

## Kern Talks - Storytellers

**“In Government we have done things the same way for a very long time. We need to do things in a different way to move forward”**

*David Couch, Kern County Supervisor 4<sup>th</sup> District on Oct 15, 2014*



by Gunnar J Kuepper

How do you bring 120 staff from the Kern County Administration plus members of the public into one room for more than an hour, and have those people not using their cell-phones for text-messaging or Internet? How do you make a room with this audience so silent that you could hear a pin drop? Impossible, it seems.



Brandon Martin welcoming the audience at the inaugural Kern Talks event

But Brandon Martin, Chief of Staff with Kern County 4<sup>th</sup> District Supervisor David Couch, achieved exactly that on Wednesday, October 15, 2014. He brought three amazing storytellers, a novelist, a musician, and an actor to perform in the Chambers of the Kern County Board of Supervisors and with that created the first Kern Talks event. More than 120 people, many from the Kern County Administration, followed his invitation and listened to some spectacular and stimulating performances.

Brandon said: “Kern Talks is the type of event that I'd enjoy attending: it's inspirational, smart, and a little playful“.

Kern Talks featured novelist Steven Barnes, musician and taiko player Kristofer Bergstrom, as well as actor Jim Baldwin.

It started with a story told by accomplished singer and actor Jim Baldwin, who is also the President of Bakersfield ARC. His work with the intellectually and developmentally disabled and their families has helped countless members of the Bakersfield community live more fulfilling lives. Jim told a story about survival and human perseverance during World War II. He described the seemingly hopeless situation of a military officer on a boat with hundreds of civilians floating in the Pacific Ocean after engine power was lost. They run out of water and food and the boat was finally rescued due to a

defective radio used to send Morse signals and a most rudimentary way to determine their exact location on the open seas. Jim's conclusion: “When times get tough, look around you and see what you have and can use.”



Jim Baldwin: in tough times look for and find the resources you need

Jim was followed by Kristofer Bergstrom, a leading North American taiko player. Taiko refers to a broad range of Japanese percussion instruments. Kristofer is the founder of the Los Angeles Taiko Institute. He provided some magnificent performances with his Taiko drums and sticks. In his storytelling Kristofer talked about his recipes for self-discipline and productive practice. He revealed that he keeps and there he writes down his daily accomplishments and challenges. For him that diary also serves as recognition for his arduous practice work. Kristofer cited the 10,000 hour rule: “you begin to be great at anything after you have practiced 10,000 hours” and the necessity to learn and practice never ends.



The incredible energy during Kristofer's taiko play was felt by everybody in the room



Following Kristofer's performance Supervisor David Couch took the microphone to introduce the next storyteller. Couch, being Brandon's boss, is the sponsor and supporter of Kern Talks. He stated his vision about government in the 21<sup>st</sup> century, and the subsequent need for Kern Talks in saying "in government we have done things the same way for a very long time. We need to do things in different ways to move forward."



Supervisor David Couch making the revolutionary statement in the Kern County Board of Supervisors Chambers on Oct 15, 2014: "In government we have done things the way for a very long time. We need to do things in different ways to move forward."

With these words he announced the final speaker, novelist Steven Barnes. Steven has over three million words in print. In addition to his stand-alone novels, Steven has written several episodes of The Outer Limits and Baywatch along with episodes of Stargate SG-1 and Andromeda, and has published both Star Trek and Star Wars novels.

At Kern Talks, Steven spoke about "lifewriting," and the key questions for everyone such as "Who am I?" and "What is the truth?". He stated that "everybody got lost in life at least once" and his solutions were "Leap of Faith"; "Faith in Yourself, Faith in Your Companions, Faith in a Higher Power". He recommended that everybody should "become the hero in the adventure of their lives."

In the end all three storytellers had defined the "mastery" of life the same way, as "a process to be the best you can be in your lifetime: all there is is work; all there is is commitment".



Steven Barnes: "If there is any single thing which I believe most strongly, it is that we all have the capacity to bring our most cherished dreams to life. What is required is motivating goals, discipline, honesty, and sufficient personal power to ACT. "Life is a wonderful, complex, demanding game. The way to win is to decide what you want, focus on that goal, surround yourself with people who will support your dream, and nurture the ability to laugh at yourself."

According to Brandon the short talks and performances are aimed to value wisdom over the informational overloads that most 90-minute "presentations" provide. In nearly every long presentation attendees learn just one or two things that really matter to them. Kern Talks is somewhat modeled after TED (Technology, Entertainment, Design) conferences which address a wide range of topics within the research and practice of science and culture, often through storytelling. Ted speakers are given a maximum of 18 minutes to present their ideas in the most innovative and engaging way.

As in its inaugural event, Kern Talks in the future will provide speakers, performers and topics that could change the lives or, inspire the audience in an important way. Brandon Martin stated "for many going to work every day, it is easy to get into a rut, doing the same things in the same way with slowly diminishing motivation." He believes that "this is equally true in public administration and in our personal lives."

