

English Muffins, Whole Grain White, Sliced, 3.5" (#802)

Nutrition Facts

Serving Size: 2.0 oz (57g)

Amount Per Serving						
Calories 120						
Calories from fat 15						
Total Fat 1.5g	2%					
Saturated Fat og	0%					
Trans Fat og						
Cholesterol omg	0%					
Sodium 250mg	10%					
Total Carbohydrate 24g	8%					
Dietary Fiber 2g	8%					
Sugars 1g						
Protein 5g	10%					
Vitamin A	0%					
Vitamin C	0%					
Calcium	8%					
Iron	6%					

Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.



Pack: 144/2 oz

Nutritional Ratio¹: 11-0-2

Shelf Life: 5 days at ambient. 365 days frozen.

OZ Grain Equivalents²: 2.0 Whole Grain: 16.7941g, 51.0% Enriched Flour: 16.1355g Combined Flour: 32.9296g

Ingredients: Water, Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Wheat Gluten, contains less than 2% of each of the following: Soybean Oil, Sugar, Salt, Calcium Propionate (perservative), Fumaric Acid, Baking Soda, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate.

Allergen Statement: Contains soy and wheat ingredients. This product is produced in a nut-free facility.

Preparation Instructions: Handling Instructions: Product will arrive frozen. Store in the freezer. Thaw the amount you want to use at room temperature for 3-4 hours or under refrigeration overnight. Make sure to close bakery bag on any unused product, as not to dry it out. Return unused product to the freezer. Do not refrigerate.

¹ Nutritional ratios reflect % of calories from fat, % of calories from saturated fat and % sugar by weight.

 $^{^2}$ Meets 2.0 OZ Grain Equivalents under the new USDA guidelines (optional SY12-13, required SY13-14) where a product with 16g of combined flour equals 1 OZ Grain Equivalent.

Bake Crafters Bake Crafters

P.O. Box 489 • Collegedale, TN 37315

English Muffins, WG White, Sliced, 3.5" 144/2 oz

KEEP FROZEN

Ingredients: Water, Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Wheat Gluten, contains less than 2% of each of the following: Soybean Oil, Sugar, Salt, Calcium Propionate (perservative), Fumaric Acid, Baking Soda, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate.

Kosher: KVH

Contains soy and wheat ingredients.

Og Trans Fat

Instructions: Handling Instructions: Product will arrive frozen. Store in the freezer. Thaw the amount you want to use at room temperature for 3-4 hours or under refrigeration overnight. Make sure to close bakery bag on any unused product, as not to dry it out. Return unused product to the freezer. Do not refrigerate.



P.O. Box 489 · Collegedale, TN 37315

English
Muffins, WG
White, Sliced,
3.5"
144/2 oz



Questions? Comments? 423.396.3392 / qa@bakecrafters.com Nutrition: www.bakecrafters.com/product/802

Formulation Statement for Documenting Grains in School Meals Required Beginning SY 2013-2014

