# HEALTHCARE CULTURAL COMPETENCY

Why it Matters

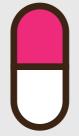
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This work-in-progress personal project is a glance at the importance of empathy in healthcare settings.

When it comes to your health, what care providers say can have a big impact.



### CULTURAL COMPETENCY

The ability to interact effectively with people of different backgrounds and experiences.

Why does it matter?



As a kid,
I was afraid of
going to the
doctor's.

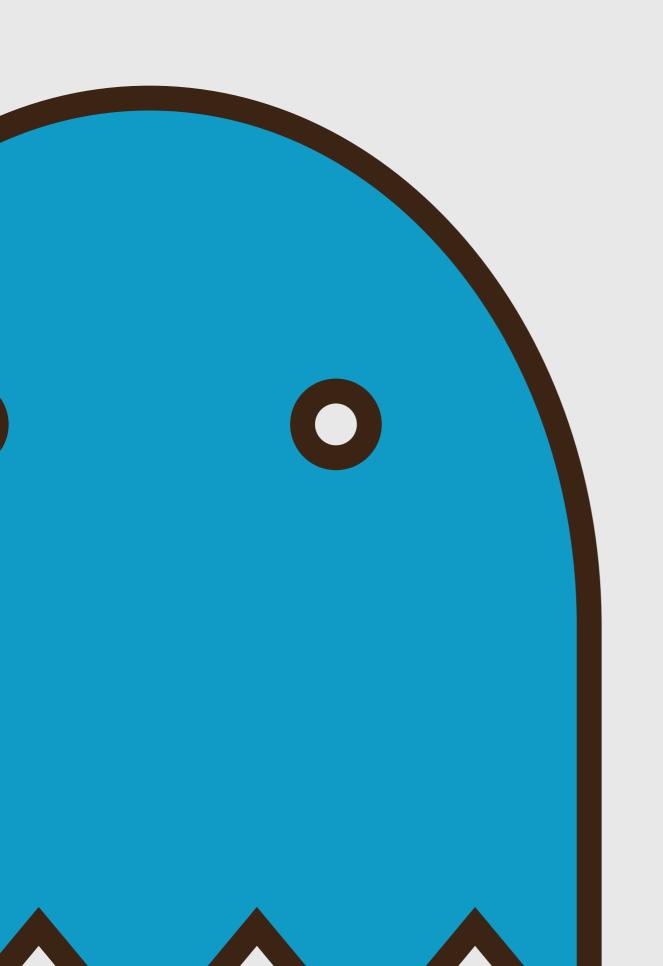


Of course, even most

### GROWN UPS

don't look forward to it.

Getting sick when you're little can be particularly



Getting sick when you're little can be particularly

SCARY



you're little can be

SCARY and STRESSEUL



Feeling sick



Feeling sick



Having blood drawn



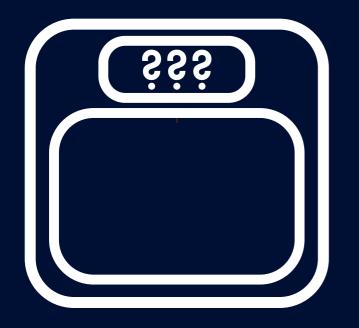
Feeling sick



Having blood drawn



Nasty cold medicine



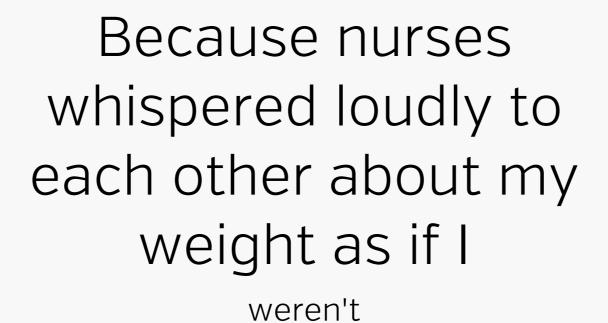
It was getting

Because my doctor told me not to

### EAT SO MUCH CAKE

when I was in for a respiratory infection.





there.





Culture & Ethnicity



Sexual Orientation



Culture & Ethnicity



Sexual Orientation



Gender Nonconformity



Culture & Ethnicity



Sexual Orientation



Gender Nonconformity



Intravenous Drug Use



Culture & Ethnicity



Sexual Orientation



Gender Nonconformity



Intravenous Drug Use



HIV Status

And it makes you not want to go to the doctor, even if you're

### REALLY SICK.





When you're more afraid of being judged than getting medical help, there's a problem.

### Without trust, patients may...



Refuse to comply with treatment



Avoid and delay seeking treatment



Lie about their medical history

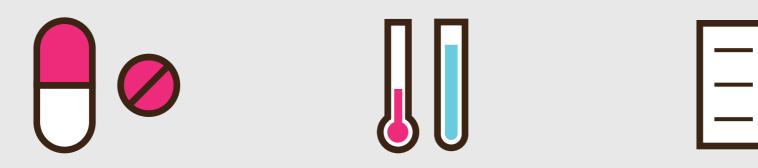


Which all add up to incomplete care and poor health outcomes.

While there are already many empathetic providers, there is still much room for improvement.

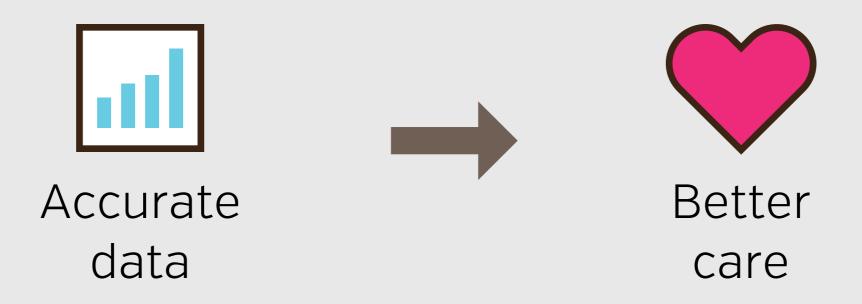


Health care is more than just lab work, pills, or treating a diagnosis.



It's also about patients and care providers working together to make people healthy.

If patients feel safe disclosing their medical histories, everyone benefits.



### You've might've had some

### 

and unpleasant experiences, too.

#### You've might've had some



and unpleasant experiences, too.

(Whether you're a care provider or patient.)

### Or maybe it's also been

### WONDERFUL



### LET'S HEAR FROM YOU.

### WHAT WORKS?

### WHAT WORKS?

WHAT NEEDS IMPROVEMENT?

With your ideas, we can come up with new solutions.

