

The Juice Clinic.
Come back to Life®



Juice Press
DECEMBER ISSUE
Christmas Edition

To order - call us on 07911 718717 - email us info@thejuiceclinic.co.uk
or visit thejuiceclinic.co.uk/ordering-juices

The Juice Clinic

JUICE OF THE MONTH

SOLUTION D'OR

TURMERIC, APPLE, LEMON AND CARROT JUICE

Solution D'or combines fresh turmeric juice with apple, lemon and carrot juice to create a golden juice bursting with nutrients + great taste! Solution D'or comes blast frozen, a process which extends the life of the juice whilst retaining as much of its nutritional value as possible. To find out why we have chosen Solution D'or as our juice of the month

SEE PAGE 14



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15% DISCOUNT OFF ALL PRE-CHRISTMAS DETOX PACKAGES

WWW.THEJUICECLINIC.CO.UK





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The Juice Clinic

DETOX & REBALANCE RANGE



Within this range of 20 different juices. We offer custom individual orders, as well as our famous Detox Courses. These courses provide three pure 400ml juices daily, nutritional support from our in house nutritionist, and a comprehensive information pack. You'll find our extensive Detox & Rebalance Juice Menu on the following pages.

Detox Courses

3 DAY DETOX

Includes:

- Three X 400ml bottles of pure juice per day for 3 days.
- *Delivery or collection.
- A special information pack to guide you through the detox.
- Email support from our qualified nutritionist.

£64.99

5 DAY DETOX

Includes:

- Three X 400ml bottles of pure juice per day for 5 days.
- *Delivery or collection.
- A special information pack to guide you through the detox.
- Email support from our qualified nutritionist.