(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name:	Grain Slices	1,3.5"	Code No.:	/ 	
Manufacturer:	Bake Crafters Food Company	Serving Siz		alculate creditable grain a	mount)
I. Does the pr (Refer to SP 30-	tood Compand oduct meet the Whole Grain-Rich 2012 Grain Requirements for the N	Criteria: Yes	No		inounty
(Products with	oduct contain non- creditable gra more than 0.24 oz equivalent or 3.9 rds the grain requirements for school	9 grams for Groups A-G	How many grams: or 6.99 grams for Group		ıs may
Program: Exhibite breakfast ceres G use the stand is reported by v	Memorandum SP 30-2012 Grain ibit A to determine if the product als). (Different methodologies are a lard of 16grams creditable grain per colume or weight.) ich Exhibit A Group (A-I) the Pro	fits into Groups A-G (b pplied to calculate servin r oz eq; Group H uses the	aked goods), Group H (e gs of grain component ba	cereal grains) or Group l sed on creditable grains.	I (RTE Groups A-
·	Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion ¹ A	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) ² B	Creditable Amount A÷B	
	Whole Wheat Floor	110-794	16.	1.050	
	Enriched Flour	16.136	16	1.009	
*Creditable gra	Total Creditable Amount ³ ins are whole-grain meal/flour and	enriched meal/flour.		2.0	
∠ Standard oran) X (% of creditable grain in formul ms of creditable grains from the corble Amount must be rounded <i>down</i>	responding Group in Evh	ihit A		grams.
Total weight (p	er portion) of product as purchased	2 & Z Total contributio	n of product (per portion)	20 oz equivalent	
serving) pr portion. Pr	at the above information is true and ovides \(\frac{1}{2} \) oz equivalent Grains. oducts with more than 0.24 oz equivarins may not credit towards the gr	I further certify that non- valent or 3.99 grams for C	froups A-G or 6.99 grams	above 0.24 oz eg. ner	
7.	Mellow x By	e	Presider	1-	
Signature		Т	itle		
$\frac{M_{IC}}{Police 4.27}$	hael build		<u> 4/9/4 </u>	<u> 123 396</u> 339	2
Printed Na	me	D	ate	Phone Number	

Formulation Statement for Documenting Grains in School Meals Required Beginning SY 2013-2014

Crediting Standards Based on Revised Exhibit A weights per oz equivalent

School Food Authorities (SFAs) should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name:

Code No.:

Serving Size:

No.

(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non- creditable grains: Yes ______ No___ How many grams: ______ (Products with more than 0.240z equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non- creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs:

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B	
Enalish MUHTINS	202	102	2.0	
Total Creditable Amount 1			12.0	

1 Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 202 Total contribution of product (per portion) oz equivalent

I further certify that the above information is true and correct and that a 20 ounce portion of this product (ready for serving) provides 200 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

William & Bayed	Fresident					
Signature	Title					
Michael Burd	2/19/14	423-396-3392				
Printed Name	Date	Phone Number				



46025-54232-00 6/5 Lb Cook in Bag Trad. SEM, CN, PHE

04/22/2013

Fa (55g) er about	cts
ories fron	n Fat 35
% Da	aily Value*
	6%
	8%
	52%
	3%
1g	0%
	0%
Vitamin (0%
Iron 4%	
sed on a 2,0 e higher or l eds: 2.000	000 calorie lower 2,500
65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g
	(55g) er about pries from % Da 1g Vitamin (Iron 4% sed on a 2, 1e higher or leds: 2,000 65g 20g 300mg 2,400mg 300g

Contains Egg, Milk.



Product Specification Sheet Revision: 0015 Revision Date: 10/08/2012

46025-54232-00

6/5 Lb. Cook in Bag Frozen Traditional Scrambled Egg Mix, CN, Froze'n Ready, PHE

Product Description

Frozen Traditional Scrambled Egg Mix (46025-54232-00) is a pasteurized liquid egg mix product that is packaged in 5 pound bags and frozen for longer shelf life. The product conforms to the requirements of the U.S. Food, Drug and Cosmetic Act and is packaged in a manner that will allow it to exceed the shelf life when stored at 0 degrees F. or below. This product is processed and packaged under USDA supervision. It will be tested and found to meet all USDA and Michael Foods, Inc. specifications before being released for sale.

Ingredient ListingWhole Eggs, Whey, Skim Milk, Citric Acid, Xanthan Gum. 0.12% water added as carrier for citric acid.

Physical Specifications

Description **Specifications**

Appearance Frozen

Clean egg odor. Free of any spoilage or other off odors. Aroma

Color Typical of scrambled egg mix.

Flavor When Cooked Fresh, clean, and appealing egg taste. Free

of off flavors.

Foreign Material None

Solids, Total 19.0% - 21.0%

Texture When Cooked Smooth texture with a tender bite.

Viscosity

a. Initial Day: 15 - 450 CPSb. Method: Brookfield Viscometer c. Viscosity will increase with age.

