



**CONFIDENTIAL**

# **Global Information Network**

**Level Four Training Test - ANSWER KEY**

1. Your wish is whose command?
  - a. Your genie's
  - b. **My**
  - c. The universe
  
2. When you go through the training, you virtually have your own \_\_\_\_\_.
  - a. Family
  - b. **Personal genie**
  - c. Group of friends
  
3. The basic training teaches you what?
  - a. **How to have, be or do anything and everything you want. How to make your dreams come true. How to manifest your reality.**
  - b. How to make money.
  - c. The skills you need to survive in the world.
  
4. Who do you listen to?
  - a. Your family, who works hard and knows what the real world is really like.
  - b. **Someone who has what you want and has been where you are.**
  - c. Your best friend, who has always been there for you.
  
5. Who do you ultimately listen to?
  - a. Someone who has what you want and has been where you are.
  - b. Your family and friends, who know you better than anyone else.
  - c. **Yourself. Your own feelings.**
  
6. On a scale of one to ten, how would you rate your belief that this stuff actually works? 10 being the highest, 1 being the lowest.
  - a. \_\_\_\_\_
  
7. 99.9% of all the books and seminars and courses on how to make money are written by people who have made a lot of money or have not made a lot of money?
  - a. Generally, have made a lot of money
  - b. **Generally, have not made a lot of money**
  
8. Generally, where did these people make most of their money?
  - a. The ways their books, tapes & seminars say they did
  - b. **Selling books, tapes and seminars on how to make money**
  
9. If a super wealthy person wrote a book on how to make money, did they actually write the books themselves or did they have a ghost writer write it?
  - a. They did write the book. They did not have a ghost writer write it.
  - b. **They did not write the book. They had a ghost writer write it.**
  
10. If a super wealthy person wrote a book on how to make money, did they even read the book that they allegedly wrote?
  - a. Yes
  - b. **No**

11. The super wealthy believe that the ability to create wealth comes from \_\_\_\_\_.
- Working hard
  - Genetics
  - Intelligence
12. Members of secret societies kept the secrets between which two groups?
- Family and their peers in the same genetic makeup.
  - Bilderberg members and Illuminati members.
  - Themselves and the government
13. In these societies, how is training done?
- Some seminars and workshops, books, audios, observing other people, from your own experience, one on one communication, member to member, being an apprentice to a mentor.
  - Being an apprentice to a mentor
  - Intuition
14. What are the two variables in the teachability index?
- Willingness to make money and willingness to accept change
  - Willingness to learn and willingness to accept change
  - Willingness to learn and willingness to accept the teacher as a mentor
15. I don't know what \_\_\_\_\_
- Everyone else is talking about.
  - Is next in my life.
  - I don't know.
16. Will you ever totally "get it"?
- Yes. Eventually you definitely will.
  - No. You're always getting it.
17. If you want things in your life to change, you're going to have to \_\_\_\_\_.
- Change things in your life.
  - Make more money
  - Get smarter
18. The most important thing you need to change is what?
- The way you dress
  - The way you achieve your goal
  - The way you think
19. Does your teachability index change from time to time?
- Yes
  - No
20. Should you listen or should you wait for your turn to talk?
- Listen
  - Wait for your turn to talk

21. If you're not growing, you're what?
- Happy
  - Dying
  - Not Learning
22. How do you know you have a high teachability index?
- By the amount of time you put into studying the material
  - What you are willing to sacrifice and give up
  - By how much money you make
23. How much time are you willing to put in? How much money are you willing to put in? What are you willing to give up?
- Nothing
  - Just enough time to keep me busy when I'm bored
  - Whatever it takes
24. You must master the step you're on before you get to \_\_\_\_\_.
- The next step
  - Go to the bank
  - Feel good
25. Only focus on learning the next logical \_\_\_\_\_.
- Solution
  - Step
26. Success Builds \_\_\_\_\_.
- Strength
  - Wealth
  - Confidence
27. Confidence creates \_\_\_\_\_.
- Activity
  - Success
  - Wealth
28. Activity creates \_\_\_\_\_.
- Habits
  - Activity
  - Success
29. What's the optimal length of time to listen to CD's or do training?
- 5 minutes
  - 20 minutes
  - 1 hour
  - 5 hours
30. What kind of music should you listen to while learning new information?
- Renaissance Classical Music
  - Baroque Classical Music
  - Medieval Classical Music

31. How often should you focus on the teachability index?
- Three times a day
  - Everyday
  - Every other day
  - One a week
32. How do you eat an elephant?
- With a fork and knife
  - One bite at a time
  - With friends
33. Go as far as you can see and when you get there, \_\_\_\_\_
- You'll see further
  - You'll feel better
  - Rest and think about what you've just done
34. Please cross out any words that do not belong on each side of the training balance scale.
- The Why (Attitude)
    - Thoughts, Thinking, Desires, Attitude, Mental Processes, Objectives, Goals, Dreams, Activity, Vibration, Intention, The System, Energy, Emotions, How You Feel, Motivation, Enthusiasm, Chief Aim
  - The How (Action)
    - Actions, Chief Aim, Activities, Physical Movements, What You Do, Thoughts, Strategies, Techniques, Skills, Sleep, Action Steps, Plans, Activities
35. What side of the training balance scale is 90% of success?
- The first side. The Attitude side.
  - The second side. The Action side.
36. Thinking about the \_\_\_\_\_ can almost guarantee failure.
- The how
  - The why
  - The where
37. To be successful you must know "how to do something", you must know techniques and you must have skills.
- True
  - False
38. All successful people did not know "the how." Rather, they knew what they wanted, instead of "how" to achieve it.
- True
  - False
39. When your attitude is right, \_\_\_\_\_
- The facts don't count
  - The facts count
  - You feel good

40. The above statement is true because what most people think are facts are actually \_\_\_\_\_
- Changeable
  - Opinions
41. Who bought up all the ships at the end of World War II and became the richest man in the world?
- Andrew Carnegie
  - Aristotle Onassis
  - J. Paul Getty
42. The wealthiest man in the world to first to release this information to the masses was:
- Andrew Carnegie
  - Aristotle Onassis
  - J. Paul Getty
43. The person he used to publish the works, first revealing this information, was:
- Aristotle Onassis
  - Henry Ford
  - Napoleon Hill
44. The first book written that revealed Andrew Carnegie's material was what?
- The Strangest Secret
  - The Law of Success in 16 Lessons
  - Think And Grow Rich
  - The Go Getter
45. The first basic concept in Your Wish Is Your Command is...
- Who do you listen to?
  - Training Balance Scale
  - Teachability index
46. The second basic concept in Your Wish Is Your Command is...
- Who do you listen to?
  - Training Balance Scale
  - Teachability index
47. The third basic concept in Your Wish Is Your Command is...
- Who do you listen to?
  - Training Balance Scale
  - Teachability index
48. What are the four steps of learning?
- Think, ask, memorize, know
  - Unconscious incompetence, conscious incompetence, conscious competence, unconscious competence.
  - Read books, listen to audios, go to seminars, build relationships with like-minded people
49. Focus on your \_\_\_\_\_, not on the \_\_\_\_\_.
- Dreams. How.
  - Thoughts. Lessons.
  - Family. Money.

50. How do you get to unconscious competence?
- Doing it every now and then at the conscious competence level.
  - Doing it repetitively, over and over at the conscious competence level. And observing someone else do it.
  - Doing it repetitively, over and over at the conscious competence level, but not by observing someone else do it.
51. Success breeds \_\_\_\_\_.
- Success
  - Confidence
  - Wealth
52. What is created in the brain when you reach unconscious competence?
- Frequencies
  - Vibrations
  - Information
  - Neuropathways
53. The first two reasons people don't succeed are:
- They listen to the wrong people and have a low teachability index.
  - They listen to the right people, but have a low teachability index.
  - They have a high teachability index, but listen to the wrong people.
54. To know and not to do is \_\_\_\_\_.
- Being lazy
  - The definition of low teachability
  - Not to know
55. To be a master you must master \_\_\_\_\_.
- The Basics
  - Your Abilities
  - The master
56. A punch is not a punch. It is a \_\_\_\_\_.
- Slap
  - Light beating
  - Punch
57. I am not afraid of the 10,000 strikes you know you've practiced only once, I am afraid of
- The 10,000 strikes you know you've practiced a few times
  - The three strikes you know you've practiced 10,000 times
  - The one strike you know you've practiced 10,000 times
58. When can you stop focusing on and learning the basics?
- Never
  - After you get to level 12
  - When you "know" the basics

59. What is the best way to really learn this information?
- By reading and listening to audios
  - By going to seminars
  - By teaching it
60. Who do you teach it to?
- Yourself and others
  - Just family members
  - GIN members
61. Why is it important to read books or listen to audios over and over again?
- Because it will allow you to hear the subliminal messages
  - Even though you are the same person every time you listen or read, you get new discoveries, cognitions and realizations.
  - Because you are a different person every time you listen or read and you get new discoveries, cognitions and realizations.
  - You need to be able to memorize the information in order to succeed
62. What is the fifth basic concept in Your Wish Is Your Command?
- Master the first two basics.
  - Master the first three basics.
  - Master the first four basics.
63. When you think you've got it, it means you have a \_\_\_\_\_.
- High teachability index
  - Low teachability index
64. What is the strangest secret?
- You become what you think about most of the time
  - The Law of Attraction
  - Think and Grow Rich
65. Who wrote it?
- Earl Nightingale
  - Zig Ziglar
  - Napoleon Hill
66. Napoleon Hill says, "Whatever the mind of man can conceive \_\_\_\_\_."
- You can find it in a book
  - Someone else has conceived the exact same thing
  - And bring itself to believe, it can achieve.
67. Have you watched the DVD and read the book, *The Secret*?
- Yes
  - No
68. In the movie & book, *The Secret*, what law was described?
- The Law of Success
  - The Law of Attraction
  - The Law of Prosperity

69. Can you have, be, or do anything and everything you want?
- Yes
  - No
70. The brain is a \_\_\_\_\_ and \_\_\_\_\_ of frequency, vibration or energy.
- Transmitter / Receiver
  - Holder / Keeper
  - Keeper / Receiver
71. Everything in the universe is made up of the same thing. What is it?
- Energy
  - Oxygen
  - H<sub>2</sub>O
72. If you continue to think like you've always thought, you'll \_\_\_\_\_
- Fail
  - Eventually get what you want. You just have to!
  - Continue to get what you've always got.
73. Your brain puts out \_\_\_\_\_ that affect physical matter.
- Thoughts
  - Information
  - Frequencies
74. Your brainwave frequencies \_\_\_\_\_ instantaneously.
- Travel
  - Stop
  - Circle
75. Unlike radio transmissions, your brainwave frequency transmissions do not travel in a...
- A straight line
  - Very fast
  - With much intensity
76. The most powerful transmitter and receiver of frequency or vibration is your \_\_\_\_\_.
- Heart
  - Mouth
  - Brain
77. The fastest transmitter and receiver of frequency or vibration is also your \_\_\_\_\_.
- Heart
  - Mouth
  - Brain
78. What happens when you emit a frequency?
- That exact same frequency is drawn to you
  - A different frequency is drawn to you
  - You get tired

79. What is the genie that will grant your every wish?
- Your mentor or guru
  - You or your brain or your mind
80. Are some laws senior to other laws?
- Yes
  - No
81. What is an example?
- The law of lift is senior to the law of gravity
  - The law of attraction is senior to no other physical laws
  - The law of lift is senior to the law of attraction
82. Have you watched the movie, *What The Bleep Do We Know?*
- Yes
  - No
83. In the movie, *What The Bleep Do We Know*, what substance was tested to show that thoughts affect physical matter?
- Brainwaves
  - Water
  - Blocks
84. Everything is \_\_\_\_\_ing at a different \_\_\_\_\_
- Energy vibrating / frequency
  - Frequency vibrating / energy
  - Frequency vibrating / strength
85. When we transmit frequencies, it's picked up by \_\_\_\_\_ and affects \_\_\_\_\_.
- The universe / Other brains
  - Other brains / Physical matter
  - Other brains/ The universe
  - The universe/ Physical matter
86. Your brain frequencies travel instantaneously and have the same intensity no matter the distance.
- True
  - False
87. All physical laws are really just \_\_\_\_\_.
- Opinions
  - Suggestions
  - Agreements
88. The most senior law, which supersedes every physical law is the \_\_\_\_\_.
- Law of gravity
  - Law of attraction
  - Murphy's law

89. Every vibration you transmit is being attracted to you. The speed in which you will receive what you are transmitting is determined by what three factors:
- The intensity of your transmission, how often you're transmitting that frequency and if there is any resistance.
  - The intensity of your transmission, if there is any interference and if you have enough time.
  - The intensity of your vibration, how often you're transmitting that vibration and if there is any other vibration blocking it.
90. The Law of Attraction works whether you are consciously applying it or not.
- True
  - False
91. Everything you think about, every emotion you feel is a vibration being transmitted. Therefore you and only you create your \_\_\_\_\_.
- Knowledge Bank
  - Success
  - Reality
92. What you want \_\_\_\_\_.
- May never happen
  - May never actually exist
  - Wants you.
93. Anything you can dream, anything you can image, anything you desire you can have provided you believe it without \_\_\_\_\_.
- Other people interfering
  - Doubt
94. When you put out a \_\_\_\_\_, the universe moves heaven and earth and provides people, situations and events to grant you your desires.
- Vibration
  - Loud yell
95. Napoleon Hill's secret to success is defining your \_\_\_\_\_ and get a \_\_\_\_\_ \_\_\_\_\_ for its achievement.
- Goals / Lot of money
  - Dream / Burning desire
  - Chief Aim / Strong need
96. The number one goal you should always be shooting for is \_\_\_\_\_.
- To feel good now
  - To become financial free
  - To be successful
97. Your goal should be feel as good as you can right now.
- True
  - False

98. Your goal should be keep feeling even better.
- True
  - False
99. When defining your dreams you can do so in what three ways?
- Very specific, general and focus on the feeling
  - Very specific, general and focus on the money
  - Specific, very specific and focus on specifying your dream even more
100. Thoughts are \_\_\_\_\_.
- Things
  - Useless
  - My enemy
101. When your attitude is right, \_\_\_\_\_.
- The facts count
  - The facts kind of count
  - The facts don't count
102. What's on your radar screen represents 1% of the possibilities. Where is the other 99%?
- Does not exist
  - Off the radar screen
  - Right in front of you
103. What is the one thing that stops what you're focusing on from coming into your experience?
- Your parents or siblings or children
  - Doubt or disbelief or focusing on the lack of it
  - A loud noise or cold breeze
104. A dream or desire is in a sweet spot when what two things occur?
- The dream is big enough to excite you and small enough that you believe you will get it.
  - The dream is not big, so you believe you will get it. The dream is so big you think about it a lot.
  - The dream is big enough to excite you and there is doubt you won't get it
105. How do you know your dream is in the sweet spot?
- You feel okay when you think about it
  - You feel really good when you think about it
  - You feel a little sad that you don't have it yet
106. When writing down your goals and dreams, what two things are most important?
- White Paper. Black Ink.
  - White Paper. Blue Ink.
  - White Paper. Red Ink.
107. The difference between outrageously successful people and you is what?
- The size of your dream and time
  - The size of your dream and bank account
  - The size of your bank account and time

108. List the two ways to do dream building.
- Look at pictures and physically go look and touch things
  - Dream about looking at pictures and looking and touching things
  - Pretend it's right in front of you. Talk to it.
109. Your income will be what?
- Half of the amount your five best friends make
  - The average of your five best friends
  - Two times the amount your five best friends make
110. What should you have to help you focus on your dreams?
- Dream book and dream board
  - Writing it down 100 times a day
  - Sleep with audio tapes playing
111. When picturing and visualizing your dreams, what are three key elements?
- See your family in the picture, visualize your dream through your their eyes, feel the emotions of them having it.
  - See yourself in the picture, visualize your dream through your own eyes, feel the emotions of having it.
  - See yourself in the picture and feel the emotions of having it.
112. When you think of your dream and you're not in the sweet spot, how do you know?
- You still feel good
  - You feel unaffected
  - You feel bad.
113. When you think of your dream and feel bad, this means what?
- You're thinking about the lack of it and you don't believe you'll get it.
  - You're not thinking about the right dream for you.
  - Other thoughts are getting in the way
114. The ideal feeling to have when thinking about what you want is what?
- An intense positive emotion
  - The feeling that you haven't gotten it yet, but you may one day
  - The feeling that you've already got it and not caring that you don't have it yet
115. Do you subscribe to The Robb Report magazine?
- Yes
  - No
116. Do you subscribe to the duPont Registry magazine?
- Yes
  - No
117. Do you subscribe to Architectural Digest magazine?
- Yes
  - No

