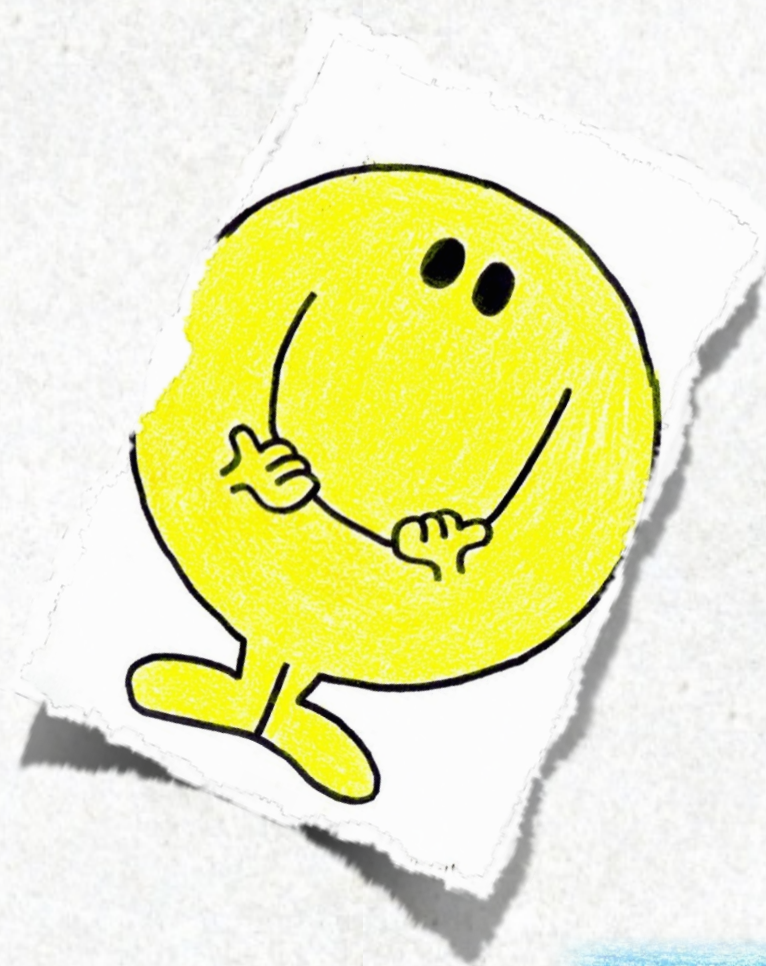


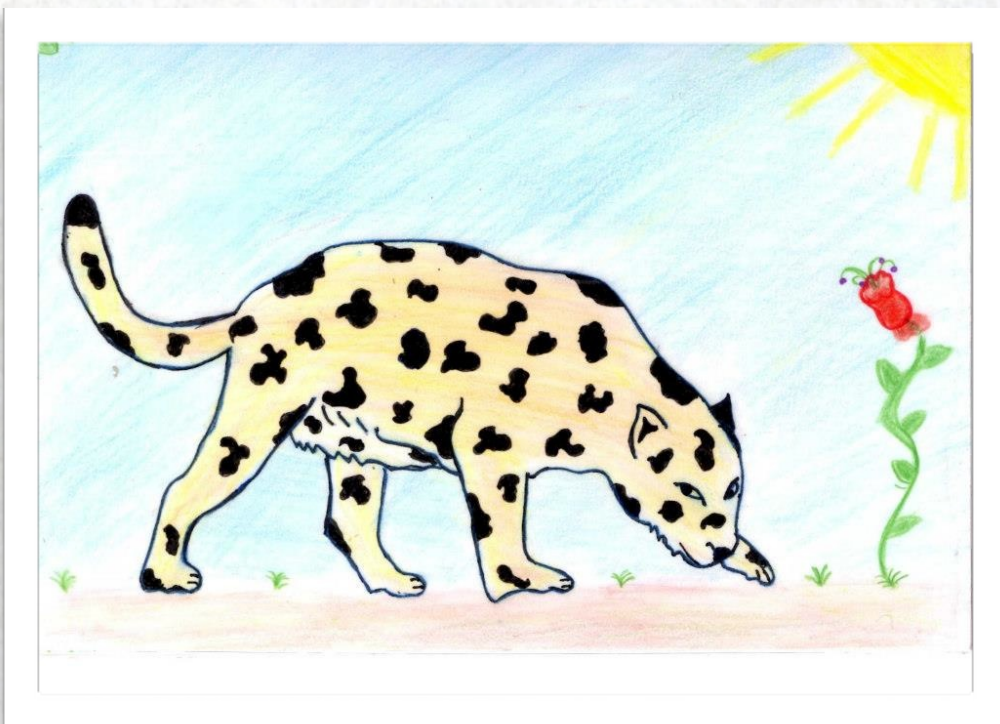


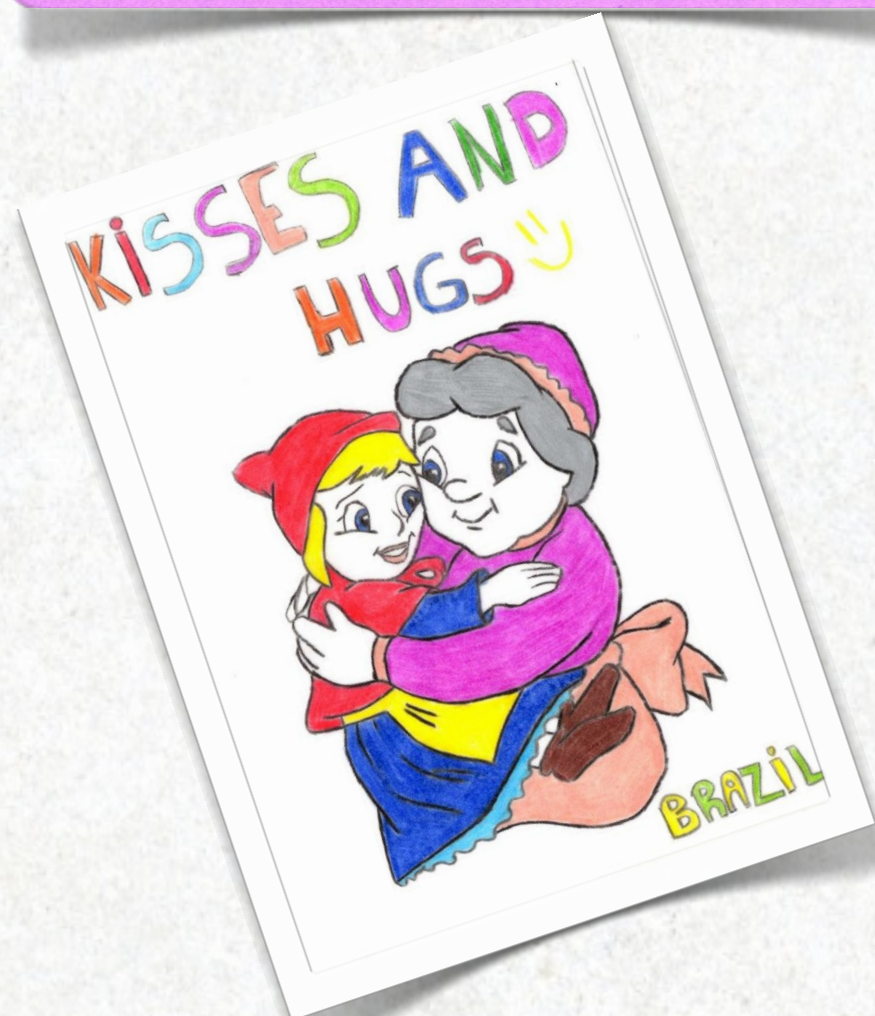
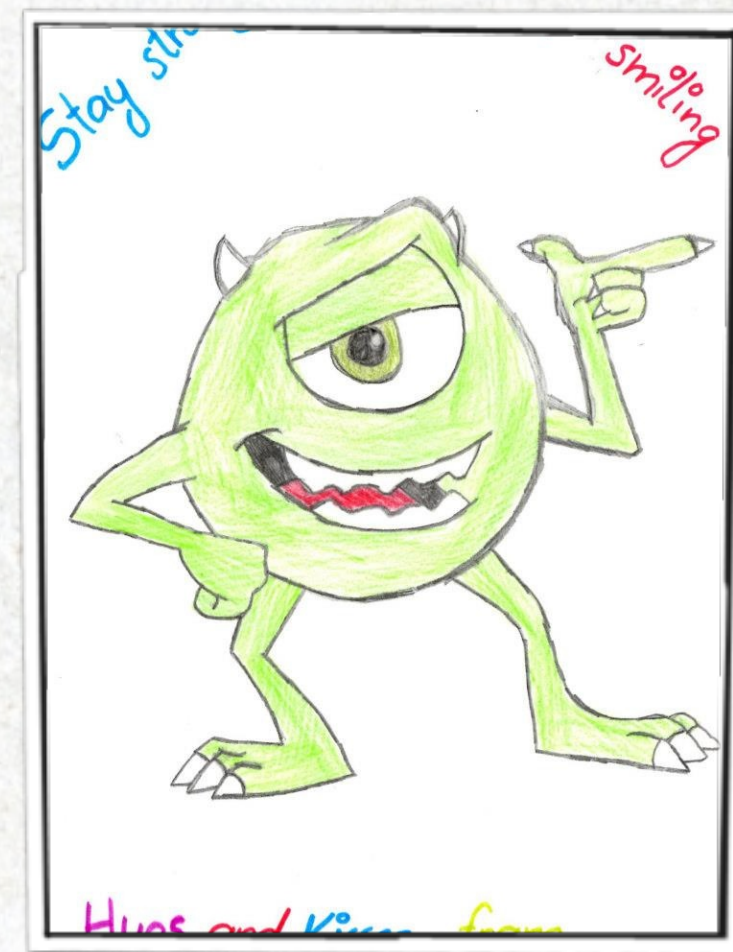
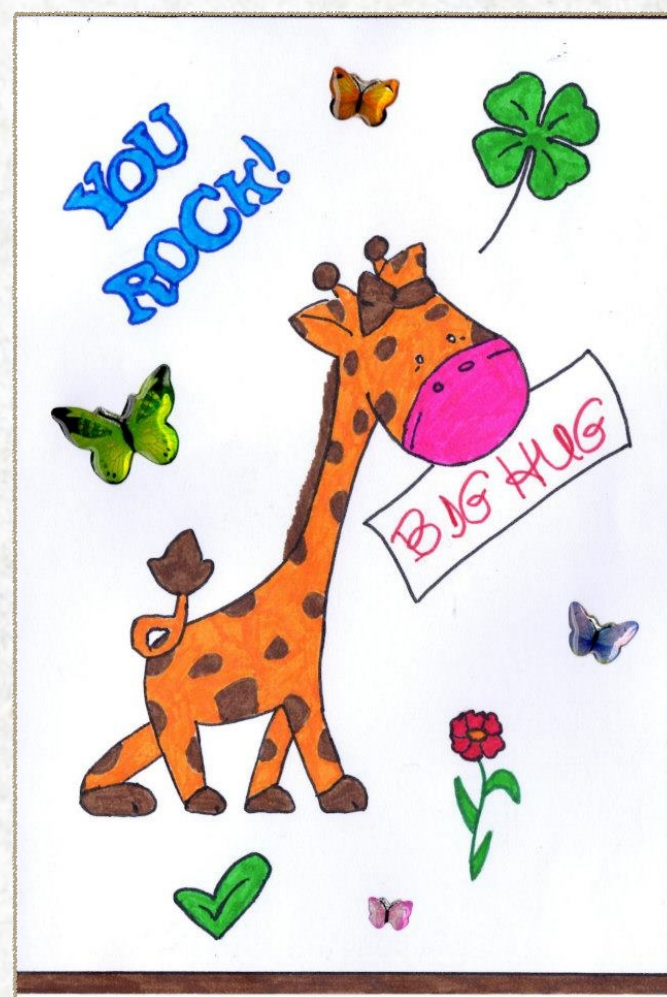
Hi there kiddo,
You are a rockstar! ★
Wishing you the very best and
the happiest of days.
Stay Strong!!!
Take care & God
bless.

