## **Round Rock ISD-Aramark**

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Recipe Master List

## 829173 - BRD: BREAD WG, Tst CinnMrg 1sl

Recipe HACCP Process: #2 Same Day Service

Source: 7.0 ALC if CNE Number of Portions: 24 Size of Portion: Slice Alternate Menu Name: Cinnamon Toast

## 2nd Alternate Menu Name: Tostada de Canela (GI)

829801s BREAD, Sandwich White Wheat Pullman WG(Alpha)	24 Slice
R-825196 COND_Sugar, Cinnamon	8 TBSP
829319s MARGARINE, Spread ZTF	4 OZ

## \*Nutrients are based upon 1 Portion Size (Slice)

Calories	117 kcal	Cholesterol	0.00 mg	Sugars	5.12 g	1	Calcium	16.55 mg	34.22% Calories from Total Fat
Total Fat	4.44 g	Sodium	162.83 mg	Protein	2.92 g	ġ	Iron	0.69 mg	15.26% Calories from Sat Fat
Saturated Fat	1.98 g	Carbohydrate	16.63 g	Vitamin A	175.66 I	Ū	Water <sup>1</sup>	*0.02* g	*0.08%* Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.01* g	Dietary Fiber	1.51 g	Vitamin C	0.01 n	ng	Ash <sup>1</sup>	*0.01* g	57.02% Calories from Carbohydrates
						<u> </u>		-	10.00% Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup> - denotes optional nutrient values

<sup>&</sup>lt;sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.