Weight, Net Target: 5 lbs.

pΗ Initial Day: 6.3 - 6.6

Microbiological Specifications

Description **Specifications** Salmonella Negative/100g SPC <10,000 cfu/g

E. coli <10 cfu/g

Coliforms <10 cfu/g

<10 cfu/g Coagulase (+) Staph

Packaging Requirements
General Information
Description

Specifications

19.625" x 13.000" x 5.000" Case Dimension

Product Count per Case 6 Case/Cubic Feet 0.740 70 Cases/Pallet Cases/Layer Gross Product Case Weight/Lbs (w/o pallet)

31.194 Net Product Weight/Lbs 30 Gross Product Case Weight/Lbs (w/pallet) 31.980

Plant Specific

MGW - Wakefield

Description Value Description Value

Tape, Machine, Clear, 2" 600003 Divider, 12"x19" Cryovac 600393 box dimension 18.875x12.375x0.750

Box, #42 6/5# Bag, CNB 600398 box dimension 19.625x13.000x5.000 Film, Clear, 840mm x 3700 ft. 613346

See Pallet Layout Report for pallet configuration.

Code Dating: Bag Coding: P1610 LOT 0001A

1. P1610 = Plant number

2. LOT 0001A = LOT Year, 1st day of the year; Facility Code
Case Coding: USE BY 26 MAR 10 08:37 P1610 7 LOT 0001A
1. USE BY 26 MAR 10 = Use BY Date

- 2.08:37 = time
- 3. P1610 = Plant number

4. 7 = Filler/Line/Machine

5. LOT 0001A = LOT Year; 1st day of the year; Facility Code
Plant/Facility Code: 1610/A, 1349/N, 1028/J New Jersey; 1455/G, 01016/F Gaylord; 1127/L Lenox; 420/W Wakefield; 22/M Winnipeg; 1616/K Klingerstown

Transportation & Storage:

1. Trucks carrying this product will be loaded and transported in a sanitary manner following all requirements stated in this specification.

2. Product will be transported and stored at a temperature of 0°F (-17.7°C) or below with the actual temperature not to exceed 10°F. If the product temperature deviates from this specification for any amount of time, the shelf life may be shortened or the product functionality may be affected.

Shelf Life Statement:

1. Shelf Life of this product is 1 year from the processing date, provided it is left unopened and kept frozen at a temperature of 0°F (-17.7°C) or below. Unopened product once thawed can be stored for a maximum of 7 days. Do not refreeze thawed product. After the package is opened, when stored and handled properly, the product should be used within three days.

Kosher Statement:

This product is kosher dairy (OUD) and is produced under O.U. supervision.

Allergen Assessment:

This product contains egg and milk protein and is therefore considered allergenic by Michael Foods, Inc./Egg Division.

Regulatory/Finished Product:

- 1. Product must meet all defined specifications and functionality requirements throughout the declared shelf life.
- All product is produced under a routine quality inspection in accordance with good manufacturing practices.

This product is produced under continuous inspection by the USDA resident inspection staff.

4. One pound (16 oz) Frozen Scrambled Egg Mix provides 13.5 oz equivalent meat alternate for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07/08). CN #070616 (P420=WK), CN#071162 (P1028=JP, 05/08)

*for Management Approval, see APPROVAL/VERIFICATION DOCUMENT for this document



46025-54232-00

6/5 Lb. Cook in Bag Frozen Traditional Scrambled Egg Mix , CN, Froze'n Ready, PHE

Ingredients

Whole Eggs, Whey, Skim Milk, Citric Acid, Xanthan Gum. 0.12% water added as carrier for citric acid.

General Information

Frozen Traditional Scrambled Egg Mix (46025-54232-00) is a pasteurized liquid egg mix product that is packaged in 5 pound bags and frozen for longer shelf life. The product conforms to the requirements of the U.S. Food, Drug and Cosmetic Act and is packaged in a manner that will allow it to exceed the shelf life when stored at 0 degrees F. or below. This product is processed and packaged under USDA supervision. It will be tested and found to meet all USDA and Michael Foods, Inc. specifications before being released for sale.