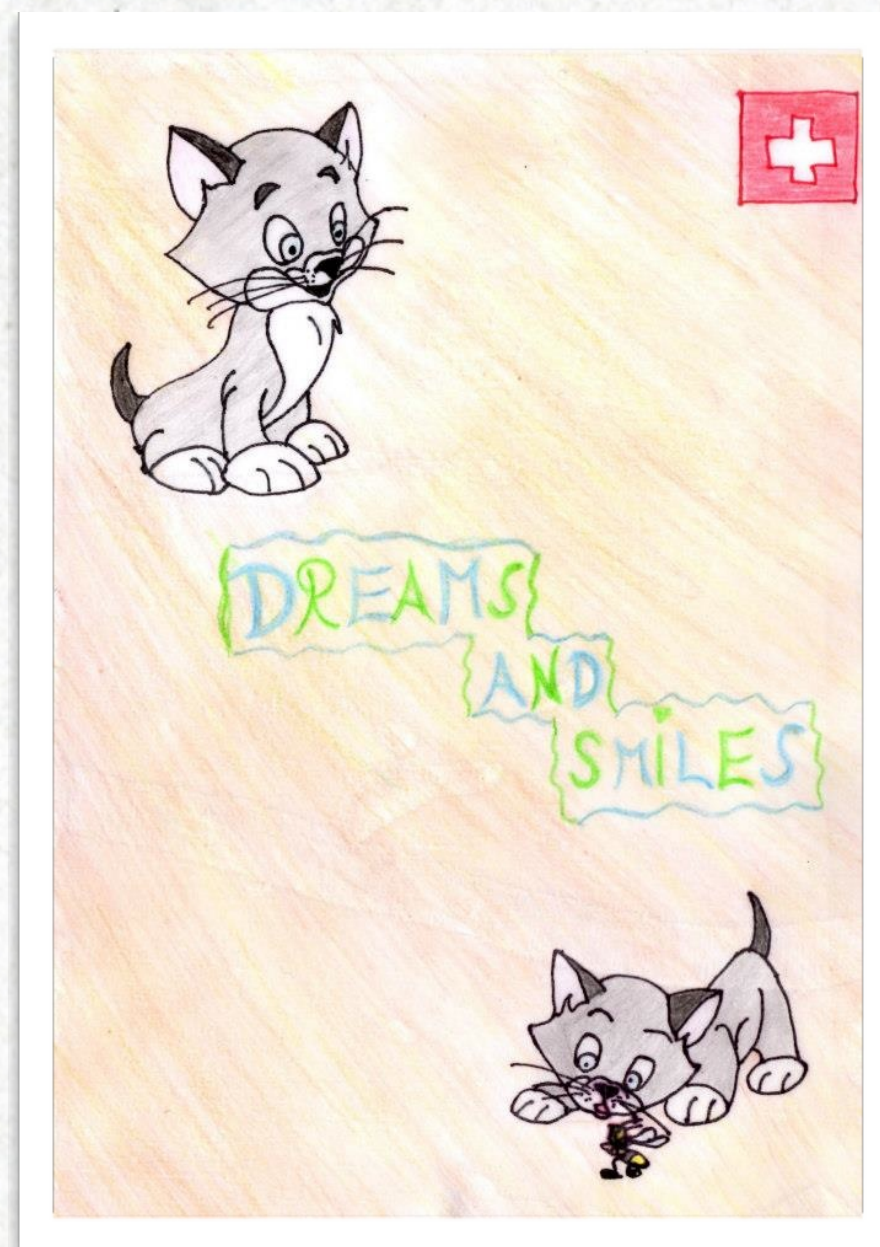
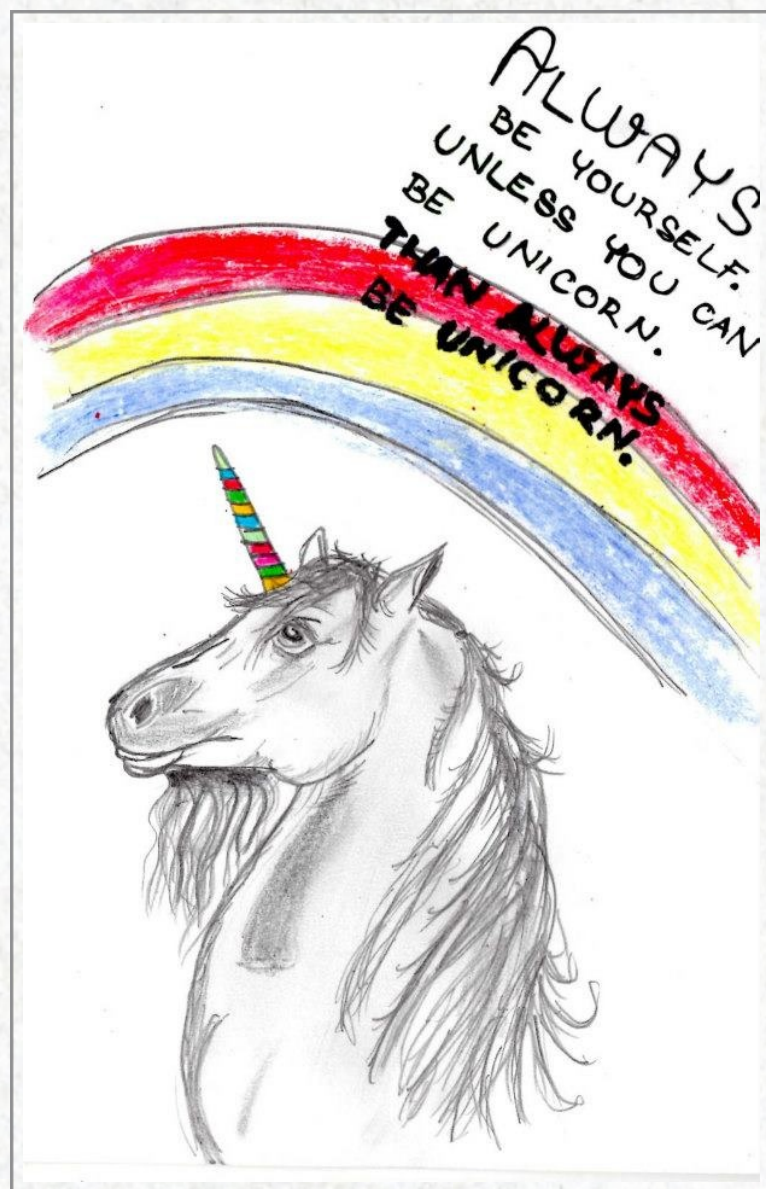
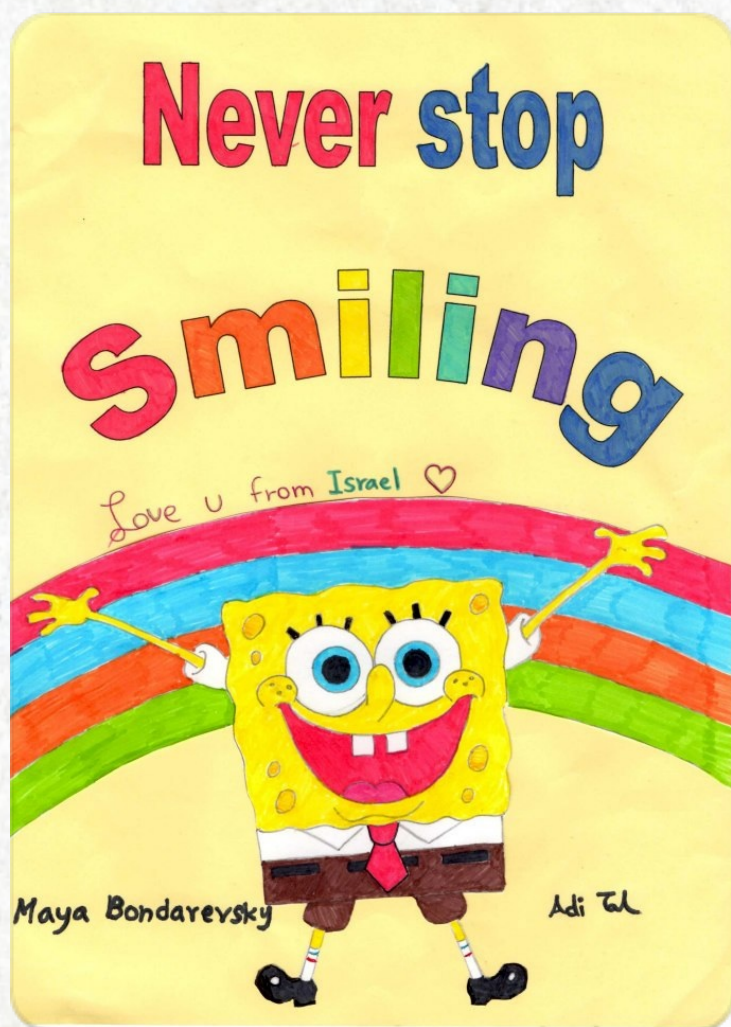
Sending you a hug
from me to you!!!

Much Love, XO
Your friend from Singapore











Here's the link to download/view the PDF file, Some Messages about the Toys Donation + The Cards/Drawings sent to CHLA last year. :)

<http://www.pdf-archive.com/2014/03/23/chla-cards-2013/chla-cards-2013.pdf>



Environmental problems are mainly related to the impacts of human activities on environmental resources, we all know that.

The alternative travel project really caught our attention and we're glad to go car-free as much as possible. We surely care about the environment. (it's something we all agree on)

I'd like to quote A. Trevino who beautifully told me about you and the ATP :

«The ambassador is Stana Katic, I helped a bit. You have to believe in what you do in order to make an impact, Stana sure does»

<http://www.alternativetravelproject.com/>

SECTION 9

ATP

Nowadays I ride my bike !

I cycle more often even if I also use a variety of transport modes such as bus, , metro....

Since I discovered the Alternative Travel Project, i am even more motivated.

Stana, I admire the fact that you're involved in an environmental cause like this one.

I'm sure you're aware that you're a role model, which is why, taking the time to implement this project and sharing it with us is really respectable.

For me, being involved in ATP is a way to do something good and important, but it's also allow us to feel closer to you somehow (videos, photos sharing...)