£105.99

*Delivery charges may apply

The Juice Clinic

DETOX & REBALANCE RANGE

MONDAY JUICES



WAKE UP

CARROT: LIVER DETOXIFICATION, IMMUNE SYSTEM, VISION

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

LEMON: CLEANSING, ENERGY PRODUCTION, BOOST IMMUNITY

250ML £3.99
400ML £6.99



ENERGY BURST

PEAR: SOOTHING, IMMUNITY, BONE HEALTH, SUGAR BALANCE

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

GINGER: WARMING, CALMING, DIGESTION, JOINT HEALTH

LIME: HIGH ANTIOXIDANT, STRENGTHENS & PROTECTS IMMUNITY

250ML £3.99
400ML £6.99



CLEAN & GREEN

CELERY: ENERGISING YET CALMING, NERVOUS SYSTEM, PH BALANCE

CUCUMBER: CLEANSING, HYDRATING, BLOOD PRESSURE, SKIN HEALTH

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

FENNEL: CALMING, DETOXIFYING, HIGH IRON

250ML £3.99
400ML £6.99



SOOTHER

PEAR: SOOTHING, IMMUNITY, BONE HEALTH, SUGAR BALANCE

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

GINGER: WARMING, CALMING, DIGESTION, JOINT HEALTH

LIME: HIGH ANTIOXIDANT, STRENGTHENS & PROTECTS IMMUNITY

250ML £3.99
400ML £6.99

The Juice Clinic

DETOX & REBALANCE RANGE

TUESDAY JUICES



WARM UP

CARROT: LIVER DETOXIFICATION, IMMUNE SYSTEM, VISION

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

GINGER: WARMING, CALMING, DIGESTION, JOINT HEALTH

250ML £3.99
400ML £6.99



ENERGY RUSH

PEAR: SOOTHING, IMMUNITY, BONE HEALTH, SUGAR BALANCE

BROCCOLI: BOOSTS ENERGY, DIGESTION, IMMUNITY & HORMONES

LEMON: CLEANSING, ENERGY PRODUCTION, BOOST IMMUNITY

250ML £3.99
400ML £6.99



VITALITY

BEETROOT: LIVER DETOXIFICATION, BLOOD PRESSURE, ENERGY

CUCUMBER: CLEANSING, HYDRATING, BLOOD PRESSURE, SKIN HEALTH

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

250ML £3.99
400ML £6.99



CALM GREEN

SPINACH: IMMUNE BOOSTING, CALMING, BALANCES BLOOD PRESSURE

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

LIME: HIGH ANTIOXIDANT, STRENGTHENS & PROTECTS IMMUNITY

250ML £3.99
400ML £6.99

The Juice Clinic

DETOX & REBALANCE RANGE

WEDNESDAY JUICES



CLEAN START

CARROT: LIVER DETOXIFICATION, IMMUNE SYSTEM, VISION

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

MINT: ANTI-INFLAMMATORY, DIGESTION, RESPIRATION

250ML £3.99
400ML £6.99



IMMUNE BOOST

BEETROOT: LIVER DETOXIFICATION, BLOOD PRESSURE, ENERGY

SPINACH: IMMUNE BOOSTING, CALMING, BALANCES BLOOD PRESSURE

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

250ML £3.99
400ML £6.99



PURIFY

CUCUMBER: CLEANSING, HYDRATING, BLOOD PRESSURE, SKIN HEALTH

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

LEMON: CLEANSING, ENERGY PRODUCTION, BOOST IMMUNITY

250ML £3.99
400ML £6.99



GINGER CALM

PEAR: SOOTHING, IMMUNITY, BONE HEALTH, SUGAR BALANCE

CELERY: ENERGISING YET CALMING, NERVOUS SYSTEM, PH BALANCE

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

GINGER: WARMING, CALMING, DIGESTION, JOINT HEALTH

250ML £3.99
400ML £6.99

The Juice Clinic

DETOX & REBALANCE RANGE

THURSDAY JUICES



FRESH START

CARROT: LIVER DETOXIFICATION, IMMUNE SYSTEM, VISION

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

CELERY: ENERGISING YET CALMING, NERVOUS SYSTEM, PH BALANCE

250ML £3.99
400ML £6.99



VIBRANT GREEN

COURGETTE: BOOSTS ENERGY LEVELS, DIGESTION, STRENGTHENS BONES

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

LEMON: CLEANSING, ENERGY PRODUCTION, BOOST IMMUNITY

250ML £3.99
400ML £6.99



MINT BLAST

PEAR: SOOTHING, IMMUNITY, BONE HEALTH, SUGAR BALANCE

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

LIME: HIGH ANTIOXIDANT, STRENGTHENS & PROTECTS IMMUNITY

MINT: ANTI-INFLAMMATORY, DIGESTION, RESPIRATION

250ML £3.99
400ML £6.99



CALM & CLEANSE

BEETROOT: LIVER DETOXIFICATION, BLOOD PRESSURE, ENERGY

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

GINGER: WARMING, CALMING, DIGESTION, JOINT HEALTH

250ML £3.99
400ML £6.99

The Juice Clinic

DETOX & REBALANCE RANGE

FRIDAY JUICES



RISING SUN

CARROT: LIVER DETOXIFICATION, IMMUNE SYSTEM, VISION

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

FENNEL: CALMING, DETOXIFYING, HIGH IRON

250ML £3.99
400ML £6.99



ENERGISE

PEAR: SOOTHING, IMMUNITY, BONE HEALTH, SUGAR BALANCE

CELERY: ENERGISING YET CALMING, NERVOUS SYSTEM, PH BALANCE

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

GINGER: WARMING, CALMING, DIGESTION, JOINT HEALTH

250ML £3.99
400ML £6.99



POWER SURGE

BEETROOT: LIVER DETOXIFICATION, BLOOD PRESSURE, ENERGY

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

LEMON: CLEANSING, ENERGY PRODUCTION, BOOST IMMUNITY

250ML £3.99
400ML £6.99



SLEEP TIGHT

CUCUMBER: CLEANSING, HYDRATING, BLOOD PRESSURE, SKIN HEALTH

PARSLEY: DETOXIFYING, REDUCES TENSION, BALANCES ENERGY

APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

250ML £3.99
400ML £6.99

The Juice Clinic

POWER GREEN



We have 5 different 'Power Green' recipes, which all include the very special ingredient - Kale. You can order these along with your custom order or in 'Power Packs' - see page 11.



