



breakfast

set breakfasts

indian (baji & puri) <i>traditional indian breakfast w. peas & potatoes, served w. deep fried balloon bread</i>	150
english <i>mushrooms, baked beans, grilled bacon, tomatoes & an egg dish of your choice</i>	300
continental <i>yak cheese, mozzarella & tomatoes, boiled egg, jam, nutella & home made bread</i>	300
swiss <i>potato rossi, topped w. melted cheese, crispy fried bacon, sour cream & fried eggs</i>	280
hash brown <i>fried potatoes w. grilled onions, peppers, tomatoes & chilies, fried eggs, toast & butter</i>	210

bread

baguette	70
toast (2 slices)	30
home made white bread (2 slices)	60
home made brown bread (2 slices)	60
french toast (2 slices)	120

toppings

butter	40
home made organic jam (seasonal)	60
honey	40
peanut butter/nutella	60
crispy fried bacon	180
yak cheese	180
mozzarella & tomatoes	150
selfmade buffalo mozzarella & tomatoes (seasonal)	300

fruits & cereals

fruit salad	150
fruit platter	200
fruit salad w. coconut	160
fruit salad w. curd & honey	180
organic himalayan muesli w. milk	180
organic himalayan muesli w. fruits, curd & honey	250
muesli w. milk	120
muesli w. fruits, curd & honey	180
cornflakes w. milk	110
cornflakes w. milk, banana & honey	140
cornflakes w. milk, banana & cocoa	140

porridge

... plain	100
... w. banana	110
... w. coconut/cashews	150
... w. honey/ cinnamon & honey	110

milk rice pudding

... plain	100
... w. banana/ cardamon & cinnamon	110
... w. nuts & dried fruits	150
... w. coconut/ cashews	180

pancakes

... plain	80
... w. lemon/ cinnamon/ honey	90
... w. banana/nutella/coconut	120
... w. mixed fruits	140
... w. homemade organic jam	130

eggs

(2 eggs, served w. home made white & brown bread & butter)

boiled	100
fried	120
scrambled	120
omelette plain	120
... w. tomato/onion/cheese/masala	140
... w. mushrooms/bacon	250
... w. prawns	250



snacks & starter

grilled toasties		chilli fried...	
avocado & cucumber	150	chicken/ calamari/ prawns	210/310/350
cheese & grilled veg	140		
cheese & olives	150	fried won ton...	
cheese & tomato	120	<i>6 fried dumplings</i>	
cheese & tuna	140	veg/ chicken/ seafood	150/190/250
fried egg, tomato & onion	140		
mozzarella, tomato & basil	140	beef burger	290
prawns, cucumber, red onions & cocktail sauce	250	<i>serverd w. french fries & salad</i>	
spicy calamari, cucumber & herbs	200	manchurian...	
fresh tuna, red onions & cucumber	200	<i>crispy fried w. ginger-coriander-garlic-chilli topping</i>	
		chicken/ mushrooms/ prawns	250
baguette sandwiches			
<i>(served w. french fries & salad)</i>		pakorras...	
cheese & tomato	200	<i>8 deep fried chickpea flour-dumplings</i>	
fresh tuna, olives & onions	250	veg/ cheese/ paneer	160/200/200
grilled veg	200		
hommus, lemon & fried garlic	200	hommus	220
mozzarella, tomato & basil	220	<i>home made chickpea cream w. crispy fried garlic & lemon, served w. plain naan</i>	
omlette, cheese, tomato & olives	250		
tuna, peppers & onions	250	avocado mousse (seasonal)	250
hawaii w. crispy bacon & pineapple	280	<i>home made w. chopped tomatoes, lemon & fresh coriander, served w. plain naan</i>	
		freedom fried	
club sandwich		<i>deep fried pieces marinated in a spicy barbeque pastry</i>	
<i>w. crispy bacon, chicken breast & fried egg</i>	350	chicken/ calamari/ prawns	250/280/290
finger chips	120		
<i>french fries w. ketchup or mayonnaise</i>		kurkure	
		<i>masala battered puffs</i>	
bruschetta	180	chicken/ calamari/ veg	250/280/200
<i>toasted bread w. chopped tomatoes, olive oil & basil</i>			
lachha parata <i>butter folded naan, served w. curd & pickles</i>	90		
crispy honey prawns	290		
<i>deep fried breaded prawns w. a honey dip</i>			



