



18000-32259
Pillsbury® Mini Pancakes Maple Burst'n®
Naturally & Artificially Flavored
NET WT. 3.53 OZ (100g)

Ingredients:

WATER, WHOLE WHEAT FLOUR, SUGAR, SOYBEAN OIL, CANOLA OIL. CONTAINS LESS THAN 2% OF: WHEY, FRUCTOSE, LEAVENING (POTASSIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), BROWN SUGAR, DRIED WHEY, CORN SYRUP, EGGS, GROUND WHOLE GRAIN CORN, NONFAT DRY MILK, SALT, CORN STARCH, PALM OIL, NATURAL AND ARTIFICIAL FLAVOR, CALCIUM SULFATE.

CONTAINS WHEAT, MILK AND EGG INGREDIENTS.

Nutrition Facts			
Serving Size 1 Pouch (100g)			
Amount Per Serving			
Calories	230		
Calories from Fat	60		
		% Daily Value*	
Total Fat 7g	10%		
Saturated Fat 1g	4%		
Trans Fat 0g			
Cholesterol 10mg	3%		
Sodium 270mg	11%		
Total Carbohydrate 40g	13%		
Dietary Fiber 3g	14%		
Sugars 14g			
Protein 5g			
Vitamin A	0%	Vitamin C	0%
Calcium	6%	Iron	4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Nutrition Information	
Serving Size (100g)	
Amount Per Serving	
Calories	218.3
Calories from Fat	57.6
Total Fat	6.4 g
Saturated Fat	0.7 g
Trans Fat	0.0 g
Cholesterol	9.5 mg
Sodium	253.0 mg
Total Carbohydrate	38.1 g
Dietary Fiber	3.2 g
Sugars	13.3 g
Protein	4.7 g
Vitamin A	0.0 IU
Vitamin C	0.0 mg
Calcium	54.3 mg
Iron	1.0 mg

CHILD NUTRITION PROGRAM: 1 POUCH = 2 OZ EQ GRAINS

IMPORTANT: The Nutrition Facts values are accurate only if nothing has been added (e.g., egg wash, icing, etc.) If left blank, you must fill in the correct baked weight for serving size, servings per container, and net weight.

IMPORTANT: The Nutrition Information is given in unrounded figures so that it can be combined with other ingredients used in making up finished products.

The most accurate label information for package contents will always be on the product label. This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change.

QUESTIONS? Call 1-800-767-5404
GENERAL MILLS * P.O. Box 200 - FS * MINNEAPOLIS, MINNESOTA 55440

I certify that the information contained in this document is true and correct as of the date above. Seema Chopra - General Mills Product Labeling