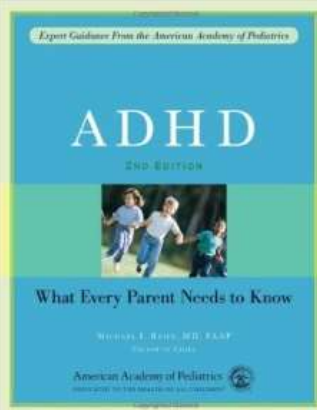


PCMS Parent Resource Center Catalog



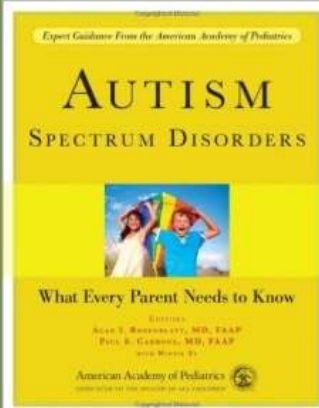
ADHD: What Every Parent Needs to Know is a balanced guide to help you and your child meet the many challenges of the often misunderstood disorder.



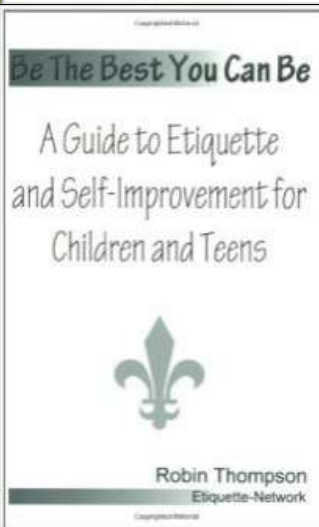
How responding, preventing, monitoring, mentoring and modeling can help you be a successful parent.



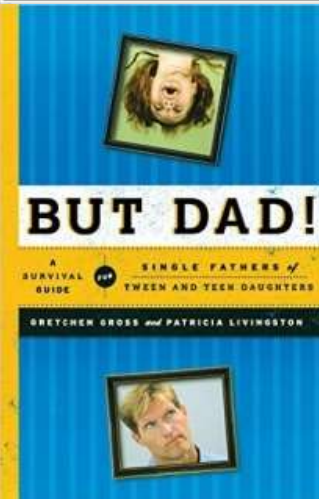
Foster a child's imagination and creative expression with the Artec Blocks Bucket 112 Pastel Set. Featuring a unique design, all cubes have square holes on each face and a single, connecting stud located off-center. This allows users to connect the blocks in all directions, rather than just stacking. There are virtually endless building possibilities with these plastic blocks for kids, from structures to animals and much more. All pieces have safe and tough ABS materials for long-term, frequent play.



Autism Spectrum Disorders: What Every Parent Needs to Know is an invaluable resource for parents and caregivers of children who have been diagnosed with an autism spectrum disorder (ASD). Prepared under the editorial direction of 2 distinguished pediatricians who are autism experts—one of whom is also the parent of a son with autism—this book helps you understand how ASDs are defined and diagnosed and provides you with information on the most current types of behavioral and developmental therapies. It also helps parents understand what they can do to help promote a smooth transition from adolescence through the teen years and into adulthood.



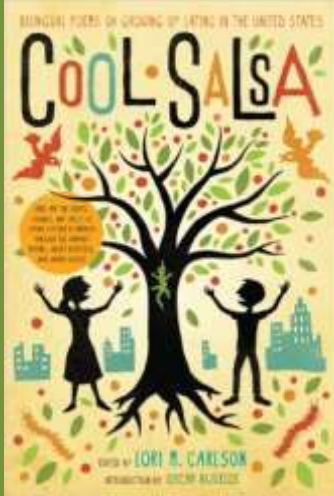
A simple and easy to use guide to good manners, etiquette and grooming for children and teens. The book is written in such a way that it doesn't 'talk down' to young people. Topics include poise & confidence, positive attitude, posture, walking, sitting, social skills, shyness, voice and conversations, friendships, phone and cell phone etiquette, dining and restaurant etiquette, manners at home and in public, image makers, travel tips, image breakers, good and bad habits, personal grooming, coping with everyday life, and much more.