This product is kosher dairy (OUD) and is produced under O.U. supervision.

Physical Characteristics

Frozen Clean egg odor. Free of any spoilage or other off odors. Typical of scrambled egg mix. Fresh, clean, and appealing egg taste. Free of off flavors.

Microbiological Standards

Total Plate Count: <10,000 cfu/g
Salmonella: Negative/100g
Coagulase + Staph: <10 cfu/g

Coliforms: <10 cfu/g E.coli: <10 cfu/g L.monocytogenes: NA

Packaging		Nutritional Facts	Amount Per 100 Grams	
Case Pack	6	Total Calories	120.00	CAL
Net Weight	30 LB	Calories from Fat	60.00	CAL
Gross Weight	31.980 LB	Total Fat	7.00	GM
Case Diameter	19.625" x 13.000" x 5.000"	Saturated Fat	2.50	GM
Case Cube	0.740 CF	Trans Fat	0.00	GM
Tie	7 CA	Cholesterol	280.00	MG
High	10 CA	Sodium	120.00	MG
Pallet	70 CA	Potassium	150.00	MG
		Total Carbohydrates	2.00	GM
		Dietary Fiber	0.00	GM
		Sugars	2.00	GM
		Protein	10.00	GM
Common househ	old measurement: 1/4 c = 56 g	Vitamin A	407.38	IU
Shelf life of produ	uct is 365 days.	Vitamin C	0.04	MG
		Calcium	60.91	MG
		Iron	1.33	MG

TRADITIONAL SCRAMBLED EGG MIX Frozen Egg Product

PASTEURIZED - HOMOGENIZED

KEEP FROZEN AT 0°F OR BELOW **DO NOT REFREEZE**

INGREDIENTS. WHOLE EGGS, WHEY, SKIM MILK. XANTAN GUM, CITRIC ACID, 0 12% WATER ADDED AS A CARRIER FOR CITRIC ACID

OHE POUHD (16 02) FROZEI SCRAMBLED EGG MX PROMDES 13 5 02 EQUIVALENT MEAT ALTERNATE FOR THE | CHILD HUTRITION WEAL PATTERN REQUIREMENTS (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 0 \$70\$}

- S



MEZCLA DE HUEVO REVUELTO TRADICIONAL 46025-54232

Producto de huevo congelado

PASTEURIZADO - HOMOGENEIZADO

MANTENER CONGELADO A -18°C O MENOS NO CONGELAR DE NUEVO

INGREDIENTES HUEVOS ENTEROS, SUERO, LECHE DESCREMADA, GOMO KANTANA, ÁCIDO CÍTRICO, 0 12% DE ÁCIJA COMO VEHICULO PARA EL ÁCIDO CÍTRICO

L342

UIIA LIBRA (16 02) DE NEZQLA COHERELADA PARA HUENGS REZURITOS PROPORCIONIA EL EQUIVALENTE A 13 02.

DE ALIVENTO ALTERNATIVO A LA CANTE PARA CUBRIR LOS RECUISTOS BASICOS DEL PATRORI DE COMBINA BI.

HUTRICON HINFAITH, (21 USO DE ESTE LOGO Y LA DECLARACION ESTAN AUTORIZADOS POR EL SERVICIO DE

ALIVENTO Y HUTRICON (FOOD AND HUTRITICH SERVICI) DEPARTIANENTO DE AGRICULTURA DE ESTADOS

UNIDOS (USDA) 05,708)

COPY NOT FOR DOCUMENTING FEDERAL MEAL REQUIREMENTS



DISTRUBUTED BY / DISTRUBUIDO FOR

Michael Foods, Inc. Minnetonka, MN 55305 1-877-367-3447 (1-877-FOR-EGGS)

6 - 5 LB BAGS (6 BOLSAS DE 5 LB) NET WT. (PESO NETO) 30 LBS (13.61 Kg)



Product Bulletin

Product Code #41749 5 lb. Shredded Mild Cheddar (SCP)

Product Description

4/5 lb. Shredded yellow mild cheddar cheese. Meal Contribution Credits per 1 oz. Serving: 1m/ma.