soups

tomato soup	110	hot & sour soup ...	
chicken noodle soup	130	veg/ chicken	180/ 200
mushroom soup	120	won ton soup ...	
onion soup	90	veg/ chicken/ seafood	140/160/250
carrot ginger soup	100		

salads

mixed leaf lettuce w. onions, cucumber, tomatoes & peppers	220
greek mixed salad with feta cheese, & olives	350
caprese home made buffalo mozzarella, tomatoes & basil w. balsamic & olive oil	350
tuna leaf lettuce w. tuna, boiled eggs, tomatoes & olives in a balsamic vinaigrette	300
toasted paneer roasted cashews, toasted indian cream cheese, tomatoes & cucumber in a balsamic vinaigrette	320
grilled veg leaf lettuce w. a choice of grilled vegetables marinated in lemon oil	260
prawns leaf lettuce w. tomatoes, onions & grilled prawns w. garlic-lemon-oil	350
calamari leaf lettuce w. tomatoes, cucumbers & grilled calamari w. garlic-lemon-oil	350
fresh tuna & avocado sliced avocado w. tomatoes & grilled tuna marinated in garlic-mustard-lemon-oil	300
papaya & spinach fresh spinach w. mozzarella, sesame & papaya in a balsamic dressing	300
melon & roasted chickenbreast w. leaf lettuce and a fruity dressing	320
avocado & spinach (seasonal) blanched spinach w. avocado slices, tomatoes & pomegranate	320
avocado & tomato (seasonal) avocado slices & tomatoes	300
melon & feta cubes of melon & feta cheese in a lemon-olive-oil marinade	350
antipasti salad several grilled & herbal marinated vegetables, 2 types of cheese & olives	450



vegetarian

palak paneer	200	stuffed tomato muglic	290
<i>cream cheese cubes w. spinach</i>		<i>stuffed tomatoes w. cheese, potatoes & dried fruits, topped w. a spicy cream sauce</i>	
aloo gobi	200	veg shashlik	250
<i>cauliflower & potatoes in a spicy sauce</i>		<i>mixed veg, served w. butter fried rice and topped w. grated cheese</i>	
aloo mutter	200	malai kofta	290
<i>potatoes & green peas in a spicy sauce</i>		<i>paneer-potato-balls topped w. a fruity cashew nut sauce</i>	
dal	150	vanta ko khat ra chau ko takari	320
<i>spicy lentils fried w. onions & garlic topped w. fresh coriander</i>		<i>aubergine bed w. mushrooms in a nepalian curry sauce topped w. melted mozzarella, served w. potatoes</i>	
vegetable curry	200	alu "ra" cauli ko tarkari	280
<i>mixed vegetables in a medium spicy sauce</i>		<i>cauliflower & potatoes cooked in a nepalian curry sauce, served w. rice, dal, papadam & salad</i>	
paneer makanwala	220	sharg ko tarkari	290
<i>spicy cream cheese cubes w. tomatoes, onions & garlic</i>		<i>spinach cooked in home made nepalian masala sauce, served w. rice, dal, papadam & salad</i>	
paneer masala	250	bombay potatoes	200
<i>cream cheese & vegetables in a spicy sauce</i>		<i>fried potatoes w. onions, tomatos, chilli, tumeric & fresh herbs</i>	
mutter paneer	250		
<i>cream cheese & green peas in a spicy sauce</i>			
vegetable kurma	250		
<i>boiled vegetables in a creamy sauce, topped w. grated coconut</i>			
mushroom masala	250		
<i>mushrooms in a spicy onion sauce</i>			

fish & seafood

catch of the day		prawns vindaloo	290
<i>we serve fish pan fried in olive oil w. garlic & lemon, tandoori or grilled (look at our special barbecue & tandoori menu)</i>		<i>prawns w. spicy sauce made of red chillies & vinegar paste</i>	
fish kadai	250	bharvi calamari	350
<i>fish fried in a coconut masala sauce</i>		<i>stuffed calamari w. prawns, celery, garlic & butter, served in a spicy gravy</i>	
fish vindaloo	280	king fish steak	320
<i>choice of fresh fish w. a spicy sauce made of red chillies & vinegar paste</i>		<i>grilled king fish steaks, plain or w. a butter-garlic-sauce, served w. french fries & salad</i>	
machi ki kadi	250	tuna steak	320
<i>fish curry</i>		<i>grilled tuna steak, plain or w. a butter-garlic-sauce, served w. french fries & salad</i>	
prawns ki kadi	280	fish fingers	320
<i>prawn curry</i>		<i>served w. french fries & salad</i>	