This book is for any man raising a tween or teen daughter, but particularly the single man who does or doesn't have full-time custody. This is the definitive guide to helping dad and daughter get past 'survive' and onto 'thrive.' Written for any man raising daughters, the authors geared this book for the single dad who may not have a woman in his life with whom to confer about issues their daughters may be facing like sex, friendships, boyfriends, alcohol and drugs, and personal hygiene. This book covers it all, from what to keep stocked in the bathroom to how to talk about sex without being blown off. The authors help dads gain a better sense of what their daughters are going through, how their bodies are changing, how their relationships are changing, and how best to handle the ups and downs of these challenging years.



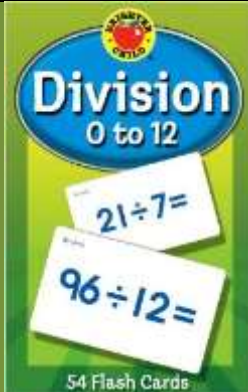
3 favorite game classics



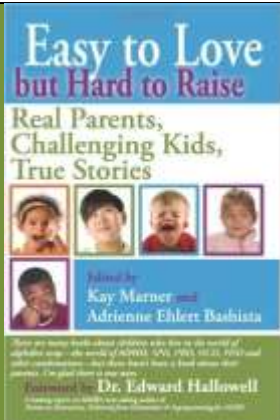
Growing up Latino in America means speaking two languages, living two lives, learning the rules of two cultures. Cool Salsa celebrates the tones, rhythms, sounds, and experiences of that double life. Here are poems about families and parties, insults and sad memories, hot dogs and mangos, the sweet syllables of Spanish and the snag-toothed traps of English. Here is the glory—and pain—of being Latino American.



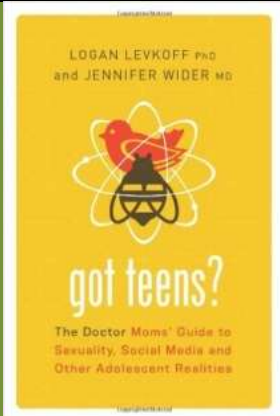
Based on the popularity of the original Eagle Books series, the Native Diabetes Wellness Program (NDWP) is developing a series of novels for middle schoolers in Native communities. The novel, Coyote and the Turtle's Dream, is the first in a series of three books that will include a four-volume graphic novel based on the same story. The book features characters from the original series, but also expands the characters to include family members, teachers, store owners, other residents of a small reservation town, and an elderly box turtle. Adding to the understanding of type 2 diabetes presented in the original books, Coyote and the Turtle's Dream introduces the character of Arianna, a young girl with type 1 diabetes.



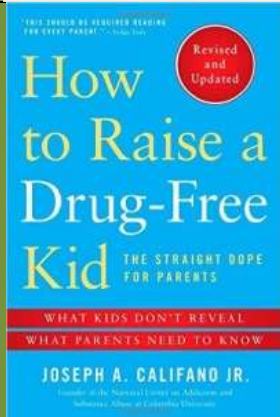
54 division flash cards



An anthology of personal essays written by parents of children with ADD, ADHD, OCD, PDD, ASDs, SPD, PBD and/or other alphabet soup diagnoses that takes the already difficult job of parenting and adds to the challenge. These essays focus on honest feelings, lessons learned, epiphanies, commonplace and extraordinary experiences. They are written by parents of toddlers, young children, teens, and adult children; those who are in the parenting trenches now, and those looking back on their parenting experiences.



In *Got Teens?*, the Doctor Moms combine their medical and psychological knowledge with their own personal experiences to address the most cringeworthy and difficult questions that kids often ask their parents. From “How old were you when you first had sex?” to “What’s wrong with sharing my password with a friend I trust?” and beyond, Levkoff and Wider will help you decode your teens’ questions to figure out what they really want to know.



Drawing on more than two decades of research at The National Center on Addiction and Substance Abuse at Columbia University founder Joseph A. Califano, Jr., presents a clear, common-sense guide to helping kids stay drug-free. All parents dream of a healthy, productive, and fulfilling future for their children; Califano shows which specific actions work and what parents can do to teach, protect, and empower their children to have the greatest chance of making that future come true. Teenagers who learn about the risks of drugs from their parents are twice as likely never to try them, and this book provides the tools parents need to prepare their children for those crucial decision-making moments.



