



Victor Bloomberg, LCSW

Insight-oriented psychotherapy. Established 1991.

"If it was easy, success wouldn't be so sweet."

Our therapeutic relationship provides a safe environment for you to talk about things that matter. Every day, you use strengths to meet the challenges of self-care/caregiver, personal relationships, work, and community life. We build on the progress gained from other kinds of therapy and personal growth methods. Our work provides an opportunity for you to form new perspective and give fresh meaning to your life experiences.

Psychodynamic Psychotherapy

Insight-oriented therapy is for adult individuals and couples who are coping with anxiety, depression, relationship difficulties, past trauma, as well as loss and grief. You have benefited from prior efforts, and you are want to address matters that reappear.

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Introduction

"If it was easy, success wouldn't be so sweet."

This is especially true when a person alters a pattern that has endured for years.

Our therapeutic relationship provides a safe environment for you to talk about things that matter.

I provide feedback that supports positive change.

You've coped with anxiety, depression, conflict, past trauma, as well as loss or grief.

You've used your abilities to get this far and now you are ready to form new perspective.

Together we explore your path forward.