Kern Talks is meant to serve as a kind of pattern interrupt, as a wake-up call signaling that more is possible and different perspectives can be useful and rewarding for the County administration and the community at large.

**Fifth Annual Festival of Books**



**FREE books for K-6**

- Arts & Crafts
- Games
- Face Painting
- Snacks
- Storytime under the Oaks

**Big Red Barn**

Come dressed as your favorite storybook character and win a prize!

**Frazier Mountain Park Community Building**

**October 18th**  
9 am - 1 pm

Special Guests:



Presented by  
Rotary Club of Frazier Park and the Mountain Communities  
For more info call: Debbie at 245-4834 or Toby at 242-1784

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*In dealing with your adversaries:*

**"Stand ye still, and watch the salvation of the LORD."**

*Exodus 14:13*

*Chronicles 20:17*

# Capture the Beauty

Portraits by Gunnar J Kuepper



Please contact me for details and rates (661)- 487 - 1655

All Things Local



## Important Phone Numbers

<b>Fire</b>	<b>911</b>
<b>Ambulance</b>	<b>911</b>
<b>Sheriff or CHP</b>	<b>911</b>
Frazier Park Sheriff Station	661-245-3440
Southern California Edison	800-655-4555
Southern California Gas	800-427-2200
Pacific Gas & Electric (PGE)	800-743-5000
El Tejon Unified School District	661-248-6247
Frazier Park Library	661-245-1267
Fire Station 56 (Lebec)	661-248-6426
Fire Station 57 (Frazier Park)	661-245-3706
Dentist Porazik, Lebec	661-245-1434
The Photographer (fires, accidents, weddings, & all other disasters)	661-487-1655

## Upcoming Events in the Frazier Mountain Communities

- **October 18 (Saturday):**
  - **Rotary Festival of Books at the Frazier Mountain Park Community Center: 9 am – 1 pm**
  - **Library Volunteer Appreciation Party at the Frazier Park Library: 3:30 – 5 pm**
  - **Free Community Dinner at the Frazier Mountain Park Community Center: 4 – 6 pm**
- **October 26: Zombie Fest in Frazier Park**
- **November 16: Classical Piano with Andrew Wong in Gorman**

#####

*So, first of all, let me assert my firm belief that the only thing we have to fear is...fear itself — nameless, unreasoning, unjustified terror which paralyzes needed efforts to convert retreat into advance.*

Franklin D Roosevelt  
Inaugural speech March 4, 1933

**“The Great California ShakeOut Earthquake Drill” at the Frazier Park Elementary School**

On Thursday, October 16, 2014, at 10:16 a.m. the Frazier Park Elementary School participated in the “Great California ShakeOut”. When the announcement came over the public speaker system, all 260 students practiced Drop, Cover, and Hold-On together with teachers and staff. After a few minutes under the tables the students were led by their teachers to an assembly area in the school parking lot and accounted for.



After <Drop-Cover-Hold On> in the classroom, Mrs. Penner’s Kindergarten Class has safely evacuated to the school’s parking lot

- A video-clip capturing the “Drop, Cover, and Hold-On” activity in Mrs. Penner’s Kindergarten class can be seen on the GBU Mountain News YouTube channel at:  
<https://www.youtube.com/watch?v=FDYEB0JiEo&feature=youtu.be>
- A video-clip with Principal St Jeor’s statement from the 2014 earthquake drill can be seen on the GBU Mountain News YouTube channel at:  
<https://www.youtube.com/watch?v=mOZYng-3BUA>

The 260+ students and staff at the Frazier Park Elementary School were not alone. More than 10.3 million people throughout California registered their participation in the 2014 California ShakeOut Earthquake Drill. The largest number with 6.3 million came from K-12 Schools and Districts.



After <Duck-Cover-Hold On> in the classrooms all students and staff evacuate to the school's parking lot

214,000 registered from Kern County, including nearly 161,000 from K-12 Schools, and Districts, 37,000 from Colleges and Universities, and nearly 9,000 from local government.

Unfortunately throughout Kern County the number of registered participants from Hotels, Senior Facilities/Communities, Faith-based Organizations, Museums/Libraries/Parks/etc. Animal Shelters/Service Providers, Youth Organizations, Media organization was an -unacceptable- 0.

Hint for the Kern County Board of Supervisors: consider making it mandatory for those that receive taxpayers money (via grant or contract) to participate annually in the Great California Shake Out Earthquake Drill.