When I've discovered that you took the time to share your ATP playlists, I was like : Really??? It's really touching and lovable!

It's been a real pleasure discovering so many types of music. So thank you so much!

Now, it's our turn to share this and let as many people as possible know about ATP !

I hope you have the opportunity to see it all, and that will make you happy.

You are really really amazing, always surprising me by your kindness, your originality and your natural! Thanks for everything!

Love you Stana

- Miléna- (France)

PS: I hope you will come to France to promote this project (or any other), people will love it as much as they (will) love you



- **Miléna** - (France)



"Ok, Stana, where do I start ? At first I think that you're a wonderful,great,etc.,...actress; also you're very beautiful and gorgeous.

I admire what you do for the environment with the ATP and what you do in CHLA. I think that it's very important that an actress of your level support that, I'm very proud of you (I'm sure that all Stanatics are), you're different between the others and this difference makes that we're special, wonderful, amazing...

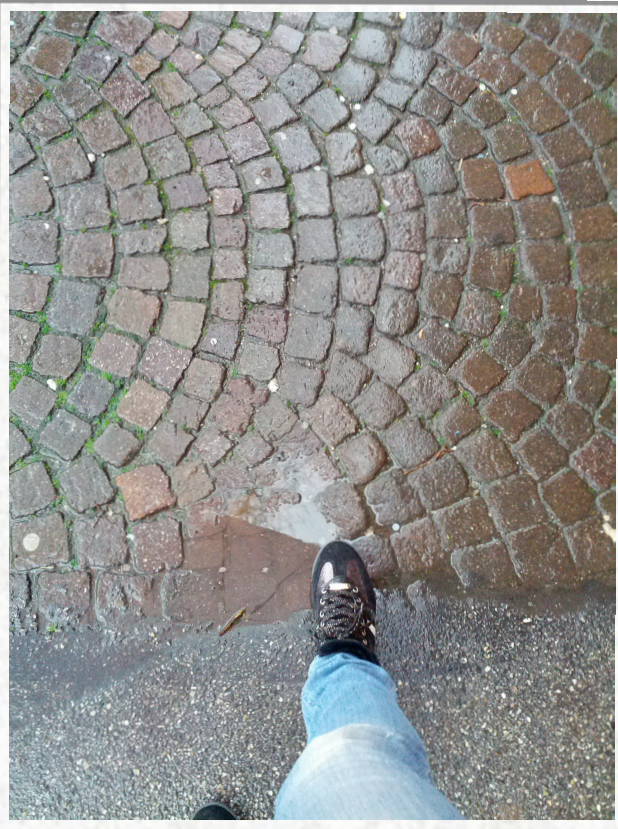
For the environment I try to do all I can do, but I think that I could do more, as the same as together; I'd like to be heard of all but I don't know how. I try to change bad habits of people that are around me, but they only see theirs short term benefits rather than what really is the best for humanity and for the earth.