118. Do you subscribe to any other dream building magazines on such subjects as, yachting, travel, homes, jewelry, clothing, etc?
- Yes
  - No
119. Success is a \_\_\_\_\_ away.
- Step
  - Hop
  - Decision
120. Success is the progressive \_\_\_\_\_.
- Realization of a worthwhile dream
  - Realization of money in your pocket
  - Realization of having no fear
121. The universe will always give you circumstances, situations, people and events that match the \_\_\_\_\_ you are vibrating
- Pictures
  - Words
  - Feeling
122. The 10 second miracle is what?
- Taking 100% responsibility for everything in your life
  - Blaming your problems on other people
  - Imagining your dream and thinking positive
123. Eliminating mysticism is what?
- Blaming only the people who are really causing problems in your life and taking 100% responsibility for your life.
  - Not blaming any outside influences for what's happening in your life. It's taking 100% responsibility for everything in your life
  - Blaming everyone else for what has gone wrong in your life and kicking them out of your life for good!
124. You're empowered when you believe and realize you have 100% control and responsibility for everything that happens in your life. You are disempowered when you believe:
- You're a victim and you have limited control over what happens in your life.
  - It's your parents who made you this way
  - You are 100% in control of only some areas of your life
  - All of the above
125. How do you increase burning desire?
- Increase action
  - Reduce doubt and increase belief that you'll get it
126. Doubt is basically what?
- Thinking about "the how." Only focusing on your radar screen.
  - Not knowing enough training

127. The number one goal everyday and in all situations is what?
- Make money
  - Live like there is no tomorrow
  - Boast about your success
  - Feel good
128. There are only two basic feelings and varying degrees of each. They are what?
- Feeling good and feeling better
  - Feeling good and feeling bad
  - Feeling bad and feeling worse
129. Worrying is basically what?
- Thinking about what you don't want to happen and what you do want to happen
  - Negative goal setting and thinking about what you don't want to happen
  - Goal setting with caution
130. If you're feeling bad, what should you basically do?
- Dance
  - Cry
  - Dwell on the feeling
  - Anything that makes you feel better.
131. Over time, all of your negative thinking has created what?
- A black ball of negative energy and neuropathways that vibrate negative frequencies
  - A life of guilt and negative goal setting
  - Disease and illness within your body
132. The magical moment in your life will happen when what occurs?
- The positive energy ball becomes bigger than the negative energy ball
  - The negative energy ball becomes bigger than the positive energy ball
  - The positive energy ball becomes smaller than the negative energy ball
133. A powerful statement is, I'm going to do it \_\_\_\_\_.
- That's all. Exclamation mark.
  - That's it. Period.
  - Right? So, shut up.
134. Go as far as you can see \_\_\_\_\_.
- Then stop. There's nowhere else to go.
  - And just relax. You've finally made it.
  - And when you get there, you'll see further.
135. Three things you should be doing everyday:
- Listening to audios, reading books, focusing and thinking about your dreams and what you want.
  - Listening to audios, talking to family members, focusing and thinking about your dreams and what you want.
  - Listening to audios, dancing, focusing and thinking about your dreams and what you want.

136. Every time you think a thought, what happens?
- Your vibration affects someone else
  - Your brain broadcasts a frequency
  - The law of attraction is building you a new dream
137. Thoughts first attract what?
- Emotions
  - Action
  - Other like-minded thoughts
138. How do you know if you are thinking good or bad thoughts?
- The amount of things you are attracting
  - How you feel
  - What you're doing
139. Do you have a dream book?
- Yes
  - No
140. Do you have a dream board?
- Yes
  - No
141. Do you have a specific chief aim?
- Yes
  - No
142. Do you know what your chief aim is as sure as you know what your own name is?
- Yes
  - No
143. Something magical happens when you type your dreams on a piece of paper or in a computer.
- True
  - False
144. How do you get something magical to happen when writing your dreams?
- Write it on a white piece of paper with blue ink
  - Write it on a white piece of paper with black ink
  - Write it on a white piece of paper with red ink
145. When getting pictures of your dreams, how do you make the pictures more powerful?
- Put the picture on the wall
  - Put yourself in the picture
  - Put the picture in your car and on a mirror
146. When you have a dream of something tangible and specific you want, how do you make it more real?
- Draw it on a piece of paper
  - Take a picture of it
  - Physically touch it

147. Should you be looking at pictures of what you want all throughout the day?
- Yes
  - No
148. When are the two best times to focus on your dreams?
- First thing in the morning and right before you go to bed
  - First thing in the morning and right before lunch
  - Right before lunch and right before dinner
  - Right before you go to bed and right after you have breakfast
149. You must believe it before you \_\_\_\_\_.
- See it or have it
  - Can buy it
  - Can have someone else buy it for you
150. What you really, really, really want, you \_\_\_\_\_.
- REALLY want!
  - Get
  - Buy
151. What you really, really, really **don't** want, you \_\_\_\_\_.
- Don't want!
  - Want
  - Don't get
  - Get
152. In order to make your dreams come true, do less \_\_\_\_\_ and more \_\_\_\_\_.
- Complaining / Action
  - Actions/ Thinking
  - Thinking / Action
153. When your dream is in the sweet spot and your thinking is correct, any actions you do will have specific phenomenons:
- You will like doing the actions and it won't feel like a lot of work and you get great satisfaction.
  - You will love doing the actions and it won't feel like work and you get great results.
  - You will love doing the actions, it feels like work, but you get great satisfaction.
154. What are the two major indicators that your thinking is correct?
- How you feel. What you say.
  - How you sleep. What you are getting.
  - What people tell you. How you look.
155. Ideally, in most situations, should you put a time frame on your goal, dream or objective?
- Yes
  - No
156. In life you have to care, \_\_\_\_\_.
- Because someone needs to know you do.
  - But not that much
  - That's it. Period.

157. When you're focusing on your dream and you're in the sweet spot, the first thing you attract is what?
- Like-minded thoughts
  - The specific goal you were focusing on or something similar that gives you the feeling you were emitting
  - Circumstances, people, events and situations that bring you closer to what you want
158. The second thing you attract is what?
- Like-minded thoughts
  - The specific goal you were focusing on or something similar that gives you the feeling you were emitting
  - Circumstances, people, events and situations that bring you closer to what you want
159. The third thing you attract is what?
- Like-minded thoughts
  - The specific goal you were focusing on or something similar that gives you the feeling you were emitting
  - Circumstances, people, events and situations that bring you closer to what you want
160. When things are not going well, what's the number one advantage you have?
- The ability to blame it on others
  - You get to clarify specifically what you want and eliminate the people or things that are to blame for things not going well.
  - You get to clarify specifically what you want and focus on exactly what you want because you know what you don't want.
161. In every bad or negative situation, the most important thing you must first do is what?
- Eliminate the people or things that are to blame for things not going well.
  - Be thankful and grateful and know that this is working to your advantage
  - Think about yourself and make sure you're okay
162. If you're feeling bad, your objective is not to feel fantastic. What is your objective?
- To feel a little better and move up on the emotional tone scale
  - To keep feeling bad. It will help you focus.
  - To push down the bad feelings and pretend to be happy.
163. You can predict the future because \_\_\_\_\_.
- You are the future
  - You have gone to a physic
  - You are creating the future you want
164. If you want lots of money, what's the first most important thing you must do?
- Ask for it
  - Want money
  - Work hard
165. Never focus on what you don't want, you should always be focusing on what?
- What you do want
  - What you have
  - What your friend has

166. When focusing on your chief aim, a good way to describe the intensity of your focus is what?
- Insanity
  - Super duper passion
  - Magnificent obsession
167. When you decided you want money, the three key elements that will allow you to achieve your goal are...
- The specific amount of money you want, exactly what you will do with the money, the feeling you will get when you have the money you desire.
  - The specific amount of money you need, exactly what bills you pay with the money, the companies you need to pay off.
  - Holding the money in your hand, taking a picture of the money and posting the pictures everywhere you look.
168. When you have an emotional upset, feel terrible or are under any stress, what is the fastest, most effective technique to eliminate those feelings?
- Thought Field Therapy/ The Callahan Technique
  - MindUSA / Subliminal Messaging
  - Rebounding with a ReboundAIR
169. If you think you can or you think you can't \_\_\_\_\_.
- You probably can't
  - Either way, you are right. It's the thinking that makes it so.
  - Someone else is doing it better and faster
170. Which is more important? Perseverance or Intelligence?
- Perseverance
  - Intelligence
171. The super rich are lucky because they create their own \_\_\_\_\_.
- Cash flow
  - Circumstances
  - Luck
172. Do the super rich take risks and gamble?
- Yes
  - No
173. In business, the super rich know what very intimately well?
- The amount of money in their bank account
  - The stock market numbers
  - The market in which they are involved with
174. The \_\_\_\_\_ focus obsessively and work, work, work! (*which is defined as achieving their goals*)
- Super rich
  - Super poor
  - Average Joe

175. Bill Gates' three steps to success are:
- Timing, depth of vision, massive and immediate action
  - Thought, vision, action
  - Timing, depth of thought, slow and steady action
176. Using depth of vision, if you were to look at an acorn, what would you see?
- An acorn
  - A squirrel with a family
  - A forest or housing or anything wood makes
177. The bottom line is, it's not really about the money, it's about what?
- The feeling the money gives you
  - Your family
  - The money. Let's be honest.
178. You can work and earn money or you can have money\_\_\_\_\_ and \_\_\_\_\_.
- Sit / Work for you
  - Work / Make money for you
  - Wasted / Save money for you
179. Live within your means is a myth. What is correct?
- Live above your means
  - Live below your means
180. Debt is bad, but what is good?
- Loans
  - Credit
  - Low interest rates
181. Debt can be defined as:
- Money borrowed against depreciating assets
  - A sum of money due to a person
  - Using other people's money to make money or buying appreciating assets
182. Credit can be defined as:
- Using other people's money to make money or buying appreciating assets
  - Money borrowed against depreciating assets
  - An amount of money borrowed and owed by one party to another.
183. Energy around money always flows easier when you are:
- Pretending and imaging you aren't in debt
  - Out of debt, debt free or in the process of reducing debt
  - In debt and are okay with it
184. A penny saved is \_\_\_\_\_.
- A joke
  - Not enough to really buy anything
  - A penny earned

185. Save money for a \_\_\_\_\_.
- Party
  - Your dream
  - Rainy day
186. Reducing expenses automatically puts money in your pocket. The two easiest and fastest ways to reduce expenses are \_\_\_\_\_ and \_\_\_\_\_.
- Stocks and bonds
  - Taxes and insurance
  - Stop spending money and quit a bad habit
187. Leaders are always \_\_\_\_\_.
- Readers
  - Builders
  - Masters
188. Dale Carnegie's most famous book is entitled \_\_\_\_\_.
- How to Win Friends and Influence People
  - The Secret
  - The Go Getter
189. Generally speaking, super wealthy people have what type of personality?
- A pleasing personality
  - A passionate personality
  - A snobby personality
190. Successful people conduct business with other successful people. They have the following three skills:
- Education, communication, negotiation
  - Negotiation, communication, sales or persuasion
  - Education, likeability, communication
191. God gave you two ears and one mouth, \_\_\_\_\_.
- Take care of both
  - Clean them daily
  - Use them proportionately
192. There are six honest serving men and I'll use them until I die. Choose the answer that is in the correct order:
- What when where who how why
  - What when how who when where
  - How what why when where who
193. The most effective one-on-one communicators do these two things often:
- Ask questions and listen
  - Ask questions and pretend you're listening
  - Listen and pretend you care

194. When trying to get someone to buy your ideas generally they will say no how many times before they convert to a yes?
- Two
  - Seven
  - Ten
195. You can't manage time, but can you manage your \_\_\_\_\_.
- Priorities
  - Money
  - Thoughts
196. The system that all successful people are a part of includes:
- Reading books every other day, listening to audios every other day, developing relationships, participating in receiving recognition.
  - Reading books every day, listening to audios every day, going to events, meetings, functions, seminars on a regular basis, developing relationships, participating in both giving and receiving recognition.
  - Reading books every day, exercising every day, going to events, meetings, functions, seminars on a regular basis, developing relationships, participating in both giving and receiving recognition.
197. Aristotle Onassis said if he was flat broke, he would do one thing that would reestablish his wealth. What is it?
- Associate with poor people
  - Associate with middle class people
  - Associate with wealthy people
198. Looking at what you \_\_\_\_\_ helps you clarify and define what you do want.
- Want
  - Don't want
  - Think about
199. Besides using Thought Field Therapy when you're feeling bad, what are some quick things you can do to change the way you feel fast?
- Change your physiology, such as, stand straight, push your chest out, smile, laugh, walk faster, etc
  - Have a drink or take drugs, smile, laugh, walk faster and look for the changes
  - Read a book, listen to an audio or call a friend, smile, laugh, walk faster and proceed with caution
200. Did Thomas Edison fail 10,000 times trying to create the incandescent light bulb?
- Yes. Yes he did.
  - No, he only failed 5,000 times
  - No, he successfully found 10,000 ways it would not work
201. In order to be successful, do you have to be right the majority of the time?
- Yes. Yes you do
  - No, you only have to be right once
  - No, you only have to be right at least twice

202. People who succeed at achieving success in something, such as Babe Ruth hitting lots of home runs, Ty Cobb stealing lots of bases, Wayne Gretzky getting lots of goals in hockey, Michael Jordan scoring lots of points, all have one other thing in common. What is it?
- They failed attempting to do those things more than anyone else
  - They are super talented!
  - They took performance enhancing drugs
203. When you get a chief specific aim, it makes you do what?
- Jump for joy
  - Focus
  - Want to help others
204. How do you know if you should continue doing something if you're not seeing results and move on to something else?
- If you're make a lot of money. Trust your feelings. If you're no longer making money, consider a change.
  - If you're having fun doing what you're doing, continue doing it. If it's no longer fun, consider a change.
  - If you're trying to prove that you are a success to someone who doubted you.
205. The number one reason people are not motivated is what?
- They don't have a chief aim, goal or specific thing they are shooting for.
  - Their chief aim or goal is too big
  - They are just lazy or overworked
206. When is a person the happiest?
- When they are being recognized
  - When they are in the process of achieving their specific dream
  - When they achieve their dream
207. Success is the progressive \_\_\_\_\_.
- Realization of a worthwhile dream
  - Realization of money in your pocket
  - Realization of having no fear
208. Success is a journey \_\_\_\_\_.
- Not a destination
  - So have fun!
  - To great wealth.
209. Always follow your \_\_\_\_\_.
- Heart
  - Brain
  - Bliss
210. A positive attitude can't make you do anything, but it will \_\_\_\_\_.
- Make you do everything better than with a negative attitude
  - Improve you social skills
  - Will give you more opportunities to success

211. Negative thoughts first attract what?
- Positive thoughts
  - Better thoughts
  - More negative thoughts
212. We put limits upon ourselves, self imposed limitations and have beliefs that hold us back. They are false. Could you describe the elephant story, the Houdini story and the flea training story?
- Yes
  - No
213. Fear is an acronym that stands for F \_\_\_\_\_ E \_\_\_\_\_ A \_\_\_\_\_ R \_\_\_\_\_.
- Future Events Appearing Real
  - False Evidence Appearing Real
  - Finding Excuses And Reasons
  - Frantic Effort to Avoid Reality
214. In reality, are there such things as bad events?
- Yes
  - No
215. Could you describe the story of the man in China, who had a son, which shows that there is no such thing as bad events?
- Yes
  - No
216. The number one reason why people don't achieve their dreams is what?
- They don't have a specific dream or goal.
  - Their dream or goal is too big.
  - Their dream or goal is too specific.
217. The second major reason someone doesn't achieve their dreams is what?
- They are focusing on the lack of it.
  - They don't have a specific dream or goal.
  - Their dream or goal is too big.
218. If you want something, for which there is an abundance of, such as a car, is it good to be very specific?
- Yes
  - No
219. If you want something from which it is limited, such as a specific house or a specific person to do something, is it better to be general?
- Yes
  - No
220. When you realize that you and only you create everything in your life, you also realize that no one is coming to the rescue.
- True
  - False

