

Goddess Heart



Vision, Passion, Energy

WHAT IF?

**You Are and Life Is...
Miraculous!!!**

ABC, Affirmations, Art Coloring Book!

Audrye S. Arbe

SAMPLE

WHAT IF?

Testimonials

*"My daughter (age 7) and I just finished reading Audrye Arbe's new children's book **What If?** My daughter delighted in the illustrations and loved the wonderful alphabetical word lists. She giggled every time we read one of the sillier words aloud and listened with interest at all of the others.*

"We had fun looking at Audrye's drawings and describing what we saw to one another. She was excited about being able to color them in!

"I loved that the book uses positive, conscious languaging in a fun and engaging way. It is a great way to teach children the power of our words and to introduce powerful, positive ones into their vocabulary."

Cindy Wilmer and Skyrah

Growing a Child | Certified Parent Talk Facilitator
GrowingAChild.com

*"**What If?** is delightful, whimsical and ready for all children who delight in the exploration of words and fancy themselves an artist or creator."*

Sharón Lynn Wyeth

Creator of Neimology® Science, author, speaker, educator
neimology@gmail.com | neimology.com | 210-355-6115

*"I have truly enjoyed Audrye's book, **What If? You Are and Life Is Miraculous!** My 4-year-old daughter and I love to color and spend time talking together.*

"Audrye's book has allowed us to not only enjoy this time together, it has also helped direct our conversation and help teach my daughter some powerful life lessons.

"I am passionate about communication and empowering my kids, and Audrye understands this so well and has made the most important job of being a mother more enjoyable.

Suzanne Kovi | Mom of Two

Speaker, Teacher, Seminar Leader, Author, SIZZLE Creator
SuzanneKovi.com

*"I found **What If?** to be whimsical, funny, silly, yet full of meaning. This book will inspire parent and child to imagine and in so doing expand their minds to the limitless possibilities each person carries within themselves ... if only they would ask **"What If..."***

Yarah Prezeau, CHHC

Certified Holistic Health Coach
YourHolisticApproach.com

"I love all the creative words! They made me think, and they also made my mom and me laugh. I also love the creative drawings; we played a game with them where we had to spot faces."

Karina Prezeau - age 10



WHAT IF?

Is Dedicated to
Leilani, Olivia, Hudson and Isabella

Plus all moms, dads, grandmothers, grandfathers, grammies, poppies, caretakers, aunts, uncles, cousins, sisters, brothers, friends, teachers, nieces, nephews, anyone who is around and loves children, has their inner child alive-and-well, chooses to transform their internal landscape and/ or prefers to evolve and have fun doing so.

Most of all, **What If?** is dedicated to the Source of ALL, alive everywhere everywhen beyond knowing, including in all of US!!!!

Enjoy this book!

Notes and Ideas for Parents, Teachers, Grandparents, Educators, Everyone on how to use this book effectively are in the back of the book.

Many Blessings and Lots of Love!!!

Laugh with Audrye OmArt:
Art That Opens The Heart!!!®



WHAT IF...