chicken & beef

chicken cafriel	230	chicken 69	290
<i>chicken w. a spicy mint & coriander sauce</i>		<i>thinly sliced chicken, chilly fried w. garlic, onions and peppers, served w. sour cream & naan</i>	
chicken curry	220	lemon grilled chicken	320
<i>chicken marinated in spices and cooked in a curry sauce</i>		<i>choice of breast and leg, grilled w. a lemon garlic sauce, served w. french fries & salad</i>	
chicken xacuti	250	chicken schnitzel	320
<i>chicken marinated in home made spices, cooked in a coconut sauce</i>		<i>served w. french fries & salad</i>	
chicken kurma	260	beef steak	430
<i>chicken in a creamy sauce, topped w. grated coconut</i>		<i>grilled beef steak prepared as you like (plain/ butter garlic/pepper sauce/cheese & rum topping/ herbal butter/...), served w. french fries & salad</i>	
chicken tikka masala	280	beef 69	350
<i>chicken marinated in a special tandoori paste made of curd and spices, cooked in a masala sauce</i>		<i>thinly sliced beef, chilly fried w. garlic, onions & peppers, served w. sour cream and naan</i>	
chicken shagwala	250	zeera kukhura	290
<i>chicken marinated in a garlic paste and spices, cooked w. spinach</i>		<i>nepalian thali, fried chicken in a medium spiced cumin sauce, served w. rice, dal, papadam & salad</i>	
hot garlic chicken	250	beef sandheko	320
<i>chicken pieces in a hot garlic sauce</i>		<i>nepalian thali, beef cooked in a dry spicy masala sauce, served w. rice, dal, papadam & salad</i>	
chicken ida udar	350		
<i>spicy duet of deep fried chicken marinated in a bbq sauce & nepali style fried chicken</i>			

specials

sizzler		fajita	
<i>grilled items in a meat sauce, served in a hot pan, served w. french fries & salad</i>		<i>items marinated in an orange sauce, served in a hot pan, served w. sour cream, fresh chillies, tomato-onion-chutney & chapati</i>	
... chicken	350	... chicken	320
... fish	350	... fish	320
... seafood/ prawns	400	... seafood/ prawns	400
... beef	420	... beef	400



tandoori & barbecue

we serve the following items grilled from the barbecue or from the tandoori, the traditional indian clay oven; all dishes are served with french fries & salad

you can choose between 3 different tandoori marinades

... *traditional red tandoori* (curd, chillies, special spices)

... *mint* (curd, mint, lemon, chillies, spices)

... *malai* (cashews, lemon, curd, spices)

seafood	price per size	chicken (half/full)	250/430
... king fish		chicken tikka	250
... pomfred		beef steak	430
... lobster (on demand)		vegetable	
... crab (on demand)		... stuffed capsicum	250
... calamari		... mushroom tikka	250
... prawns (king, tiger, jumbo)		... paneer tikka	220
... snapper		... mixed vegetable tikka	220
... mullet			
... tuna			

tandoori specials

seafood platter		700
<i>kingfish, calamari, tuna, red snapper, prawns</i>		
tandoori platter		750
<i>grilled veg, chicken and seafood, marinated with 3 different tandoori sauces (traditional, mint, malai)</i>		
reshmi kebab (veg/chicken/seafood)		250/290/360
<i>one of the above, marinated in egg, sugar, cheese & cream</i>		
irani kebab (veg/chicken/seafood)		250/290/360
<i>one of the above, marinated in malai, a home made spiced cashew cream</i>		
mint tikka (veg/chicken/seafood)		250/290/360
<i>one of the above, marinated in a home made mint sauce</i>		
fish achari kebab		520
<i>several fish pieces, marinated in a fresh lemon sauce with local pickles and curd</i>		
laffa (veg/chicken/fish)		250/290/350
<i>naan bread, stuffed with one of the above, marinated in the traditional red tandoori sauce</i>		
veg hariali kebab	www.jardim-a-mar.com	250
<i>several vegetables, marinated in a home made spinach sauce</i>		