221. Your wish is at whose command?
- Your genie's
  - My
  - Your
222. You can have \_\_\_\_\_.
- What you want as long as you work hard.
  - Be or do anything and everything you want
  - A dream, but that doesn't mean it will come true.
223. What is the correct order of have, be, or do?
- Have, be, do
  - Do, be, have
  - Be, do, have
224. Does the Law of Attraction work only when you apply it consciously?
- Yes
  - No
225. Every time you listen to audios or read books, what happens?
- Your understanding of the material improves and your belief that you can do it goes up.
  - Your understanding of the material improves and your knowledge goes up
  - Your understanding of the material improves and it will keep improving as you memorize it.
226. Here is a list of the basic recommended books. Cross off the 5 incorrect titles.
- The Magic of Thinking Big, See you At The Top, The Giving Tree, Ask And It Shall Be Given, The Go Getter, The Road Less Traveled, Think And Grow Rich, The Law of Success in 16 Lessons, The New Psycho-Cybernetics, The Secret, Success in 30 Seconds, How to Win Friends and Influence People, The Magic of Believing, The Power of Positive Thinking, The Game of Work, Rich Dad, Poor Dad, Hung By The Tongue, To Be Or Not To Be, What You Say Is What You Get, The Tongue of Creative Force, 7 Habits of Highly Effective People
227. A graph or a chart with something specific, such as gross income, physically placed on the wall where you can see it all the time showing weekly results is effective why?
- It will show where you need to improve and who you need to fire
  - It allows you to focus on what's wrong with the business
  - It allows you to focus on what you want and your physical thoughts will make the graph go up.
228. The global elite class consists of two groups of people. Who are they?
- Those that add value to society and those that are parasites and live off the value production of others.
  - Those that add value to society and those in high government positions
  - Those in government and shape shifters

229. When you use these techniques and shoot for making money, when you finally make all the money you want, it's not the money you make, it's what?
- The feeling of the money in your hand
  - The person you become
  - The friends you've gained
230. Five minutes to learn \_\_\_\_\_.
- Hours to master
  - Days to master
  - Years to master
  - A lifetime to master.
231. Why do so many people who succeed lose what they have?
- Because they make really stupid decisions
  - Because someone in their company messes everything up
  - Because they stop focusing on what they want and start focusing on not losing what they have
232. How long does it take to change a negative vibration to a positive vibration?
- An instant
  - Minutes
  - Hours
  - Days
233. Faith is the \_\_\_\_\_.
- Substance of things hoped for, the evidence of things not seen.
  - Substance of things you have, the evidence of things in front of you.
  - Substance of things hoped for, the evidence of things you have.
234. If you got into a car accident, but was not thinking of a car accident, how did you, with your thoughts, create the car accident?
- The feeling you were vibrating created an event, the car crash, which created the same feeling. The universe will give you circumstances, situations, people, and events to mimic the feeling you're vibrating.
  - Someone else was vibrating those thoughts and you just happened to be in the way of those vibrations.
235. Every event that happens in your life, whether you perceive it as good or bad, is simply what?
- An indicator of what you are vibrating.
  - An indicator of what your life is coming to
  - An indicator that someone is in your way of success
236. The number one disease of the mind is what?
- Mysticism; believing that you do not have control over what happens in your life, but that outside influences control your life
  - Fantasizing; to conceive fanciful or extravagant notions, ideas, suppositions, or the like.
  - Depression; a condition of general emotional dejection and withdrawal; sadness greater and more prolonged than that warranted by any objective reason.

237. A good mantra to repeat is, Everyday in every way \_\_\_\_\_.
- I'm going to help others
  - I'm going to make more money
  - I'm getting better, better, and better
238. There are two reasons why people buy anything. First is because of advertising, the second is what?
- Internet message boards
  - Somebody told them about it; referrals.
  - Product placement in television shows and movies
239. Medical doctors and scientists say the mind cannot affect physical health. What "effect" do scientists and medical doctors believe, proves that, in fact, the mind does affect the body and physical health?
- The halo effect
  - The coattail effect
  - The placebo effect
  - The denomination effect
240. What's one fun activity that expands you as a person, expands your vision, expands possibilities and expands your dreams and is related to events?
- Read books and listen to audios
  - Travel; specifically international
  - Read about travel and watch international movies
241. Why do you need to read books, listen to audios and go to functions on a regular basis?
- You want to mask the real problem in your life
  - You have nothing better to do
  - You need to feed your mind constantly, just like you do with your body
242. The technique of listening to audios over and over again or reading books over and over again is called \_\_\_\_\_.
- Spaced repetition
  - Memorizing
  - Obsession
243. You truly know something when you know it as well as your own \_\_\_\_\_.
- Hand
  - Name
  - Street Address
244. When can you stop reading books, listening to audios and going to functions?
- When you absolutely HATE reading books, listening to audios and going to functions.
  - When you absolutely LOVE reading books, listening to audios and going to functions.
  - When you've memorized all of the books, audios and functions.
245. Is it proven that your thoughts can change your DNA?
- Yes
  - No

246. What's a simple definition of reframing?
- Looking at something from the same view point, so it changes its meaning.
  - Looking at something from a different view point or in a different way or putting a different frame around it, so it keeps the same meaning.
  - Looking at something from a different view point or in a different way or putting a different frame around it, so it changes its meaning.
247. In life you have to care \_\_\_\_\_.
- Way too much
  - A little more than usual to be successful
  - But not that much
248. \_\_\_\_\_ is feeling bad when somebody else is feeling bad. \_\_\_\_\_ is acknowledging that somebody feels bad, but you yourself do not feel bad.
- Sympathy / Empathy
  - Empathy / Sympathy
  - Negative Emotions/ Not Caring
249. Should you have sympathy or empathy?
- Sympathy
  - Empathy
250. What affects ocean tides, menstrual cycles in women, moods, blood flow?
- Vibrations and Energy
  - The Sun
  - The Moon
251. What outside of the earth affects satellites and electromagnetic flow on planet earth?
- Solar flares
  - The moon
  - Mars
  - Black holes
252. How do you eliminate darkness?
- Buy energy saving light bulbs
  - Turn on a light
  - Think really hard
253. You need to learn this material well enough to teach it and the way to learn it that well is to do what?
- Study VERY hard
  - Teach it
  - Memorize books and audios
254. Before you teach this to others, who do you teach it to first?
- Your significant other
  - A close friend
  - Yourself

255. You always have to take care of yourself first before you can help anyone else. A good analogy which makes its point is what?
- If someone is drowning in a river in the middle of winter and you don't want to get wet.
  - Someone has dropped a \$100 bill on the ground. You pick it up and put it in your pocket. You obviously need it more than they do or they would have protected it better.
  - When you're on an airplane, they tell you, in case of loss of cabin pressure, to put on your oxygen mask first before you assist your children.
256. Something that is "keyed in" or "triggered" is what?
- An uncontrollable irrational emotion
  - An controllable irrational emotion
  - An uncontrollable rational emotion
257. When you go to a weekend function, what is the most significant thing that could happen to a person?
- You get free stuff
  - You meet new people
  - You make a decision
258. When you go to a weekend function, what is permanently changed?
- Your photo album
  - Your vibration
  - Your bank account
259. Reading information and listening to information on audio and hearing information at a live event all are perceived differently and affect different quadrants of the brain.
- True
  - False
260. Given a choice to read a new book off the basic book list or reread a book on the basic book list, you should choose to read a new book.
- True
  - False
261. You can only build as high up as your \_\_\_\_\_.
- Dreams can imagine
  - Foundation is deep
  - City allows by law
262. Pete Rose was known for his hitting, but when Pete Rose first started in little league, how good of a hitter was he?
- He was an amazing hitter
  - He did alright for his age
  - He was a terrible hitter
263. Should you focus and practice on your strengths or weaknesses?
- Strengths
  - Weaknesses

264. Throughout this training you will be learning lots of new material, but you'll always be focusing on what?
- How to get to the next level
  - Who to talk to next
  - The basics/ the fundamentals
265. Who do you listen to morphs into what?
- Who do you get counsel from? Who do you get opinions from?
  - Who is actually going to help you move forward?
  - Why is this talking so long?
  - Who do you get money from to start your business?
266. Ultimately you only listen to who?
- Your family
  - Your guru
  - Yourself
267. Do you take orders and do what you're told from experts or authority figures, such as doctors, lawyers and accountants?
- Yes
  - No
268. You only take orders from \_\_\_\_\_.
- Yourself
  - Your family
  - Your boss
269. The Chinese proverb defining insanity is what?
- Insanity is defined as continuing to do different things expecting a different result.
  - Insanity is defined as continuing to do the same thing expecting a different result.
  - Insanity is defined as continuing to do different things expecting the same result.
270. If you continue to do what you've always done \_\_\_\_\_.
- Things will eventually get better. They just have to.
  - You'll continue to get what you've always got
  - Things will change in their own time
271. Many people don't have years of experience. They have one year of experience repeated over a number of years, so a salesman who says he has 25 years sales experience may have only one year of sales experience repeated how many times?
- Once
  - 5 times
  - 25 times
  - 50 times
272. In order for the training balance scale to be balanced, you don't put 50% of effort on each side. What percentage of it do you put on the attitude side?
- 30%
  - 90%
  - 100%

273. When your \_\_\_\_\_ is wrong, the actions you do to make your dreams come true will not create positive results.
- Dream
  - Result
  - Thinking
274. When your attitude is \_\_\_\_\_, any activity you do to make your dreams come true will be pleasurable and will create spectacular results with very little effort.
- Right
  - Negative
  - Normal
275. Donald Trump says there are two key elements to becoming successful. What are they?
- Love what you do and be born with it
  - Do it well or you're fired.
  - Love what you do and do it well.
276. Napoleon Hill's book, *Work Hard and Grow Rich*, tells the secret of success.
- True
  - False.
277. The correct title of Napoleon Hill's book is \_\_\_\_\_ and *Grow Rich*.
- Hurry
  - Think
  - Dream
278. Self awareness is a key common denominator of all successful people. Self awareness can be defined as having the ability to do two things; to be aware of your \_\_\_\_\_ and be aware of your \_\_\_\_\_.
- Strengths/ Weaknesses
  - Dreams / Chief Aim
  - Environment / Thoughts
279. In the Universe, everything is ultimately \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.
- Energy, frequency, vibration
  - Water, land, air
  - Planets, stars, life
280. The brain/mind does two basic things; \_\_\_\_\_ and \_\_\_\_\_ frequency or vibration.
- Broadcasts / Receives
  - Remembers / Forgets
  - Receives / Keeps
281. If somebody else is broadcasting negative frequency toward you, does it control your physical body or what happens in your life?
- Yes
  - No

282. If a person is broadcasting negative frequencies toward you, what does it influence?
- The person next to you
  - Your thoughts
  - No one
283. What is the only frequency that can affect you and create your own reality?
- Radio frequencies
  - The frequencies you create and broadcast and generate
  - The frequencies someone else creates and broadcasts and generates
284. Do somebody else's negative thoughts about you have any effect on you?
- Ultimately yes
  - Ultimately no
285. What is the failure disease?
- Failuritis
  - Excusitis
  - Loseritis
286. What leads to hardening of the attitudes?
- Rude people
  - Lack of support
  - Stinkin' thinkin'
287. What device is useful at neutralizing negative energy from other people and machines?
- ePendant
  - Your fist
  - Microwaves
288. Napoleon Hill's phrase 'chief aim' is also described as \_\_\_\_\_ of \_\_\_\_\_.
- Singleness / purpose
  - Lifetime / dreams
  - Dreaming / happiness
289. When you are truly focused on your chief aim and have singleness of purpose, it can be said that you have a/an \_\_\_\_\_.
- Goal
  - Excitement
  - Obsession
290. \_\_\_\_\_ + \_\_\_\_\_ = Success
- Wealth + Women
  - Thoughts + Activity
  - Failure + Strive
291. Success is a \_\_\_\_\_ away
- Mile
  - Long way
  - Decision

292. The facts don't count when \_\_\_\_\_.
- You keep failing
  - Everyone else says the facts are wrong
  - Your attitude is right
293. The law that allows you to create your own reality is what law?
- Law of Gravity
  - Law of Physics
  - Law of Attraction
  - Murphy's Law
294. Earl Nightingale rephrased the Law of Attraction by calling it *The Strangest Secret*, you...
- Become what you want to be if you work hard
  - Become what you think about most of the time.
  - Become successful with the right friends
295. Taking 100% responsibility for everything that happens in your life is called what?
- The 10 or 5 Minute Miracle
  - The 10 or 5 Second Miracle
  - The 10 or 5 Day Miracle
296. Napoleon Hill says, there are two things you need to do to achieve what you want in life. What are they?
- Define your dream and get a burning desire for its achievement
  - Define your dream and get a lot of friends to work on it with you
  - Define your dream and get a bank loan
297. When thinking a negative thought, what word do you repeat two times to neutralize it?
- Cancel! Cancel!
  - No! No!
  - Stop! Stop!
298. What should you call problems instead of problems?
- Habits/ Issues/ Annoyances
  - Nightmares/ Illusions/Fabrications
  - Situations/Challenges/Opportunities
299. Ed Foreman asks the question, "How are you?" What is the best response?
- Fine
  - Terrific!!!
  - Super okay, but I should be better by lunch
300. It's common to say in the midst of a crisis, "Someday we'll look back at this and laugh." If this is true, what's a good thing to do in a midst of a crisis?
- Laugh. Why wait?
  - Pretend
  - Cry

301. If you want to be successful, do the right things \_\_\_\_\_.
- That's it. Period.
  - Long enough consistently
  - And avoid negative situations
302. A. L. Williams, the founder of the insurance company, was noted for saying to people "\_\_\_\_\_!"
- You're fired!
  - Do it now!
  - Good job!
303. Successful people are always too busy doing \_\_\_\_\_.
- What the other people are still talking about
  - Everyone else's work
  - Work to care about anyone else
304. Successful people are always willing to do what the other guys \_\_\_\_\_.
- Aren't doing
  - Are doing
  - Are too good to do
305. Successful people are always willing to do what other people think is \_\_\_\_\_.
- Stupid
  - Inconvenient
  - Convenient
306. We don't sing because we're happy, we \_\_\_\_\_.
- Dance!
  - Are happy because we sing.
  - Sing because we want to.
307. When you make a decision or commitment, how soon must you take action or you'll spiral downward?
- Within 24 hours
  - Within 48 hours
  - Within a week
  - Within a month
308. Never do something for someone that \_\_\_\_\_.
- Doesn't deserve it
  - They should and can do on their own
  - They can pay someone else for
309. Don't major in the \_\_\_\_\_.
- Minors
  - Big League
  - Majors

310. When observing other people and yourself you can find out what their focus is by listening to what they're talking about. The three basic areas people talk about are what?
- People, Events, Future
  - What they want, Don't want, and Can't have
  - Gossip, News, Celebrities
311. If there was one objective you should be focusing on everyday and every minute of the day, it is what?
- Feeling good
  - How to move up the ladder
  - How to make money now
  - The book you just read
312. Cavett Robert describes character this way...
- Following through on a decision until the emotion and excitement of the moment has passed.
  - Following through on a decision long after the disappointment of the moment has passed.
  - Following through on a decision long after the emotion and excitement of the moment has passed.
313. The best things will always happen when \_\_\_\_\_.
- You least expect it
  - You expect it
  - You put it in your Priority Manager or Dream Book
314. Great things always happen when there is \_\_\_\_\_.
- Little resistance and you are feeling great.
  - No resistance and you are feeling good.
  - A lot of resistance and you are feeling okay.
315. Will Rogers said what about people?
- I never met a man I didn't like
  - I never met a man I really liked
  - I never met a man who didn't like me
316. Most people confuse activity with what?
- Work
  - Goals
  - Accomplishment
317. The example that describes this is \_\_\_\_\_ story.
- The Processionary Caterpillar
  - The Go Getter
  - All of the above
318. Another way of describing the Law of Attraction is what you want \_\_\_\_\_.
- You'll probably get at some point
  - Wants you
  - Wants you, but can't have you

319. When you're thinking about something tangible that you want, what are you really vibrating?
- The feeling you get when you have what you want
  - The feeling you get when you are content
  - The feeling you get when you are confused
320. The success or momentum cycle says, success builds confidence, confidence creates...
- Success
  - Activity
  - Momentum
321. Activity creates \_\_\_\_\_.
- Habits
  - Momentum
  - Success
322. Habits create results. Result creates \_\_\_\_\_, which builds confidence.
- Success
  - Momentum
  - Activity
323. Plugging in to the system of reading books, listening to audios, attending events, building relationships with like-minded people and giving and receiving recognition ultimately has one major effect. What is it?
- It gets your thinking right, which raises your vibration and turns you into a success magnet. It reduces your negative ball of energy and increases your positive ball of energy. It helps get you to unconscious competence.
  - You will learn from the books and audios and then use that new knowledge to make new friends, who will help you get a job and be successful in life.
  - You have new people to borrow money from.
324. When involved in a business or money making venture, you have to have a high level of belief in various areas. They are what?
- Industry, Company, Leadership, Compensation plan, The system, The product, Yourself
  - Industry, Company, Leadership, Compensation plan, Relationships, The product
  - Industry, Company, Leadership, Compensation plan, The product, Yourself, Customers
325. If you are not 'at cause' over your environment, you are at what?
- At effect
  - At doubt
  - At loss
326. When you take 100% responsibility for everything that happens in your life, you realize you are in 100% \_\_\_\_\_ of your life.
- Agreement
  - Control
  - Harmony
327. Whatever you ask for, it is \_\_\_\_\_ to you.
- Thrown
  - Sung
  - Given