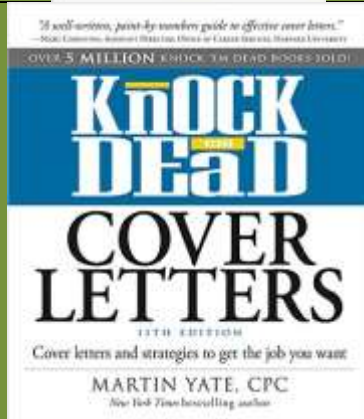
From the preface, pp. 7-8: "In this new book ... we once again find our heroes working to improve the health of families on the Medicine Cave Indian Reservation. In this story, the focus is on Hummingbird as she pursues a 'giant plan' to grow huge fruits and vegetables that will provide abundant food to everyone.



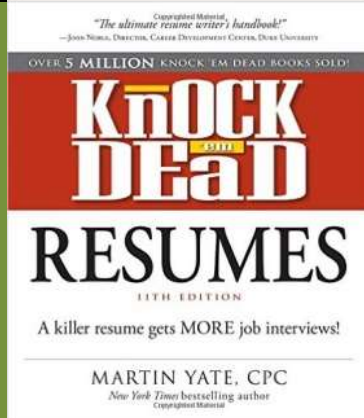
“I Have Who Has” math game



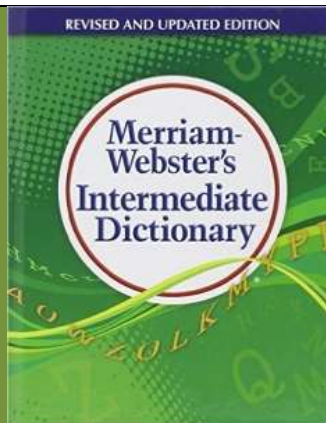
Using his twenty-five years of experience, New York Times bestselling author Martin Yate has established a set of rules for job interviews that is sure to get you noticed. Instead of memorizing canned answers, Yate provides you with an explanation of the thought behind more than 300 questions and answers, so that you'll always know what the interviewer is really asking and how you should respond. Packed with information on handling stress questions and weird interview venues, this book also teaches you how to keep your cool--and confidence--from the moment you step inside the building.



At a time when every job seeker needs an edge, Martin Yate, CPC, shows you how to dramatically increase your chances of landing an interview with a dynamic cover letter.



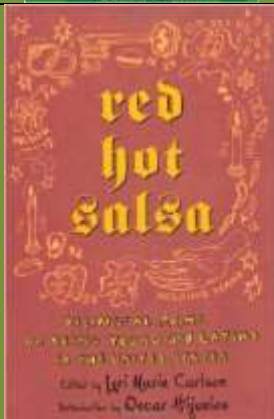
At a time when every job seeker needs an edge, Martin Yate, CPC, shows you how to beat the competition. Using his 25+ years of experience, he has built a practical, easy-to-follow approach to writing killer resumes.



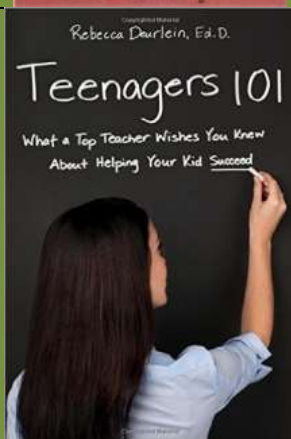
The next step in refining language skills, this fully revised illustrated dictionary focuses on the needs of students in grades 6-8



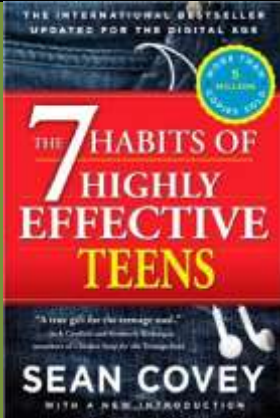
Multiplication Flash Cards-54 cards



The poets collected here illuminate the difficulty of straddling cultures, languages, and identities. They celebrate food, family, love, and triumph. In English, Spanish, and poetic jumbles of both, they tell us who they are, where they are, and what their hopes are for the future.