- **Clara** - (Spain)

Welcome to the 21st century ! Thankfully, when my car's broken, I can always rely on my mare, Lady.

- **Manon** - (France)





- **Veronica** - (Italy)

This is me ATPing to work. I've always liked to walk or to travel alternatively than car, but with the ATP project it took a new connotation, and I've been able to taste more of the experience and to understand better that sense of community that links me to the other people that are with me on my same road, and with all the other people all around the world that ATP as me at the same time. Thank you for having enriched my life Stana, I feel like I'm able to live life better with your advices !

This is me, thirty years ago.. The coincidence with the number, I think it already meant something... ;)

I've been ATPing since many years ago !



..... And this is me more recently, in the catalan Pyrenees.

I love nature and I think we have to be more conscious about its importance. We have to respect it more, and it's why I love your initiative.

- **Anna** - (Spain)





Riding a bike is an excellent alternative to driving. From what you can see, we use bicycles for real transportation.... it's way more efficient than using a car, cheaper, better for the environment and our health...

I love covering pavement on two wheels every single day. It also has an impact on my mood -which is always good- when I'm going to work.

Love (and Happy birthday !), from Amsterdam - **Joris** -
I have to go, and find my bicycle... wish me luck !



Walking ATP style in Canada, on 6 feet of snow !

Nah, kidding, just taking a walk near a sugar shack on a bright warm sunny day, with my mom's astronaut's boots !

But anyway, even if I wasn't really ATPing that day, I am glad to say that I do not own a car and that I take the bus everyday to go to school (even though it takes me an hour and a half instead of 20 minutes...)

I am glad to do so, because I know how in the end, every little action counts. Like a wise man said '99 is not 100'.

(Quote from Waste land)

- **Virginie** - (Canada)



ATP's an extraordinary project about the environment because if we each take just a few small steps, we can make big changes happen. I'm amazed by your devotion to such a cause. I'd much rather walk or take public transport than cars in order to go to school ! Seeing how caring about the environment matters to you and how much you love nature is inspiring us. Moreover, ATP's not only a good thing for the environment but also for ourselves.

- Marie-Lou - (France)



Thanks for your investment, it's really great !!!!!!!!!!!!!!!!!!!!!!!

X, - Daphnée -



Thanks to the actress who has an incredible adaptability and who knows to bequeath us emotions better than anyone.

Thanks to the committed woman who takes time for those amazing and strong children and for environmental causes. (ATP ,yeah!)

Well, just a big THANK YOU to the person you are, so funny, nice and beautiful. Your heart is large and you can be very proud of your process...

We will always be there for you Stana , ALWAYS ...

Happy birthday /Joyeux anniversaire !!
Have a nice day, it's yours.. Big hug,
X x x

Peace, -Daphnée- (France)



- Lou - (France)

I just love the idea of the ATP's Project. And, seeing you posting your playlists, your outfits of the day when you go to work by bike. It kinda pushes us to do the same things, discovering the songs you publish on Twitter. I let you some pics. The first one is my outfit of the day because I go to my highschool by bike. I like it, especially when there's the sun, which is not the exact situation right now - but I think in LA you don't have this kinda problem, haha -, but I don't mind, I keep going by bike, it's pretty fun actually. The second pic is my dog, because last day I picked her in order to go to the vet and instead of using the car with my mom, I chose to go walking, and, moreover, it's funnier for the dog to go walking instead of the car, haha

- Lou - (France)

By the way, be happy, and enjoy every single day. You couldn't be brighter than you're already are. I hope meeting you. You're such an example for me. What a woman ! You're so nice, and so sweet, and strong. You have your two feet on the ground, and you are the perfect example of simplicity. You're amazing, Stana, you really are. Stay the same, because you light the way of people who are by your side. Take care.

Hi !

I'm French and I'm part of your Stanatics ! I really love your work and projects.

I'm now in Canada since few month and got the chance to go to the State so as I really love Castle and you : I decide to visit Los Angeles ! So I went to Los Angeles last February, I only did ATP during my 6 days there ! I was in Long Beach and used Metro, buses dashes and my feet ! And that was so great because even if I spend a lot of time traveling, I met so many people that were so nice to me.

But the best people I met were people I met on Castle filming location in San Pedro ! I didn't have the chance to meet you there (you were sick), I won't deny that I was disappointed about it but I can't blame you and what I leaved there was such amazing ! Everybody there was so kind to me, they really took care about me. By the way you have to know how people working for the show really like you, they couldn't stop saying how kind you are. --->



---> I had the chance to meet another Stanatic in front of the entrance for the ceremony of WGA. Among twelve people waiting there, I met one woman who was only here for one actress like me and it was you ! As we were waiting for you we had a great moment and we met celebrities we didn't know they would come, like Steven Spielberg ! So we didn't see you but we saw other actors we didn't expect, and we had a great moment.

So I just want to thank you for this amazing travel that I had in Los Angeles because of you and your work. I really believe that most of your fans really love you because of your choices in your life (movies you are choosing, your projects ATP and CHLA, being out of the star system,...), just for being who you are.

So by those few work I wish you a Happy Anniversary, Hope that your day will be full of love and joy.

Friendly,

- **Pauline** - (Canada)



"Dear Stana,

You are a wonderful actress and an amazing human being. I hope you have the most happy birthday with lots of good surprises. I wish you the best today and always, may the sun shine bright in your life! I took some pictures while ATPing in Lisbon so I hope you like and maybe one day you'll come and visit my country.

Happy Birthday from Portugal! :) xoxo"

- **Ines** -

Hey,

I'm not the kind of person who easily put words on their feelings. I'm not good at expressing myself, I'd rather to be set back. But I would like for once to say something. Stana made me change my vision on a lot of things. For example, before, I used to be a little fed up with having to take the metro that is easily and often broken down or because using public transportations takes too much time... But now, thanks to Stana, I say to myself "do something for your planet" and that it's gonna make a change, even if it's just a little thing I do. Because one of the best reasons to take public transportation is the environment and like it is said, «Small Changes, Big Impact». Nowadays, I think people are more open about environment, it's easier to make them understand that the future of our planet is in our hand, that we are the key of the future, and that we cannot use the Earth but we have to protect her. I'm so proud of my father who walks to work as soon as he can, it's about 2,5 miles from our home.

In my town, I live in Lille, north of France, they develop lot of other ways of transportation : bike, Liane, Metro, Corolle, Citadine, bus, carpooling, Tramway... But there is one big issue : the price. Indeed, I'm not sure that a family of 5, who does not earn that much money, is ready to pay about ten euros whereas it could spend about three euros by car. I know other towns like Toulouse that made a lot of effort about it. I just purchased the 240 € subscription (because I'm a student) for a couple of months and my older brother who studied in Toulouse paid a bit less.

All in all, I spread the word around me and recommend to go car-free so that it's gonna make a change.

- **Marine** - (France)

Well, for me it's noting very special as I'm doing it all my life. My family never had car and I never had one also. I'm using ONLY public transport or from April till November I'm using my bike. I walk all the time everywhere, and I love it. But I understand that in US people are using cars all the time so they really need such projects as ATP is. I have a huge respect for Stana doing this, and telling people what is a small step can make a difference

- **Malwina** - (Poland).

An outrigger canoe is never too big to capsize but it's together that we brave wind and tide to move us.

- **Cassandre** - (France)





"ATP'ing in the streets of Paris with a friend. Walking, biking, taking public transport have another meaning now. Thank you for your investment to make this world a better place.

- **Margaux** - (France)



That's how I travel all the time, from A to B. Whenever I'm heading out, I always take my skateboard with me. It's way more fun than walking, and it doesn't pollute. It's so easy to care about the environment without making it a burden ! (which is not). Someone told me about your Alternative Travel Project and I think it's really cool and caring.