328. There is a difference between having a goal and a dream that you believe in and a wish. You must have a dream, but don't \_\_\_\_\_.
- Wish your dream away
  - Live in a dream world
  - Dream a dream too big
329. Since you make the rules in your life, always set the rules so that you set yourself up to what?
- Give yourself a challenge
  - Do okay
  - Win
330. A major thing that the mind does when reading books and listening to audios is what?
- It stores certain bits of information.
  - It gets to use its imagination
  - It stops you from day dreaming
331. When you are listening to audios and reading books, you're virtually doing what to yourself?
- Programming/hypnotizing yourself for success
  - Getting you ready for the difficult times
  - Allowing you to pretend you're someone else
332. The most important beliefs you can have relating to achieving your goal is what?
- Belief in yourself and believe you can do it.
  - Believing something good has to come along eventually
  - Believing that you can't trust anyone and they want to steal your dream
333. It's important to realize that the controlling elite class of the world wants you what?
- Empowered, feel in control, feel like you're a part of a greater cause and that you can create your own reality.
  - Disempowered, feel like a victim, feel like you're helpless and that you are not in control and that you cannot create your own reality.
  - Empowered and to know that you can have, be or do anything and everything you want.
334. All successful people had a very easy go of it. Everything worked super smoothly and all the doors opened. They got no resistance and they faced no challenges that they had to overcome.
- True
  - False
335. Successful people and failures all get noes when trying to achieve their dreams. The difference between successful people and failures is what?
- Successful people don't quit
  - Failures don't quit
  - Failures are unlucky
336. Earl Nightingale says, successful people are not people without problems, they are people who have learned how to what?
- Blame it on someone else
  - Overcome their problems.
  - Pretend he problem isn't there

337. Successful people and unsuccessful people both get knocked down. The difference is successful people do what?
- Blame it on someone else.
  - Get back up.
  - Knock the other guy down, too.
338. A decision is defined as what?
- When you clearly define what you want, turn your back on family and have clearly defined what you don't want and after you decided to do it, there are still chances later.
  - When you clearly define what you don't want, turn your back on what you don't want and have clearly defined what you do want and said I'm going to do it. That's it. Period.
  - When you clearly define what you don't want, turn your back on what you don't want, but don't know exactly what you do want.
339. Successful people are constantly thinking and talking about what they do want. Unsuccessful people generally are doing what?
- Thinking and talking about what they don't want
  - Thinking and talking about what they want, but just aren't lucky
  - Thinking and talking about what they want, but they just don't have the money to be successful right now.
340. In every single situation that happens to you, you can find something negative or \_\_\_\_\_.
- Positive
  - Even more negative
  - To your liking
341. Unsuccessful people generally talk about negative events that happen in the past. They tell these stories over and over again. Successful people usually talk about what?
- How stupid the unsuccessful people are
  - The positive experiences in the past and the positive experiences they are going to have in the future.
  - How lucky they've been to get as far as they have thus far.
342. How many seconds does it take of you focusing on a vibration for it to stick?
- 13 seconds
  - 68 second
  - 83 seconds
  - 5 minutes
343. How many hours of activity is 14 seconds of thought equivalent to?
- 500 hours of physical activity
  - 1000 hours of physical activity
  - 2000 hours of physical activity
  - 5000 hours of physical activity
344. 28 seconds of focused thought gives you how many equivalent hours of physical work?
- 5,000 hours/ a factor of 10
  - 10,000 hours/ a factor of 10
  - 20,000 hours/ a factor of 10
  - 50,000 hours/ a factor of 10

345. Can your thoughts and the Law of Attraction make someone do something?
- Yes
  - No
346. Hundreds of years ago, before the Law of Attraction and this information was described in the scientific quantum physics terms, it was taught in the secret societies as \_\_\_\_\_.
- Magic
  - Prayer
  - Spells
  - God's will
  - All of the above
347. Outside influences cannot control your life, but they can \_\_\_\_\_ your life.
- Totally effect
  - Ruin
  - Influence
348. Who creates what outside influences are in your life?
- I do
  - God does
  - Friends do
349. In order for you to define your dream, what is the first thing you must do?
- Write it down
  - Figure out if it's too big to even try to achieve
  - Clearly know what you don't want and turn your back to it.
350. When you define your dream, you have clarity of \_\_\_\_\_.
- What you want
  - Who you don't want in your life
  - How much it's going to cost
351. Every good thing that happens in your life can be traced back to what?
- Your family upbringing
  - How much money you've made
  - A bad event from which it germinated
352. Sometimes negative situations continue to happen and become bigger negative situations one after the other, which causes you to do what?
- Give up
  - Blame it on someone else until you feel better and can broadcast a positive vibration again.
  - Change your vibration because you are causing these things to happen and you have to change your vibration or they will continue to happen bigger and bigger each time.
353. If you have a chief aim that is really big and hard to believe in, what should you focus on?
- A new chief aim and dream that is more realistic. That one will never work.
  - The next three steps, still keeping the chief aim in site, but focus on three objectives that are in the sweet spot; a few things you can really believe in and still excites you.
  - The next logical step, still keeping the chief aim in site, but focus on an objective that's in the sweet spot; something you can believe in and still excites you.

354. If you are obsessed with your chief aim, can you still have a well balanced life?
- Yes
  - No
355. If you find a very successful person who has what you want, should you mimic and model what they're doing, how they are thinking, and how they are acting?
- Yes
  - No
356. How should you mimic and model successful people who have what you want?
- Mimic and model what they did when they were in the same position you are at now.
  - Dress and talk like they dress and talk now.
  - Follow every single piece of advice they give and post pictures of them all over your house.
357. What kind of books are good to read to learn how successful people thought and acted when they were first starting out?
- Books authored by them, but aren't autobiographies
  - Biographies and autobiography
  - Subscribe to magazines, who feature the person regularly
358. Do you understand the difference between something you want and something you don't want?
- Yes
  - No
359. The success cycle can also be called the \_\_\_\_\_ cycle?
- Victory
  - Momentum
  - Activity
  - Achievement
360. When your thoughts are correct and you're really focusing on what you want and are in the sweet spot, you're motivated to do what?
- Dream building
  - Housework
  - Activity
361. Do successful people "work" or "sacrifice" or "struggle"?
- Yes. How else do you think they got where they are? And after doing it for so long, how could anyone enjoy "work"?
  - No. Activity is always pleasurable. You may put in lots of hours, but it is not "work." It's the most enjoyable thing you can imagine.
362. There are two indicators that your thoughts are in the sweet spot. What are they?
- You feel okay and aren't thinking about anything.
  - You feel good and you're doing lots of activity that you enjoy
  - You are thinking about the negative, but not in a bad way and you're relaxing until something good comes along.

363. Activity done when your thinking is not right will have two effects. What are they?
- Drains you. Does not create results.
  - Drains you. Creates results.
  - Energizes you. Does not create results.
  - Energizes you. Creates results.
364. Activity done when your thinking is correct will have two effects. What are they?
- Energize you. Creates negative results.
  - Energize you. Creates positive results.
  - Drains you. Creates negative results.
  - Drains you. Creates positive results.
365. Success breeds \_\_\_\_\_.
- Activity
  - Wealth
  - Success
  - Momentum
366. If you want things in your life to change, you have to \_\_\_\_\_.
- Change things in your life.
  - Change course in your vision
  - Change the way you think
367. It's better to be an hour early than \_\_\_\_\_.
- 5 minutes late
  - 10 minutes late
  - An hour late
368. When attending any events or meetings, the first rule is always to what?
- Have fun
  - Be on time
  - Bring a friend
369. When listening to speakers, always \_\_\_\_\_.
- Stand up
  - Take notes
  - Work on your dreams
370. Three attitude things you should focus on during all meetings are:
- Have fun. Get excited. Be positive
  - Have fun. Stay in your seat. Be cautious.
  - Stay in your seat. Be positive. Stay cautious.
371. At all meetings, one rule of thumb, in relating to the other attendees, is what?
- Don't trust anyone.
  - Develop new relationships.
  - Take their ideas.

372. When working toward a goal and not seeing results, you are experiencing what?
- Unlucky situation
  - Delayed universal reaction
  - Delayed gratification
373. When you're on fire \_\_\_\_\_.
- People will come from all around just to put you out
  - People will come from all around just to watch you burn
  - People will come from all around just to point and laugh
374. People who are always asking negative questions or asking questions about things that really have no relevance or asking questions about things that could go wrong are experiencing what phenomenon or scenario?
- The 'What Now' Scenario
  - The 'What If' Scenario
  - The 'Why Me' Phenomenon
375. In reality you don't attract success, you do what?
- Create
  - Activate
  - Channel
  - Visualize
376. Is it true that some of the benefits of going to events include, expanding your dream, seeing things in a different way, getting into a different routine, meeting different people and thinking differently?
- Yes
  - No
377. Does the way you dress affect the way you think about yourself?
- Yes
  - No
378. How should you dress at functions?
- Better than you would at home
  - Like a professional or in a manner that is consistent with the function and in a way that makes you feel great about yourself.
  - Comfortable enough to stay awake the whole function. No pillows please.
379. Should you "let loose" and be very enthusiastic with applause at events?
- Yes
  - No
380. When going to functions, are there benefits of not being in the function when a speaker is presenting, but rather in the halls talking with other members?
- Yes, it's always the same information anyway
  - No, always listen to the speakers when they are speaking

381. Do you benefit when you enthusiastically and genuinely appreciate and recognize other people's accomplishments on stage?
- Yes
  - No
382. How do you know if you are doing the right things?
- You're rich
  - You feel good
  - Your mom says they're right
383. You plant a seed for a Chinese bamboo tree and after watering and fertilizing it for 7 years, in a period of 60 days, it grows 90 feet. Did it grow 90 feet in 60 days or 90 feet in 7 years?
- 90 feet in 60 days
  - 90 feet in 7 years
384. The Chinese bamboo story is good example of what two basic concepts?
- Do the right things long enough consistently and delayed gratification.
  - Do the right things long enough consistently and almost giving up.
  - Do the right things long enough, but don't tell anyone.
385. Does doing something consistently mean every hour, every day, every week, every month?
- Yes and you can't go off schedule or everything will be ruined.
  - It means on a regular basis. The more often, the better, depending on the activity.
  - No, it's all about how you feel.
386. Can you describe Zig Ziglar's water pump story?
- Yes
  - No
387. What is the method when somebody just tries it and watches it to see if it moves then tries it again to see if there are any results?
- Poke It With A Stick method
  - Try and See method
  - Try and Try Again method
388. "Jedi knights don't try, \_\_\_\_\_."
- Jedi knights do
  - Jedi knights fight
  - Jedi knights wait
389. Finish this from Star Wars. "I don't believe it..."
- Luke Skywalker is Princess Leia's brother?!
  - That is why I will try again.
  - That is why you fail.
390. I'm going to do it. \_\_\_\_\_.
- You can't stop me.
  - That's it. Period.
  - That's it. End of story.

391. There are two aspects of all the GIN training. What are they?
- Academic and relationship building.
  - Academic and application in real life.
  - Academic and hypnosis.
392. There are two ways to learn how to apply this in real life. What are they?
- From your own trial and error and from listening to questions and answers from other people's experience.
  - Write down everything you hear and read your notes every night before you go to bed.
  - Ask people about their experiences and then copying exactly what they did.
393. The 'Do It Now' concept is reflected in this statement; Successful people are:
- Too busy doing the other guy's work
  - Too busy doing what the other guys are still talking about
  - Too busy to care what the other guys are doing
394. The brain and mind are two separate entities.
- True
  - False
395. The mind has physical \_\_\_\_\_.
- Mass
  - Weight
  - Length
396. You can have, be, or do anything and everything you want.
- True
  - False
397. You can do it.
- True
  - False
398. You are a winner.
- True
  - False
399. You are an over-comer.
- True
  - False
400. Not taking action on a commitment or decision within \_\_\_\_\_ is, in fact, breaking an agreement with yourself, which has massive negative consequences.
- 24 hours
  - 48 hours
  - 1 week
  - 1 month

401. The reason why you need a do it now mentality is tomorrow \_\_\_\_\_.
- Never dies
  - Never forgives
  - Never comes**
402. Don't make a mountain \_\_\_\_\_.
- Out of a mole hill**
  - Out of berries
  - Out of an ant hill
403. Don't sweat the \_\_\_\_\_.
- Small stuff**
  - Large stuff
404. It's all \_\_\_\_\_.
- Small stuff**
  - Large stuff
405. When working with a team or in a business environment, there's a phrase; "Build the people and \_\_\_\_\_.
- The people will build the business.**
  - They will come
  - The people will destroy the business.
406. In dealing with people in situations, it's easy to find something wrong. You should always be looking for the \_\_\_\_\_.
- Gold**
  - Hidden Agenda
  - Secret
407. When you dig for gold, you have to move tons of dirt to find just a few ounces of gold, but \_\_\_\_\_.
- That's life. Life is dirty.
  - You're not looking for gold, you're looking for the dirt.
  - You're not looking for the dirt, you're looking for the gold.**
408. Make negative comments to others verbally, but make positive comments to others, how?
- In writing**
  - In sign language
  - By interpretive dance.
409. When giving a criticism, it's always best to use the sandwich technique, which is what?
- Starting with a positive comment, then another positive, then end with the criticism.
  - Starting with a positive comment, then the criticism, then end with a threat.
  - Starting with a positive comment, then the criticism, then end with another positive comment.**
410. It's better to work \_\_\_\_\_ than hard.
- Together
  - Slowly
  - Smart**

411. There's a story that describes two men chopping wood. One man always out-chopped the other even though he spent less time and effort chopping. How did he do this?
- He spent time, effort and money into sharpening his ax, rested and he ate.
  - He worked out, gained muscle and hired others to chop for him.
  - He bought the Super Slicer 500 and took off the label to throw the other guy off.
412. Everyday you're bombarded with negative energy from television, radio, friends, family, neighbors, coworkers, etc. This is one reason you have to do what five things?
- Read books, listen to audios, go to functions, build relationships with like-minded people and give and receive recognition.
  - Read books, exercise, skip functions, build relationships with like-minded people and receive recognition.
  - Read books, listen to audios, go to functions, build relationships with different people and receive recognition.
413. When your energy is positive enough and you've gone through the training long enough, you get to a point where negative influences and people have little or no effect on you. When you're around negative influences, what conversely happens?
- You have no influence on them!
  - YOU have a positive influence on them!
  - They have a negative influence on YOU!
414. Don't let anyone \_\_\_\_\_.
- Copy your notes.
  - Steal your dreams.
  - Bump into you without apologizing.
415. After you go through any part of this training, you are permanently changed. Therefore we almost always end sessions by saying what?
- Go out there and get 'em tigers!
  - May you never be the same.
  - May the force be with you.
416. Do successful people have a genetic disposition or a certain genetic DNA vibration that creates their success?
- Yes
  - No
417. Can anyone with their mind change their DNA and genetic disposition and turn themselves into a success magnet?
- Yes
  - No
418. Henry Ford did not want people to know what?
- That every person can change their DNA's vibration with a good surgeon.
  - That every person can change their DNA's vibration with their own mind.
  - That every person can change their DNA's vibration with a little exercise.