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## **Two major Traffic Accidents in the Frazier Park area occurred within hours on Thursday (Oct 16) morning**

### **Roll-Over caused major injury on Scott Russell Trail**

On Thursday, October 16, 2014 at around 9:30 a.m. a 1990 Jeep Comanche was traveling southbound on Scott Russell Trail, about two miles north of Cuddy Valley Road. Due to his unsafe speed the 17-year-old driver veered to the right and collided with the dirt embankment. That caused the vehicle to roll and a 17-year-old passenger was ejected. Around 10:30 a.m. that passenger walked into Kern County Fire Station 57 in Frazier Park. He showed injuries consistent with being involved in a traffic collision.

The driver had fled the scene on foot and is still, as of Thursday 5 p.m., being sought by CHP and Kern County Sheriff's Office. The passenger sustained major injuries and was airlifted to Kern Medical Center. As of Friday, the accident is still under investigation. The CHP has

received the information about the driver from the person at the hospital and still needs to interview the driver to get pertinent info relating to the crash.

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### **Head-On Collision on Frazier Mountain Park Road injures two and totals two vehicles**

On Thursday, October 16, 2014 around 11:56 a.m. two vehicles collided nearly head-on on Frazier Mountain Park Road between Lebec and Frazier Park, about 1.5 miles west of the I-5.

A 2014 Honda Accord driven by a 76-year-old woman MVH from Pine Mountain Club was going westbound towards Frazier Park. She collided in the (opposite) eastbound lane with a 1995 Chevy pick-up truck, driven by a 83-year-old man SC from Lancaster.



View eastbound towards Lebec: the Honda in the foreground was going west (towards Frazier Park) but was spun around on impact; the other vehicle (Chevy pick-up truck) is in the background; both drivers are still in their cars and evaluated by emergency crews at 12:16 pm

The woman was reported passing another vehicle on the westbound lane. As the Honda Accord started to drift into the eastbound lane, the driver of the Chevy pick-up steered his vehicle onto the right shoulder trying to avoid a collision. The driver side of the Honda collided with the driver side of the Chevy pick-up. Both vehicles came to rest on the dirt shoulder just south of the roadway. The impact forces spun the Honda Accord around, now facing eastbound towards Lebec.





The severely damaged 1995 Chevy Pick-up at 12:11

Both drivers were conscious, but suffered injuries. Kern County Fire Crews from Station 57 (Frazier Park) and 55 (Grapevine/Laval Road), Hall Ambulance, and CHP units responded. A fire patrol unit from Los Padres National Forest also stopped to render aid.



The 76-year-old Honda Accord Driver from PMC is rushed into the ambulance at 12:35 p.m.

The woman was complaining about chest pain and was transported via Hall-ambulance to a landing zone at Fire Station 55 (Grapevine/Laval Road) and from there airlifted to Kern Medical Center in Bakersfield. The 83-year-old driver, despite bleeding from a head wound, initially refused transport. However, around 1 p.m., after emergency services had left the scene, medical aid was again requested, and he was transported via ground ambulance to Henry Mayo Hospital in Santa Clarita. Both vehicles were severely damaged in the collision.

#####

## The 5th Annual Rotary Festival of Books is this Saturday!

By *Deborah Turner*, Frazier Park Rotary Club

Every year, the Rotary Club collects, and then gives away new and gently used books. Last year, over 1200 books were given away FREE of charge to local school children.

The Festival of Books will be Saturday, October 18, 2014 from 9:00 a.m. – 1:00 p.m. at the Park and Community Building in Frazier Park. Outside, storybook characters read adventures to the children under shady trees while costumed characters roam about signing autographs. A clown wanders the park, giving out balloons while Officer McGruff, the Crime Prevention Dog, and Clifford, the Red Dog, encourage children to read. Children have fun participating in games, arts and craft projects, origami, and face painting. Inside, a wonderland of books awaits the children and their parents, where each child is able to pick several books free of charge to take home!

Bring the kids and have a great time! Parents who bring their child will be entered into a door prize drawing. Children who come in costume will receive a gift. Refreshments will be available.

This event strongly promotes Literacy in our Community! Volunteers are encouraged, and if anyone would like to participate as a reader, or a character, or has a special talent or craft they would like to share, please let us know. We also appreciate any gently used books.

In recognition of monetary and book donations, Rotary will again feature a prominent "Wall of Honor." This "Wall" is very visible during the event, and will also be published in the media. While we have had many local donors and sponsors, this event is NOT a fundraiser for Rotary! It is a giving back to our community by promoting literacy to our youth and families.

For further information, please call Deborah Turner at (661) 245-4834 or Toby Brault at (661) 242-1784.

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**FREE books for K-6**

- Arts & Crafts
- Games
- Face Painting
- Snacks
- Storytime under the Oaks

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Special Guests:

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For more info call: Debbie at 245-4834 or Toby at 242-1784



Images from the 2013 Rotary Festival of Books:





**Working Together WORKED!**



- \*Lower class sizes
- \*Elimination of combo classes
- \*Stabilizing enrollment
- \*Constructive leadership
- \*Positive school climate

I am interim Board member, **Barbara Newbold**  
and I promise that if elected we will  
never go back to where we were just two years ago.

