



CONFIDENTIAL

Global Information Network
Level Three Training Test – **ANSWER KEY**

1. Can you tell the following stories; Houdini story, Processionary Caterpillar, Flea Trainer story, Pump Handle story, Elephant story, Chinese Bamboo Tree story, Wood Chopping story, 100th Monkey Syndrome story, Patton's Dig a Trench story and the story of the Man in China & his Son?
 - a. Yes
 - b. No

2. Your eyes will always _____.
 - a. Deceive you
 - b. Never let you down
 - c. Give you reality

3. All basic training takes five minutes to learn and _____.
 - a. A lifetime to master
 - b. Will never be mastered
 - c. Five minutes more to understand

4. What is the goal of all the basic training in the Global Information Network for Level 1 up to Level 12?
 - a. To make you feel good
 - b. To expand your mind
 - c. To help you achieve your dreams and help you have, be, or do anything and everything you want in life

5. If you want to be a master, you must _____.
 - a. Master the basics
 - b. Practice, practice, practice
 - c. Have a mentor

6. If there is a secret to everything we teach in the Global Information Network, it is...
 - a. Mastering the basics
 - b. Think, be or do everything you want
 - c. Being successful is in your genes

7. To know and not to do is not to _____.
 - a. Know
 - b. Understand
 - c. Be aware

8. Self-awareness is being aware of your _____ and _____.
 - a. Strengths and Weaknesses
 - b. Friends and Mentors
 - c. Education and Skills

9. Self-awareness is also realizing when you're doing something wrong or correct.
 - a. True
 - b. False

10. Being aware means, with all the material you learn, you're constantly seeing how you are applying it or aren't applying it, as well as, other people applying it or not applying it. This helps you learn the material.
 - a. True
 - b. False
11. My uncle would always ask me, "What did you observe?" It's key to always observe what happens in your life and what happens in other people's lives for you to learn.
 - a. True
 - b. False
12. When listening to somebody, you will be deceived by, what?
 - a. Your eyes; what you see and your ears; what you hear
 - b. Your mind; what you perceive and your nose; what you smell
 - c. Your ears; what you hear and your mind; what you perceive
13. What never deceives you?
 - a. What you see
 - b. What your friends tell you
 - c. What your mentor tells you
 - d. Your feelings
14. Many of the books on our Recommended Book List, do not line up perfectly with the Global Information Network training. It is there to help you with what?
 - a. Discernment
 - b. Your reading skills
 - c. Your focus
15. You don't want to let your eyes and ears affect whether you believe someone or something or disbelieve someone or something. You must always be following your feelings instead of the triggers from what you see or hear.
 - a. True
 - b. False
16. Your feelings and your thoughts sometimes are in conflict and don't line up.
 - a. True
 - b. False
17. We don't sing because we're happy. We're happy because we _____.
 - a. Dance
 - b. Sing
 - c. Happy
18. Dale Carnegie said, "If you want to feel enthusiastic, you must _____ enthusiastic."
 - a. Avoid everyone
 - b. Dream you're
 - c. Act

19. Your gut feelings are affected by what you see and hear and by your previous life's experiences.
 - a. True
 - b. False
20. What you see and hear and all of your past experiences effectively affect how you think as opposed on how you feel about things.
 - a. True
 - b. False
21. There are many things that can adversely affect or take away our ability to feel.
 - a. True
 - b. False
22. Things that can take away our ability to feel include non-prescription and prescription drugs, nutritional deficiencies, poor circulation, genetically modified food, commercially produced food with the herbicides, pesticides and various toxins, fluoride and chlorine in the water we bathe, shower and drink, electromagnetic chaos from electronic devices, etc.
 - a. True
 - b. False
23. What you think is a gut check could be something keying in, which could stop you from doing something very positive.
 - a. True
 - b. False
24. Sometimes a keyed-in thought is mistaken for a gut check or yellow light feeling.
 - a. True
 - b. False
25. Since you know that everybody's eyes and ears have an affect on how they perceive things, when you're dealing with people, it's always to your advantage to do what?
 - a. Dress and act in a professional manner that creates a good impression
 - b. Pay no attention to how you're groomed, dressed or speak
 - c. Pretend to be someone you are not
26. Through out your history, from the beginning of your time, everything you have seen, heard, smelt, touched or even thought about is permanently recorded on a multi-track memory system in your mind.
 - a. True
 - b. False
27. Negative energy or emotions can be trapped on your "time track."
 - a. True
 - b. False