419. Around the world, where people have lost hope, it's caused by what two things?
- The government and outside influences telling them they can't do it and they believe they can't do it.
  - The government and outside influences telling them they can't do it and officials make sure they don't.
  - The government and outside influences telling them they can't do it and their luck running out.
420. Can you describe the 100<sup>th</sup> monkey syndrome?
- Yes
  - No
421. There are two mindsets that you should have that will make your life much, much easier and keep you in a positive vibration. What are they?
- Care, but not that much and instead of having needs, have mild preferences
  - Care, but not that much and instead of having needs, have mild dreams
  - Care, but not that much and instead of having needs, have mild setbacks
422. Can physical objects or spaces, such as rooms and homes, have negative or positive energy attached to it?
- Yes
  - No
423. The **true** goal of membership in the Global Information Network is to help you do what?
- Get rich fast and learn valuable information in the process
  - Meet new people, learn information you didn't know before and have fun
  - Have, be, or do anything and everything you want and make your dreams come true.
424. The global elite want to make you feel what?
- Powerless
  - Needed
  - Powerful
  - Connected
425. This is a list of what the controlling parasitical elite class want to have monopoly and control over. Cross off any areas that do not fit in this list.
- Governments, Religion, Money, Media, Food, Education, Drugs / Healthcare, Fuel/ Energy, Water, Housing, Communications, Air, Transportation,
426. Every day, at every moment, you are either at one of two energetic places in the universe. What are they?
- At loss or at gain
  - At effect or at cause
  - At peace or at war
427. The media; TV, radio, newspapers, magazines, music, movies and even politicians in their speeches, all use two techniques to program your mind and brainwash you. What are they?
- "Hypnosis" and Suggestion
  - Product placement and Adverts
  - Illusions and Hypnosis



435. Do not think that you have to feel fantastic or great. Feeling good now really means what?
- Feeling bad later
  - Feeling great later
  - Feeling better than you feel now
  - Not caring how you feel
436. What are two short term fixes that make you feel good, even though they are actually short circuiting you?
- Chemicals and Chocolate
  - Drugs and Alcohol
  - Sex, Drugs and Rock 'n' Roll
437. Donald Trump said, in the midst of a disaster, when everything is going terribly wrong, he would do what?
- Go golfing
  - Laugh
  - Cry
  - Find a new chief aim
438. The way the controlling powers want to control you is to do things or encourage you to do things to make you lose your what?
- Emotional guidance system
  - Money
  - Mind
439. Since success builds confidence and you set the rules to determine what is successful, you should always set the rules so that you can do what?
- Make it easy to work hard
  - Create a good challenge
  - Make it easy to win
440. Believing that something is going happen and then having it actually happen is sometimes called a self-fulfilling \_\_\_\_\_.
- Life
  - Prophecy
  - Stereotype
441. Negative energy is heavy, while positive energy is \_\_\_\_\_.
- Light
  - Weightless
  - Even heavier
442. When somebody has negative energy trapped in the body, what symptoms will occur?
- Physical illness and disease and feeling bad.
  - Physical illness and disease and loss of control.
  - Physical illness and disease and feeling better and better as every moment passes.

443. If you had an event in the past that when you think about it causes you emotional distress or makes you feel bad, what is an effective technique to use to eliminate any negative energy that is stored?
- The Callahan Technique / Thought Field Therapy
  - MindUSA / Subliminal Messaging
  - Rebounding with a ReboundAIR
444. We all have patterns of activity and habits. (The things that we do the same every single day.) A good way to develop success is to do what with these patterns and habits?
- Create a schedule and make sure they get done on time.
  - Change them. Do something different.
  - Throw them out completely.
445. There is something you can do with your face that will instantly make you feel better. What is it?
- Wiggle your nose
  - Smush it
  - Smile
  - Splash water on it
446. Dr. Norman Cousins, in his book *Anatomy of an Illness*, found this one technique releases stress, releases endorphins, makes you feel better and can actually cure disease. What is it?
- Exercise
  - Laughing
  - Dancing
  - Crying
447. Reading books causes you to use your \_\_\_\_\_.
- Imagination
  - Eyes
  - Brain
448. Can you still create a mastermind if people are not in the same location, such as a conference call?
- Yes
  - No
449. Is a mastermind more powerful when people are physically in the same room?
- Yes
  - No
450. There is one little trick that will make dream books and dream boards work even better. What is it?
- Carry them with you at all times
  - After a year, throw them out and make new ones.
  - Add yourself in the picture

451. Where are good places to put pictures of your dreams?
- In your children's room because if you can't make the dream come true, might as well have a second chance, right?
  - Anywhere and everywhere you can see it
  - In your shower
452. You should have your chief aim on a card that you carry with you at all times and look at as much as you can.
- True
  - False
453. The two best parts of the day for you to count your blessings, be thankful, show appreciation and gratefulness for everything in your life are when?
- First thing in the morning and right before you go to bed
  - Right before lunch and right before dinner
  - Right before breakfast and right before dinner
454. When somebody does something bad, there is a game you can play to make you feel better about the situation. What is it called?
- The find a new friend game
  - The understanding game
  - The I'm not listening game
455. Changing words can dramatically shift \_\_\_\_\_. Changing the word 'like' to 'love' or 'that makes me angry' to 'that makes me a little peeved' can dramatically shift the way you \_\_\_\_\_.
- Emotions / Feel
  - Thought / Think
  - Meaning / React
456. Most of the time, it's best to choose words that increase \_\_\_\_\_ emotion and choose words that decrease \_\_\_\_\_ feelings.
- Intense / Weak
  - Positive / Negative
  - Nonexistent / Pretend
457. Saying a word has energy because the sound has energy attached to it. What is even more important than the word and the sound of the word?
- The intention behind it
  - How it is pronounced
  - How it is spelled
458. What are two very powerful words that you should use and can use very often?
- Help and Now
  - Please and Thanks
  - No and Stop

459. All of the training is designed to help you get you what you want. We do this by getting you to achieve two things. What are they?
- Raise your resistance and reduce your vibration
  - Raise your energy and reduce your frequency
  - Raise your vibration and reduce your resistance
  - Raise you frequency and reduce your energy
460. What are three kinds of handshakes?
- Confident, Controlling, Neutral
  - Neutral, Submissive, Relaxed
  - Neutral, Controlling, Submissive
461. When you shake someone's hand, what's the one other thing you can do to the person to create a good connection?
- Slap them on the back
  - Touch them on the shoulder or on the arm
  - Look deep into their eyes and nod your head slowly
462. In some cultures, handshakes are replaced by what two things?
- Salute or Kiss on the forehead
  - Bow or Kiss on the cheek
  - Chest bump or Kiss on the hand
463. In dealing with a person, you don't want to stare at them, but you do want to do what?
- Wink at them
  - Give them eye contact
  - Let them know who's boss
464. You should what more than you talk?
- Listen
  - Laugh
  - Sing
465. When having a conversation, it's better to do what than constantly make statements?
- Create scenarios
  - Express opinions
  - Ask questions
466. Dale Carnegie says everyone has a sign on their forehead. What does it say?
- Leave me alone
  - Kick me
  - Make me feel important
467. Everyone's favorite subject is what?
- The weather
  - Themselves
  - Celebrity gossip

468. When dealing with people, according to Dale Carnegie, always show them genuine what?
- Love and Care
  - Concern and Interest
  - Attention and Worship
469. What can cause a stagnation or stopping of energy and can also cause you to feel frustrated or tense in your home, work environment or other physical space?
- No support system
  - Clutter and disorganization
  - Rats
470. Will a clean and organized house, office, car or any other physical place you're in help your energy and how you feel?
- Yes
  - No
471. There is a powerful technique, as one of the elements in the "system," that other people do to you that makes you feel amazingly good. What is it?
- Recognition
  - Read books
  - Listen to audios
472. In order to get the most out of being recognized, what should you do when others are being recognized?
- Take a nap
  - Takes notes on how to be recognized next
  - Enthusiastically and genuinely recognize them
473. Studying leadership is important because the most important person you have to lead is who?
- Your child
  - Yourself
  - Your partner
474. You should never be where you want to be, but you should be outrageously happy where you \_\_\_\_\_.
- Are
  - Were
  - Have been
  - Won't be
475. There will always be outside influences and forces in our life. You should know that you must be at cause over them instead of at effect to them. What are the two realizations you must have?
- You are stronger than them and you're better than them
  - You are stronger than them and you've created them
  - You are stronger than them and it's time to let them go

476. You must always take control and command of your \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.
- Emotions, thoughts, success, dreams
  - Emotions, thoughts, actions, decisions
  - Emotions, momentum, success, decisions
477. One person with a commitment is better than a thousand people with an \_\_\_\_\_.
- Interest
  - Dream
  - Wish
  - Cancelation
478. Most people react to situations. What you need to do is take control of how you \_\_\_\_\_.
- Create
  - Respond
  - Take notes
  - Live
479. When compared to war, all other human endeavors \_\_\_\_\_.
- Grow to significance
  - Shrink to insignificance
480. A commander will \_\_\_\_\_.
- Be your friend
  - Command
  - Suggest ideas
481. Who is the commander, the general, the leader of your life?
- Your mentor/guru/master
  - You
  - Your boss
482. In business, executives are sometimes called \_\_\_\_\_.
- Politicians
  - Managers
  - Gods
  - Bosses
483. In your life, you are the commander, the leader, the general. You are in charge. You are not a \_\_\_\_\_ of your life.
- Teacher
  - Manager
  - Doctor
  - Master
484. Anything and everything that has happened in your life, who has caused it?\
- You
  - Your Parents
  - Someone else
  - Your ex-lover

485. A good commander is tactically aggressive and loves a good \_\_\_\_\_
- Dance off
  - Fight**
  - Arm-wrestling match
  - Game of darts
486. A winner loves a fight and a challenge because they know in the end they will what?
- Win**
  - Lose
  - Draw
487. Leaders have strength of character. Cavett Robert described character how?
- Following through on a decision until the emotion and excitement of the moment has passed.
  - Following through on a decision long after the disappointment of the moment has passed.
  - Following through on a decision long after the emotion and excitement of the moment has passed.**
488. When the going gets tough, \_\_\_\_\_
- The tough get going**
  - It can only get worse
  - It can only get better
489. John Paul Jones' ship was devastated by the British. On the verge of annihilation and when asked to surrender, John Paul Jones is quoted as saying what?
- Accept the challenges so that you can feel the exhilaration of victory.
  - In the practice of tolerance, one's enemy is the best teacher.
  - Sir I have not yet begun to fight**
490. Leaders show steadiness of purpose.
- True**
  - False
491. Leaders always take full acceptance of \_\_\_\_\_
- The Win
  - Responsibility**
  - The Loss
  - Death
492. Leaders always have lots of emotional, mental and physical \_\_\_\_\_
- Energy**
  - Fight
  - Problems
493. Generally speaking, should the body's feelings control thoughts or should the mind or thoughts control the body?
- The body's feelings control thoughts.
  - The mind or thoughts should control the body.**

494. Good commanders always have good \_\_\_\_\_.
- Health
  - Hair
  - Vocal Chords
495. Where do leaders lead from?
- Above
  - The front
  - The battlefield
496. You can't push a rope, you have to \_\_\_\_\_.
- Pull
  - Grab
  - Drop
497. Good commanders never ask other people to do something that they're what?
- Willing to do themselves
  - Not willing to do themselves
  - Not going to have anyone else do
498. I would rather see a sermon than \_\_\_\_\_.
- See an opera.
  - Hear one any day.
  - Listen to a speech.
499. Dominate, but never \_\_\_\_\_.
- Domineer
  - Rule
  - Frown
500. Words are important. It is important to find the exact definitions of words. You do this by doing what?
- Guessing by the surrounding text
  - Asking someone around you
  - Looking them up in the dictionary
501. Starting a cycle and bringing it to completion is key. A leader will always, when given an order, \_\_\_\_\_.
- Give the job to someone else
  - Throw it to the side for a rainy day
  - Get the job done
502. Can you describe the story when Patton gave an order to dig a trench to a group of men?
- Yes
  - No
503. A leader is either a leader or he is a \_\_\_\_\_.
- Coward
  - Not a leader
  - Commander

504. Leaders make important decisions, which affect their core values quickly and decisively.
- True
  - False
505. You will fall for anything if you don't \_\_\_\_\_.
- Educate yourself
  - Pay attention
  - Stand for something
506. Egotistical leaders are not bad. Patton says cherish your \_\_\_\_\_.
- Dictators
  - Commander
  - Prima donnas
  - Family
507. Someone who is "egotistical" can also be said to have high levels of what?
- Hatred and Selfishness
  - Confidence and Self esteem
  - Education and Wealth
508. Generals must never show discouragement, doubt or fatigue.
- True
  - False
509. If you want to feel enthusiastic, what do you do?
- Drink a lot of caffeine
  - Talk to others
  - Act enthusiastic
510. When you look the part and act the part, you will begin to \_\_\_\_\_ the part.
- Be
  - Have
  - Feel
511. If you keep listening to certain people and hanging around certain people, you'll turn out how?
- Just like them
  - Like their friends
  - The way you always have been
512. See yourself as how you want to be, not how you are. Act, dress, talk, and think like the person you want to be and you will become \_\_\_\_\_.
- Someone kind of like that person
  - That person
  - Someone even better
513. Leaders have a "knowingness." There is one thing you can do, which shows you have a knowingness. What is it?
- The words you use and how you speak
  - Pretending to be someone more important
  - The actions you use and how you portray yourself

514. When you speak you can be wrong, but you should never be in \_\_\_\_\_ when you speak.
- Shock
  - Doubt**
  - Suspicion
515. When addressing other people in a commanding way, do not sit. It's better to do what?
- Crouch
  - Lay down
  - Stand**
516. You can give yourself an order to have a great day by doing what?
- When you go to bed at night say it's going to be a great day tomorrow with enthusiasm
  - When you wake up in the morning say it's going to be a great day with enthusiasm**
  - Writing yourself a note and posting it in your bathroom
517. In every negative situation that happens to you, it's important that you always what?
- Cry
  - Pretend it never happened
  - Learn the lesson**
  - Get revenge
518. When speaking, the \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ in your voice, the body movements, the emotion you have when you speak, have a huge impact on the effectiveness of the words.
- Passion / Pronunciation / Authority
  - Volume / Conviction / Authority**
  - Authority / Pronunciation / Conviction
519. The single, most powerful phrase you can ever tell somebody to encourage them, motivate them and make them feel good is what?
- Do it better
  - You can do it**
  - Try harder
520. Winners do more than is required. They go the extra \_\_\_\_\_.
- Block
  - Mile**
  - Step
521. Do more than what you're paid for and soon you will be...
- Broke
  - Rewarded
  - Paid more for what you do!**
522. To command an army well, a general must think of nothing else. This can be described as what?
- The general's job description
  - Focus. Magnificent obsession. Chief aim. Singleness of purpose.**
  - Hypnosis. Brainwashing. Mind Control.