Happy Birthday lady, - **Quentin** - (France)



- **Monika** - (Poland)





«In the subway,
going to meet
with friends. The
train is coming»



«Finally spring in Poland.
Going back home from
work»

Hello Stana;)

I want to say so much and
that little comes to my
mind. I wanted to wish you
a very happy birthday, keep
doing what you do, inspire
people to do great things
and never change, because
you're a perfect human
being. Once again, a very
happy birthday from Poland;)

- Karolina -



- Clara -
(Spain)





I made this photo collage while Sheryll and I were at the premiere of Big Sur at the Sundance Film Festival in Park City, Utah last January. We went to 3 out of the 4 screenings of Big Sur at the film fest and we had a blast. We were so impressed by how organized the ATP effort is for the thousands upon thousands of attendees they have each year. The Marc Theatre is one of the 4 theatres where they screened the film. To get to and from different theatre locations within Park City they had a shuttle system and a free trolley. You could also walk a lot of places, depending on where you needed to go and how much time before your next movie. We had such a fun experience at Sundance, and hope that maybe someday Stana will have another movie that premieres there. We'll be first in line, just like we were for Big Sur on opening night.

- Miah - (USA)



Happy birthday from the Caribbean Islands ! Perfect cycling weather ! There's nothing better than family biking !

Join us whenever you want ! In the meantime, may you have a delicious and partylicious birthday

- Tammy -



Dear Stana,

First of all, HAPPY BIRTHDAY HONEY!

I want to thank you for everything you have done to improve my life in so many ways. You maybe find this awkward, because I don't even know you in person and you don't even know I exist. But anyhow you did help me so much; I'll never be able to thank you enough. And by saying you helped me, I do not mean as playing in Castle or FLO or any other role you had. I mean you helped me. You personally. And do you want to know how? Because you care. You care about sick kids. You care about the environment. You care about Planet earth more than anyone does. And you don't just care. You actually do something that is really worth doing. Thank you for the amazing ATP program.

May I tell you my ATP experience?

I'm 15 and I'm from Spain. My house is actually kind of far from my school so my mum used to drive me to school. But now I wake up a lot earlier and go walking. And no. My ATP story is now of how I met my best friend, or how I found love, but about how I got a happier person. I actually enjoy it. I breathe in fresh air, I have time to myself to think, I do exercise, and I get healthier. All because of you. So for that, a huge thank you.

But that's not the only thing. I did recycle at home before your big campaign. But we didn't at school. I suggested it and the headmaster loved the idea, so we are all recycling at school now. Again, Thanks to you.

And, since you care so much for people, like cancer kids, I did join a support group too. When it was my birthday, I asked all the people coming to the party to just bring me money. And so did they. All the money I got, I donated to a group that helps poor kids in India. They sent a huge thank you not with some pictures, and that was a really special birthday gift to me. I felt like I had done something important. Something good. And I really loved that feeling, so I'm now trying to get more involved in stuff like this. Once more, all because of you.

And I'm so sure a lot of people around the planet is doing similar thing like I'm doing and all in all I hope we're also helping the World get a better place. You are the one how inspires us, because you do amazing things, not just because you are a wonderful actress, keep that in mind. WE ADMIRE YOU BECAUSE OF WHO YOU ARE, NOT BECAUSE OF HOW YOU ACT. (Well, maybe because of both.)

So, to finish I want to ask you to please keep doing things like these, because they actually help a lot. And also feel proud of yourself, because we are all doing these good things because you started doing them, because you animate us to do them.

So, all in all you are an incredible actress, but an even better person.





Again, happy birthday Stana, enjoy it, because you really really deserve it and I hope you have a wonderful life ahead of you. Just remember we will always support you and be there for you.

THANK YOU, Have a wonderful birthday and wonderful holiday,

∞ALWAYS∞ - **Clara** - (Spain)



It's me again ! Can't stop writing articles about you in every section of that iBook. There are so many things to say ! I think it's great what you do to save the planet and I try to contribute in my own way despite my young age. I go to school taking the bus in the morning and evening. Or when I can I'm walking or using my bicycle. My mother taught me to pay attention to the planet, she goes to the secondary school by bike as much as she can. And when I heard you were supporting the Alternative Travel Project, it made want to care about the environment even more. You're a role model.

Here on the left, there's a picture of my friend and I in Roma. It was during a school exchange program. We used to walk every day. Seeing these beautiful landscapes made me want to preserve what I saw

I think I could never be inspired by an other role model than you, you're someone who cares so much about the and Nature, you're a talented, adorable, wonderful and beautiful human being. I'm very proud to be a stanatic and will always be ♥

I wish you the best birthday in the world, with all that you desire ! You deserve it

- **Chloé**- (France)



Video Made by **Verity** & Her friend **Katie**...

They worked on this great video gathering worldwide ATP pictures and videos... yeah, your stanatics are Everywhere ! :)



Happy Feety Birthday Stana Katic ! Verity, ... & your stanatics....

This is a project I've done for 2 years now and every time I've had an overwhelming response over the amount of people who have wanted to be involved. It was made by me (Verity) and Katie (the Unicorn) and it definitely couldn't have been made without her. Hundreds of people helped and sent in their pictures and we gained over 1,000 photos. People love The Alternative Travel Project and love to get involved too, and by making this video it's allowed many people to come together over Stana's birthday whilst helping the environment which is amazing in itself. The video, of course, could not have been done without everyone who participated and it's been such a joy to make. I hope everyone had as much fun being a part of this as I have had making it. :)

X Verity.



EARTH'S FRIENDS

- *Recycling is one of the best ways for us to have a positive impact on the world in which we live.*

Like Antoine de St-Exupery Said : «we do not inherit the earth from our parents; we borrow it from our children» and it totally makes sense.

Recycling is important to both the natural environment and us. We must act fast as the amount of waste we create is increasing all the time.

SECTION 10

Recycling !

Stana,

I think it is so wonderful the things you are doing in regards to ATP, CHLA & Recycling!

With your ATP initiative tweets on Twitter & knowing your behind it, I made the choice to move to the city where I walk to work and whatever errands I can do within the city by foot. The State of Maine is very rural, so I do need to drive places. I love what you do for CHLA & those awesome children! I donate quite often in your name & it makes me feel so good to know I am helping others.

Your recent RecycleAcrossAmerica tweets has really made me think each time I'd put something in the trash. Well now I'm truly recycling You seem to be a very generous, loving individual of all life & the environment, keep up the great job. HAPPY BIRTHDAY!!!

- Liz - (USA).



Recycling is very important for you I felt the need to do something about it too. Since I was little girl, I'm doing a few things for the environment. Wanted to contribute more and work harder to protect the environment as soon as you got involved and let us know about it. Everytime I have the opportunity to do so, I recycle and try to "educate" people, raise their knowledge about this cause. However, I'm not sure everyone is really okay with it but I never give up. I'm convinced we can be the change we want to see and it's easier than what people think. If they do something little by little it's not impossible.

Anyway, I do my best and I always will try to do my best., thanks to you. I protect our planet the way I can and do at least one good deed per day

- **Chloé** - (France)

Stana,

I truly admire your interest and involvement when it comes to CHLA but also ATP and Recycling.

It's wonderful that you take time to do such things and spend some quality time with those kids, they really need someone like you.

I do believe that nowadays, there aren't enough people caring about the environment and I do believe it's very important to think about it and act ! Just like you, I'm trying to walk as much as possible or ride my bicycle .

If I do need to go any further, I usually take the train because public transportation is better for the environment. Moreover we can enjoy the ride way more than when driving a car, we can watch around us the sceneries and meet great people while travelling. Which we wouldn't do if we were alone in our car. So boring.

Recycling is an important matter to me. I do recycle and I'm extremely careful to do so every single day. I have tons of books and some of them are recycled ones ! When babysitting kids, before throwing broken stuff like buttons, pearls and so on I re-use them doing some handy work.

Same thing when it comes to the food, I'm not throwing it in the garbage but I give peels and apple cores to my grand-parents' rabbits & chickens. Which is quite fun too.

Thanks for making us think more and act in consequences. Every little thing we do on a daily basis changes everything. That's how I see things. And I truly hope more and more people will act the same way and keep (if not start) on caring for our beautiful nature.