28. Negative feelings are either something that is keyed-in or an old pattern. Two effective ways to stop this from occurring in the future is
- Use Callahan Technique (<http://www.rogercallahan.com/cmd.php?Clk=3375060>) and develop new positive habits, which establish new patterns
 - Try not to think about the bad things
 - Don't do anything to key in the old habits
29. How do you develop your ability to understand your feelings? (Knowing whether those feelings are pushing you in a certain direction.)
- Meditation
 - Use it and monitor the results
 - Fasting
30. Are there many things that you can do to help you think and feel clearer, so you can read your feelings better?
- Yes
 - No
31. Some of the things you can do to get clearer and read your feelings better other than using it and physically doing it, is meditation, fasting, cleansing, exercise, stretching, yoga, martial arts, rebounding, vibration plate, Callahan Techniques, etc.
- True
 - False
32. Thoughts are generally felt where in the body?
- Your gut
 - Your heart
 - Your head
33. Feelings are felt generally where in the body?
- Your heart
 - Your solar plexus
 - Your head
34. You should listen to your gut feelings instead of your thoughts and logical thinking process or opinions from experts and friends because your gut feelings pick up what is off the radar. Everything else picks up what's only on the radar. Your gut feeling is always correct.
- True
 - False
35. A phenomenon that will happen at some point during your journey up through the basic training of all twelve levels will be the realization that you can't believe how simple this all is.
- True
 - False
36. No one is going to do it for you. No one is coming to the rescue. No one is going to make your dreams come true. You have everything you need and you must take the bull by the horns and do it for yourself.
- True
 - False

37. There is no such thing as a wrong decision.
- True
 - False
38. Every decision you make simply gives you a result, which gives you clarification of what you want and what you don't want.
- True
 - False
39. When faced with a choice or a decision, there is always a third choice, which is what?
- Run as far away as possible
 - Wait
 - Write out pros and cons
40. It's all just energy, but all energy have different densities, intensities, and speed of particle flow.
- True
 - False
41. I am learning how to have, be or do anything and everything I want. When you read this statement, on a scale from 1-10, you should believe this is true at a level 10.
- True
 - False
42. I know how to have, be or do anything and everything I want. When you read this statement, on a scale from 1-10, at this point, you should be at a level 8, 9 or 10.
- True
 - False
43. I am having, being and doing anything and everything I want. When you read this statement, on a scale from 1-10, at this point, your belief should be 8, 9 or 10.
- True
 - False
44. There are three parts of GIN training, learning, knowing and actually being or achieving or utilizing what you've learned and now know in real life, creating results.
- True
 - False
45. You always have to have a high teachability index. You will never know it all, but you have to realize that, at this point, you know enough. This is the way to achieve. Believe that you know enough to get into the game and get results.
- True
 - False
46. A big area where people get stuck is they stay a student their whole life and never believe that they know enough to get into the game and start producing results.
- True
 - False

47. Two bad places to be at are thinking you don't know enough and thinking you know it all.
- True
 - False
48. Where do you learn the most?
- Seminars
 - Audios
 - Written material
 - Personal experience
49. You only learn from personal experiences if you have self-awareness, discernment, and are paying attention to what works and what doesn't work and the lessons you learn.
- True
 - False
50. When learning anything, at a certain point, you have to take that knowledge and engage, apply it and get into the game. This can be scary. You can be stuck. You can be hung up. You may find it difficult to get started. Is this phenomenon common?
- Yes
 - No
51. Level three discusses how to get started and what is holding us back.
- True
 - False
52. If you really want to achieve your dreams, the key is...
- Allow it to happen
 - Fight for it, go after it, do whatever it takes to get it
 - Realize that you may never achieve it in this lifetime
53. Successful people have as many or more problems as other folks. They are not people without problems. They have a lot of problems. The difference between successful people and unsuccessful people is they're learned how to what?
- Overcome their problems
 - Ignore their problems
 - Don't worry about their problems
54. You get something positive out of every result from every choice and decision even if it appears bad, you get to clarify what you want and don't want and you gain an important lesson. All experiences are thus positive.
- True
 - False
55. The first thing that is holding you back from taking this knowledge and applying it or stopping you from getting started with applying this in real life, is what?
- Your internal programs/patterns
 - Your physical energy
 - Your family

56. Programs basically come from decisions or postulates that you have made from a previous incident in your life.
- True
 - False
57. We have hundreds, thousands or even tens of thousands of these programs, which have been established by our previous decisions, which affect our thoughts and vibrations.
- True
 - False
58. The two areas where programs come from are events or experiences and people of authority telling us things.
- True
 - False
59. Another area where programs get established is from the programming of the media; newspapers, magazines, television, radio, movies, music, cartoons, etc.
- True
 - False
60. Another area that holds us back is programs from the field or collective consciousness or matrix.
- True
 - False
61. Edison and Einstein said the energy field surrounding the planet is called the ether.
- True
 - False
62. The energy field, collective consciousness, ether or matrix contains all of the thoughts and emotions from all the species on the planets; humans, animals, etc.
- True
 - False
63. All of your thoughts and vibrations are put in the energy field, collective consciousness, ether or matrix.
- True
 - False
64. On planet Earth, there are key points where thoughts, energies and vibrations can be put into the ether, energy field, collective consciousness or matrix with more intensity and power.
- True
 - False
65. Since we're connected to the field, the programs in the field (energy field, collective consciousness, ether or matrix) can hold us back.
- True
 - False