**May I have your vote?**



**GET A HAIRCUT  
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Lebec, CA  
(661) 248-2888

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**FREE COMMUNITY DINNER**

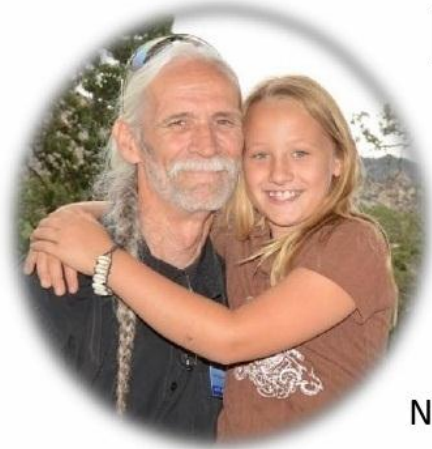
Saturday, October 18, 2014  
4-6pm  
In Frazier Park at the Park Community Center

**MENU:**  
**SOUP, CHILI, STEW, BREAD,  
TEA AND COFFEE**

If your hungry or just hungry for good company join us.  
Everyone is welcome!

For more information  
call 661 245-6391





## Please Elect Steve Berry to the School Board

Our Children's Needs should always Come First

It's Time to Make a Stand for Education First

No Child should be left Behind

## Family Dentistry *for the mountain communities*

Peter Porazik, D.D.S. & Mimi Porazik, D.D.S.

Peter Porazik has 38 years of experience in dentistry, is licensed in California since 1996. Our daughter Dr. "Mimi" Maria Porazik added orthodontics to our treatment offer and she is very good with children. All our younger patients love "Doctor Mimi". Our dental assistant Alicia speaks Spanish fluently and can overcome any language hurdles.

We do: Crowns and bridges, esthetic filling and veneers, gum treatments, minor oral surgery and implants, orthodontics and invisiline, endodontics, full and partial removable dentures, full mouth reconstructions, bleaching, temporomandibular joint treatments ... and more.

We serve seniors, adults, and children in the Mountain Communities since 1997.

**661-245-1434 or 661-644-5456**

We are located in Lebec at 2045 Lebec Road,  
near the Lebec Post Office and just north of the I-5 Lebec exit.

We are here for you Monday, Tuesday, Wednesday & Friday from 8 a.m. - 6 p.m. And we are available for appointments on Saturdays.

We use modern technologies which allow for drill-less and painless care with no needles needed. We accept most insurances - City Healthcard - Care Credit

THE FIRST AMENDMENT TO THE CONSTITUTION OF THE UNITED STATES  
ratified effective December 15, 1791

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof;



or abridging the freedom of speech, or of the press,

or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.



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**I would be happy to answer any of your questions and provide you with additional information .**

**EMAIL: ireneziggy@yahoo.com**

**Phone : (661) 993-9701**

## **Frazier Mountain High School (FMHS) Sports**

### **Volleyball takes the lead in league with a 2-0 Record**

By Sharon Lemburg (Oct 10)

This last week the Volleyball team traveled Tuesday and Thursday to start league play with two big wins, putting the Falcons in first place so far. On Tuesday the Falcons beat California City 3-2, to end a four week slump. Then on Thursday, last week, the Falcons beat Kern Valley, at their place, 3-2, for a big upset. Kern Valley has been rated #2 in the Central Section, because of their 15-4 record.

Against California City the Volleyball team was ready to take on the Ravens as they pounded the ball for 53 kills. Leading the Falcons with kills was Alexa Fausto and Mickaela Brown with 14 each, and Madison Stephenson with ten kills. Controlling the net with blocks was Elliana Shillig with seven blocks for kills. Carissa Rivette, Laura Jennings, and Mercy Kowalskie controlled the back of the court with their speed and accuracy of their digs. Assists went to Jillian Carlson and Madison Stephenson. The team really came together to make the win possible. Before the game the girls talked and encouraged each other to play hard and work together. It was evident on the court that they worked out their problems, in order to come out as the victor.

In the match against Kern Valley, the girls were riding high after their first league win with California City. They entered the Broncs gym and immediately took control with a decisive win of 25-10. That started the Broncs, and the Falcons were able to take a 2-0 lead in the match. Then the Falcons lost the next two games 23-25, which put the score at 2-2, and heading into the fifth game of the match. The Falcons won the fifth game 15-8, to win the match. The Falcons came back strong again, controlling the net with powerful hits by Alexa Fausto and Michaela Brown. Elliana Shillig again controlled the opponents attack by blocking their hits seven times for kills, Sarah Bedard had two blocks for kills, and Maggie Gonzalez had one. The back row passes were outrageous, with Carissa Rivette picking up 34 digs, and Laura Jennings 23. After the second game, Mercy Kowalskie was too injured to play and Elliana Shillig played the backrow for the first time in a game and did a tremendous job with 11 digs. The Falcons are a very well rounded team, with many really great ball players that can adjust and change positions, and still play really well.