Happy birthday Stana, and thanks for inspiring so many of us ! Best wishes,

- **Magdalena** - (Switzerland)

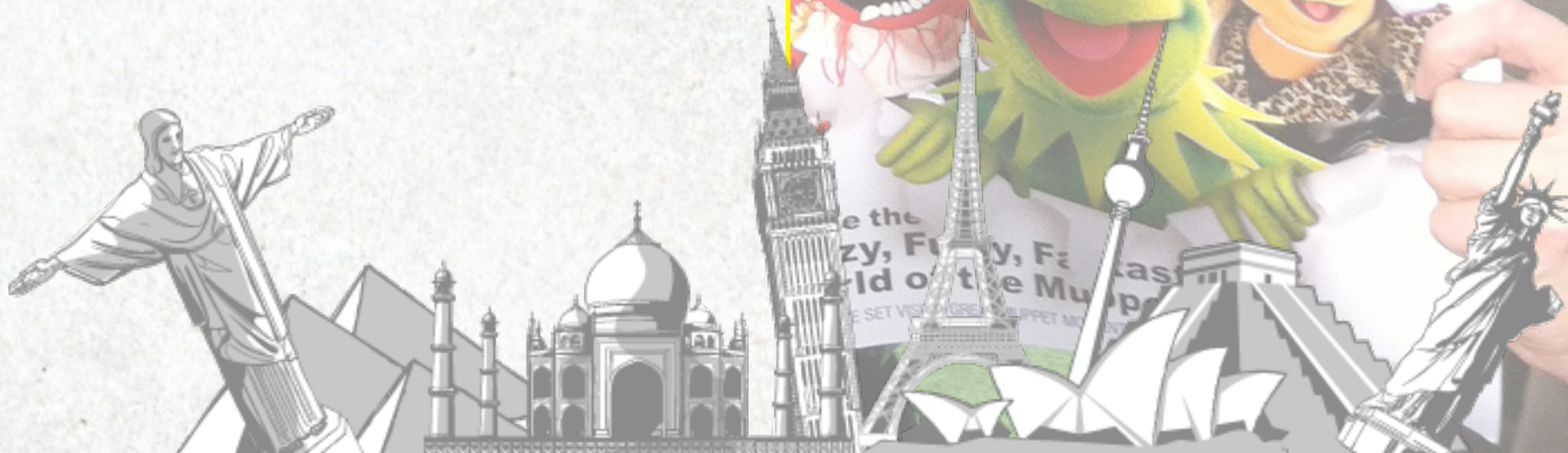


Chapter 4

SILLY, COOL, GEEKY STUFF

“You don't stop laughing because you grow old. You grow old because you stop laughing.”

— Michael Pritchard





SECTION 11

Chillax !

How to deal with a 9 year old on a sugar rush ? As an au pair I had to find a way to deal with crazy kids. And crazy parents. So here my solution. You need to be as crazy as they are. First, you have to drink a lot of coke - and by that I mean A LOT -, or anything with sugar and caffeine. Then eat something full of sugar. For exemple half a jar - or the entire jar - of Nutella, two or three packets of Tim Tams, waffles with maple sirup and butter... You get it. Sugar and caffeine. To top it all, some sour candies are perfect, they give you this little thing in your eyes. The Crazy Look. Go on a trampoline. Bounce for five minutes. And then it's time to be a 9 year old on a sugar rush in front of a 9yo on a sugar rush. Kids tends to be really annoyed by that and stopped. Adults are either way, even more crazy or totally taken aback. Job is done... And you get to be on the crazy side of the wall for a few hours. Probably the longest one for you loved one.

My way to chillax is to travel, see new places, but it's not possible to go around the world everyday. But I still have memories from all my trips. So when I feel like I need to chillax, I go somewhere really quiet, close my eyes and think about places I visi-

- *A Tight Schedule, working many hours a day,... you're such a busy bee !*

Some of us wanted to share how they relax and maybe you could find by reading these articles, some pieces of advice :)

However, we don't have any doubt about that, you certainly know how to deal with this stressful work ! Besides, you have so much energy !



ted. Each country make me think/feel something different. A smell. A sound. A feeling. A taste. They always make me feel like I'm the special lucky one who can go everywhere, everyday, just because I have awesome memories. Easy way to chillax 1.0

- **EMILIE** - (France)

<http://www.topito.com/category/musique>

I always appreciate when you share some songs you enjoy listening, so here is my little gift for you. I think listening to music is a good way to chill and relax.

On this website, you will discover some cool stuff about music. I know it's in French but I think it is worthwhile.

Thank you for sharing your music tastes.

PS: It also would be a real pleasure to hear you sing more often. :)

- **Margaux** - (France)

One way to relax : to play with my dog.

it's a Basque Shepherd. The most adorable dog ever, I think dogs bring happiness and enhance our health... when I feel down I can hug Max (that's its name) and I'm cheered up, I spend hours playing with that sweetheart, it's like a family member ! Having a dog is relaxing and a pleasure, I heard you would like to get one, I hope you'll have that kind of companionship. Happy birthday Stana !

- **Adrián** - (Spain)



One of the best stress relievers I have found is exploring the world on Google Earth. Maybe it does sound a bit silly but visiting other countries distracts me from whatever is on my mind. And I do feel so much better once I've visited places I will never be able to attend. Wandering in Paris streets, seeing the Historic Center of Vienna ... this is so much better than staring at the rain from the windows of my apartment !

- **Clara** - (Costa Rica)

What helps me to relax is cooking. I've never been a great cook but I like to experiment. I presume this could be something that would relax you as well. I don't know if you like to cook, but I feel proud of myself once I've made something on my own.

Actually one of my favorite recipes is the 'Pecan Chocolatey Brownie' one.

Extremely easy to do and delicious. I've discovered it on Sheetal Kamat blog right here : <http://mycookingexperiments.blogspot.fr/search/label/Cakes>

Maybe you'll have time to try some of the recipes too ! But definitely not on your birthday because you're offered a cake...

How can we forget to I wish you much pleasure and joy today ? I hope all of your wishes come true. May each hour and minute be filled with delight,

....And your birthday be perfect for you!

- **Luis** - (Spain)

When I want to relax I'm taking my bike and go around my city. It's really old city with amazing places and wonderful but complicated history. If the weather isn't perfect or during winter I prefer to go to the gym have fun with people there.

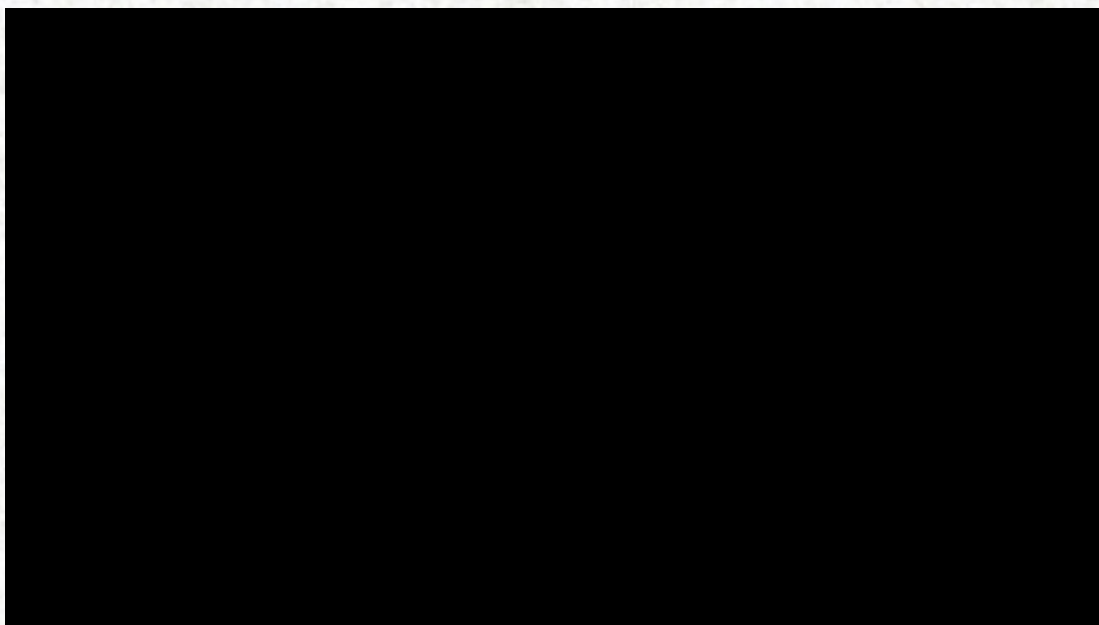
- **Malwina** - (Poland)



There is this cool website on which you can see pretty much everything (cool videos, pictures of the day, animal stuff, art...)

