# The Richfield Springs



# **Community Center Run**

The Richfield Springs Community Center cordially invites you to participate in the annual "RSCC" Run (formerly known as the Zone).

The Open 10K is a hilly course with its challenge at the start. The 5K is an "out and back" on rolling hills. The 2 mile Walk starts on Lake Street and proceeds "out and back" on Cemetery and Butternut Roads. The **kids "little loop"** is approx. ½ mi. total (out and back), starting and ending at the start/finish line with **ribbons** given.

# Route 20 Series:



www.nyroute20.com

# THANK YOU TO OUR SPONSORS!

We Will Have:

Kids "Little Loop" fun run
Technical Shirts
On Line Registration (www.getentered.com)

### RSCC RUN/WALK

#### **Application**

| Name:              | Age          |              |
|--------------------|--------------|--------------|
| * Sex: M F Address | (Circle One) | (on 4/11/15) |
| Amount<br>e-mail   |              |              |
| *(Circle ): 10K r  | un 5K run    | 2mi          |

Walk

**Kids Little Loop** 

# T-shirt: 10K/5K/Walk Only (Circle Size) Sm. Med. Lg. WAIVER

In consideration of acceptance of this application, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, administrators, and assigns waive any and all rights and claims for damages I may have against the Richfield Springs Community Center, their representatives and successors for any and all injuries suffered by me at the races to be held in Richfield Springs, on April 11, 2015. I verify that I am physically fit and have trained sufficiently for the competition. Signature \_\_\_\_\_\_\_Parent Signature

Please make Checks payable to: "<u>RSCC"</u> Mail in with Applications to: Bill Kosina: 1434 Cty Hwy 25 Richfield Springs, NY 13439 Questions: 315-749-3286 jabkos@verizon.net Students: \$16 \* STUDENTS = 18 & Under\*

#### **Registration:**

TIME: 8:00 - 9:45 on Race Day
PLACE: Town Barn – 18 James St.

1/4 mile south from the stop light in the center of
Richfield Springs, turn left onto James

**Start Times:** 

Kids' Fun Run @9:45 AM 10K @ 10 AM 5K @ 10:05 AM Walk @10:10 AM

## AWARDS:

- Tech -shirts to the first 75 entrants (5K/10K &2mi.)
  - Trophies overall male/female (5K/10K)
  - 1<sup>st</sup>-3<sup>rd</sup> place awards for age groups up to 80-89 (5K/10K)

#### **BONUS FUN!**

DOOR PRIZES (5K/10K& 2mi. Walkers) 50/50 DRAWINGS REFRESHMENTS (For All Participants)

#### Fees:

Kids "Little Loop" (\$1.00) (Pre or Race Day) Pre-registration postmarked on or before April 4, 2015 (Run or Walk)

Adults: \$18 Students: \$13

Day of race: (Run or Walk)

Adults: \$21

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April 11, 2015