This team is very versatile, and has proven that they can change things around if necessary. They all want to win, and have worked really hard to get to where we are right now. The Falcons will continue to work towards being champions.

Other opportunities to watch the Falcons were on Thursday, October 9 at 5:30 against Bishop, and again on Thursday, October 16 at 5:30 against California City. Don't miss your opportunity to support the Volleyball team to victory.



## Business Directory

### Animal Shelter & Adoption

- Shelter on the Hill (SOTH), Animal Care Center, 879 Lebec Road, Lebec, CA 93243; Tel (661) 248-5018; Visiting Hours Tuesdays & Thursdays 10 a.m – 5 p.m. [www.shelteronthehill.org](http://www.shelteronthehill.org)

### Automobile Repair & Service

- DunnRight, 3811 Mount Pinos Way, Frazier Park, Tel 661-245-3866
- Martin's Garage Auto Repair, 1441 Frazier Mountain Road, Lebec, Tel 661-248-6000

### Computer Repairs

- Computer & Games, 633 San Gabriel Trail, Frazier Park, Tel 661-242-1214, [www.parsonsweb.net](http://www.parsonsweb.net)

### Construction

- R.M. Stowell Construction, Bob Stowell, Frazier Park, CA 93225, Tel 661-245-4714, [www.stowellconstruction.com](http://www.stowellconstruction.com)

### Insurance

- State Farm, Mitch Wood, 3015 Mount Pinos Way, Frazier Park, Tel 661-245-3728

### Pet Adoption

- Shelter on the Hill (SOTH), 879 Lebec Road, Lebec, CA 93243 – open to the public Tuesdays & Thursdays (10am – 5pm) and by appointment, Tel. 661-248-5018, [www.shelteronthehill.org](http://www.shelteronthehill.org)

### Pet Services

- Blue Rose Pet Salon, 3429 Los Padres Drive, Frazier Park, for appointments call 661-245-3635

### Photographer

- GBU Photography, Frazier Park, Tel 661-4487-1655, see [https://www.facebook.com/pages/GBU-Photography/109453262410990?sk=photos\\_albums](https://www.facebook.com/pages/GBU-Photography/109453262410990?sk=photos_albums)

### Realtors

- The Gorman Real Estate Co., Ron & Karen Blevins, Gorman, Tel 661-248-6196 - [www.gormanrealestate.com/](http://www.gormanrealestate.com/)

### Spa's

- Sage Mtn. Health Spa, 16218 Mil Potrero Hwy Suite 204, Pine Mountain Club, CA 93222, Tel. 661-242-2413, [www.sagemtnhealthspa.massagetherapy.com](http://www.sagemtnhealthspa.massagetherapy.com)

### T-Shirts

- Your T-Shirt Man, Jerold Parker, 3441 Mt Pinos Way, Frazier Park, Tel 661-245-2350, [www.yourtshirtman.com](http://www.yourtshirtman.com)

### Toys & Games

- Computer & Games, Scott Parson, 633 San Gabriel Trail, Frazier Park, Tel 661-242-1214, [www.computerandgame.com](http://www.computerandgame.com)

## Job Openings



- PMCPOA, Inc. is currently accepting applications for
  - **Busperson/Dishwasher and**
  - **Server**position. A pre-employment drug screening, DMV and background check are required for all positions. For more information visit the PMCPOA website at [www.pinemountainclub.net](http://www.pinemountainclub.net) or call the Business Office at 661-242-3788.
- Los Angeles County Metropolitan Transportation Authority (LACMTA): Job Title: **SYSTEMS ELECTRONIC COMMUNICATION TECHNICIAN** - Installs, maintains, repairs and modifies advanced communications systems carrying voice, data and video information. Closing Date: 30-SEP-14; Salary Range: \$34.01 per hour; <https://jobs.metro.net/JobInformation.aspx?bno=000819->  
<https://jobs.metro.net/JobInformation.aspx?bno=009929-005>
- Arts Council of Kern hiring Office Manager/Program Manager; Part-Time Position starting October 27<sup>th</sup> - Main Duties include Clerical Support and General Program Management with ability to develop, implement and manage art projects at various stages of development - Email or Drop-Off at Office:

Resume - Letter of Interest - Reference Letter (if available) - Email: [info@kernarts.org](mailto:info@kernarts.org) - Office location: 1330 Truxtun Ave. Suite B, Bakersfield CA 93301

## **All Things Regional**

####

## **All Things Global**

### **Current Threats to World Peace & Global Stability**

- i. ISIS (Islamic State of Iraq and Syria)
- ii. 2014 Ebola Outbreak in West Africa
- iii. Russian - Ukrainian Crisis
- iv. Israel - Palestine Conflict
- v. Socioeconomic & Political Consequences of Global Climate Changes
- vi. Known Unknowns
  - Growing world population with increasing demand for natural resources
  - Emerging technologies such as nanotechnology, genetic engineering
  - Singularity
- vii. Unknown Unknowns