GREEN CHARGE

KALE: SUPERGREEN, SUPPORTS IMMUNITY, SKIN, MEMORY, LIVER
SPINACH: IMMUNE BOOSTING, CALMING, BALANCES BLOOD PRESSURE
ORANGE: SKIN, LIVER PROTECTION, CHOLESTEROL, ENERGY PRODUCTION
APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

250ML - £3.99
 400ML - £6.99



GREEN ICE

COURGETTE: BOOSTS ENERGY LEVELS, DIGESTION, STRENGTHENS BONES
KALE: SUPERGREEN, SUPPORTS IMMUNITY, SKIN, MEMORY, LIVER
APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION
MINT: ANTI-INFLAMMATORY, DIGESTION, RESPIRATION

250ML - £3.99
 400ML - £6.99



GREEN REVIVE

KALE: SUPERGREEN, SUPPORTS IMMUNITY, SKIN, MEMORY, LIVER
CUCUMBER: CLEANSING, HYDRATING, BLOOD PRESSURE, SKIN HEALTH
PARSLEY: DETOXIFYING, REDUCES TENSION, BALANCES ENERGY
LIME: HIGH ANTIOXIDANT, STRENGTHENS & PROTECTS IMMUNITY

250ML - £3.99
 400ML - £6.99



GREEN CLEANSE

CELERY: ENERGISING YET CALMING, NERVOUS SYSTEM, PH BALANCE
KALE: SUPERGREEN, SUPPORTS IMMUNITY, SKIN, MEMORY, LIVER
APPLE: DETOXIFICATION, MEMORY, CHOLESTEROL, DIGESTION

250ML - £3.99
 400ML - £6.99



GREEN FIRE

CUCUMBER: CLEANSING, HYDRATING, BLOOD PRESSURE, SKIN HEALTH
KALE: SUPERGREEN, SUPPORTS IMMUNITY, SKIN, MEMORY, LIVER
PEAR: SOOTHING, IMMUNITY, BONE HEALTH, SUGAR BALANCE
GINGER: WARMING, CALMING, DIGESTION, JOINT HEALTH

250ML - £3.99
 400ML - £6.99

The Juice Clinic POWER PACKS



POWER PACK £19.99

Includes:
Green Ice
Green Fire
Green Charge



**COURGETTE
MINT
APPLE
KALE**



**CUCUMBER
PEAR
GINGER
KALE**



**SPINACH
ORANGE
APPLE
KALE**

POWERFUL POWER PACKS

If you're looking for a way to supercharge your system why not try one of our BLAST FROZEN 'POWER PACKS' ©. Our trio of potent 400ml bottles of 'POWER GREEN' © juices, 'Green Ice', 'Green Charge' & 'Green Fire' combine the powerful nutrients found in Kale along with other highly nutritious vegetables and fruits. These potent juices contain less fruit and so are stronger in taste, however you'll find them extremely palatable. Go on and 'drink' your greens!

Flash, or blast freezing, is a process whereby extremely low temperatures are used to freeze products very quickly. Our fresh juices are frozen at a chilly -30 degrees to ensure a higher level of nutrients in the juice than are retained at 'normal' freezer temperatures. Now you can order a week or even a month's supply of juice to keep in your freezer until required!

Kale is a true Superfood, full of iron, beta-carotene, calcium and anti-oxidants. Kale is high in Vitamin C and kale aids absorption of this. Vitamin C protects collagen, strengthening bones and ligament and protecting skin health. Research shows that it protects cells, supports energy production and the immune system. The Vitamin K present is believed to slow cognitive decline, as well as protect the bones and brain. It's high in calcium and this supports the bones as well as purportedly balancing the hormones. Kale is also a source of indole-3-carbinol, this a chemical which supports DNA repair in cells. It also seems to block the growth of cancer cells. Kale has been found to contain a group of resins known as bile acid sequestrants. These have been seen to lower cholesterol and decrease absorption of dietary fat.