523. You will win because you will never lose. You will always win if you never accept what?
- Compliments
  - Success
  - Defeat**
524. Failure only happens where?
- On paper
  - In the mind**
  - On television
525. You will never be defeated if you refuse to \_\_\_\_\_ defeat.
- Welcome
  - Help
  - Accept**
526. It's not over until you what?
- Win**
  - Lose
  - Draw
527. Quitters never win and winners never \_\_\_\_\_.
- Quit**
  - Lose
  - Sleep
528. Say these words **out loud**: I will win because I will never lose. I am a winner.
529. When you throw out feelings of negativity such as, hate, anger or jealousy towards someone else, this boomerangs and comes back and negatively affects you. Conversely, when you recognize somebody else for their achievements and throw out praise, encouragement, recognition, love and good, positive thoughts towards someone else, it boomerangs and comes back to you even more powerfully and positively affects you. This is one reason why \_\_\_\_\_ is so important.
- Momentum
  - Success
  - Recognition**
  - Activity
530. When the student is ready, \_\_\_\_\_.
- He/ she will announce it to the world
  - The teacher will appear.**
  - Nothing will happen
531. Having confidence in yourself, believing in yourself, having high self-worth, a high self-esteem and believing you can do it, is one key to \_\_\_\_\_.
- Success**
  - Arrogance
  - Better Eyesight

532. Instead of having an inferiority complex, it's better to have a \_\_\_\_\_ complex.
- Superman
  - Oedipus
  - Superiority
533. Keep moving and the enemy will never catch you. Always move forward. Never dig in and try to hold your ground. When it doubt, always what?
- Attack
  - Hide
  - Climb a tree
534. There is no such thing as stagnation. You are either growing or you are what?
- Shrinking
  - Producing
  - Dying
535. Action is always preferable to \_\_\_\_\_.
- Inaction
  - Success
  - Activity
536. Never get hung up on the \_\_\_\_\_.
- Hang-ups
  - Good stuff
  - The past
537. Stationary and defensive positions are \_\_\_\_\_.
- Productive
  - Illusions
  - Useful
538. Patton says, when you read something you'll always need to do what?
- Imagine the scenes
  - Think about what you read.
  - Reread it
539. Successful people are always willing to do what the other guys are \_\_\_\_\_.
- Willing to do
  - Not willing to do.
  - Paid more to do
  - Paid not to do
540. Never rely on second hand opinions or information spoken in generalities. Always get specific, detailed and accurate facts, details, information and statistics.
- True
  - False

541. When asking questions to get accurate information, there is a key word you can use. What is it?
- Specifically
  - Precisely
  - Exactly
  - All of the above
542. Never assume anything. When you assume, you just do what?
- Make an ass out of yourself
  - Make an ass out of me
  - Make an ass out of you and me
  - Look smarter than me
543. Tired commanders are always what?
- Sleepy
  - Pessimists
  - Grumpy
544. Most reports and information you get are not objective. They are what?
- Subjective
  - Educational
  - Factual
545. When you are physically, mentally or emotionally tired, what should you do?
- Rest
  - Exercise
  - Take a bath
546. In life, nothing is as bad or as \_\_\_\_\_ as it seems.
- Ugly
  - Exciting
  - Good
  - Useful
547. Worrying is thinking about what you don't want to happen. It can, therefore, be defined as what?
- Doubt
  - Intense Negative Emotion
  - Negative Goal Setting
548. When you are thinking right, you become luckier. Opportunities, situations, people and events will start presenting themselves in unique and mysterious ways. Expect this to happen. The key is that when it does happen, you do what?
- Take precautionary measures
  - Take action
  - Sleep on it
549. Successful people are smart enough to take advantage of fortuitous situations that miraculously present themselves.
- True
  - False

550. If you start believing you're lucky, saying you're lucky, expecting to be lucky, what will happen?
- You'll just be disappointed a lot
  - You will have more fun
  - You will become lucky**
551. Saying phrases such as, "I am lucky, everything goes my way, everything works out to my advantage, I always end up on top, I always win, things always work out for me," creates beliefs and therefore, the \_\_\_\_\_.
- Reality**
  - Momentum
  - Dream
  - Activity
552. Is there ever a perfect right time to take action?
- Yes
  - No**
553. When is the best time to take action?
- Yesterday
  - Today
  - Right now**
  - Tomorrow
554. A good plan, violently executed now, is better than a perfect plan executed \_\_\_\_\_.
- Nonviolently
  - Later**
  - A half hour ago
555. It's good to have a battle plan, an alternate and several contingencies, but you should not wait for perfect circumstances or wait for a perfect plan.
- True**
  - False
556. Wars are not won by equipment. They are won by what?
- Strategies
  - Bribery
  - Men**
557. You don't need anything to succeed. You don't need money, tools, equipment, machines, technology, etc. A man with a \_\_\_\_\_ will always win.
- Commitment**
  - Lot of money
  - Weapon
558. It's the \_\_\_\_\_ in a man that makes him win; the belief, enthusiasm, commitment, a decision, motivation, determination, perseverance, persistence, belief in themselves, believe in their dream.
- Brain
  - Testosterone
  - Spirit**

559. If you had a choice between a brilliant, super intelligent staff member and a loyal one, who would you choose?
- Brilliant, super intelligent one
  - Loyal one
560. Is it more important that your people are loyal to you or that you are loyal to your people?
- Your people are loyal to you
  - You are loyal to your people
561. Together we stand, divided we \_\_\_\_\_.
- Stay standing
  - Fall
  - Succeed
562. Sometimes we have conflicting or counteracting beliefs, such as money can't buy happiness and you only get what you pay for. It's important to be \_\_\_\_\_ with your beliefs.
- Particular
  - Precise
  - Congruent
563. Do two horses pulling a wagon pull twice as much weight?
- Yes, they pull twice as much weight
  - No, they pull three or four times as much weight
564. To lead is to \_\_\_\_\_
- Teach
  - Follow
  - Learn
565. The most important person you should be teaching is who?
- Your child
  - Your partner
  - Your family
  - Yourself
566. Who's the best teacher, trainer, mentor, guru or coach that you can have?
- Your family
  - Your partner
  - Your mentor
  - Yourself
567. Watch the words you speak. Most importantly, watch the words you say to yourself. When you talk to others about yourself, always talk in positive terms. Never tell negative situations. When speaking to yourself, always speak encouraging, motivating, enthusiastic, positive thoughts and words.
- True
  - False
568. Should you ask yourself questions and give yourself answers?
- Yes
  - No

569. Who's the best person to motivate you?
- Your family
  - Your partner
  - Your mentor
  - Yourself**
570. A good leader is never bashful about showing pride in themselves or the organization. Remember that you ARE the best!
- True**
  - False
571. If you don't love yourself, \_\_\_\_\_ will love you.
- Someone or something
  - Nobody else**
572. Praise publicly and often.
- True**
  - False
573. Who should you be praising and patting on the back most of all?
- Your family
  - Your partner
  - Your mentor
  - Yourself**
574. Praise should not be general. It's better if praise is what?
- Written Down
  - Particular
  - Specific**
  - Loud
575. Review and focus on accomplishments. Make praise generous, specific and genuine. Always focus on the \_\_\_\_\_ not the failures.
- Mishaps
  - Accomplishments**
  - Memories
576. Congratulations and praise should always end by looking toward the \_\_\_\_\_.
- Sky
  - Crowd
  - Future**
577. Is it good to praise in advance of an accomplishment yet to be achieved?
- Yes**
  - No
578. Always set the bar \_\_\_\_\_.
- A little lower
  - A little higher**
  - Just right

579. Can you achieve greatness and make all your dreams come true?
- Yes
  - No
580. Before you impact and change the life of others, you must first impact and change the life of who?
- Your family
  - Your partner
  - Your child
  - Yourself
581. True success is not what you've done compared to what others have done, it's what you've done compared to \_\_\_\_\_.
- What you haven't done
  - What you could have done.
  - What you will do
582. Is there a pattern for success? Are there common denominators that all successful people have?
- Yes
  - No
583. Mark Twain said, I'll never let my schooling interfere with my \_\_\_\_\_.
- Opinions
  - Education
  - Friendships
584. David Cooper used a technique when listening to audios that helped him learn the information. What was his technique?
- The Callahan Technique / Thought Field Therapy
  - MindUSA / Subliminal Messaging
  - He listened and wrote down word for word what he heard.
585. Whether you believe in the Law of Attraction or not, does it still work?
- Yes
  - No
586. Doubt can \_\_\_\_\_ a ship.
- Float
  - Run
  - Sink
587. The common denominator of all successful people is that on the route to success they faced a multitude of \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ situations.
- Challenges, Disasters, Negative
  - Handouts, Luck, Positive

588. After each negative disastrous situation, \_\_\_\_\_ have the ability to focus on what they want and make things better.
- Unsuccessful People
  - The Average Joe
  - Successful People**
589. Unsuccessful people operate out of \_\_\_\_\_.
- Boredom
  - Fear**
  - Determination
  - Routine
590. The common denominator of \_\_\_\_\_ is operating out of fear, which is the act of thinking of what you don't want.
- Success
  - Failure**
591. A burning \_\_\_\_\_ is something you think about all of the time and something you are obsessed with.
- Fear
  - Passion
  - Hatred
  - Desire**
592. In negotiation and in the dealing with people, you have to care, but not that much. You have to be in a position of power. The person who is in the most powerful position in a relationship or negotiation is the person who cares the \_\_\_\_\_.
- Least**
  - Most
  - Right Amount
593. When visualizing and picturing what you want, sometimes there is an advantage of making the picture very big, crystal clear and putting yourself in the picture, but even more so, you should add how you feel, color, smells, sounds and tactile textures.
- True**
  - False
594. Perception is \_\_\_\_\_.
- Reality**
  - Activity
  - Success
595. When two people look at the same thing and claim to see different things, it's because of their internal \_\_\_\_\_.
- Clocks
  - Conflicts
  - Filters**
  - Standards

596. Internal \_\_\_\_\_ shape our understanding of reality, our view point and our perspective.
- Clocks
  - Conflicts
  - Filters**
  - Standards
597. Recognizing and acknowledging that everyone has a different view point and perspective of something gives you a big advantage in dealing with people.
- True**
  - False
598. When you read a book or listen to an audio over again at a later date, it's called reading or listening in a new \_\_\_\_\_ of time.
- Matter
  - Circle
  - Unit**
599. Every time you read a book again or listen to an audio again, you get something new out of it.
- True**
  - False
600. You have to know and believe that what you are doing is \_\_\_\_\_.
- Right**
  - Wrong
601. Business and life can be classified as a \_\_\_\_\_.
- Game**
  - Story
  - Sitcom
602. If you want to have fun playing or watching a game, you have to know two things; the score and the rules. Who makes up the rules to your life or business games?
- Your family does
  - Your mentor/guru does
  - Your boss does
  - You do**
603. Always make up the rules so it is easy for you to \_\_\_\_\_.
- Win**
  - Lose
  - Draw
604. Knowing the \_\_\_\_\_ allows you to focus on what's important.
- Score**
  - Rules
  - Chief Aim
  - Failures

605. Since success builds confidence and confidence creates activity and activity creates success habits, which creates results, which creates more success, you want lots of \_\_\_\_\_ . Since you define what a success is, it's important to define success so that you get lots of successes every day.
- Confidence
  - Successes
  - Results
606. Knowing the \_\_\_\_\_ allows you to know the things in your business and life that need attention and focus.
- Time
  - Score
  - Rules
  - Chief Aim
607. Always do the right things long enough constantly and you'll get the results. The great pool champion, Irving Crane, told the young future ten time world champion, Mike Sigel, to keep playing in tournaments even though he hadn't won because "when it's your turn to win, you will \_\_\_\_\_"
- Win
  - Strive
  - Lose
608. When processing data, the mind goes through several steps starting with the think stage. What are the four other steps?
- Look, create, know, have
  - Emote, create, know, have
  - Emote, look, create, know
609. When you write things down on white paper with blue ink or write things in a Priority Manager and rewrite things, the advantage is that it creates more neuropathways in the brain than when typing things into an electronic device, such as a computer. You will remember more information and have more data at your mental fingertips. Does this give you an advantage in life?
- Yes
  - No
610. When information is at your mental \_\_\_\_\_, you have a tendency to think about it more.
- Forefront
  - Fingertips
  - Hub
611. When you have more \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ in your brain's "ram" and memory, it allows you to process decisions and come to conclusions more effectively and efficiently.
- Data, Facts, Statistics
  - Goals, Dreams, Chief Aims
  - Facts, Figures, Scores

612. A \_\_\_\_\_ person says, "I use the shotgun approach. If I throw enough stuff against the wall, something is bound to stick."
- Successful
  - Broke**
  - Wealthy
613. Successful people do not use the \_\_\_\_\_ approach. They focus with a single important purpose.
- Shotgun**
  - Sneak
  - Multiple
614. When somebody, who has what you want, gives you a "recommendation" or suggestion or something to consider, is it something you should do?
- Yes**
  - No
615. When dealing with people, there is always an exchange. There are three kinds of exchanges; an uneven exchange, an equal exchange and an exchange at abundance.
- True**
  - False
616. If you want to stay in business you have to deliver what you promise. If you want to prosper in business deliver \_\_\_\_\_ than you promise.
- More**
  - Less
617. A master is somebody who has mastered the \_\_\_\_\_.
- Basics / Fundamentals**
  - Goal / Chief Aim
  - Score
618. \_\_\_\_\_ practice makes perfect.
- Lots of
  - Perfect**
  - Focused
619. It's not what you eat, but what you digest that makes you strong. It's not what you earn, but what you save that brings your wealth. It's not what you learn, but rather what you \_\_\_\_\_ that makes you wise.
- Absorb
  - Think
  - Remember**
620. Knowledge is power, but only if you use it. You can only use knowledge when you can remember it. Thus knowledge is power only if it's \_\_\_\_\_ and \_\_\_\_\_.
- Remembered / Used**
  - Received / Stored
  - Transmitted / Received

621. When you're \_\_\_\_\_, you "know." You have everything committed to memory. It's all at your mental fingertips and you can access it anytime you need.
- Unconsciously incompetent
  - Consciously incompetent
  - Consciously competent
  - Unconsciously competent**
622. The actual act of going through this material allows you to learn it, know it, and it begins the process of unconscious \_\_\_\_\_.
- Competence**
  - Incompetence
623. The first basic fundamental in level one training is the cognition that you can have, be or do anything and everything you want. You can make all of your dreams come true. You create your own reality.
- True**
  - False
624. Cognition or realization is a/an \_\_\_\_\_. It's when your eyes are open and you can finally see something that's been there all along.
- Dream
  - Joke
  - Awakening**
625. The second basic concept in level one training is \_\_\_\_\_.
- Feel good now**
  - Know the Score
  - In 100% control and command of your life and you are in charge of yourself.
626. The third basic concept in level one training is that you are \_\_\_\_\_.
- Feel good now
  - Know the Score
  - In 100% control and command of your life and you are in charge of yourself.**
627. The fourth basic concept in level one training is \_\_\_\_\_.
- Feel good now
  - Know the Score**
  - In 100% control and command of your life and you are in charge of yourself.
628. The fifth concept in level one training is \_\_\_\_\_.
- Know the four basic concepts of level one training**
  - Feel good now
  - Know the Score
  - You're in 100% control and command of your life and you are in charge of yourself.
629. When you are focusing on what you want, you always have to feel \_\_\_\_\_.
- Good**
  - Bad
  - Unaffected

630. Should you be focusing on results, the activity or your feelings?
- Results
  - Activity
  - Feelings
631. Certain symbols are like magnets and attract \_\_\_\_\_.
- Positive energy
  - Negative energy
  - Success
  - Failure
632. Throughout history physical things were given to people, such as \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, which contain energy and attract certain frequencies or energy.
- Vases, Necklaces, Pendants
  - Heirlooms, Amulets, Talismans
  - Amulets, Pendants, Necklaces
633. When you don't finish something that you are trying to create, generally your feeling is \_\_\_\_\_ in some form. When there is a stop in your creative process either by yourself or by an outside influence, it gives you a negative feeling.
- Positive
  - Negative
  - Unresolved
634. When given a directive to create and you don't know what to create, you have generally \_\_\_\_\_ emotions.
- Positive
  - Negative
  - Unresolved
635. We are designed to be creative beings. When we are not in the process of \_\_\_\_\_ what we want, we have negative feelings.
- Dreaming
  - Activating
  - Creating
636. We are not designed to use The Law of Attraction, we are designed to create and we use \_\_\_\_\_ to help us create.
- Knowing The Score
  - The Law of Attraction
  - The Callahan Techniques
637. You do not attract things in your life. You do not try to attract things in your life. You must make a decision to create something in your life.
- True
  - False
638. We, as human beings, are creators.
- True
  - False

639. Generally speaking, when you know what you want you feel good and when you don't know what you want you don't \_\_\_\_\_.
- Feel good
  - Panic
  - Give up
640. What is the ideal emotional state to be in, in order to create?
- Feeling good
  - Feeling bad
  - Feeling relaxed
641. \_\_\_\_\_ emotion can help you focus on what you want.
- Positive
  - Negative
  - Realistic
642. You should always be happy with intense \_\_\_\_\_ whether positive or negative.
- Emotion
  - Activity
  - Success
643. Never fear or run away from negative intense emotion. Embrace it and use it to make you \_\_\_\_\_.
- Sleep
  - Focus
  - Scared
644. Negative intensity of emotion is only beneficial when you use it to focus on what you want. Negative intense emotion is bad when you stay stuck focusing on what you don't want, which is the cause of the negative intense emotion thus creating \_\_\_\_\_.
- Success
  - Less of it
  - More of it
  - Activity
645. Negative intense emotion is good. You can use it to your advantage.
- True
  - False
646. All intense emotion, negative or positive, creates massive particle flow allowing you to clarify what you want and initiates the \_\_\_\_\_ process.
- Communication
  - Creation
  - Healing
647. You never make a decision to attract something into your life. You make a decision to create something in your life. The techniques then activate \_\_\_\_\_ to bring it into existence.
- The Law of Attraction
  - Momentum
  - Activity

648. Do you know your chief aim as well as you know your own name?
- Yes
  - No
649. When you have a chief aim, you are thinking about and focusing on your chief aim, but you're really focused on the next logical \_\_\_\_\_.
- Step
  - Leap
  - Year
650. The next logical step is always the next goal between where you are right now and your \_\_\_\_\_.
- Chief Aim
  - Next Step
  - Momentum
651. A good exercise to do on a regular basis is to sit down and on a white piece of paper and a pen with blue ink, write down everything you would do, be or have if money wasn't an object. This expands your dream and imagination capability and capacity.
- True
  - False
652. When writing down a list of all the things you would buy or have or do or be if money wasn't an object, the end phenomenon is that you \_\_\_\_\_.
- Want too much
  - Keep it reasonable
  - Never finish the list
653. Is this true? Your dreams should be so big it would take three lifetimes to accomplish.
- Yes
  - No
654. The magic question that you always should be repeatedly asking yourself is: \_\_\_\_\_?
- What do I want?
  - Why do bad things always happen to me?
  - Why don't I have what that person has?
655. When you're reading books, listening to audios, going to seminars and learning new information, we use something that allows you to understand whether or not this makes sense and is workable and is true. It's called \_\_\_\_\_.
- Education
  - Unconscious Competence
  - Discernment
656. Discernment is in fact the ability for you to teach yourself and create your own knowledge. This follows the process of think, emote, look, create, know. When you create something you know it.
- True
  - False

