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AN ORGANIZATION FOR THE WELFARE OF SENIOR CITIZENS

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RARH BANGLAY KOYEKDIN

AN OUTSTANDING TOUR EXCLUSIVELY FOR THE SENIOR CITIZENS

Be young with hilarious mood for 5 days, we will take care of you

20th February - 25th February, 2016

In ancient Austric language *Rarh* means 'a land of red soil'. It has a long history. The *Rarh* region was the part of the *Maurya* Empire that ruled from 321 to 185 BC. After its decline the *Guptas* took over. This empire existed approximately from 320 to 550 AD. After the downfall of *Gupta* Empire *Birbhum* was ruled by *Sashanka* in 7th century AD and also by King *Harshavardhana*. *Sashanka's* coin was recovered from *Pandu Rajar Dhipi*. After the disintegration of *Harsha's* empire *Birbhum* was under the rule of Hindu-Buddhist dynasty of the *Palas* that ruled from 750–1174 CE. During the rule of the *Pala* dynasty Buddhism, particularly the *Vajrayana* cult, flourished here. Later *Sena* rulers took over the area. *Pala* kings had establishments in *Sian*, *Gandharbapur*, *Nanagar*, *Rampur*, *Paikar* etc.

FEATURES OF OUR TOUR: Operated by our professional team; non-commercial operation; backed by doctor and medical facilities (likely oxygen, ECG, nebulizer, emergency medicines); most of the food will be cooked by our own staffs using high grade materials; purified water for everybody; no walking – total site scene by car; sitting arrangement – by chair, even at site, Santal dance with wood fire in moonlight; Baul, Rabindra sangeet – programme at everyday evening; bonfire with cocktail (Vodka/ Whisky of renowned brand, 2 pegs/head) and wood fire roasted chicken, Lottery among the tourists.

PLACES OF ATTRACTION: Visvabharati, Sabuj bon, Santal palli, Srijani silpagram, Prakriti bhaban, Khoai-kopai, Nanoor (place of Poet Candidas), Fullara (one Saktipith), Lavpur (place of Tarashankar), Kankalitala (another Saktipith), Joydev-Kenduli, Nil nirjan (Bakreswar dam), Bakreswar temple (another Saktipith) and hot spring, Massanjore dam (a hilly area), Brahma Upasana at Visvabharati Brahma Mandir.

TENTATIVE PROGRAM:

20.2.16	8.00 am	Reporting at THIKANA SHIMLA, health check up
	9.00 am	Breakfast at THIKANA SHIMLA
	10.00 am	START for Shantiniketan destination.
	1.30 pm	REACHING at BIRBHUM GUEST HOUSE
	2.00 pm	Lunch at guest house
	3.30 pm	Out for <i>Sanibarar hat</i>
	6.00 pm	<i>Santal dance</i> at Santal village under a 30 ft. Buddha statue. High tea
	8.30 pm	Dinner at guest house
	21.2.16	6.30 am
	8.00 am	Out for SABUJ BON (a private botanical garden)
	9.00 am	Breakfast at Sabuj Bon
	11.00 pm	Out for NANOOR (Chandidas)
	1.30 pm	Lunch at FULLARA MANDIR – <i>amish bhog at mandir</i>
	3.00 pm	Visiting the place of TARASHANKAR'S HOUSE (just beside Fullaratata)
	5.00 pm	KANKALITALA, tea
	6.30 pm	At guest house: Live <i>Rabindra sangeet</i> program with Esraj and Perkason by local artists. High tea, then dinner
22.2.16	6.30 am	Tea at room
	8.00 am	Out for JOYDEV-KENDULI. Packet Breakfast at car
	12.30 pm	Lunch at NIL NIRJAN (Bakreswar dam)

	2.00 pm	Out for BAKRESWAR TEMPLE AND HOT SPRING
	4.30 pm	Reaching at MASSANJORE, tea
	7.00 pm	At guest house: <i>Baul gaan</i> (Basudev Das Baul and his team), High tea then dinner
23.2.16	6.30 am	Tea at room
	8.30 am	Breakfast at room
	9.00 am	Out for SRIJANI SHILPAGRAM
	11.30 am	Visiting PRAKRITI BHAVAN
	1.00 pm	Lunch at guest house
	3.30 pm	Out for VISVA BHARATI MUSEUM
	5.30 pm	Local shopping
	7.00 pm	At guest house: campfire, cocktail with roasted chicken, dinner. Feedback questionnaire distribution, dinner
24.2.16	5.00 am	Tea at room
	5.30 am	Out for <i>Brahma Upasana</i> at KACHMANDIR
	7.30 am	Visiting KOPAI RIVER,
	9.00 am	Breakfast at guest house. Collection of filled up questionnaire
	10.30 am	Out for THIKANA SHIMLA
	2.00 pm	Lunch at THIKANA SHIMLA, thus END OF TOUR

SEATS: Strictly 30 senior citizens only.

COST: INR 4500 per head. Members of **THIKANA SHIMLA** will not get any monetary benefit. Pricing is same to all.

SUPPORT STAFFS: 4 females, 3 males.

DOCTOR: Dr. Amitava De Sarkar with necessary emergency arrangement.

TRANSPORT: 5 Tata Sumo (Non-AC) – 6 persons each, 1 Maruti Eeco – for support staffs.

ACCOMMODATION: At Birbhum Guest House (Non-AC), Shyambati. Hot water available.

FOOD: Less oil, less spicy but mouth watering food made from high grade food materials will be served. We will try to serve diet for patients (likely diabetic diet etc). You can choice veg/ non veg option at the time of depositing money. No change of option can be entertained within the tour.

BOOKING METHOD:

Booking: Members of **THIKANA SHIMLA** will get priority in booking. As there is a huge craze, please make application on plain paper or through mail (thikana_shimla@yahoo.co.in). Seats will be booked on first come first serve basis. You will not be asked for your money, it's your duty; otherwise next person will get scope. Money will be collected preferably through bank. Please ask for our bank data.

Cancellation: Only 50% will be refunded if cancelled on or before 31st January, 2016. No refund after that. Anybody, who is unable to go, may send any elder of either sex in exchange of him/her. However, if we can collect another person, 50% money will be refunded who cancelled after 31st Jan, 2016, but there is no guarantee. Cancellation money will be considered as surplus money. This money will be used in our *Ambulance project*.

PICK UP AND DROP FROM KOLKATA: if there are sufficient people, we may arrange car for pick up and drop from one point of Kolkata. This will be levied extra.

UPDATING OF INFORMATION: Please watch www.thikanashimla.blogspot.in regularly for latest information/changes.

PLEASE NOTE: 1. To attend *Brahma Upasana* you have to wear WHITE DRESS. 2. Anybody does not want to attend any part of the schedule; he/she may stay at guest house. That's time his/her food should be arranged by his/her own. Please ask guest house official before time. 3. No request will be entertained for personal room; however we will try to arrange same family persons in same room. 4. Time schedule may change due to unavoidable circumstances.