## **People**

# ***Please Help***

**Others during Hard & Cold Times!**



# ***Winter Coat Drive***

**From Oct 1 to Nov 11, 2014**

**(gently-used & clean coats, hats, blankets, gloves, sweaters needed)**

## **Drop-Off Locations**

***Frazier Park***

*Mitch Wood*

*State Farm Insurance Office*

*3015 Mt. Pinos Way, Suite 202*

*Tel. 661-245-3728*

***Pine Mountain Club***

*Pam McCain*

*Pine Mountain Realty*

*16206 Pine Valley Lane*

*Tel. 661-242-4663*



## Law Enforcement Corner



### Kern County Sheriff's Office (KCSO) – Frazier Park Substation

Sergeant Mark Brown from the Kern County Sheriff's Substation in Frazier Park released the following information about law enforcement related incidents and activities between September 30 and October 9, 2014: \*

- 1) On September 30, 2014, at about 5:25 PM, a deputy stopped a vehicle on Lebec Road, near Lebec Oaks Road, in Lebec. The driver, Ernest Botelho, was arrested for suspicion of possessing methamphetamine, possessing over one ounce of marijuana, being under the influence of a controlled substance, and driving on a suspended driver's license.
- 2) On October 2, 2014, at about 11:30 AM, deputies contacted Heath Poff at a house on the 600 block of Lebec Drive in Lebec and arrested him on a violation of probation warrant.
- 3) On October 9, 2014, at about 2:30 PM, deputies were dispatched to a house on the 2300 block of Freeman Drive in Pine Mountain Club to investigate an assault. Kyle Stevens reportedly threw a full 12 ounce can of soda at a man, striking him on his head. The victim was transported to a hospital via ambulance. Stevens fled prior to the deputies' arrival and a criminal complaint requesting an assault with a deadly weapon charge against him was filed with the District Attorney's Office.

*Anyone having information about any of the above incidents is asked to contact the Kern County Sheriff's Office at (661) 861-3110, contact Secret Witness at (661) 322-4040 or send an anonymous text to TIP411 (847411). Type the key word, "KCSO," prior to the message.*



**You will notice that the names of arrestees and suspects are not always published here. The presumption of innocence means that one is to be considered innocent until proven guilty in a fair and open court of law. Individuals that have been arrested, but not convicted and that do not pose a risk for others should not be subject to public humiliation. However, if you have been arrested and convicted before, and you have a considerable criminal record, your full name AND your criminal record will be published. If you are a repeated offender you will be considered a threat to our Youth and risk to the community.**

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### **Bakersfield Police Department**

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## 2014 Volunteer Appreciation Party!

Saturday, October 18th

3:30—5:00 pm



The Whole Community is Invited to  
Celebrate Frazier Park Library's 3-Year Anniversary  
A Party to Appreciate all 2013/2014 Library Volunteers.

October 18<sup>th</sup> 3:30 – 5:00 pm

In the Library Multi-purpose Room

## Cooking & Food

### Viennese Cutlet (Wiener Schnitzel)



#### Ingredients:

- 4 veal cutlets (traditional) pounded to 1/4 inch thickness (about 5 oz. each) (you may use chicken or pork, as well)
- 1/4 c. flour (all purpose or brown rice)
- 1/4 tsp. salt
- 1/2 c. bread crumbs
- 2 eggs
- Oil or lard for frying (lard is traditional)

Prep Time: 10 minutes

Cook Time: 10 minutes

Total Time: 20 minutes

Preparation: To pound meat thin place the cutlet between sheets of plastic wrap for easier washing up. Use a heavy, flat-surface pan to pound if you don't have a meat mallet.

Pound the meat evenly to 1/4 inch thickness for best results.

Do not press the bread crumbs into the meat. The crust should not adhere completely, but form a loose shell around the schnitzel.

Make sure the breaded meat "swims" in fat. Contrary to instinct, the breading will take on less oil than if the meat is sticking to the pan. Also, the breadcrumb topping has a chance to puff up a little, and your clean up is easier!

Set up 3 shallow dishes. Place the flour and 1/2 teaspoon salt in one and breadcrumbs in another. Beat eggs well and place in the third dish.

Heat at least 1/4 inch of oil in the pan to 350°F.

Working one at a time, dredge cutlets first in flour until the surface is completely dry. Dip in egg to coat, allow the excess to drip off for a few seconds and then roll quickly in the breadcrumbs until coated. Do not press breadcrumbs into the meat. Place meat immediately in the pan with the hot oil. Do not crowd the pan. Cook the schnitzel in batches, if necessary.