Ingredients

Cheddar cheese [cultured pasteurized milk, salt, enzymes, annatto (color)], anticaking blend [potato starch, cellulose, natamycin (natural mold inhibitor)].

CONTAINS: Milk

Nutrition Facts								
Serving Size: 1/4	cup (1 oz) (28g)							
Servings per Container:	80							
Amount Per Serving:								
Calories 110								
Calories from Fat 80	_							
	_	% Daily Value*						
Total Fat	9 gm	14%						
Saturated Fat	6 gm	30%						
Trans Fat	0 gm							
Cholesterol	30 mg	10%						
Sodium	190 mg	8%						
Total Carbohydrate	1 gm	0%						
Fiber	0 gm	0%						
Sugar	0 gm							
Protein	7 gm							
Vitamin A		6%						
Calcium		20%						
Vitamin C		0%						
Iron		0%						
*%Daily Values are base may be higher or lower of		rie diet. Your daily values calorie needs.						

Land O'Lakes, Inc., Foodservice Division, P.O. Box 64101, St. Paul, MN 55164
Phone: 1-800-328-1322 FAX: 651-481-2285

email: foodservice@landolakes.com website: www.landolakesfoodservice.com

10/31/2012



Product Bulletin

Product Code #41749 5 lb. Shredded Mild Cheddar (SCP)

Food Safety

Land O'Lakes, Inc. regards the Hazard Analysis Critical Control Program (HACCP) as the cornerstone of a food safety system. HACCP focuses on food safety by analysis and control of potential biological, chemical and physical hazards. An internationally recognized system that is required by many customers, HACCP has been mandated for some industries by the FDA and USDA. All Land O'Lakes, Inc. - Dairy Foods production facilities have approved Hazard Analysis Critical Control Point systems in place. The Dairy Foods manufacturing facilities at Land O'Lakes, Inc. have targeted assessment programs for HACCP. In addition, Land O'Lakes, Inc. provides corporate guidance, oversight and assesses compliance of the systems.

Packaging

Case Dimensions (D) 12.3 in. (H) 14.6 in. (W) 8.9 in.

Case Tare Weight 1.5 LB

Case Cube .9249 Cubic Feet

Case Gross Weight 21.5 LB
Case Net Weight 20 LB
Cases per Layer 17 EA
Cases per Pallet 68 EA
Layers per Pallet 4 EA

Package Dimensions (D) 2 in. (H) 15 in. (W) 9.5 in.

Shipping and Storage

Refrigerated: 34° to 45°F or 1° to 7°C

Product Shipping Policy

Land O'Lakes products are coded with an Expiration Date. Land O'Lakes guarantees a minimum of 90 days of freshness from the date of shipment from Land O'Lakes warehouse facilities when product is handled and stored as recommended

Total Shelf Life

This product has a total shelf life of 150 days from date of manufacture.

10/31/2012

Land O'Lakes, Inc., Foodservice Division, P.O. Box 64101, St. Paul, MN 55164
Phone: 1-800-328-1322 FAX: 651-481-2285