657. Internalizing something is when you know it. When you know something it becomes a part of you. It becomes part of your \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_. It changes who you are.
- Routine, Figures, Score
  - DNA, Vibration, Knowledge Bank
  - Dream, Goal, Chief Aim
658. If you want to create something, the very first thing you must know is what?
- How much it will cost
  - Who will make it happen
  - Exactly what you want
659. Knowing exactly what you want is planting the \_\_\_\_\_.
- Seed
  - Flower
  - Tree
660. Focusing intense emotion and thought toward what you want with massive particle flow \_\_\_\_\_ the seed.
- Activates
  - Waters
  - Kills
661. When you activate your dream, you feel bliss or ecstasy.
- True
  - False
662. Name the two parts of recognition:
- You recognize others and people recognize you.
  - People recognize you and you thank them.
  - You recognize others and they thank you.
663. Hearing the same message over and over again over specific intervals is called what?
- Spaced repetition
  - Conscious competence
  - A broken record
664. When the same information is repeated over and over again in various ways it develops...
- Information
  - Vibrations
  - Neuropathways
665. When neuropathways are developed, the information is in the knowledge bank. You know it. It is a part of you. It gets you to have that information at the \_\_\_\_\_ level.
- Unconscious Incompetent
  - Conscious Incompetent
  - Conscious Competent
  - Unconscious Competent

666. If you know something, can you ever forget it?
- Yes
  - No
667. When you know something, can you easily recall it without effort?
- Yes
  - No
668. Can everyone learn this material?
- Yes
  - No
669. Will everyone learn at different speeds and at different levels?
- Yes
  - No
670. Do you have to know this material perfectly in order to get tremendous benefit from it?
- Yes
  - No
671. The amount of failures is irrelevant. The amount of times you make mistakes is also irrelevant. Every time you fail or make a mistake, you learn a lesson. You do not have to be right 100% of the time nor do you have to be right the majority of the time. You only have to be right \_\_\_\_\_ to make all your dreams come true.
- Once
  - Twice
  - Three Times
672. Engaging in the system, which is listening to audios, reading books, attending events, building relationships and participating in giving and receiving recognition, is in effect providing you this information using the technique called \_\_\_\_\_.
- Spaced Repetition
  - The Law of Attraction
  - Your Wish Is Your Command
673. You need to know this stuff well enough to teach it and the way you achieve this is how?
- By memorizing the material
  - By asking questions and taking notes
  - By teaching it
674. When you \_\_\_\_\_, it makes an even more distinct neuropathway because the sound travels through bone to your brain, as well as, out your mouth and into your ear to the brain.
- Listen
  - Laugh
  - Speak

675. When you teach this material, you get questions, which causes you to focus on the information, integrate it, regurgitate it, create your own understanding of it and rephrase it. This is the \_\_\_\_\_ process, which gets you to have this information in the knowledge bank.
- Communication
  - Creation**
  - Healing
676. You can teach this information in front of a mirror, speaking out loud to yourself or in your own mind, asking yourself questions and giving yourself \_\_\_\_\_.
- Opinions
  - Answers**
  - Quizzes
677. It's always better to ask \_\_\_\_\_ questions and figure out the answer yourself than asking a mentor or guru questions and getting them to give you the answers.
- Your family
  - Your best friend
  - Yourself**
678. Is there a difference between reading a book and listening to a book on audio?
- Yes**
  - No
679. Is there a difference between reading a book in silence and reading a book out loud?
- Yes**
  - No
680. When reading books, is it good to challenge what you're reading, ask yourself questions and formulate conclusions and answers?
- Yes**
  - No
681. When reading a book, is it also powerful to rephrase what you're reading in your own words?
- Yes**
  - No
682. Another method of teaching this material is by talking with other GIN members and discussing this information.
- True**
  - False
683. When selling anything never tell them what it is, tell them what it \_\_\_\_\_.
- Does
  - Cost
  - Is not**

684. In presenting information, you can talk about the features, but most importantly you need to talk about the \_\_\_\_\_.
- Cost
  - Benefits**
  - Secrets
685. If you can see John Jones through John Jones' eyes, you can sell John Jones...
- What John Jones buys**
  - Anything you want
  - Nothing he wants
686. When presenting information, always focus on what's in it for them.
- True**
  - False
687. In communication, when you're asked a question, you have to know what first?
- What their alterative motive is.
  - What they are really asking.**
  - What's in it for you.
688. When asked a question, the most important thing when giving the response is answer the question. When asking somebody a question, always make sure you \_\_\_\_\_.
- Get the answer**
  - Get their opinion
  - Get the secret
689. Most people are not aware. They have no self awareness of their own faults, weaknesses or strengths and have no awareness of their surroundings or situations. They look, but do not \_\_\_\_\_. They listen, but do not \_\_\_\_\_.
- See/Hear**
  - Step/Hear
  - See/Care
690. Ed Foreman says, "Be where you're at, boy." Another way to say this is...
- Sit Down
  - Pay Attention**
  - Stay Where You Are
691. Some people are more suggestible than others. If you are suggestible, you can use it to your advantage by hypnotizing or programming yourself.
- True**
  - False
692. If you're not very suggestible, the advantage you have is that other influences won't have as much effect on you.
- True**
  - False

693. Is it more important that you read every day or the amount of material you read?
- It's more important to read a little every day
  - The amount of material you read is more important
694. Is it better to read five minutes every day or two hours one day a week?
- Five minutes every day
  - Two hours one day a week
695. Within the last two months, I've sat down, made a list of everything I would do, have, or be if money wasn't an object to let my imagination and dream capacity expand.
- Yes
  - No
696. If you have a specific dollar amount as your chief aim or focused goal, you must know *what* in order to make it come true?
- Exactly what you would do with the money to the last penny.
  - Exactly what you have to do to make this amount of money.
  - Exactly who you will talk to about the money.
697. A chief aim, such as financial independence, is not specific enough.
- True
  - False
698. A chief aim should always be something you can get a clear \_\_\_\_\_ of.
- Picture
  - Aim
  - Control
699. If you have a goal of something tangible, such as a boat, paying off debt, a car, a trip, etc. Should you know exactly how much it is going to cost?
- Yes
  - No
700. Should you share your dreams and chief aim with other people?
- Generally yes because they'll help you achieve your dreams
  - Generally no because they'll try to steal your dreams
701. Who should you share your goals and dreams with?
- Be very selective. Only those people you know will encourage you to make your dreams come true.
  - Everyone! The more the better!
  - Everyone you don't like, so that when it does happens, you can rub it in their face!
702. The real secret to all GIN training is mastering what?
- The Basics
  - Success
  - Unconscious Competence

703. If you want to hide something, where do you hide it?
- In a lockbox
  - In your sock drawer
  - In plain view**
704. When you have massive intense negative emotion, what can you do at that moment in time better than virtually any other time?
- Tell someone about it
  - Clarify what you want**
  - Find a way to feel good
705. I always keep myself mentally broke. I never get complacent. I'm always setting another goal. These are terms and phrases showing that people are always focused on being in the process of achieving something.
- True**
  - False
706. The three steps to lock in this information so that it is at your mental finger tips are:
- The system, spaced repetition, and teaching.**
  - Note taking, spaced repetition, and memorization.
  - Read books, listen to audios and note taking.
707. You should be doing the dream building exercise how often?
- On a regular basis**
  - On a semi-regular basis
  - Never
708. It's not so important how many books you read or how many pages, but that you are reading every day. The single most important concept is how much TIME you read and that you read every day. \_\_\_\_\_ is more important than the amount you're reading.
- Time**
  - Repetition
  - Speed
709. Does intelligence have an effect on emotional vibration or emotional intensity?
- Yes
  - No**
710. In dealing with people and situations, you have two choices. You can either react \_\_\_\_\_.
- Respond**
  - Ignore
  - Accuse
711. People's negative energy, emotions or thoughts do not have any effect on your physical body or how you feel. They do however, have an influence on you. They can't force you to create any thoughts, but they can have an influence on you.
- True**
  - False

712. The only thoughts that can affect the way you feel in your physical body are whose thoughts?
- Your own
  - Everyone else's
713. In summarizing basic training level one, it breaks down to four main areas; the cognition or realization that you can have, be or do anything and everything you want, feel good now, take 100% responsibility and that you are in control of your life, know the score. If you break down all level one training to the one most important component it is \_\_\_\_\_.
- The cognition or realization that you can have, be or do anything and everything you want.
  - Feel good now.
  - Take 100% responsibility and you are in control of your life.
  - Know the score.
714. You can't always feel great or blissful, but you can always feel \_\_\_\_\_.
- Better
  - Worse
  - Scared
715. The true secret to all the GIN training at the various levels is mastering \_\_\_\_\_.
- The Basics
  - Success
  - Unconscious Competence
716. The mind can't tell the difference between reality and \_\_\_\_\_.
- Activity
  - Success
  - Imagination
717. When focusing on your chief aim or any objective you must ideally feel good. A good example of this type of feeling is \_\_\_\_\_.
- The night before Christmas
  - Purchasing your first car
  - The night before your wedding
  - All of the above
718. Throughout history, sexual rituals were used because of the intense pleasurable emotion created during climax of sex. During intense pleasurable or negative emotion, intentions, postulates, or decisions have the best chance of being launched and the seeds of desires germinated starting their growth.
- True
  - False
719. Generally, the people you know want you to do well, but not that \_\_\_\_\_.
- Well
  - Fast
  - Slow
720. What are the three ways to ask questions and get answers:
- From an instructor, a guru or mentor. From a peer. From yourself.
  - Internet chat rooms. Through the mail. From a mentor.
  - From yourself. Internet chat rooms. From a peer.

723. Can you tell the following stories; Houdini story, Processionary Caterpillar, Flea Trainer story, Pump Handle story, Elephant story, Chinese Bamboo Tree story, Wood Chopping story, 100<sup>th</sup> Monkey Syndrome story, Patton's Dig a Trench story and the story of the Man in China & his Son?
- Yes
  - No
724. Your eyes will always \_\_\_\_\_.
- Deceive you
  - Never let you down
  - Give you reality
725. All basic training takes five minutes to learn and \_\_\_\_\_.
- A lifetime to master
  - Will never be mastered
  - Five minutes more to understand
726. What is the goal of all the basic training in the Global Information Network for Level 1 up to Level 12?
- To make you feel good
  - To expand your mind
  - To help you achieve your dreams and help you have, be, or do anything and everything you want in life
727. If you want to be a master, you must \_\_\_\_\_.
- Master the basics
  - Practice, practice, practice
  - Have a mentor
728. If there is a secret to everything we teach in the Global Information Network, it is...
- Mastering the basics
  - Think, be or do everything you want
  - Being successful is in your genes
729. To know and not to do is not to \_\_\_\_\_.
- Know
  - Understand
  - Be aware
730. Self-awareness is being aware of your \_\_\_\_\_ and \_\_\_\_\_.
- Strengths and Weaknesses
  - Friends and Mentors
  - Education and Skills
731. Self-awareness is also realizing when you're doing something wrong or correct.
- True
  - False

732. Being aware means, with all the material you learn, you're constantly seeing how you are applying it or aren't applying it, as well as, other people applying it or not applying it. This helps you learn the material.
- True
  - False
733. My uncle would always ask me, "What did you observe?" It's key to always observe what happens in your life and what happens in other people's lives for you to learn.
- True
  - False
734. When listening to somebody, you will be deceived by, what?
- Your eyes; what you see and your ears; what you hear
  - Your mind; what you perceive and your nose; what you smell
  - Your ears; what you hear and your mind; what you perceive
735. What never deceives you?
- What you see
  - What your friends tells you
  - What your mentor tells you
  - Your feelings
736. Many of the books on our Recommended Book List, do not line up perfectly with the Global Information Network training. It is there to help you with what?
- Discernment
  - Your reading skills
  - Your focus
737. You don't want to let your eyes and ears affect whether you believe someone or something or disbelieve someone or something. You must always be following your feelings instead of the triggers from what you see or hear.
- True
  - False
738. Your feelings and your thoughts sometimes are in conflict and don't line up.
- True
  - False
739. We don't sing because we're happy. We're happy because we \_\_\_\_\_.
- Dance
  - Sing
  - Happy
740. Dale Carnegie said, "If you want to feel enthusiastic, you must \_\_\_\_\_ enthusiastic."
- Avoid everyone
  - Dream you're
  - Act

741. Your gut feelings are affected by what you see and hear and by your previous life's experiences.
- True
  - False
742. What you see and hear and all of your past experiences effectively affect how you think as opposed on how you feel about things.
- True
  - False
743. There are many things that can adversely affect or take away our ability to feel.
- True
  - False
744. Things that can take away our ability to feel include non-prescription and prescription drugs, nutritional deficiencies, poor circulation, genetically modified food, commercially produced food with the herbicides, pesticides and various toxins, fluoride and chlorine in the water we bathe, shower and drink, electromagnetic chaos from electronic devices, etc.
- True
  - False
745. What you think is a gut check could be something keying in, which could stop you from doing something very positive.
- True
  - False
746. Sometimes a keyed-in thought is mistaken for a gut check or yellow light feeling.
- True
  - False
747. Since you know that everybody's eyes and ears have an affect on how they perceive things, when you're dealing with people, it's always to your advantage to do what?
- Dress and act in a professional manner that creates a good impression
  - Pay no attention to how you're groomed, dressed or speak
  - Pretend to be someone you are not
748. Throughout your history, from the beginning of your time, everything you have seen, heard, smelt, touched or even thought about is permanently recorded on a multi-track memory system in your mind.
- True
  - False
749. Negative energy or emotions can be trapped on your "time track."
- True
  - False

750. Negative feelings are either something that is keyed-in or an old pattern. Two effective ways to stop this from occurring in the future is
- Use Callahan Technique (<http://www.rogercallahan.com/cmd.php?Clk=3375060>) and develop new positive habits, which establish new patterns
  - Try not to think about the bad things
  - Don't do anything to key in the old habits
751. How do you develop your ability to understand your feelings? (Knowing whether those feelings are pushing you in a certain direction.)
- Meditation
  - Use it and monitor the results
  - Fasting
752. Are there many things that you can do to help you think and feel clearer, so you can read your feelings better?
- Yes
  - No
753. Some of the things you can do to get clearer and read your feelings better other than using it and physically doing it, is meditation, fasting, cleansing, exercise, stretching, yoga, martial arts, rebounding, vibration plate, Callahan Techniques, etc.
- True
  - False
754. Thoughts are generally felt where in the body?
- Your gut
  - Your heart
  - Your head
755. Feelings are felt generally where in the body?
- Your heart
  - Your solar plexus
  - Your head
756. You should listen to your gut feelings instead of your thoughts and logical thinking process or opinions from experts and friends because your gut feelings pick up what is off the radar. Everything else picks up what's only on the radar. Your gut feeling is always correct.
- True
  - False
757. A phenomenon that will happen at some point during your journey up through the basic training of all twelve levels will be the realization that you can't believe how simple this all is.
- True
  - False
758. No one is going to do it for you. No one is coming to the rescue. No one is going to make your dreams come true. You have everything you need and you must take the bull by the horns and do it for yourself.
- True
  - False

759. There is no such thing as a wrong decision.
- True
  - False
760. Every decision you make simply gives you a result, which gives you clarification of what you want and what you don't want.
- True
  - False
761. When faced with a choice or a decision, there is always a third choice, which is what?
- Run as far away as possible
  - Wait
  - Write out pros and cons
762. It's all just energy, but all energy have different densities, intensities, and speed of particle flow.
- True
  - False
763. I am learning how to have, be or do anything and everything I want. When you read this statement, on a scale from 1-10, you should believe this is true at a level 10.
- True
  - False
764. I know how to have, be or do anything and everything I want. When you read this statement, on a scale from 1-10, at this point, you should be at a level 8, 9 or 10.
- True
  - False
765. I am having, being and doing anything and everything I want. When you read this statement, on a scale from 1-10, at this point, your belief should be 8, 9 or 10.
- True
  - False
766. There are three parts of GIN training, learning, knowing and actually being or achieving or utilizing what you've learned and now know in real life, creating results.
- True
  - False
767. You always have to have a high teachability index. You will never know it all, but you have to realize that, at this point, you know enough. This is the way to achieve. Believe that you know enough to get into the game and get results.
- True
  - False
768. A big area where people get stuck is they stay a student their whole life and never believe that they know enough to get into the game and start producing results.
- True
  - False

