

Drs. Nic and Alyssa West of West Chiropractic

This dynamic husband and wife Chiropractic team of Drs. Nic West and Alyssa West launched into their practice in 2013 by embracing community. They started by volunteering at school events, holding free backpack fitting clinics and Spa Nights for expectant mothers – and from there they began to share their dream to be able to provide specific chiropractic care to every child in America. They believe Chiropractic care is the single most important factor to ensure a healthy and properly functioning and developing nervous system. Without our nervous system, we aren't able to live. Without a healthy nervous system, we are not able to live at our full potential.

Their practice focuses on the Gonstead Method of Chiropractic, a very specific full-spine technique. They use state of the art neurological instruments that specifically detect areas of inflammation along the spine. These areas are then further evaluated to determine what adjustment will be applied to that particular segment on that day. A gentle adjustment is then delivered to restore the brain-to-body connection. After a period of time and healing the nervous system is able to restore the body's normal function, often leading to complete resolution of the original problem and improvement in many more aspects of life

It is amazing what the body can do when it is functioning free from any type of nerve interference. “We see “miracles” happen at our office all the time, and its simply because we allow the body to function like it is supposed to,” said Alyssa who shares the story of Hudson an athletic 15-month old boy.

“Hudson has been walking and running since he was 9 months old. Recently he fell out of his bed and since then was unable to walk; instead he crawled or walked on his knees. He saw multiple doctors and radiologists who told his parents that they didn't see anything, but would like to cast his ankle and leg above the knee for 3 weeks. His parents decided to get another opinion at West Chiropractic. Needless to say Hudson did not need a cast and after only 2 adjustments he was running and dancing!! Mom told me that there were tears of joy from both parents when they saw him walk again. It is amazing how fast the body can heal when there is no interference with the nervous system. Hudson is an awesome example of that. We are proud to have him and his family in our office!”

Both Drs. Nic and Alyssa have been practicing and teaching Chiropractic since 2009. They have been officially licensed within the state of Oregon since 2014, which is when they opened their office in Wilsonville, OR. They both graduated from Palmer College of Chiropractic. Dr. Alyssa West graduated as her class Valedictorian, and Dr. Nic West served as the President of Delta Sigma Chi, a widely-known professional Chiropractic fraternity that is responsible for teaching the next generation about specific Chiropractic. They both served as Troxell Interns, which focuses on the Gonstead technique. They also interned and worked for several prominent Gonstead Doctors in several states within the Midwest. They continue to

practice and teach the Gonstead technique through the Troxell Intern Program and Gonstead Methodology Institute.

Dr. Nic West knew he wanted to be a chiropractor since he was in high school, after seeing a chiropractor himself and experiencing amazing changes. Dr. Alyssa saw too heavy a reliance on drugs and surgery, and too little faith placed in the human body within the Western Medicine paradigm. Both experiences drew them to look into the innate healing forces within the human frame, which is the focus of Chiropractic.