The Juice Clinic

ON ICE PACK



“ON ICE” 3 PACK £18.50

Includes:
3 X 400ml Blast Frozen Bottles

“ON ICE” 3 DAY DETOX £64.99

Includes:
• 9 X 400ml Blast Frozen bottles
• Free delivery or collection
• A special information pack to guide you through the detox
• Email support from our qualified nutritionist

“ON ICE” 5 DAY DETOX £105.99

Includes:
• 15 X 400ml Blast Frozen bottles
• Free delivery or collection
• A special information pack to guide you through the detox
• Email support from our qualified nutritionist

WHAT IS BLAST FREEZING?

Here at The Juice Clinic our juices are made from scratch every single day – no pasteurisation, no additives and no preservatives. This means delicious, nutrient-rich fresh juice for our clients every day. However, as our juices are so pure, then this also means that the shelf life is limited – to approximately two days. Whilst some of our customers are happy to have their fresh juices delivered to them each day, some have expressed a wish for us to make larger amounts, so that they can keep a ready stock available. After a great deal of research and experimentation we have found a way in which fresh juice can be preserved, without artificial additives or pasteurisation!! We're very excited to introduce flash, or blast, frozen juices to The Juice Clinic repertoire.

Flash, or blast freezing, is a process whereby extremely low temperatures are used to freeze products very quickly. Our new blast freezer machine can reach temperatures of -30C with added wind chill. This speeds up the freezing process which helps to retain a higher levels of nutrients in the juice than would be retained at 'normal' freezer temperatures. Flash freezing also slows down metabolic activity which reduces harmful bacteria and pathogen growth.

The result is a higher quality, more nutritionally intact, better tasting juice, with minimal nutrient loss. Now you can have a week's or even a month's supply of their favourite juices delivered in one. You can just pop them in the freezer and defrost them when you want them. The juices can be stored for up to 3 months. Of course, this also means that we can now supply supermarkets and health food stores such as Hansa, with packs of juices, ready for you to pick up whenever you choose.

The Juice Clinic

“VALUE” DETOX COURSE



Value Range

1L Bottles

VALUE 3 DAY DETOX

£39.99

Includes:

- One fresh 1L Value bottle per day for 3 days
- *Delivery or collection
- A special information pack to guide you through the detox
- Email support from our qualified nutritionist

VALUE 5 DAY DETOX

£66.99

Includes:

- One fresh 1L Value bottle per day for 5 days
- *Delivery or collection
- A special information pack to guide you through the detox
- Email support from our qualified nutritionist

MORE FRUIT & VEG FOR YOUR MONEY

Our 'Value' range consists of two flavours: Restore and Cleanse. There are approximately 20 pieces of fruit and veg into each bottle. By using larger 1 litre bottles we reduce costs and ultimately the price.

Our 'Restore' juice consists of carrot, apple, lemon and lime. These can help with: Liver detoxification, immune system, vision, memory, cholesterol, digestion, cleansing, energy production, boost immunity, high antioxidant, strengthens & protects immunity.

Our 'Cleanse' juice consists of cucumber, apple and spinach. This recipe can help with: cleansing, hydrating, blood pressure, skin health, detoxification, memory, cholesterol, digestion, spinach: immune boosting, calming, balances blood pressure.

We also Blast Freeze our 'Value' juice range, so if you prefer your Detox Course to be delivered all on the same day, free of charge, we can do this for you.

*Delivery charges may apply

The Juice Clinic

SOLUTION D'OR

↓ CAN HELP WITH ↓

***WEIGHT LOSS & MAINTENANCE OF WEIGHT**

***DEPRESSION**

***IMMUNE SUPPORT**

***DIGESTIVE ISSUES**

***ASTHMA**

***OSTEOARTHRITIS**

***HEART DISEASE**



A GORGEOUS MIX OF TURMERIC, APPLE, LEMON AND CARROT JUICE

"Turmeric has been proven effective in treating some of the most intense ailments afflicting the world today including: Arthritis, Cancer, Alzheimer's Disease, Diabetes, Multiple Sclerosis, Atherosclerosis, HIV/AIDS, Sexually Transmitted Diseases (Hepatitis-C, Genital Herpes), Irritable Bowel Syndrome, Indigestion, Inflammation, Acne, Urinary Tract Infections, Kidney Infections, Gallstones, Anemia, Hemorrhoids, Liver Disease, Leprosy, Amenorrhea, Edema, Bronchitis, Common Cold, Headaches, Conjunctivitis, Bursitis, food poisoning, parasites, fever, diarrhea, poor circulation, lower back and abdominal pain. It can also be used as a mosquito repellent, wound healer, and immediate cure for scorpion stings. Turmeric helps balance the female reproductive and lactation systems, and in men it purifies and improves the health of semen. It is used to treat external ulcers that would not respond to other treatments. Due to its vast array of medicinal purposes and versatility, turmeric is one of the most important herbs in any natural medicine cabinet."