66. There are two types of programs in the field (energy field, collective consciousness, ether or matrix); the collective decisions, agreements or conclusions of the people on earth and the second group of programs in the field are those that are specifically put there by the controlling elite class.
- True
 - False
67. The programs in the field cannot control us, but they can affect our thinking. Only our thinking and our thoughts and our decisions and our conclusions control us and affect our physical body.
- True
 - False
68. Being plugged into the field and given access to all those programs can be helpful because it gives us access to all collective consciousness and knowledge.
- True
 - False
69. Being plugged into the field can be negative because it puts potentially negative thoughts into our mind, which could make us create negative thoughts, which would then hold us back.
- True
 - False
70. The third reason you don't take action is that you have a habit of breaking agreements.
- True
 - False
71. You can make an agreement with somebody else and you can make an agreement with yourself.
- True
 - False
72. When you break an agreement with yourself or somebody else, you go into a state of paralyzation and spiral downward.
- True
 - False
73. It's to your advantage that you make agreements with yourself that you will find easy to keep.
- True
 - False
74. There's a difference between breaking an agreement and making a decision consciously that you no longer want to keep an agreement.
- True
 - False
75. When you break an agreement, you must acknowledge that you broke the agreement and take responsibility.
- True
 - False

76. Changing a decision or renegotiating an agreement is different from breaking an agreement.
- True
 - False
77. Breaking an agreement is not doing what you agreed to and not acknowledging that you didn't do what you agreed to and not taking responsibility.
- True
 - False
78. Breaking an agreement activates negative programs.
- True
 - False
79. Breaking an agreement is simply not taking responsibility.
- True
 - False
80. Nobody is perfect and agreements will be broken. The key is simply acknowledging it and taking responsibility.
- True
 - False
81. All similar broken agreements are linked energetically in a chain thus creating a pattern of negative activity and results.
- True
 - False
82. By simply going back in time and finding an event or an experience where you broke an agreement, acknowledging it and taking responsibility, magically eliminates the negative effects of that broken agreement.
- True
 - False
83. Cleaning up broken agreements stops the cycle downward and stops you being affected by the negative programs in the field.
- True
 - False
84. There are a large number of programs being activated when you break an agreement, but basically they are stop programs, programs designed to stop you from achieving what you want in life.
- True
 - False
85. Breaking agreements is breaking agreements with other people or yourself.
- True
 - False

86. In relation to an agreement, it's always good to keep the agreement or if you can't, acknowledge it in advance and take full responsibility and make a new agreement that you can keep.
- True
 - False
87. It's perfectly okay to fail, make mistakes or break agreements. Nobody is perfect. The key is simply taking full responsibility and moving forward.
- True
 - False
88. There are five things that are stopping you from taking this knowledge and applying it. One is your programs based on the decisions and postulates you've made, second is from what people in authority told you, third is from programming from the media (newspapers, TV, radio, movies, music, etc.), fourth is programs from the field (energy field, collective consciousness, ether or matrix), which are both collective programs and specifically placed programs and fifth is broken agreements.
- True
 - False
89. It's important to clean up broken agreements from the past and it's important that on an ongoing basis to keep agreements that you make. This will help you move forward in life.
- True
 - False
90. Your programs have been instilled by the decisions you've made based on events, what was told to you by authority, what was programmed into you by the media, from the field (energy field, collective consciousness, ether or matrix), which are both collective programs and specifically placed programs and from broken agreements.
- True
 - False
91. These programs basically give you fears and insecurities that hold you back and keep you in a stop position or running a treadmill type of situation.
- True
 - False
92. How do you nullify the programs, neutralize the programs or stop them from running so that they don't affect you anymore?
- Using various energetic techniques to eliminate them (ie; Callahan Techniques www.rogercallahan.com/cmd.php?Clk=3375060, Steve Lewis's AIM Program AimProgram.com, Moryn Vital's Vital Balancing Program EnergeticBalancing.us, Dianetics, Scientology)
 - Keep a journal of everything that goes wrong
 - Ignore them and hope they go away

