

Have prescription
drugs, illicit drugs or
alcohol affected your
health?

Do you or your loved
one need help?

**The first step is a
professional substance
use evaluation**

Remove the emotion,
Remove the blame,
Let an experienced
professional perform a
complete substance use
evaluation, diagnose if there is
a problem and provide any
relevant recommendations.

Recovery is possible.

Call Us: 808.969.7577



Medical Director
Gerakl J. McKenna, MD, FASAM, DLFAPA

THE TREATMENT TEAM

Clinical Director
Michael Foley, D. Min., LCSW, Psy. D., ICADC

Clinical Director- Hilo Program
Dayna Gaitan, CSAC, MA

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Ferdinand Viernes, MA
Tucker Englese

Our program is led by a medical doctor
board certified in psychiatry and
addiction medicine and a caring team of
professionals with much training and
experience in the field.



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MCKENNA



RECOVERY CENTER

Outpatient Addiction Treatment

KE ALA PONO

HILO PROGRAM

Call: 808.969.7577



Q&A

Q: What is addiction?

A: Addiction is defined as a chronic neuro-biologic (brain) disorder that include the following: compulsive use, continued use despite harm, craving, withdrawal, and impaired control over drug use with physical and psychological manifestations.

Q: Is it true that an alcoholic who suddenly stops drinking is endangering their life?

A: Yes, depending on their history of consumption, a medical detoxification process is critical for some because withdrawal seizures can be fatal. But if hospitalized detox is not available, when appropriate supports are present, detox at home is possible with medication initiated in the clinic. Medication however is only adjunctive to therapeutic treatment.

Q: Can I use my health insurance?

A: When a diagnosis and medical necessity for treatment is identified, health insurance benefits often cover treatment. We are credentialed providers for UHA, HMSA, HMSA Quest, Kaiser, Kaiser Preferred, HMAA and Aloha Care. Call to inquire for all others.

Prescription Drugs, Illicit Drugs, Alcohol, and Dual Diagnosis Treatment

The problems are not simple, nor are the solutions. Prescription Drug Abuse & Overdose were proclaimed Public Health Epidemic by the Center for Disease Control. While meth abuse and dependence were dropping, it is spiking up again.

We are not a band-aid fix. We account for many variables in the evaluation process and look at the big picture when treatment is appropriate and how we can help clients attain a lifetime of recovery.

Services:

➤ **Substance Use Evaluations:**

- ✓ Adolescent or Adult patients
- ✓ Dual Diagnosis Capable

- ✓ Urine drug screen
- ✓ Other healthcare provider collaboration
- ✓ Include the family
- ✓ Diagnosis, treatment recommendations based on level of care needs, we will refer out for inpatient treatment when appropriate.

➤ **Intensive Outpatient Treatment:**

- ✓ **Include the Family in Treatment**
- ✓ **Adjunctive Individual Counseling**
- ✓ **Medication Assisted Treatment if appropriate (Suboxone, Campral, etc.)**
- ✓ **Documenting patient's success**
- ✓ **Discharge Planning**