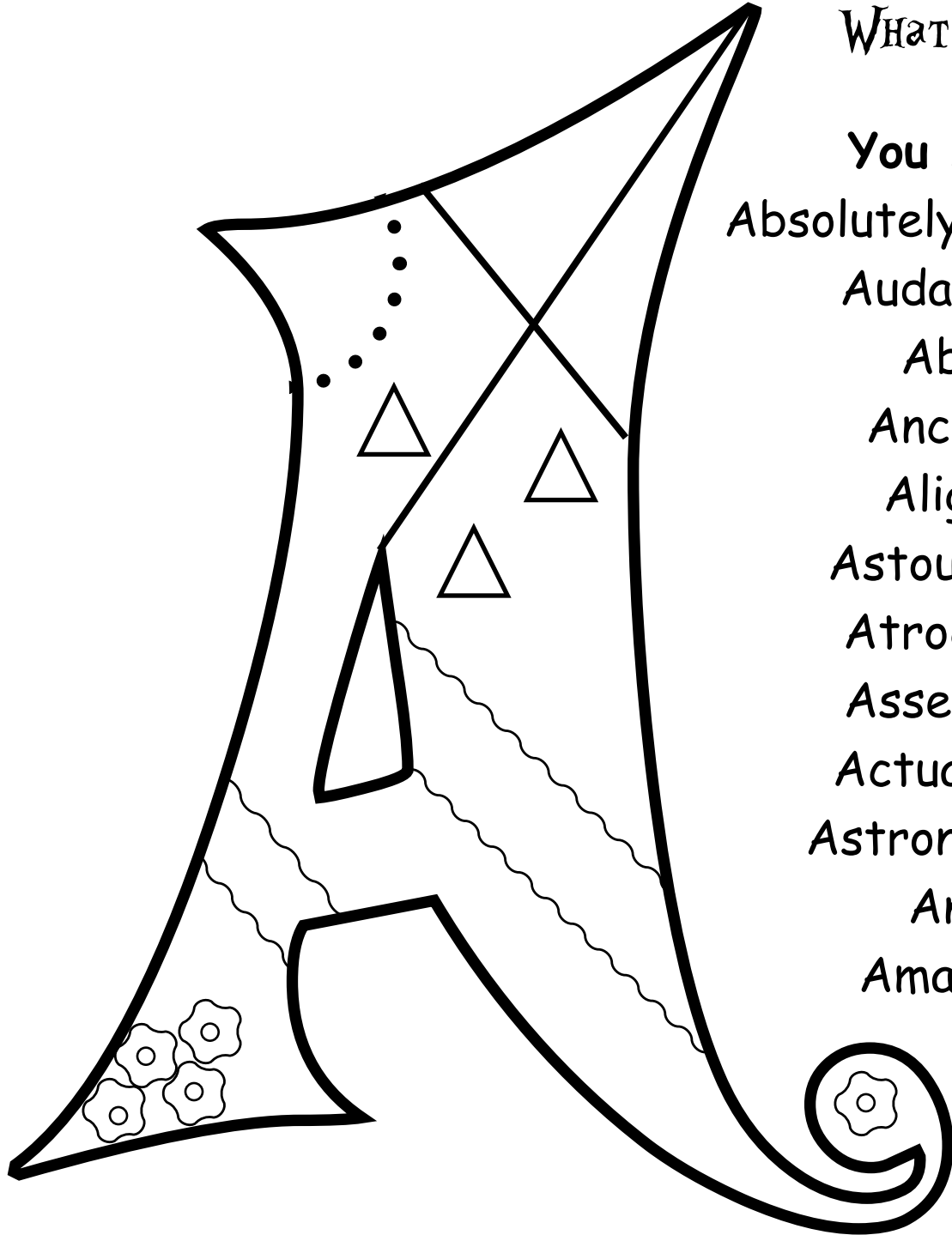
You are made of Love
And
Star Light?

Possibility
And
Miracles?

Impossibility
And
Divinity?

Energy
And
Matter?

ASTRONOMICALLY Always / HERE WE ARE



WHAT IF?

You Are:

Absolutely Adorable

Audacious

Able

Ancient

Alight

Astounding

Atrocious

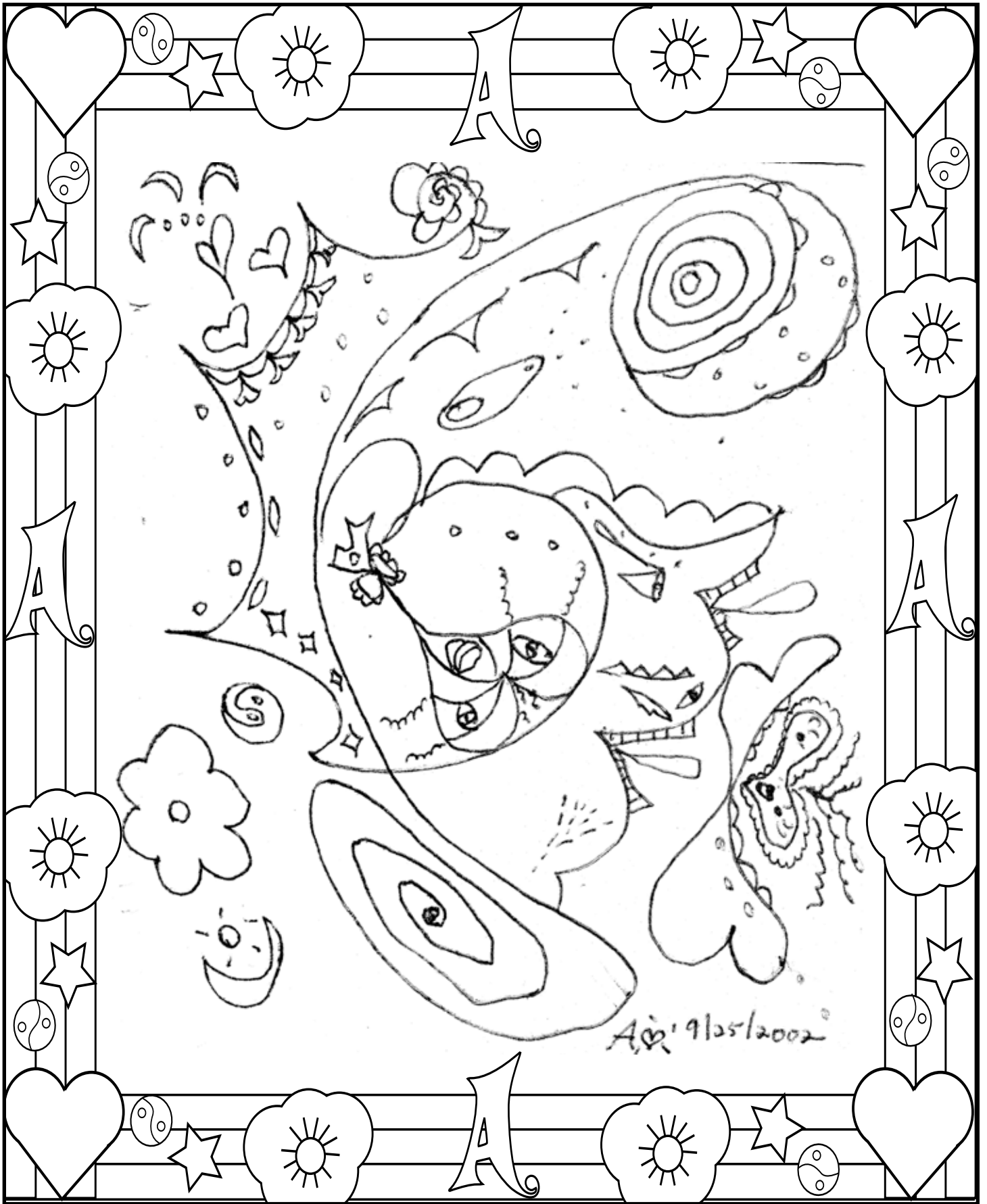
Assertive

Actualized

Astronomical

And

Amazing



A a

Audrye.org

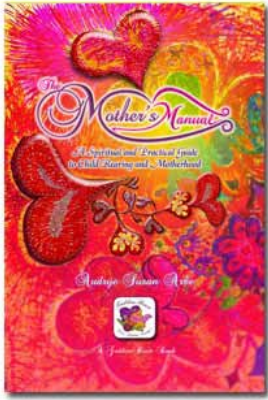
A a

Ideas for Parents, Teachers, Everyone! How to Use This Book + Ongoing Possibilities

This enchanting book is excellent for both children and adults.