<http://twistedrifter.com/>

Also, Have a great birthday Stana
Thanks for brightening our days !
Julie from France



Flash mob - Denver Airport , 2011.

In order to be relaxed, I usually play the guitar or the piano. But I also like to dance to any music. No matter how crazy I do look when I'm dancing to the beats.

Also, an other great way to relax is to take a bubbled bath sometimes and we're not stressed anymore. Lying in the sun with a good book, some music and chocolate works too. :)

How about you ? How do you relax ?!

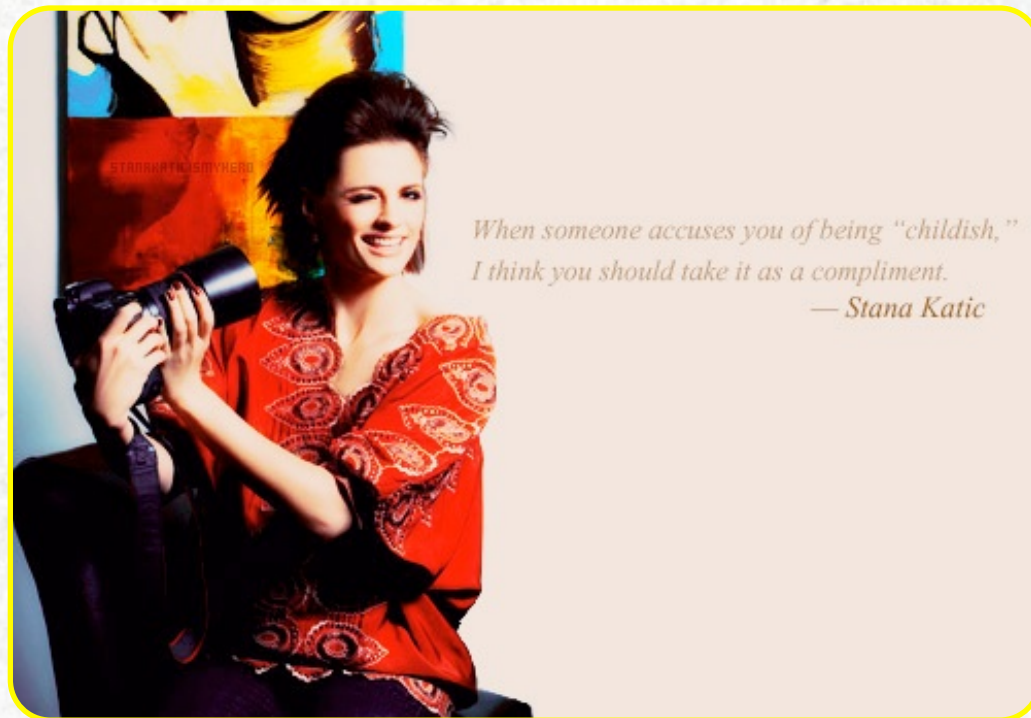
- **Chloé** - (France)

Happy birthday stana ! Kiss xX

Does it sound weird if I say that my way of relaxing is to do «a youtube videos marathon» ? What I'm trying to say is that I'm enjoying watching interviews and all kinds of youtube videos to relax and think of everything but everyday troubles, problems. It's just a way to disconnect from reality for a second and discover incredible talented people, hilarious actors and actresses, I do laugh, smile, ... it's incredible what you can find out there !

And that's why I want to share a video I always look at when feeling a bit down. Seeing people dancing in this flash mob is excellent . Love the music by the way... I hope you'll enjoy and relax while watching it ! Not on your birthday of course, you must have plenty of things to do ! Happy Bday Stana, live, laugh, love ! :)

- **Hannah** - (Germany)



You do like to have fun right ? Apparently you don't take everything too seriously from what we could see... which is something we LOVE about you !

This section's about sharing geeky, cool, funny, useless stuff...

SECTION 12

Cool & Geeky Stuff

- **A hunter shoots a bear/doesn't shoot a bear...**

Come on who hasn't tried this funny thing of 're-writing the story'?! A teacher shared that link with us a couple of years ago and we still have fun writing anything we want filling the blank.

1st step is to go here :

<http://www.youtube.com/watch?v=4ba1BqJ4S2M>

Then you have a choice... obviously we don't want the worst thing to happen to the poor bear right?! Which leads to the 2nd step. THEN you do have fun re-writing the story as you wish... Have fun !

- **Neave Digital Playground...**

Getting bored is not allowed ! Let's have a look at Paul Neave's interactive webpage...

<http://neave.com/>

- **Feeling a bit down ? Let's see how it's like in the other's family...**

Anyone can have a good laugh when watching those awkward family photos...

<http://awkwardfamilyphotos.com/>



Yo, Stana! What birthday would be complete without a ton of ridiculous things from the internet to make you smile? None? That's what I thought too. OBVIOUSLY...So, without further ado...

- **The Llama Song/Badgers**

These make me laugh pretty much every time I watch them. They're both pretty much the same thing, but hey--sometimes you're in the mood to sing about badgers and other times, badgers/mushrooms. Llama Song:

<http://www.youtube.com/watch?v=HbPDKHXWILQ>

- **Kaiser & Kira Howling**

Look, I love videos of animals being cute, ok? This one is particularly interesting because it's like the dogs are trying to serenade each other or something.

<http://youtu.be/sN8hobKMjR8>

- **Lion kissed Rescuer.**

This one is particularly Stana-friendly. I remember when Mr. Marlowe mentioned that he had to warn you not to try to pet the tigers when you were filming "Cuffed." Well. Obviously, if you had filmed with a lion, everything would've been all better! This is a (100% sweet to the point where it makes me think I'm going to get a cavity) video report of how a lion actually hugged and kissed its rescuer. It's awesome. Seriously. <http://youtu.be/txjCKyKwQg0>

- **DUMB WAYS TO DIE.**

Last, but certainly not least amongst the youtube videos...This one had me absolutely cracking up, even after a horrible day. When you watch it, you think it's just a strangely upbeat video, asking people to be careful so they don't die in a stupid way. But then. At the end. OMG. You're like, "wait, this video was about THAT?!" It totally makes an already hilarious video that much funnier...Trust me, this is not to be missed. <http://youtu.be/IJNR2EpS0jw>

- **The No-Hand Wheelie King**

Now, THIS is what I call alternative travel! Rodney Hines, the no-hand king, rides his bike all over Raleigh. The catch? Well, you might be able to guess it based on his title...Yeah, that's right. Dude is a total badass that rides around Raleigh, doing no-hand wheelies. I got to see him almost every day on my way to work back when I lived out in Garner. Too bad I moved to Cary and have no reason to go near his turf anymore. Le sigh.

<http://youtu.be/txjCKyKwQg0>

- **StanaTalkRadio**

And then I just have to add this. I know you already know about it. Because of that one phone call that made us all make incoherent sounds, but I had to include this anyway. I started listening in only a few months ago (Tuesdays at 9EST! Whenever there's a new episode of Castle and sometimes other weeks too!), and I just...what an awesome group of people. I love being able to analyze episodes. I love being able to sing the praises of the mighty Stana, and even better? I have made such wonderful friends. In the short time that I've known them, they have already helped me through some really bad days. Stanatics (Stanamaniacs, I've heard us called as of Wondercon?) are awesome. Seriously. Must be that we're inspired to awesomeness because of, well, you. :)

Enjoy, I know I do - **Shana-** (USA)

I totally agree, StanaTalkRadio is one of the coolest thing ever made, supportive community, great spirit, I always enjoy it.

- **Prema** -



Jimmy Fallon's one of the funniest guys EVER. I always enjoy watching his talk show and also taking a look at his 'Thank you notes' . hilarious.