Fry the schnitzel for 3-4 minutes on one side. You may want to swish them around a little with your fork to make sure they are not sticking to the pan. Turn them over once and fry until both sides are golden brown. Remove from pan, allow the oil to drain off, place on a plate with lemon slices and potato salad or green salad and serve.



## Animals Matter

If you interested to adopt a beautiful dog or cat please visit the Shelter of the Hill (SOTH) in Lebec, contact:

**Animal Care Center**

**Shelter on the Hill - A Humane Society**

**879 Lebec Rd**

**Open Tuesday and Thursday from 10am – 5pm**

**(661) 248-5018**

*-Our mission is to find safe, happy, forever homes for the pets-*

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### Distances from Frazier Park

Pine Mountain Club	14 miles
Outlets at Tejon	18 miles
Castaic	32 miles
Santa Clarita, Shopping Centr	41 miles
Bakersfield, Panama Lane	41 miles
Bakersfield, Truxtun Avenue	46 miles
Taft	54 miles
Lancaster	54 miles
Ojai	70 miles
Tehachapi	70 miles
Los Angeles, Downtown	75 miles
LAX	78 miles
Santa Maria	120 miles
Las Vegas, NV	298 miles
Sacramento, CA	320 miles
Washington, D.C.	2,700 miles
Kiev, Ukraine	6,300 miles
Kabul, Afghanistan	7,700 miles
Earth to Moon	239,000 miles
Earth to Sun	93 million miles

## **Frazier Park Library (ספרייה)**

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### **Hours & Calendar**

Sunday: closed

Monday: closed

Tuesday: 11am – 7pm

Wednesday: 11am – 7pm

Thursday: 11am – 7pm

Friday: 9am – 5pm

Saturday: 9am – 5pm

**Tuesdays:** 11:30 a.m. Family Storytime  
5:00 p.m. Lego Club

**Wednesdays:** 3:30 p.m. Chess Everyone is welcome.

**Thursdays:** 11:30 a.m. Personal Computer Coach  
5:00 p.m. Lego Club

**Fridays:** 3:30 p.m. Chess by the Fireplace

**Saturdays:** 9-9:30 a.m. Free Beginning Piano  
3:30 -5:00 p.m. Reading of the Classics by local actors and community; all are welcome



**LEGO CLUB**

FRAZIER PARK LIBRARY

Tuesday & Thursday  
5:00 pm

LEGO DONATIONS ARE WELCOME!



## Incidents & Accidents

### Throughout Kern County

#### **Bakersfield - Ten pounds of crystal methamphetamine, worth over \$350,000 seized in Bakersfield**

On Wednesday October 15, 2014 the Kern County Sheriff's Office Major Violator Unit concluded a month long investigation with the arrest of two Cathedral City residents; 34 year old Refugio Mercado and 28 year old Belen Tapia. The two were arrested in a south Bakersfield parking lot in possession of ten pounds of crystal methamphetamine. Detectives developed information they had driven to Bakersfield and were attempting to sell them to subjects in Kern County. Both were booked into the Kern County jail for possession of drugs for sales, transportation of drugs and conspiracy. Mercado was also in possession of a small amount of cocaine. The seized drugs have a potential street value of over \$350,000.00. MVU was assisted by the Kern County Sheriff's Office Gang Suppression-Investigations Section, and the Kern County HIDTA and Cal-MMET task forces

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#### **Bakersfield – House Fire**

### Business Affairs

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### Weather



#### **Frazier Park Weather Forecast:**

Thursday, Oct 16:	high 75°F	low 46°F
Friday, Oct 17:	high 73°F	low 48°F
Saturday, Oct 18:	high 72°F	low 50°F
Sunday, Oct 19:	high 77°F	low 50°F
Monday, Oct 20:	high 75°F	low 48°F
Tuesday, Oct 21:	high 68°F	low 39°F
Wednesday, Oct 22:	high 65°F	low 46°F

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## Kern County

### Board of Supervisors Meetings

The Kern County Board of Supervisors meets every Tuesday at 9:00 am and 2:00 pm in the County Administrative Building at 1115 Truxtun Ave. in Bakersfield.

At each meeting Members of the Public can address the Board on any matter even if it is not on this agenda but under the jurisdiction of the Board. Board members may respond briefly to statements made or questions posed by the public. Board members may ask a question for clarification, make a referral to staff for factual

information or request staff to report back to the Board at a later meeting. Also, the Board may take action to direct the staff to place a matter of business on a future agenda. Speakers are limited to two minutes and asked to state and spell their names (for the record) before making a presentation.