Sourced From:
<http://www.ayurvedacollege.com/articles/students/turmeric>

TURMERIC - THE GOLDEN SOLUTION?



For many centuries this incredible root has been believed to promote healing and detoxification. Recent, modern research has begun to look more closely into the attributes of this amazing vegetable. The main constituent of turmeric is curcumin and this has shown to be one of the most active healing components.

The Juice Clinic

Magic Juice

JUST FOR KIDS

We create and deliver freshly made pure vegetable and fruit juices to our clients. However, after many clients having mentioned that their small children love our juices, we thought that it was time we created a product which appeals specifically to small children. Young children especially are prone to faddy eating and are often drawn towards unhealthy sugary or fatty snacks. Our fresh juices can help encourage children to develop a taste for vegetables and fruits as well as boosting nutritional levels. Fresh vegetable and fruit juices can potentially strengthen the immune system as well support physical development.

250ML

£3.99

Ingredients:

Carrot: Liver detoxification, immune system, vision

Apple: Detoxification, memory, cholesterol, digestion

Cucumber: Cleansing, hydrating, blood pressure, skin health

Courgette: Boosts energy levels, digestion, strengthens bone

400ML

£6.99

Ingredients:

Carrot: Liver detoxification, immune system, vision

Apple: Detoxification, memory, cholesterol, digestion

Cucumber: Cleansing, hydrating, blood pressure, skin health

Courgette: Boosts energy levels, digestion, strengthens bone



WATCH OUR MAGIC JUICE VIDEO:

www.youtube.com/watch?v=bqCXt0fZqYU



WHAT IS MAGIC JUICE?

'Magic Juice'© is a colourful and tasty combination of freshly juiced carrot, apple, courgette and cucumber. No additives, preservatives or pasteurisation means fresh, nutrient-rich juices. 'Magic Juice'© comes in 400ml bottles or 250ml bottles. Even the 250ml bottles contain the juice from at least four whole pieces of fruit and veg. This is more than many small children normally eat each day. The juice is created each morning and delivered immediately, fresh for your children to drink! Just email info@thejuiceclinic.co.uk to order.

The Juice Clinic

REFRESHER



REFRESHER 400ML

£4.99

Ingredients:

Lemon - Cleansing, energy production, boost immunity
Stevia - Blood pressure, detoxification, circulation, blood sugar
Mint - Anti-inflammatory, digestion, respiration
Filt. Water - Volcanic rock filtered water PH balanced

REFRESHER 1 LITRE

£6.99

Ingredients:

Lemon - Cleansing, energy production, boost immunity
Stevia - Blood pressure, detoxification, circulation, blood sugar
Mint - Anti-inflammatory, digestion, respiration
Filt. Water - Volcanic rock filtered water PH balanced

WHAT'S IN REFRESHER?

Lemons - are an incredible fruit with many antibacterial, antiviral and immune-boosting properties. Lemon juice may aid weight loss and is believed to be a digestive aid and liver cleanser. Lemons contain calcium, magnesium and vitamin C and may also help alleviate acne, reduce fatigue, lower cholesterol and calm the nerves.

Mint - is reputed to reduce inflammation, soothe the digestive tract and reduce bloating, wind and cramps. Mint contains calcium, phosphorus, iron, carotene, vitamin C, D, E, vitamin B3 and vitamin B12. It is believed to cleanse the liver and dissolve gravel in the kidneys and bladder. It may also help alleviate asthma and respiratory disorders as well as skin conditions.