<http://www.latenightwithjimmyfallon.com/blogs/thank-you-notes/>

There's also a tumblr dedicated to his 'thank you notes'

<http://thankyoujimmyfallon.tumblr.com/>

Those little things brighten up my day. I'd love you to be a guest on his talk-show !
In the meantime, I wish you a great birthday filled with love and joy. You're a star.

- **Hanne** - (Belgium)

Who doesn't know «Funny or Die» ?! There's nothing like this comedy video website !

<http://www.funnyordie.com/>

HAVE A GOOD LAUGH.... TO MAKE YOUR DAY BRIGHTER, I WISH YOU A HAPPY BIRTHDAY !

- **Dennis** - (the Netherlands)

One of the greatest goals in my life is to one day be a part of a flash mob. I do think it'd absolutely mind-blowing because those spectacles bring humanity together. It only lasts a few minutes but during this short period of time, it's impossible not to feel joy.. There are a lot of flash mob videos on the internet but I've always had a thing for the music back in the 30's, 40's, 50's, 60's... and I have a thing for the swing era... which is why I favorited this flash mob from the minute I've pressed the play button, it happened in Denver Airport :

<https://www.youtube.com/watch?v=P99p6l8v0FQ>

I'm in awe of that video, and maybe you'll feel the same ! I would love to dance like that, which explains why I'm taking dancing classes... ! I'll have to grin and bear with it though

Enjoy, And HAPPY BIRTHDAY !

«dance...jive...have the time of your life...»

- **Doïna** - (Romania)

I'm a road tripper. I've roadtripped for years with a bunch of friends and I think it's an interesting and great experience.

I've also been using this website/app for a while :

<https://roadtrippers.com/welcome?mode=explore>

which turns out to be quite useful... I believe you'd use it as well !

Enjoy your wonderful day and celebrate it !

Love, **Tania** (USA)



- First of all, we've noticed you do like listening to music... a lot ! Besides, you also often share awesome music playlists with us via your ATP playlists. It's always great to know more about your music tastes and you also make us discover wonderful artists.
- Which is why we made a playlist for you...
- Some songs have a particular meaning to us because of the context we've heard them for the 1st time or listen to them.

Anyway, this little selection's made with reference to your previous awesome playlists !

Hopefully you'll Enjoy.....

SECTION 13

Open up your ears...

Here are some #ATP playlists we've wanted to share with you... by [Prema](#), [Manon](#), [Marine](#), [Verity](#), [Magdalena](#), [Miah](#) & [Sheryll](#).

Jacky Terrasson
- *Plaisir*
d'Amour



I've always loved the piano and would have suggested 'Gymnopedie n°1' by Erik Satie but I've noticed you already know him. I'd also think about Chopin's delightful 'Ballade n°1 en sol mineur, op.23.'... But I've wanted to share Jacky Terrasson's song from «A Paris».

In my opinion, this song is really soothing, I love jazz, the piano... and thought you would appreciate too. Great background music while reading, relaxing at home or taking a nice walk...

Paolo Nutini -
Iron Sky (Abbey
Road Live Ses-
sion)



I've known Paolo Nutini music for a very long time and this brings me right back to highschool. Totally had a crush on his voice. He recorded that song earlier this year (in february) and this is going to be on his coming album «Caustic Love» (release date : April 2014). If I can qualify this song with a particular word, I would say «Eargasm». I know you do like that artist and hopefully, will love this performance too !



Geoffrey Oryema
- *Rwot*
Obwolo Wan



I'm a traveler and have always been (so are you !), hence my love for worldwide of music. I Fell in love with the music of that great ugandan singer, love the rhythm, the soul....

Misteur Valaire
- *Brandon Marlow*



This band has electro-jazz-rock-hip-hop-odd-sound-clips influences. I think it's perfect when ATP-ing...

Iyeoka - *Simply*
Falling



I've noticed you do like Morcheeba music... this is a bit similar according to me. A bit Jazzy, great voice. Also, you may have heard of **Lizz Wright**. Again, it's a little similar, soothing songs, soothing voice....



Say Yes Dog
- *A Friend*



Say Yes Dog -
Around My Neck



can't get rid off this song... totally stuck in my head. These guys are berliners and there's a luxembourger. Super-talented.

Their music is like club-friendly. it has its own mood, its own tone...

Really thought you may enjoy it.

Ólafur Arnalds
-
So Close



Iceland native, subtle, delicate and enjoyable music. There are many great artists from Iceland such as Björk, Ásgeir.... but Ólafur Arnalds is a name to reckon with. :) Beautiful.

Alt-J
- *Taro*



Beautiful song in tribute to Gerda Taro (war photojournalist in the late 40's/early 50's who died in 1937, in her line of work while covering war in Spain). This song also relates to Robert Capa, another photographer who was Gerda's love interest. He covered the Spanish Civil War, the Second Sino-Japanese War, World War II across Europe, the 1948 Arab-Israeli War, and the First Indochina War.

This song is absolutely moving, it's incredible, lyrically and musically speaking. + amazingly powerful video clip.

Luz Casal -
Piensa En Mi



One of the most beautiful songs I've ever heard, Luz does have an incredible voice... you may have heard it in *Tacones lejanos* (Pedro Almodovar movie)



*Electric Guest -
This Head I
Hold*



I've been hesitating between Caravan Palace (french band) electro-swing music or Electric Guest... I hope you like that choice !

*Susheela Raman
- Mamavatu*



Couldn't help sharing this indian song since this where I was born. Even if Susheela Raman wasn't born there she has indian roots..... by the way, I really hope you had a wonderful time in India.. incredible India and that you're willing to go back there ! So many things to see.... I'd highly recommend the Andamans Islands. It's like heaven. Savage landscapes, wildness, diving there is amazing.

*Cults - Go Out-
side*



Such a perfect song in the summertime, riding a bicycle or just enjoying a car-free day... yeah that's right, that's absolutely part of my own ATP playlist, inspired by you (thank you). :)

*Calexico -
Gypsy's Curse*



*Edward
Sharpe and
the Magnetic
Zeros*

-
Man on Fire





*The XX -
Angels*



I just think this song is beautiful, you may like it

*One Republic -
Stop and Stare*



It reminds me of Castle-Beckett and the very beginning of their story

*Muse - I Belong
To You*



One of my favorite songs. And as a caskett Shipper, I believe it fits perfectly with their couple.

*Keren Ann - Au
Coin Du Monde*



*Jean Louis Au-
bert - Alter Ego*



*The Cranberries
- Just My Ima-
gi nation*



I have to admit, I love the lyrics



*Yann Tiersen -
Comptine d'un
autre été*



You like to listen to the piano and I think both Yiruma & Yann Tiersen are fantastic piano players.
They convey emotion through Music.

*Yiruma - River
Flows in You*



*Of Monsters
and Men - Lit-
tle Talks*



*Imagine Dra-
gons - It's Time*





*Crevna Jabuka -
Bjezi Kiso S Pro-
zora*



I really like serbian language and I'm learning it. Moreover you already know their song «Gigi@migi», I fell in love with it and discovered other soundtracks.

*Games Of Thro-
nes - Violon Co-
ver*



It sounds like perfection to me... hopefully you'll think alike ! I fell in love with it the minute I heard it !

*The Lumineers
- Ho Hey*



Kind of over-heard but it never gets old. Really good song to relax, wander around.... it's one of my all time favorite !



*Arcade Fire -
No Cars Go*



*Green Day - 8th
Avenue Serenade*



*Passion Pit -
Take A Walk*



*The Peach
Kings -
Fisherman*



*Delta Rae -
Bottom of The
River*



*Hunter Hunted
-
Operating*



*Queen -
Bicycle Race*



*Foster
The People -
Color On the
Walls*



*Neon Trees -
Animal*



*Sara Bareilles -
King Of Any-
thing*





*Evanescence -
My Immortal*



It's such a magnificent
song..... a long time favorite.

*The Pretenders-
I'll Stand By
You*



This song always makes me
dream.

*Keane -
Somewhere only
we know*



Totally had a crush on that
song the 1st time I've heard
it. Who wouldn't ?!

I've discovered that beautiful song thanks to a castle fan I've met.
We really got along like, right away. And that friend had to get to
the hospital back in June. We didn't have much time to see each
other and I miss her. When I listen to that song, It makes me think
of our friendship. Castle allows us to meet wonderful people.
I'm thankful for that.

*Sarah
McLachlan -
Angel*