If you are interested to receive the agenda(s) for upcoming or the minutes for previous Board meetings, please send an e-mail to [GBUmountainNews@gmail.com](mailto:GBUmountainNews@gmail.com)

FA

**GBU Mountain News is an electronic newspaper that currently reaches out to 5,029 residents, businesses, and organizations throughout the Frazier Mountain Communities as well as public and elected officials in the Kern-Los Angeles-Ventura Counties area. The GBU Mountain News is published and distributed on average once a week.**

**Publisher & Editor: Gunnar J Kuepper**

**Tel.: 661-487-1655** (always dial area code)

**The electronic format allows the readership to be always informed in a timely fashion.**

**If you are interested in receiving GBU Mountain News regularly, just send an e-mail to [GBUmountainNews@gmail.com](mailto:GBUmountainNews@gmail.com)**

Previous issues of the *GBU Mountain News* can be downloaded free of charge:  
LXXVI – October 15, 2014

LXXV – October 2, 2014  
<http://www.pdf-archive.com/2014/10/02/gbu-mountain-news-lxxv-october-2-2014/>

LXXIV – Sept 26, 2014  
<http://www.pdf-archive.com/2014/09/27/gbu-mountain-news-lxxiv-september-26-2014/>

LXXIII – Sept 18, 2014  
<http://www.pdf-archive.com/2014/09/18/gbu-mountain-news-lxxiii-september-18-2014/>

LXXII – Aug 31, 2014  
<http://www.pdf-archive.com/2014/09/01/gbu-mountain-news-lxxii-august-31-2014/>

LXXI – Aug 20, 2014:  
<http://www.pdf-archive.com/2014/08/21/gbu-mountain-news-lxxi-august-20-2014/>

LXX – Aug 14, 2014:

<http://www.pdf-archive.com/2014/08/14/gbu-mountain-news-lxx-august-13-2014/>  
LXIX – Aug 7, 2014:  
<http://www.pdf-archive.com/2014/08/07/gbu-mountain-news-lxix-august-7-2014/>

## Safety & Disaster Preparedness



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[mitch@mitchwoodinsurance.com](mailto:mitch@mitchwoodinsurance.com)  
Hours: Tues-Fri 9-5 and Sat 10-1

LIFE INSURANCE IS A GREAT INVESTMENT FOR THE FUTURE

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## Media Affairs

## Legislative Affairs

### Where to Go – What to Do

#### **Open Editorial (Op Ed)**

An op-ed, abbreviated from opposite the editorial page, is a newspaper article that expresses the opinions of a named writer who is usually unaffiliated with the newspaper's editorial board. These are different from editorials (which are usually unsigned and written by editorial board members) and letters to the editor (which are submitted by readers of the newspaper).



## Health & Fitness

### **CDPH warns: Don't Wear Decorative Contact Lenses - without Consulting Eye Care Professional**

*By California Department of Public Health*

On Friday, October 17, 2014, Dr. Ron Chapman, California Department of Public Health (CDPH) director and state health officer, today warned consumers about the risks associated with wearing decorative contact lenses without proper consultation with an eye care professional.

Decorative contact lenses are non-corrective lenses that do not correct vision and are intended to temporarily change the appearance of the eye. Use of these lenses can carry serious risks, including permanent eye injury that may lead to Blindness.

Advertised as color, cosmetic, fashion and theatrical contact lenses, they are especially popular around Halloween. These decorative contact lenses are typically sold at beauty supply stores and other novelty stores.

All decorative contact lenses currently approved or cleared under the federal Food, Drug and Cosmetic Act are classified as prescription medical devices and, therefore may be sold only to or on the prescription of a licensed practitioner.

Wearing any kind of contact lens, including decorative lenses, can cause serious injury if not used correctly. The risks include infection, blindness, ulcers, decreased vision, cuts or scratches to the surface of the eye, itchiness or redness. If these conditions are left untreated, the injuries can progress rapidly. In most severe cases, blindness and eye loss can occur.

Consumers who have experienced any injury or illness with decorative contact lenses should contact their health care provider or contact CDPH at 1-800-495-3232.

# ZombieFest 2014

Downtown Frazier Park

## "WALK LIKE AN EGYPTIAN"

OCTOBER 26, 2014

1PM—5PM

OPEN TO ALL COSTUMES AND AGES  
FREE MAKE-UP STATIONS AND CARNIVAL GAMES OPEN AT  
1PM

### DONATIONS

OF 50 CENTS AND CURRENT NON-PERISHABLES FOR THE FAMILY RESOURCE CENTER  
GET YOUR TICKETS FOR THE CARNIVAL GAMES

**BRING CANDY AND GOODIES TO HAND OUT !!**

We will be blocking off Mt. Pinos Way from the 4 way stop to the Assembly of God Church from 3pm—5 pm to allow for the parade and Trick or Treating down the road!!

For more information check out:

<https://www.facebook.com/FPZombieFest> or call 242-1214

*Sponsored by Your LOCAL Businesses!*

*Prizes for Theme Costumes and Characters*

**Create a Memory that lasts for Generations!**  
**Family Portraits**



**Please contact Gunnar  
for details and rates (661)- 487- 1655**