1. Use as a coloring book. Color in or out of the lines. It's up to you. Have fun, be inventive, let yourself go!
2. Turn the art around to experience new perspectives. The art is designed to be seen in all ways.
3. *Audrye OmArt: Art That Opens the Heart®* shifts people's energy, raising one's vibration higher, uplifting consciousness and the emotional body. What happens to you as you look at the art?
4. If you feel less that joyous, gaze upon these pictures. Allow the inherent love and joy within the art to embrace and enter you. Be willing to let go, relax, rejoice, rejuvenate, and BE. Excellent for children, teens, adults, everyone. How do you feel now?
5. Learn the alphabet and expand vocabulary in a laughing fun way. We all can increase our word usage. I had to in doing this book.
6. Use as affirmations to evolve, transform, love oneself and the world. Who are you now? Who can you be? Open yourself to huge possibilities. Whatever we think we know, there is greater.
7. Make up sentences and stories with each word; draw your ideas.
8. Tell stories about each picture. Use both the art and the title of each piece of art. Have fun with this! Watch everyone's creativity, inventiveness and verbal ability grow.
9. Life is an ongoing journey of exploration, discovery, brain opening, spiritual ecstasy. ***What If?*** can support you and your family in being, becoming, doing all this and more.
10. This book will be printed on 100 percent post-consumer recycled paper to save our children's and our children's children's lives. The more trees we save, the better our health is, the better legacy we leave for our children! Preserving our forests is the same as preserving our lives. Speak to your children in age-appropriate ways of the need for an ecologically sustainable life.

Thank you for having this book in your home, school, workplace, library, spa, after-school environment, gallery, wherever you are.



The Mother's Manual, A Spiritual and Practical Guide to Child Rearing and Motherhood, causes Enlightened Moms, Evolved Kids. Read the entire book and do a minimum of two of its exercises, and the reader is **GUARANTEED** to grow. Filled with stunning art, processes, exercises, humor, wisdom, recipes, and lots more, **The Mother's Manual** has been hailed as a masterpiece to be passed on from one generation to another with its timeless beauty and relevance.



Vim Vigor Vitality Vegan! Everyone eats. Most of us love delicious, easy-to-prepare healthful nutritious food that has us feel satisfied and satiated in soul, stomach, mouth and heart. Food is a gift and great health a must for anyone choosing to live a happy productive life. ***Vim Vigor Vitality Vegan!*** delivers this and more. Want to heal an addiction? It's in here. Want yummy food, even "chocolate"? Here too. Evolve, transform, eat, be eternally young.

What If? Filled with enchanting *Audrye OmArt: Art That Opens the Heart*® creates shifts in the person viewing the art as well as in the space. Great for creating joy, smiles, ease, peace, laughter. (Name of each piece in the order it appears.)

Front Cover | *Loving Bliss*

Dedication Page | *Space Flight*

What If... You are made of love | *Loving Bliss*

What If... You can be whatever | *Flower Garden*

What If... You are a miracle | *Birthday Blessing*

Surprise! | *Whee! Exuberance*

Back Cover | *Inner Heart*

Note: These and many more can be ordered as Prints, Gicless, and, if available, Originals through Author-Artist Audrye as well as through Audrye.org and 1.888.757.3223 or 1.888.75 PEACE



Yvette Wasserman is an award winning graphic artist with over 15 years of experience designing in all forms of the visual arts industry. She is a passionate creative who infuses her work with love and light.



Photograph by Mario Arbore
ArboreDesign.com
July 19, 2014

Author and Artist

Audrye is a healer, international intuitive, artist, author, speaker, seminar leader and wellness expert, ever amazed at the ongoing evolutionary opportunities offered by the Universe. Audrye loves to inspire transformation, love, light, beauty, peace, and sustainability in everything she does. She thanks you for reading and enjoying this book!!!! May you be blessed. Stay in touch with Audrye at Audrye.org. Call her at 1.888.757.3223 or 1.888.75 PEACE.

*“My daughter (age 7) and I just finished reading Audrye Arbe’s new children’s book **What If?** My daughter delighted in the illustrations and loved the wonderful alphabetical word lists. She giggled every time we read one of the sillier words aloud and listened with interest at all of the others.”*

Cindy Wilmer and Skyras

Growing a Child | Certified Parent Talk Facilitator | GrowingAChild.com

*“I found **What If?** to be whimsical, funny, silly, yet full of meaning. This book will inspire parent and child to imagine and in so doing expand their minds to the limitless possibilities each person carries within themselves.”*

Yarah Prezeau, CHHC

Certified Holistic Health Coach | YourHolisticApproach.com

“I love all the creative words! They made me think, and they also made my mom and me laugh. I also love the creative drawings; we played a game with them where we had to spot faces.”

Karina Prezeau - age 10