

17th Annual

EATON 5K

Run/Walk

OCTOBER 18, 2014

Stephanie "Pookie" Baron was a dearly loved daughter, sister, grand-daughter, niece, cousin and friend. An avid lover of life, Pookie enjoyed playing basketball, listening to music, and spending time with family and friends. Born on August 29, 1994, Steph was a native Upstate New Yorker. A graduate of Westhill High School and a rising sophomore at St. Lawrence University, her career ambition was to one day become a lawyer. Stephanie completed her race of life on July 30, 2013, four weeks shy of her 19th birthday and just days before she was to run her first 5K alongside her mother.

This was Pookie's story. But she was so much more than a list of her accomplishments, she was the light of our world. Her perky, carefree attitude could lift the lowest spirit. Her love for everyone was a joy to experience. If you knew Stephanie, you will remember her for the rest of your life. Her life path was full of laughter, compassion, and generosity which continued even in death as an organ donor.

To honor her memory, a portion of the proceeds from this year's Eaton 5K Run/Walk will be donated to the Stephanie Baron Memorial Fund c/o the CNY Community Foundation. The fun-filled day will also serve as a great opportunity to celebrate the life of Pookie, a beautiful young woman who touched many. But, we aren't just running for Pookie. We run in the name of everyone and anyone that is no longer with us. We run to remember each person who may have been taken too soon. We run to celebrate all the joys we shared. We run to support each other; our neighbors, our community.

We hope you will join us at the race.



For more information or to register, contact:

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