769. Two bad places to be at are thinking you don't know enough and thinking you know it all.
- True
  - False
770. Where do you learn the most?
- Seminars
  - Audios
  - Written material
  - Personal experience
771. You only learn from personal experiences if you have self-awareness, discernment, and are paying attention to what works and what doesn't work and the lessons you learn.
- True
  - False
772. When learning anything, at a certain point, you have to take that knowledge and engage, apply it and get into the game. This can be scary. You can be stuck. You can be hung up. You may find it difficult to get started. Is this phenomenon common?
- Yes
  - No
773. Level three discusses how to get started and what is holding us back.
- True
  - False
774. If you really want to achieve your dreams, the key is...
- Allow it to happen
  - Fight for it, go after it, do whatever it takes to get it
  - Realize that you may never achieve it in this lifetime
775. Successful people have as many or more problems as other folks. They are not people without problems. They have a lot of problems. The difference between successful people and unsuccessful people is they're learned how to what?
- Overcome their problems
  - Ignore their problems
  - Don't worry about their problems
776. You get something positive out of every result from every choice and decision even if it appears bad, you get to clarify what you want and don't want and you gain an important lesson. All experiences are thus positive.
- True
  - False
777. The first thing that is holding you back from taking this knowledge and applying it or stopping you from getting started with applying this in real life, is what?
- Your internal programs/patterns
  - Your physical energy
  - Your family

778. Programs basically come from decisions or postulates that you have made from a previous incident in your life.
- True
  - False
779. We have hundreds, thousands or even tens of thousands of these programs, which have been established by our previous decisions, which affect our thoughts and vibrations.
- True
  - False
780. The two areas where programs come from are events or experiences and people of authority telling us things.
- True
  - False
781. Another area where programs get established is from the programming of the media; newspapers, magazines, television, radio, movies, music, cartoons, etc.
- True
  - False
782. Another area that holds us back is programs from the field or collective consciousness or matrix.
- True
  - False
783. Edison and Einstein said the energy field surrounding the planet is called the ether.
- True
  - False
784. The energy field, collective consciousness, ether or matrix contains all of the thoughts and emotions from all the species on the planets; humans, animals, etc.
- True
  - False
785. All of your thoughts and vibrations are put in the energy field, collective consciousness, ether or matrix.
- True
  - False
786. On planet Earth, there are key points where thoughts, energies and vibrations can be put into the ether, energy field, collective consciousness or matrix with more intensity and power.
- True
  - False
787. Since we're connected to the field, the programs in the field (energy field, collective consciousness, ether or matrix) can hold us back.
- True
  - False

788. There are two types of programs in the field (energy field, collective consciousness, ether or matrix); the collective decisions, agreements or conclusions of the people on earth and the second group of programs in the field are those that are specifically put there by the controlling elite class.
- True
  - False
789. The programs in the field cannot control us, but they can affect our thinking. Only our thinking and our thoughts and our decisions and our conclusions control us and affect our physical body.
- True
  - False
790. Being plugged into the field and given access to all those programs can be helpful because it gives us access to all collective consciousness and knowledge.
- True
  - False
791. Being plugged into the field can be negative because it puts potentially negative thoughts into our mind, which could make us create negative thoughts, which would then hold us back.
- True
  - False
792. The third reason you don't take action is that you have a habit of breaking agreements.
- True
  - False
793. You can make an agreement with somebody else and you can make an agreement with yourself.
- True
  - False
794. When you break an agreement with yourself or somebody else, you go into a state of paralyzation and spiral downward.
- True
  - False
795. It's to your advantage that you make agreements with yourself that you will find easy to keep.
- True
  - False
796. There's a difference between breaking an agreement and making a decision consciously that you no longer want to keep an agreement.
- True
  - False

797. When you break an agreement, you must acknowledge that you broke the agreement and take responsibility.
- True
  - False
798. Changing a decision or renegotiating an agreement is different from breaking an agreement.
- True
  - False
799. Breaking an agreement is not doing what you agreed to and not acknowledging that you didn't do what you agreed to and not taking responsibility.
- True
  - False
800. Breaking an agreement activates negative programs.
- True
  - False
801. Breaking an agreement is simply not taking responsibility.
- True
  - False
802. Nobody is perfect and agreements will be broken. The key is simply acknowledging it and taking responsibility.
- True
  - False
803. All similar broken agreements are linked energetically in a chain thus creating a pattern of negative activity and results.
- True
  - False
804. By simply going back in time and finding an event or an experience where you broke an agreement, acknowledging it and taking responsibility, magically eliminates the negative effects of that broken agreement.
- True
  - False
805. Cleaning up broken agreements stops the cycle downward and stops you being affected by the negative programs in the field.
- True
  - False
806. There are a large number of programs being activated when you break an agreement, but basically they are stop programs, programs designed to stop you from achieving what you want in life.
- True
  - False

807. Breaking agreements is breaking agreements with other people or yourself.
- True
  - False
808. In relation to an agreement, it's always good to keep the agreement or if you can't, acknowledge it in advance and take full responsibility and make a new agreement that you can keep.
- True
  - False
809. It's perfectly okay to fail, make mistakes or break agreements. Nobody is perfect. The key is simply taking full responsibility and moving forward.
- True
  - False
810. There are five things that are stopping you from taking this knowledge and applying it. One is your programs based on the decisions and postulates you've made, second is from what people in authority told you, third is from programming from the media (newspapers, TV, radio, movies, music, etc.), fourth is programs from the field (energy field, collective consciousness, ether or matrix), which are both collective programs and specifically placed programs and fifth is broken agreements.
- True
  - False
811. It's important to clean up broken agreements from the past and it's important that on an ongoing basis to keep agreements that you make. This will help you move forward in life.
- True
  - False
812. Your programs have been instilled by the decisions you've made based on events, what was told to you by authority, what was programmed into you by the media, from the field (energy field, collective consciousness, ether or matrix), which are both collective programs and specifically placed programs and from broken agreements.
- True
  - False
813. These programs basically give you fears and insecurities that hold you back and keep you in a stop position or running a treadmill type of situation.
- True
  - False
814. How do you nullify the programs, neutralize the programs or stop them from running so that they don't affect you anymore?
- Using various energetic techniques to eliminate them (ie; Callahan Techniques [www.rogercallahan.com/cmd.php?Clk=3375060](http://www.rogercallahan.com/cmd.php?Clk=3375060), Steve Lewis's AIM Program [AimProgram.com](http://AimProgram.com), Mony Vital's Vital Balancing Program [EnergeticBalancing.us](http://EnergeticBalancing.us), Dianetics, Scientology)
  - Keep a journal of everything that goes wrong
  - Ignore them and hope they go away

815. Programs cannot make you do anything. They do not affect the way we feel or affect our feelings or our emotional guidance system. They only affect our thoughts and we have the ability to except them or reject them.
- True
  - False
816. The simplest way to make all programs neutralized or impotent is by simply not listening to them.
- True
  - False
817. All programs are like voices in our heads telling us things. View this voice as a small ant or cockroach. When you hear these programs running, simply let the voice say everything it has to say and then say, "Cancel! Cancel!"
- True
  - False
818. The first element in dealing with programs is confronting it and acknowledging it. Then take full control and authority over it. Be at cause over it. Remember, you control the programs, they don't control you unless you allow it. By saying "cancel, cancel" and squashing the bug, you are taking back control over the programs and they no longer have any power or affect over you.
- True
  - False
819. After you've acknowledged the program then canceled that program, it's important to replace that program with a new program with a new decision and an empowering command.
- True
  - False
820. You always replace programs with a new program, but it must be a program that you can easily believe in.
- True
  - False
821. On all programs, you may also use the Callahan Technique to disempower the energy.
- True
  - False
822. Programs are like negative voices or thoughts in your head.
- True
  - False
823. Focusing on your dreams and new positive thought patterns also disempowers programs. That means, reading books everyday, listening to audios everyday, going to seminars and functions, building relationships with positive, enthusiastic, like-minded people and giving and receiving recognition helps disempower programs.
- True
  - False

824. Having dynamic health and high levels of vibrant physical energy helps you manifest your desires.
- True
  - False
825. Having vibrant, dynamic health and high levels of physical energy makes it easier to handle negative programs and overcome them.
- True
  - False
826. Steve Lewis's AIM Program (<http://aimprogram.com/>) and Mony Vital's Vital Balancing Program (<http://www.energeticbalancing.us/>) are excellent because energetically, they disempower all negative programs from the field, as well as, the ones you create.
- True
  - False
827. The way you know the difference between a negative thought and a gut feeling is feelings are always in the solar plex and thoughts are generally in the head.
- True
  - False
828. Thoughts are generally above the solar plexus and mostly in the head.
- True
  - False
829. Sometimes we make too many agreements, too many commitments and said yes too many times to too many things people have asked us to do. At any point in time, it is perfectly okay to break all of them by taking responsibility and acknowledging them rather than feeling completely overwhelmed that you have to do everything you promised to do.
- True
  - False
830. If you can't keep an agreement, it's important to acknowledge it and confront it as soon as you know that you won't be able to keep it. That could be five minutes before or a month before, but the moment you know you can't keep the agreement, it's important to know that this is the significant moment in time to confront and acknowledge and take responsibility if you can't keep it. Then make a new agreement to keep your integrity. This will make sure no programs are keyed in and you won't go into a stop pattern or start spiraling downward.
- True
  - False
831. There's a phrase when you can't keep an agreement that is effective to use. It is, "I want to make it up to you."
- True
  - False

832. When you're trying to access information from your past, don't put your head down and close your eyes. It's better to keep your head up, look from left to right, up and down with your eyes not your head. Closing your eyes is okay. Ideally, your head is level, tilted up slightly when you're doing your eye movements to help access information from your past.
- True
  - False
833. The exercise is to think of agreements that you have broken in the past that you didn't acknowledge, apologize for breaking them and take responsibility for breaking them. Remember, an agreement is something you agreed to do or a commitment you made. When you think of these incidents or events in your past, in a new unit of time, you can now look back, acknowledge responsibility and apologize mentally. This blows the energy and corrects the problem.
- True
  - False
834. An important aspect of Level Three training is spending time, hours if need be, going back and cleaning up these broken agreements and broken commitments. This is a process that should never stop. Going on in the future, anytime you remember a broken agreement in the past, use this simple technique of remembering it, acknowledging it, apologizing for it, taking responsibility and then moving on and getting over it. The technique virtually takes less than a minute. It's important to do this on an ongoing basis.
- True
  - False
835. Taking responsibility for a broken commitment or agreement means that you accept that it's nobody's fault, but your own.
- True
  - False
836. When you disempower negative programs, you have more cause over your life and you have an easier time getting started on projects, completing projects and manifesting your dreams.
- True
  - False
837. When you're acknowledging broken agreements, do not disempower yourself by begging for forgiveness or saying you're sorry. It's better to just acknowledge it and take responsibility, while understanding that things happen and that an agreement sometimes cannot be met.
- True
  - False
838. Programs hold you back from success and they get you to self-sabotage yourself. They make you do something you shouldn't do or stop you from doing something you should do.
- True
  - False
839. When you keep agreements, make sure you recognize yourself and pat yourself on the back.
- True
  - False

840. When you don't follow through in an agreement, but you follow the procedure by acknowledging it and taking full responsibility, pat yourself on the back for that, as well, and recognize yourself for doing the right thing.
- True
  - False
841. The formula for success is...
- Be do have
  - Have be do
  - Do have be
842. Being is your thoughts, doing is the actions and having is the manifestation of your goals. When your thoughts are correct, you are motivated to act. Thoughts + Action = Success/Results.
- True
  - False

**The following is a list of things that you can do to help you feel good now.**

**Check off what you do on a regular basis.**

### **HEALTH**

- Eat organic food
- Eat organic fruit & vegetables
- Drink organic juice
- Take a whole foods supplement <http://www.farmacywellness.com/>
- Take vitamin D3
- Take omega-3's
- Take vitamin E
- Take coral calcium
- Use organic honey
- Eat breakfast
- Lose weight
- Use a cell phone protector <http://www.ependantdeal.com/>
- Use an EMF neutralizer <http://www.ependantdeal.com/>
- Use a shower filter <http://www.ewaterdeal.com/>
- Use a water filter <http://www.ewaterdeal.com/>
- Get a good night sleep between 10pm and 6am
- Sleep on a magnetic sleep pad
- Correct your posture
- Do a colon cleanse
- Do a liver gallbladder cleanse
- Do a kidney spleen cleanse
- Do a heavy metal cleanse <http://www.helpingamericatogether.com/>
- Do a parasite cleanse
- Do a Candida cleanse <http://www.mccombsplanstartup.com/>
- Whole Body Cleanse
- Do a purification program
- Alhabiotics
- Oral Chelation
- I.V. Chelation

## WELLBEING

- Exercise
- Swim
- Walk outside in the sun
- Listen to music
- Stretch
- Yoga
- Tai Chi
- Chi Gung
- Kung Fu
- Martial arts
- Reiki
- Use a rebounder
- Use an inversion table
- Use a vibration plate
- Use deep breathing techniques
- Meditate
- Get a massage regularly
- Time massage
- Sunbathe
- Take a bath
- Acupuncture
- Reflexology
- Fast
- Do colonics
- Rolfing
- Go to a sauna
- Cranial cycle therapy
- Chiropractic therapy
- Buy a plant
- Breathe
- Count your blessings
- Be thankful
- Show appreciation for everything
- Ask yourself daily, *what am I thankful for?*
- Dr. Morter's Bio Energetic Synchronization Technique
- Total Body Modification
- The Dr. Roger Callahan Techniques <http://www.rogercallahan.com/cmd.php?Clk=3375060>
- Energetic Rebalancing
  - Mony Vital's Vital Balancing <http://www.energeticbalancing.us/>
  - Stephen Lewis's AIM Program <http://aimprogram.com/>
- MindUSA <http://www.mindusa.com/>

## **RECREATION**

- Fencing
- Boxing
- Ride a horse
- Bike
- Ski
- Skate
- Hike
- Rock climb
- Parasailing
- Go canoeing
- Paint
- Draw
- Do pottery
- Cook
- Garden
- Bowl
- Play tennis
- Go golf
- Play ping-pong
- Billiards
- Go fishing
- Go boating
- Travel

## **LAUGH A BIT**

- Make models
- Play with Lego's
- Erector sets
- Lincoln logs
- Get a chemistry set
- Play board games
- Play with a child
- Play with a pet
- Watch movies
- Watch cartoons
- Create something with your hands
- Get a hobby
- Sing
- Dance
- Drink wine or beer
- Throw a party
- Go to an amusement park
- Go to the zoo
- Smile
- Laugh
- Hug

## **IMPROVE**

- Clean and organize home, work, car, etc.
- Start and finish a cycle
- Finish incomplete cycles
- Go to events for inspiration, motivation and training
- Build new relationships with like-minded people
- Dress for success
- Get out of debt
- Live below your means
- Create a dream board
- Create a dream book
- Do It Now
- Integrate the Priority Manager into your life
- Do something for your dream every day
- Learn something new, like a foreign language
- Go to a museum
- Read positive thinking books and novels
- Listen to audios
- Do a puzzle or crossword
- Play a music instrument
- Dianetics
- Go dream building; physically touch things you want

## **GIVE BACK**

- Give compliments
- Do something nice
- Say please and thank you
- Shake hands with others
- Look in other people's eyes when talking to them
- Listen more than talk
- Volunteer
- Publically recognize somebody for their achievements
- Speak positive words

## **AVOID OR ELIMINATE**

- All prescription and non-prescription drugs
- Artificial sweeteners, like aspartame, Splenda, high fructose corn syrup and monosodium glutamate
- Genetically modified food
- Corn fed meat and dairy products
- Corn
- Soy beans
- Canola
- Sodas
- Mineral oil
- Vaccines
- Shellfish
- Farm raised fish
- Pork
- Propylene glycol
- Magnesium stearate
- Talc powder
- Chlorine
- Nitrates
- Fluoride
- Sodium laureth sulfate
- Stearic acid
- Hypnosis
- Root canals
- Florescent lights
- Get rid of mercury fillings.