email: foodservice@landolakes.com website: www.landolakesfoodservice.com





FOODSERVICE

Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Name: Shredded Mild Che	eddar Cheese (yello	ow)		Code No	o.: <u>41749</u>		
Manufacturer: Land O'Lakes, Inc		Case/I	Case/Pack/Count/Portion/Size: 4/5 lb. pouches				
I. Meat/Meat Alternate Please fill out the chart below to detern *Creditable Amount - Multiply ounces per							
Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Portion of Cro Ingredie	editable	Multiply	FBG Yield/ Serv Per Unit	rings Creditable Amount *		
Cheddar cheese	1 oz.		X	1 oz.	1 m/ma		
			X				
			X				
A. Total Creditable M/MA Am	iount ¹				1 m/ma		
Description of APP, manufacturer's name and	Ounces dry APP per	Multiply	% of Protein	Divide by 18**	Creditable Amount APP***		
code number	portion		As-Is*				
		X		÷ by 18			
		X		÷ by 18			
		X		÷ by 18			
B. Total Creditable APP Amou C. TOTAL CREDITABLE AM							
*Percent of Protein As-Is is provided on th **18 is the percent of protein when fully h ***Creditable amount of APP equals ounc Total Creditable Amount must be rounded crediting M/MA and APP, you do not need APP Amount from box B to box C.	ydrated. es of Dry APP multiplic I down to the nearest 0.	ed by the percer .25oz (1.49 wou	ıld round down	to 1.25 oz meat equivale			
Total weight (per portion) of production	uct as purchased _	1)Z,				
Total creditable amount of produc (Reminder: Total creditable amount cannot	t (per portion)t count for more than the	1 oz. he total weight	of product.)				
I certify that the above information serving) contains1 ounces of							
I further certify that any APP used 210, 220, 225, 226, Appendix A)					gulations (7 CFR Par		
Signature		VP – R&D Title	, Dairy Food	ds			
Shirish Mehta		1/29/2	013				
Printed Name		Date	V1.J	_			

Round Rock ISD-Aramark

Page 1 Recipe Master List Jan 13, 2015

830820 - EGG: Scrambled CH SS 1.0

Recipe HACCP Process: #2 Same Day Service

Source: 7.0 ALC if CNE Number of Portions: 45

Size of Portion: #30 scp (1 MMA)
Alternate Menu Name: Scrambled

Eggs w/ Cheese

2nd Alternate Menu Name: Huevos

Revueltos con

Queso

829492s EGGS Liquid, Scrambled CN..... 3 LB, Raw, Yield Inc + 3 OZ, Raw, Yield Inc

826403s CHEESE, Cheddar Shredded.... 6 OZ

*Nutrients are based upon 1 Portion Size (#30 scp (1 MMA))

Calories	50 kcal	Cholesterol	94.55 mg	Sugars	0.58 g		Calcium	50.03 mg	64.02% Calories from Total Fat
Total Fat	3.54 g	Sodium	66.23 mg	Protein	3.85 g		Iron	0.42 mg	30.34% Calories from Sat Fat
Saturated Fat	1.68 g	Carbohydrate	0.72 g	Vitamin A	156.83 Ĭl	J	Water ¹	*N/A* g	0.00% Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 m	ng .	Ash ¹	*N/A* g	5.77% Calories from Carbohydrates
		<u>.</u>							31.01% Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Round Rock ISD-Aramark

Page 2 Recipe Master List Jan 13, 2015

825345 - SDW MUFF, EggCHSS 1.0 WG Recipe HACCP Process: #2 Same Day Service

Source: 7.0 ALL Number of Portions: 24 Size of Portion: Sandwich

Alternate Menu Name: Cheesy Egg English

Muffin (WG)

2nd Alternate Menu Name: Panecillo Inglés con

Queso y Huevo (GI)

R-830820 EGG: Scrambled CH SS 1.0..... 24 #30 scp (1 MMA)

828184s MUFFIN AP, English WG 3.5" 2.0oz.... 24 Muffin

*Nutrients are based upon 1 Portion Size (Sandwich)

riumento die based aponi i i onion olze (bandwion)								
Calories	170 kcal	Cholesterol	94.55 mg	Sugars	1.58 g	Calcium	130.03 mg	26.71% Calories from Total Fat
Total Fat	5.04 g	Sodium	316.23 mg	Protein	8.85 g	Iron	1.50 mg	8.89% Calories from Sat Fat
Saturated Fat	1.68 g	Carbohydrate	24.72 g	Vitamin A	161.83 ĬU	Water ¹	*N/A* g	0.00% Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g	58.26% Calories from Carbohydrates
	•	•	-					20.87% Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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