As a parent, you want to see your teen succeed in school and in life - and you do your best to help. But how do you know what will make a difference? Maybe it's time to listen to a teacher. Day in and day out, teachers watch kids interact with peers, make decisions, deal with difficulty, accept or deflect responsibility... Teachers are our eyes and ears - and there's a lot they wish we knew. In Teenagers 101, veteran high school teacher Rebecca Deurlein examines how we can support our teens as they cope with the challenges of the modern world.



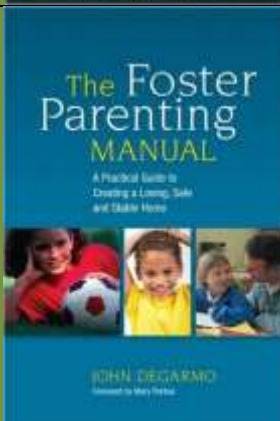
An indispensable book for teens, as well as parents, teachers, counselors, or any adult who works with teens, *The 7 Habits of Highly Effective Teens* has become the last word on surviving and thriving as a teen and beyond.



What happens when an old dog sitting at the dinner table with his master slides a whole leg of lamb, a big bowl of posole, a stack of tortillas and a bottle of wine to a coyote, who just happens to be under the table? A whole ruckus, that's what!



Storytellers have been telling these stories in the villages of New Mexico since the Spanish first came to the New World over four hundred years ago, but Joe always adds his own nuances for modern audiences. The tales are full of magic and fun.



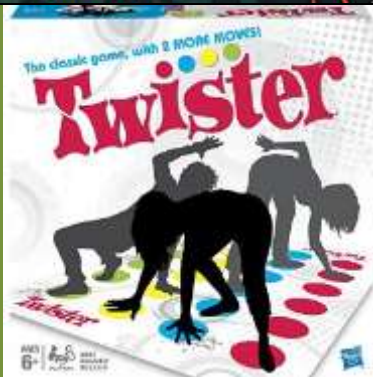
*The Foster Parenting Manual* is a comprehensive guide offering proven, friendly advice for novice and experienced parents alike.



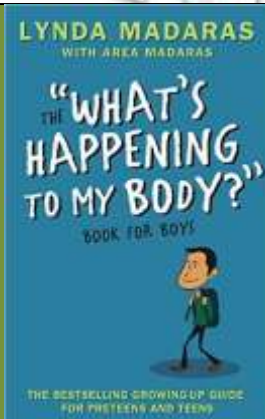
The Eagle Books help children understand several important messages about diabetes and being healthy



Get that buck! Trophy Buck is a quick and easy game about deer hunting. The 12 custom dice represent deer; push your luck to bag the most points, but stop rolling before too many "startles" end your turn! Will you bring home a trophy, or will you just be looking at tracks? Trophy Buck is a dice game for 3 to 8 players. Each game takes 10 to 20 minutes, and can be taught in a single round.



Twister game challenges you to put your hands and feet at different places on the mat without falling over

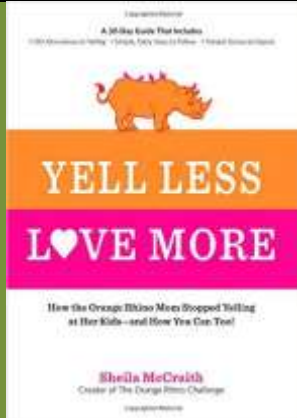


Everything preteen and teen boys need to know about their changing bodies and feelings. Written by an experienced educator and her daughter in a reassuring and down-to-earth style, The "What's Happening to My Body?" Book for Boys gives sensitive straight talk on: the body's changing size and shape; diet and exercise; the growth spurt; the reproductive organs; body hair; voice changes; romantic and sexual feelings; and puberty in the opposite sex. It also includes information on steroid abuse, acne treatment, sexually transmitted diseases, AIDS, and birth control. Featuring detailed illustrations and real-life stories throughout, plus an introduction for parents and a helpful resource section, this bestselling growing-up guide is an essential puberty education and health book for all boys ages 10 and up.





Board game with Yahtzee shaker, scorecard and 5 dice



Do you often find yourself losing your cool and yelling at your kids? It happens to us all, but it doesn't have to. With Yell Less, Love More you'll learn practical, simple solutions to keep you focused on loving more and yelling less, no matter what the circumstance.