Stevia - is a leafy green plant native to South America and the extract from the leaves has been used as a sweetener and for medicinal purposes for many centuries, becoming more popular in recent years as the demand for more natural sweeteners has increased. Unfortunately there are many artificial low-calorie sweeteners available on the market which often do more harm to our systems than refined sugar. Stevia on the other hand is 100% natural, contains no calories and is reputed to possess many health benefits. It has been used for medicinal purposes centuries. Recent studies have shown that taking stevioside as a supplement may help reduce blood pressure and balance blood sugar levels.

Stevia ingredients: erythritol, steviolglycosides, 98% rebaudoisides A

HOW WE MAKE IT

The Juice Clinic use an advanced water filtration system that uses multiple filters to reduce chlorine, bacteria, heavy metals, pesticides and other pollutants. The water is purified by the force of gravity through 8 different filtration layers of volcanic rock and coral stones. This leaves you with the purest, PH balanced water, promoting many health benefits and therapeutic properties.

As we do not use pasteurisation or added preservatives, the only safe way to extend the life of this drink is to blast freeze it. Flash, or blast freezing, is a process whereby extremely low temperatures are used to freeze products very quickly. By freezing at -30 degrees, this ensures that a higher level of nutrients are retained compared with 'normal' freezer temperatures. This also means you can store your favourite Juice Clinic products for up to 3 months in your freezer!



The Juice Clinic

Christmas

GIFT BASKETS



SMALL

£29.99

Includes:

3 x 400ml bottles of fresh juice

MEDIUM

£52.99

Includes:

6 x 400ml bottles of fresh juice

LARGE

69.99

Includes:

8 x 400ml bottles of fresh juice

GIVE THEM TO...

- Say 'Thank You' to a loved one
- Wish a 'Happy Birthday!'
- Support a Friend on a Health Quest
- Motivate your Work Colleagues
- Say 'Get Well Soon!'
- Send a big 'Thank You' to Colleagues or Clients
- Support Post-Big-Night-Out Recovery!

WHAT YOU GET

To make the gift baskets we use juice from our Detox & Rebalance range see pages 5-9. We have 3 different sizes of natural wicker baskets. Small baskets hold three 400ml bottles as shown above. Medium baskets can hold six 400ml juices, and our large baskets hold 8 juices. All juices are made fresh on the day of delivery or collection, and as we don't use additive or preservatives, they last for two days. This means that for the larger baskets, it is best if they be sent to a group rather than an individual.

Our gift baskets have the option of including a personal message, and free delivery to anywhere in the Island. Gift baskets are the perfect way to let someone know that you care.

The Juice Clinic

BEETSQUAD

PURE BEETROOT SHOTS



BEETSQUAD PACK

£4.99

Includes:

4 X Blast Frozen 30ml Bottles

(1 X Beetfire, 1 X Beetzing, 1 X Beetcool,

1 X Beetfix)

WHAT IS BEETSQUAD

The Juice Clinic is proud to announce the launch of a brand new product!! 'BEETSQUAD' is 100% pure, unprocessed beetroot juice blended with a variety of herbs, spices and fruit. Blast frozen at a chilly -30 degrees This speeds up the freezing process which helps to retain a higher levels of nutrients in the juice than are retained at 'normal' freezer temperatures. The result is a higher quality, more nutritionally intact, better tasting juice, with minimal nutrient loss.

Research suggests beetroot juice may aid exercise performance and recovery. Not only that, but it has also been reported to boost energy, lower blood pressure, support cell metabolism and improve cardiac health. Beetroot is high in nitrates and antioxidants which aid the blood flow and may protect the body against degenerative disorders.

THE FOUR SHOTS



Beetfire

Beetroot and Ginger! This spice is reputedly anti-inflammatory & supports the joints, and aids absorption



BEETZING

Beetroot and Lemon! This fruit is believed to be a digestive aid, liver cleanser and can help lower cholesterol, calm the nerves and reduce fatigue



Beetcool

Beetroot and Mint! This herb may help alleviate digestive disorders, support respiration & is believed to cleanse the liver & kidneys as well as support skin health.



Beetfix

Beetroot and Parsley! This amazing herb is believed to increase energy, detoxify the body and stimulate the nervous system.

