

The Constitution of Truth

By Samuel Jones

The Torch of Truth:

Truth is a torch, illuminating the nature of things. Without this torch we are no more than a blind man in a world of those who can see. To withhold the truth from a man is to strip him of his sight.

As much as you try, you cannot change the truth, the reality of events, for these exist indefinitely beyond the minds of men.

Truth will be truth and lies will be lies; the truth belongs to all man's eyes.

*Yours with Integrity,
Samuel Jones*

Foreword: Truth is the Foundation of Liberty

Presently I believe that there is a distinct lack of truth within politics, government and business. **Truth and Trust go hand in hand** and how can we trust those in positions of leadership and believe in their integrity without a reciprocation of truth.

Often people quote their 'written constitutional rights' and proclaim their entitlement to them, but what gives you such a belief that you are entitled to them? The rights of a person are a self-sustaining meme. I imagine rights as a principle or formula for maximising a person's wellbeing. By safe-guarding this formula we aim to safe-guard our personal well-being and those of others. It is for this reason that I am writing for you a written constitution of truth, proclaiming that you are entitled to the whole truth and nothing but the truth. Truth is Freedom and the truth will set you free.

I have in front of me as I am writing this a booklet of the 'Universal Declaration of Human Rights' which was adopted by the United Nations on the 10th December 1948 and nowhere in it is a right to Truth mentioned. The truth is that I might as well throw away the whole booklet as everything in it is meaningless unless it is in the context of truth.

True freedom is free will, freedom of choice. This is the ability to be able to do a thing because you choose to do it not because another has forced you to. No choice can ever be made under free will if it is not in the context of truth.

Universal Declaration of Human Rights – Article 1

"All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood."

In the article above it states that all humans are born free and equal in dignity and rights. This as I will explain is contingent upon truth.

Within Truth There Is No Conflict

Truth is a natural unifying force. Truth is the equality we are all looking for. Truth sees all equally, truth doesn't judge. Truth doesn't care what colour your skin is, what sex you are or how much you earn. Truth will see you as you are and accept you as such. Because truth would see you and all your actions for what they are, you are truth, everything you do is truth. Truth is that which is and to truth you are no more than everything you are and everything you have done. You are that which is.

If you deny a person truth, you deny them their own reality, you deny them of that which is, you deny them of themselves for they are that which is. If you hold the truth in high regard, you hold yourself in high regard, for you are truth.

Can we ever know the Truth?

Humans are limited to the perceptual capacity of five senses; we can never know all truths and we experience all truth differently in our own subjective way. This fact however does not mean that the principle of truth can simply be thrown away. The fact that we experience a single thing or event in our own separate viewpoint does not change that single thing or event which has occurred. We only have the ability to influence things that are occurring in the present.

The truth is singular, a separate event has not happened for each of those observing, the observation is separate from the event. The observation is created in our minds and we must separate it from the principle of the truth of an event.

“As much as you try, you cannot change the truth, the reality of events, for these exist indefinitely beyond the minds of men.”

Perception is reality, but reality is not necessarily truth. A reality outside of truth is a delusional reality, but to one experiencing the delusion it is no less real than a truthful reality.

What is Truth?

If our reality is not necessarily truthful then what is truth? How do we know if our reality is indeed truthful?

The simple answer is that we don't know if our reality is truthful. It may be almost impossible to ascertain whose reality is truthful and whose is delusional. All realities are subjective and equally real. If we can never truly know if our reality is truthful you would think we could simply forget about the idea of a truthful reality and sweep it under the rug; I believe quite the opposite in fact.

The idea that we can never be sure if our reality is truthful is vitally important. With our subjective perception of events we have the ability to mould or manipulate our own personal reality. We can rationalise away bad habits or behaviours, we can forget about unpleasant memories and we can lie.

These potentialities separate us from the singular truth and the equality that comes along with it. I have previously mentioned that:

“If you deny a person truth, you deny them their own reality, you deny them of that which is, you deny them of themselves for they are that which is.”