pasta

choose between spaghetti & penne

pesto <i>special home made paste of roasted cashews, garlic, parmesan cheese, olive oil and basil</i>	250	calamari <i>lemon garlic fried calamari w. olive oil and parsley</i>	290
agio olio <i>olive oil, garlic, chillies and basil</i>	200	kingfish <i>lemon garlic fried kingfish pieces w. olive oil and coriander or tomato sauce</i>	290
tomato sauce <i>fresh made fruity tomato sauce</i>	200	spinach <i>baby spinach w. garlic and olive oil, topped w. cheese</i>	220
prawns <i>white wine sauce w. garlic, ginger & prawns, topped w. fresh coriander</i>	290	caprese <i>olive oil and fried garlic w. fresh tomatoes and cubed mozzarella cheese on top</i>	200
tuna <i>fruity tomato sauce w. garlic-fried tuna pieces</i>	290		

pasta specials

momos... <i>10 nepalian dumplings, served deep fried, steamed or kothey (steamed and after fried at the bottom)</i>		lasagne veg	230
veg/ chicken/ seafood	170/200/250	... bolognese	350
		... veg & chicken	290
		... aubergine & tomato	290
singapore noodles... <i>delicious dish of soy sauce stirred thin noodles w. grated fried veg</i>		nepali noodles... <i>delicious medium spicy dish of fried thin noodles w. grated fried veg</i>	
veg/ chicken/ beef	220/250/300	veg/ chicken/ beef	220/250/300

chapati specials

stuffed chapati... <i>indian style enchilada, filled w. one of the below in a tomatoe sauce, topped w. melted cheese and served w. salad</i>		baked stuffed chapati... <i>indian style burrito filled w. kidney beans, sour cream, filled w. one of the below, topped w. melted cheese and served w. salad</i>	
veg/ chicken/ fish	200/230/280	veg/ chicken/ fish	220/250/300



side dishes

plain rice	50	garlic buttered roti	40
rice w. coriander and chilli	60	cheese roti	50
zeera rice (<i>rice w. cumin</i>)	50	potatoes mashed/ roasted	100
fried rice w. vegetables	90	bombay potatoes	200
plain naan	30	<i>fried potatoes w. onions, tomatos, chilli, tumeric & fresh herbs</i>	
garlic buttered naan	50	french fries	120
cheese naan	60	boiled vegetables	90
amritsar naan (<i>stuffed w. potatoes & fenugreek</i>)	90	grilled vegetables	100
plain roti	20	olives	120

desserts

hello to the queen	120	fresh pineapple w. mint sugar	120
ice cream per ball	30	rum flambed pineapple w. cinnamon	120
ice cream w. mixed fruits	120	fruit platter	200
banana fritters	120	bonofi pie	120
banana fritters w. honey & ice cream	140	fruit & cream	130

**dear guests. we do not serve fast food.
we serve fresh home made food as fast as we can.**

we wish you a pleasant stay and hope you enjoy our food.



hot & cold beverages

tea

black	40
milk	60
masala	60
lemon	50
mint	50
assam organic	60
darjeeling organic	60
green tea organic	60
ginger lemon honey	60
hot ginger water	50

coffee

<i>we serve organic coffee and espresso</i>	
black <i>(served in a french press)</i>	120
cappuccino	150
espresso	100
irish coffee <i>(with whisky & whipped cream)</i>	200
iced coffee	100
icepresso	120
hot chocolate	100

fresh juices

a-b-c (apple-beetroot-carrot)	120
papaya-lemon	
watermelon-lemon-mint	
pinapple-ginger-orange	
pinapple-mint	
mixed fruits	
self-creations	
<i>choose from banana, beetroot, papaya, tomato, watermelon, carrot, mango, orange, pinapple</i>	

lassies/ milkshakes

plain/ sweet/ salty	110
strawberry & mint	
mixed fruits	
lemon & mint	
cardamon & lemon	
vanilla & coconut	
self creations	
<i>(choose from banana, mango, orange, papaya, pineapple, apple, chocolate, vanilla, coffee, coconut, cashew nut)</i>	

