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Mighty Miss Marathon, Relay and 12 Mile 2015



Saturday, August 1st

Mississippi River

St. Cloud—Champlin: 55 Mi

Elk River—Champlin: 12 Mi



*A celebration of human powered
transportation and active lifestyles*

Sponsored by:

PIONEERMIDWEST

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OSSEO • MN

For more information, visit pioneermidwest.com/mighty-miss-race

General Information

The Mighty Miss Marathon 55 and 12 mile is a human powered race open to all forms of human powered crafts, including canoes, kayaks, paddle boards and more. We have events for paddlers of all abilities. Short descriptions of the events can be found below, see the reverse for further information. Join us on the Mighty Mississippi for a day of paddling and fun!

Marathon Distance 55 Mile

Feeling up for a challenge? The Marathon distance will begin with a mass start 8AM at Beaver Island Trail Park, in St. Cloud. The distance to the finish is 55 miles at Mississippi Point Park, in Champlin.

Marathon Relay 55 Mile

Grab some friends and take on the long race together. Relay marathon participants will plan to switch off at one of the five designated tag-off areas. The relay team will share one boat, but can have up to 15 participants.

Short Distance 12 Mile

Not up for the marathon? No problem. The short distance is a great event for casual paddlers and racers alike. The short distance will begin with a mass start 12 Noon at Babcock Park in Elk River and finish with the long race at Mississippi Point Park, in Champlin.

Recreational 12 Mile

Want to enjoy the river without the pressure of being timed? Join us for the 12 Mile Recreational race, the "no pressure" way to enjoy the festivities of the marathon.

Safety Concerns

The race will happen rain or shine, but may be delayed by lightning or other severe weather. PFD's (life jackets) are required for all participants at all times. A safety boat will follow the last participant.

Transportation

Transportation is available only for the 12 Mile participants. Marathon and relay racers should plan their own transportation. Participants should plan to park their vehicles at the start and return to their vehicle via a ride with the provided shuttle. The shuttle will run until the last participants have finished.

Entry Fees

Below is a chart outlining the entry fee schedule for the events. Refunds **cannot** be given once a participant has signed up. Sign up early for the best deal.

	<u>April-June 30</u>	<u>July 1-15</u>	<u>July 16-August 1</u>
Relay	\$120/Boat	\$150/Boat	\$200/Boat
Marathon	\$50/Person	\$60/Person	\$75/Person
12 Mile	\$40/Person	\$50/Person	\$75/Person
12 Mile Rec.	\$40/Boat	\$50/Boat	\$50/Boat

Awards

1st, 2nd and 3rd for all classes and divisions will be awarded, (excluding recreational). Awards are provided by **Sterling Trophy of Anoka**



Registration

A physical registration form can be found on the back of this brochure. Visit <http://mightymissmarathon.zapevent.com> to register online. Online and mail registration must be received by July 29th. Day of registration will be available at Babcock and Beaver Island Parks. All participants will sign a US Canoe Association waiver at the start.

An online map of the course is available at:

http://files.dnr.state.mn.us/maps/canoe_routes/mississippi7.pdf

Pioneer Midwest
415 County Road 81
Osseo, MN 55369

Which Race is for me?

12 Mile Race Day Info

12 Mile Race Participants are encouraged to either race this distance competitively or use the course as a way to enjoy a float on the river. A paddlers should expect 2-4 hours on the water. Participants can leave a vehicle at Babcock and take the shuttle back. The race will finish at Mississippi Point Park, in Champlin. If you intend to be timed in the race, sign up for the 12 Mile, if you **do not want to be timed, sign up for the 12 Mile Rec**. Packet pickup begins at 10:30, both events start at 12 noon. All are welcome to participate in this race, no pressure!

Features of the River

The race course is a wide route, starting in the country, finishing in the city. Along the way participants can expect to encounter wildlife such as migratory birds and ducks. Hazards may include Class I rapids, and moderate currents, all of which can be anticipated and avoided. Visit <http://www.nps.gov/miss/riverfacts.htm> for other information on the river.

Contact

Race director: Roland Ring-Jarvi 763-257-2304 rolandringjarvi@yahoo.com	Title Sponsor: Pioneer Midwest: 763-420-8981 info@pioneermidwest.com
Paddling Expert: Dave Dahl 612-708-5859	



55 Mile Race Day Info

The starting area at Beaver Island Park (south of St. Cloud). Arrive up to one hour early in order to prep boat and participants for racing. **A mandatory pre race meeting will begin at 7:30AM, race start is at 8AM** Prepare for a 10-14 hour day on the water. Access points are suggested areas for supply crews to meet racers along the route. Racers must provide their own support, and vehicles cannot remain at Beaver Island Park after the start. Plan ahead and prepare, take your map with on the water. Relay racers can find more information below. Do not underestimate this race!

Relay Race Day Info

The chart below displays the distance between each leg in the race. Transitions must occur at the designated points. The same boat must be used through the entirety of the race, start to finish. Participants may paddle multiple segments of the race. **Relay racers must register online.**

		Distances between transition zones (miles)				
	Mississippi Point	12.7	20.6	30.1	43	55
	Babcock		7.9	17.3	30.3	42.2
	Ellison			9.4	22.3	34.3
	Snuffie's				13	24.9
	Clearwater					12
						Babcock Park

Online map of the course is available at:

http://files.dnr.state.mn.us/maps/canoe_routes/mississippi7.pdf

Mighty Miss Marathon and 12 Mile 2015 Entry Form

If your team has more than two participants please register online. Tandem and solo racers may register using this form or online. Make checks payable to Mighty Miss.

Mail Completed Entries to:
Pioneer Midwest
415 County Road 81
Osseo, MN 55369

Participant 1		Date of Birth						
Age	Sex	Month	Day	Year				
	M F							
First name		Last Name		Zip		Country		
Address		State		Country				
City		E-Mail						
Phone								
Participant 2		Date of Birth						
Age	Sex	Month	Day	Year				
	M F							
First Name		Last Name		Zip		Country		
Address		State		Country				
City		E-Mail						
Phone								
Event		Solo		Tandem		Three or More		
<input type="checkbox"/>	55 Mile	<input type="checkbox"/>	Canoe	<input type="checkbox"/>	Pro-Boat	<input type="checkbox"/>	3+ Canoe: Register Online	
<input type="checkbox"/>	12 Mile	<input type="checkbox"/>	Kayak	<input type="checkbox"/>	Open Race (No Limit)	<input type="checkbox"/>	Voyager: Register Online	
<input type="checkbox"/>	12 Mile Rec	<input type="checkbox"/>	Surf Ski	<input type="checkbox"/>	Citizen Canoe-Alus18'	<input type="checkbox"/>	Mixed	
<input type="checkbox"/>	Relay: Register Online	<input type="checkbox"/>	Pedal Driven	<input type="checkbox"/>	Citizen Canoe-Non Alus18	<input type="checkbox"/>		
<input type="checkbox"/>		<input type="checkbox"/>	Paddleboard	<input type="checkbox"/>	Pedal Driven	<input type="checkbox"/>		
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	Kayak	<input type="checkbox"/>		
		Category		Average Age				
		Male		<21				
		Female		21-35				
		Mixed		36-49				
				50-65				
				>65				

Visit <http://mightymissmarathon.zapevent.com> for Online Registration



Mark Your Calendars!

Race Day: Saturday, August 1st

Marathon Start: 8AM

12 Mile Start: 12 Noon