I will explain this with an example. If you lie to an individual, you are limiting them to a delusional reality; you have taken away their free will to construct their own reality from the true events that have happened. Furthermore a person can be seen to be operating within their own reality and by lying to someone and limiting their reality you are at the same time limiting their behavioural options as they can only ever operate within their reality. In order to gain new optionality of thinking and behaving a reality must be expanded. Secrecy constricts a person's reality and controls their thinking and behaving.

Once this principle is understood then we can see that the ideal of truth is a solution for equality that must be vitally upheld. The truth supplies each person the **freewill** to construct their own reality.

I have a metaphor. A farm animal can wonder freely inside its own pen. The farm animal is left to its own devices and makes up its own mind. However the farm animal is trapped in a world that is limited to its own pen. The farm animal will never be truly free until it is set out into the wind and can choose where and how it lives. When you are given anything less than truth, you too are 'fenced in' like the farm animal.

Truth is a genuine representation of the nature of all things. In the 'Torch of Truth' I liken it to a torch that allows us to see things for what they really are. I believe truth is most fundamental because it will allow us to see an accurate reflection of the civilization that we truly are. Seeing our true reflection will create the power for us to change for the better.

Truth is not bad and truth is not good. Truth just is. Truth is simply that which is. Truth just exists. Truth is objective, unchanging and absolute. **The Absolute Truth is that truth belongs to everyone.**

The Biggest Lie

The biggest lie is the lie that justifies lies; the idea that control is more important than truth. This is the idea that keeping the farm animal locked in its pen is more important than its freedom because if there was freedom then everything would be 'out of control'.

From a mind-set of control, being 'out of control' sounds like a bad thing. But control is the counter-opposite of freedom. Out of control brings to mind ideas of chaos confusion and disharmony. Chaos confusion and disharmony cannot exist within truth, because within truth there is no conflict, the truth is singular. The feeling of chaos confusion and disharmony is a projection of the isolated point of view of the farm animal within its own pen. If we take the 'fenced in' mind-set

and apply that to being 'out of control' then we will get chaos, confusion and disharmony. The fear and apprehension we feel about being 'out of control' might be the same fear and apprehension that the farm animal feels about escaping its pen and exploring the unknown beyond the fence. The fencing in produced the 'fenced in' mind-set in the first place. If we can release the fear and apprehension of being free, of being 'out of control' then we can assume the mind-set of freedom, truth and integrity. **From a mind-set of truth and integrity, being out of control will produce peace, unity and harmony.**

As soon as you submit to the mind-set that control is greater than truth then you have committed the biggest lie. Without truth there is no peace, unity and harmony.

More usually today the biggest lie is '**the needs of national security**'. The needs of nation's security are actually those of Truth, Peace, Unity and Harmony and these will never be achieved through secrecy. Secrecy has only been necessary in a mind-set of war and fear and this is why much of our secrecy apparatus was constructed as part of the Second World War and has remained. We have increased the secrecy and maintained a troubling frequency of war.

The Lesson of Truth

The suppression of truth is a tool of oppression and the principal justification for suppression of the truth is fear of being out of control. We must find the courage to overcome our fear and demand our truth, demand our peace.

We must all see the biggest lie for what it is and have courage to overcome it and believe in the courage of others. As long as anyone accepts that control is more important than truth, we will never be free.

We must demand sanctity of media rather than government propaganda. Control of the media is control of the truth and those who control the truth control our reality and all our potential behaviour. Media should never ever be controlled or suppressed. Media should be a force of unity rather than a force for propaganda and control. We must realise that Freedom of press no longer exists and we must take it back.

We must teach children to manage and overcome fear at a young age. Without fear much of the negative mind-sets of humanity will be reversed. For this I use the example of racism. Fear of being different and fear of that which is different to ourselves leads us to have a negative view of the reality. The reality is in fact that having a diverse wide-ranging set of genetics and cultures is a fantastic thing for our species. If we overcome our mind-sets of fear we will be able to take situations of positivity and expand upon them.

We must put truth as the first priority. All the big problems in the world such as poverty, famine, disease, war, pollution, climate change are all unsolvable until the Truth is shared. Knowledge is power, and knowledge of our truth will create the power for us to change for the better.

We must accept the truth. People's first reaction to truth is usually denial and we must overcome this to leave our manipulated reality and create Peace, Harmony and Unity.