home made lemonades

<i>served in a 0,5l carafe</i>	
mint & lemon	150
lemon ice tea	
ginger lemon honey	
orange ginger lemon	
cranberry lemon	

soft drinks

bottled table water	30
soda/ cola/ fanta/ sprite/ maaza/ limca	30
diet coke	60
lemon soda	50
lemon mint soda	60
tonic water (schweppes)	100
apple fizz	90



drinks

beer

kingfisher small	70
kingfisher large	130
tuborg small	70
budweiser small	70
kings	70

breezers (barcadi)

cranberry, lemon, orange, tropical	150
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spirits (prices per 60 ml)

vodka romanov	90
vodka smirnoff	120
vodka smirnoff espresso	120
vodka absolut	250
vodka belvedere	400
bacardi rum (white rum)	120
old monk (dark rum) 7 years	90
old monk (dark rum) 12 years	100
fire + ice (fruit) liqueuer	100
honey bee (brandy)	100
port wine	90
whisky royal state	90
whisky signature	120
whisky black & white	200
whisky jonny walker red label	250
whisky teachers	200
gin blue riband	90
gin bombay saphyr	350
tequila	200
cashew fenny (local spirits)	50
coconut fenny (local spirits)	50

wine/ champagne (price per bottle)

brut méthode champagnoise (sula vineyards)	1800
<i>dry, well balanced champagnoise - fits perfectly to seafood</i>	

red

la reserve (grover vineyards)	1200
<i>deep ruby red wine with a full bouquet</i>	
merlot (big banyan)	1200
<i>with blackberry aromas - balanced, spicy</i>	
shiraz (big banyan)	1200
<i>fruity full bodied with a touch of red berries</i>	
cabernet sauvignon (big banyan)	1200
<i>deep ruby red dry full bodied, good structure and velvety tannins</i>	
cabernet sauvignon (sula vineyards)	1200
<i>deep ruby red dry full bodied, good structure and velvety tannins</i>	

rosé

rosa rossa (big banyan)	1200
<i>intense bouquet of berries and cherry, light bodied</i>	

white

sauvignon blanc (big banyan)	1200
<i>dry wine with a smooth finish</i>	
sauvignon blanc (sula vineyards)	1200
<i>highly aromatic, floral, dry wine with a touch of spices</i>	
chenin sauvignon blanc (sula mosaic)	900
<i>fruity with a touch of grapefruit</i>	

open wine (glass)	300
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cocktails

screw driver <i>fresh orange juice shaken with vodka & lemon</i>	200	rum punch <i>white rum, fresh pineapple & orange juice, grenadine</i>	200
orange blossom <i>fresh orange & lemon juice with gin</i>	200	margarita <i>tequila, fresh lime & orange juice, brown sugar in crushed ice</i>	300
ladies delight <i>dark rum & fresh pineapple juice</i>	200	piña colada <i>white rum, coconut milk, pineapple juice, crushed ice</i>	250
tequila sunrise <i>fresh orange & pineapple juice, tequila and grenadine</i>	300	cuba libre <i>dark & white rum, lemon juice & coke</i>	200
annurock <i>dark rum with fresh lemon & pineapple juice, honey & crushed ice</i>	200	nepalis choice <i>honey bee, fire & ice & sprite</i>	200
mai tai <i>tequila & dark rum, sour mixed with grenadine, orange & pineapple juice</i>	300	bikers dream fizz <i>vodka, maza, lemon & soda</i>	200
mojito <i>white rum with mint, brown sugar & lemon soda in crushed ice</i>	250	gin & tonic <i>gin, tonic, ice cubes and a slice of lemon</i>	200
long island ice tea <i>white rum, tequila, vodka, gin, lime & coke</i>	300	gin (bombay saphyr) & tonic <i>gin bombay saphyr, tonic, ice cubes and a slice of lemon</i>	450
mountain ice tea <i>dark rum, vodka, gin, lemon & coke</i>	250	vodka & tonic <i>vodka, tonic, ice cubes and a slice of lemon</i>	200
		sex on the beach <i>vodka, rum, grenadine & fresh orange juice</i>	200