The Juice Clinic

GOLD PACKAGE



FULL GOLD PACKAGE £279

Includes:

- 15 x 400ml bottles of fresh juice
- 5 x packs of 4 x 30ml beetroot shots
- Recipe sheets and snack ideas
- Produce information leaflet
- Detox diary sheets
- Quality Green Tea & probiotics
- Free Juice Clinic gold card
- Email support from our qualified nutritionist
- Your own Juice Clinic cool bag
- An email consultation with our qualified nutritionist (at the end of the course)

WHAT IS IN THE GOLD PACKAGE?

The Gold Package is designed for those looking for the ultimate Juice Detox Package. Juicing is an effective way of detoxifying your body and restoring health and energy. Our vibrant, living juices are very different from the largely processed and pasteurised fruit and vegetable juices found on supermarket shelves. These fresh juices are becoming popular way to lose weight, boost nutrition and to cleanse our tired, toxic bodies. The Gold Package will provide everything you need to cleanse and rejuvenate your body.

The Gold Card is included in this package deal and will enable the cardholder to receive special discounts and offers off of gym memberships, personal training sessions, spa treatments and so much more.

GIFT VOUCHERS

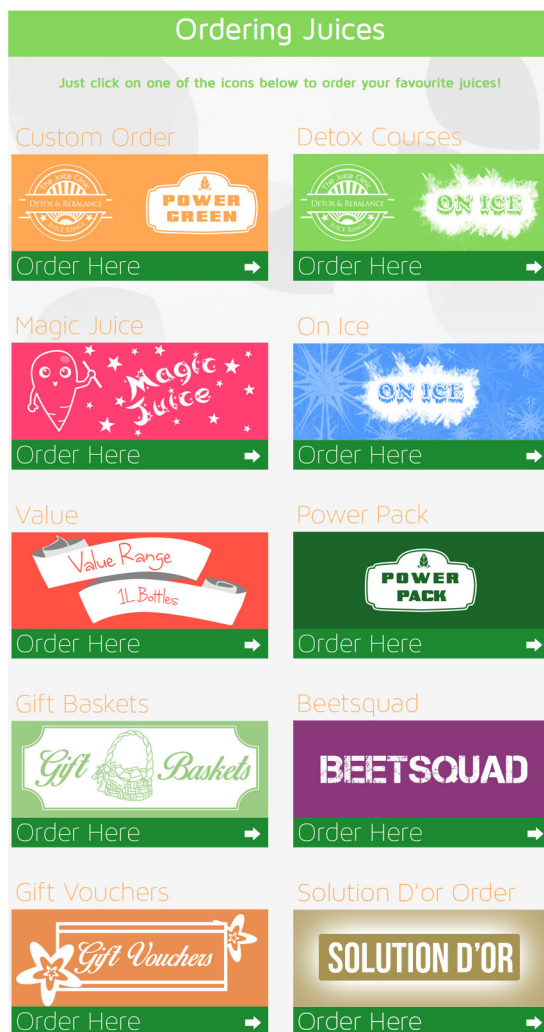
Gift vouchers are redeemable vouchers, which can be given as a gift or retained and used at a later date.

3 DAY DETOX VOUCHER	£64.99
5 DAY DETOX VOUCHER	£105.99
3 DAY ON ICE DETOX VOUCHER	£58.99
5 DAY ON ICE DETOX VOUCHER	£97.99
5 POWER PACK VOUCHER	£59.97
GOLD PACKAGE VOUCHER	£279.00



The Juice Clinic

CONTACT



HOW TO ORDER

ONLINE - You can order online by visiting the ordering page on the top menu bar.

← You will find this page.

Once there you can select which range you wish to order from. Then simply fill out the form and we'll process your order.

EMAIL - If you prefer you can email us your order directly, send it to:

info@thejuiceclinic.co.uk

PHONE - If you prefer you can phone us directly:

07911 718 717

One of our Team will discuss with you what you wish to order. They may be able to advise you which product or Detox Course would be best for your needs.



07911 718717
INFO@THEJUICECLINIC.CO.UK



WWW.THEJUICECLINIC.CO.UK