93. Programs cannot make you do anything. They do not affect the way we feel or affect our feelings or our emotional guidance system. They only affect our thoughts and we have the ability to except them or reject them.
- True
 - False
94. The simplest way to make all programs neutralized or impotent is by simply not listening to them.
- True
 - False
95. All programs are like voices in our heads telling us things. View this voice as a small ant or cockroach. When you hear these programs running, simply let the voice say everything it has to say and then say, "Cancel! Cancel!"
- True
 - False
96. The first element in dealing with programs is confronting it and acknowledging it. Then take full control and authority over it. Be at cause over it. Remember, you control the programs, they don't control you unless you allow it. By saying "cancel, cancel" and squashing the bug, you are taking back control over the programs and they no longer have any power or affect over you.
- True
 - False
97. After you've acknowledged the program then canceled that program, it's important to replace that program with a new program with a new decision and an empowering command.
- True
 - False
98. You always replace programs with a new program, but it must be a program that you can easily believe in.
- True
 - False
99. On all programs, you may also use the Callahan Technique to disempower the energy.
- True
 - False
100. Programs are like negative voices or thoughts in your head.
- True
 - False
101. Focusing on your dreams and new positive thought patterns also disempowers programs. That means, reading books everyday, listening to audios everyday, going to seminars and functions, building relationships with positive, enthusiastic, like-minded people and giving and receiving recognition helps disempower programs.
- True
 - False

102. Having dynamic health and high levels of vibrant physical energy helps you manifest your desires.
- True
 - False
103. Having vibrant, dynamic health and high levels of physical energy makes it easier to handle negative programs and overcome them.
- True
 - False
104. Steve Lewis's AIM Program (<http://aimprogram.com/>) and Mony Vital's Vital Balancing Program (<http://www.energeticbalancing.us/>) are excellent because energetically, they disempower all negative programs from the field, as well as, the ones you create.
- True
 - False
105. The way you know the difference between a negative thought and a gut feeling is feelings are always in the solar plexus and thoughts are generally in the head.
- True
 - False
106. Thoughts are generally above the solar plexus and mostly in the head.
- True
 - False
107. Sometimes we make too many agreements, too many commitments and said yes too many times to too many things people have asked us to do. At any point in time, it is perfectly okay to break all of them by taking responsibility and acknowledging them rather than feeling completely overwhelmed that you have to do everything you promised to do.
- True
 - False
108. If you can't keep an agreement, it's important to acknowledge it and confront it as soon as you know that you won't be able to keep it. That could be five minutes before or a month before, but the moment you know you can't keep the agreement, it's important to know that this is the significant moment in time to confront and acknowledge and take responsibility if you can't keep it. Then make a new agreement to keep your integrity. This will make sure no programs are keyed in and you won't go into a stop pattern or start spiraling downward.
- True
 - False
109. There's a phrase when you can't keep an agreement that is effective to use. It is, "I want to make it up to you."
- True
 - False

110. When you're trying to access information from your past, don't put your head down and close your eyes. It's better to keep your head up, look from left to right, up and down with your eyes not your head. Closing your eyes is okay. Ideally, your head is level, tilted up slightly when you're doing your eye movements to help access information from your past.
- True
 - False
111. The exercise is to think of agreements that you have broken in the past that you didn't acknowledge, apologize for breaking them and take responsibility for breaking them. Remember, an agreement is something you agreed to do or a commitment you made. When you think of these incidents or events in your past, in a new unit of time, you can now look back, acknowledge responsibility and apologize mentally. This blows the energy and corrects the problem.
- True
 - False
112. An important aspect of Level Three training is spending time, hours if need be, going back and cleaning up these broken agreements and broken commitments. This is a process that should never stop. Going on in the future, anytime you remember a broken agreement in the past, use this simple technique of remembering it, acknowledging it, apologizing for it, taking responsibility and then moving on and getting over it. The technique virtually takes less than a minute. It's important to do this on an ongoing basis.
- True
 - False
113. Taking responsibility for a broken commitment or agreement means that you accept that it's nobody's fault, but your own.
- True
 - False
114. When you disempower negative programs, you have more cause over your life and you have an easier time getting started on projects, completing projects and manifesting your dreams.
- True
 - False
115. When you're acknowledging broken agreements, do not disempower yourself by begging for forgiveness or saying you're sorry. It's better to just acknowledge it and take responsibility, while understanding that things happen and that an agreement sometimes cannot be met.
- True
 - False
116. Programs hold you back from success and they get you to self-sabotage yourself. They make you do something you shouldn't do or stop you from doing something you should do.
- True
 - False

117. When you keep agreements, make sure you recognize yourself and pat yourself on the back.
- a. True
 - b. False
118. When you don't follow through in an agreement, but you follow the procedure by acknowledging it and taking full responsibility, pat yourself on the back for that, as well, and recognize yourself for doing the right thing.
- a. True
 - b. False
119. The formula for success is...
- a. Be do have
 - b. Have be do
 - c. Do have be
120. Being is your thoughts, doing is the actions and having is the manifestation of your goals. When your thoughts are correct, you are motivated to act. Thoughts + Action = Success/Results.
- a. True
 - b. False