

(40)
DAYS

FORTY DAYS OF PRAYER & FASTING





**Brad & Carilyn
Swartout,
Senior Pastors**

Dear New Lifer,

I am so glad that you are joining with me and many others this year in this challenging adventure of prayer and fasting. Often times, prayer takes a backseat to our hectic schedules and this is an opportunity to say, "NO MORE." Prayer truly changes things.

As we transition into new leadership this year I feel it is critical to start this new journey on face before God. I truly believe the timing of this transition is divine and that God is preparing us for a great future as a church family. Please continue to keep our staff and our church family in your prayers.

Pastor Rick is also following God's leading to venture out on a new journey, to partner with churches and inform people of the great need for apologetics. Please continue to keep him and Val in your prayers as well.

The following pages include 40 days of devotionals, lines to fill in what your thankful for, an area to write down prayer requests, and options for your fast each day.

As you see great things transpire over the next 40 days please let us know by emailing us at: 40days@newlifeqca.com

Happy Prayer & Fasting friend I can't wait to see what God has in store.

God Bless!

Pastor Brad

Date: ____ / ____ / ____



Today's Devotional | Billy Willis

Are you a Worry Warrior or Prayer Warrior? What do you worry about most? Does it have to do with family issues, finances, or your future? Whatever it is, give it to God! Pray about it. By worrying, you choose to hold on to it and deal with it in your own power. By praying about it, you surrender it into God's hands, trusting Him deal with it in His great power. God's power is always greater than yours. Worry results in delayed resolution. Prayer results in expedited resolution. What would you rather have? Talk to God today about your worries and trust him.

Today's Verse:

Don't worry about anything; instead, pray about everything...
Philippians 4:6

Today I am fasting: ☐ Daniel ☐ Skip A Meal
☐ Water only ☐ Media ☐ Other: _____

Lord, thank you for: _____

Lord, I pray for this person/these people: _____

Lord, help me: _____

Date: ____ / ____ / ____



Today's Devotional | Bob Grizzle

As he wrote to the church, Paul asked us all to give of ourselves as Christ gave of himself. All that I do should be done as a sacrifice to him daily, no matter the cost to myself, no matter if is great or small to give Jesus my best effort. This is my reasonable service to him.

Today's Verse:

I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

Romans 12:11

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Brad Swartout

Have you ever been scared to death about something your facing?
I'm sure you have been! I think we all have experienced that.

King Jehoshaphat was no different! But I love the
way he approached his fear. How do you tackle your fears?

Today's Verse:

Jehoshaphat was terrified by this news and begged the Lord
for guidance. He also ordered everyone in Judah to begin fasting.
So people from all the towns of Judah came to Jerusalem
to seek the Lord's help.
2 Chronicles 20:3-4

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Gary Coon

It is my prayer for all believers to have many mountain top experiences, however we all know that life doesn't work out that way all of the time. If we all had perfect lives and got all we wanted we would have little use for God and faith would just be a theory.

Difficult times will test and grow our faith. They will also determine if you will continue to seek God or turn away from him. Please allow me to offer to you the following words of encouragement.

Today's Verse:

Patient endurance is what you need now, so that you will continue to do God's will. Then you will receive all that he has promised.
Hebrews 10:36

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Ken Lundeen

Fasting means I come to GOD with no pretense. I Have Nothing to hide.
I have nothing to lose. I have nothing to fear. I have nothing to prove. I
come as the old Hymn says, "Just as I am without one plea..."

Today's Verse:

There is no fear in love. But perfect love drives out fear, because fear
has to do with punishment. The one who fears is not made perfect in love.
1 John 4:18

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Lord, thank you for: _____

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Lord, help me: _____

Date: ____ / ____ / ____



Today's Devotional | Linda Anderson

Yes, yes. Venture towards Me, keeping your eyes focused only on Me. When you lean on, depend on, and trust in Me, your journey will seem less toilsome. You will come to understand who I am, how much I love you and desire to see My glory displayed through you, for all to see.

You will experience My provision meted out in every area of your life - physical, emotional, and spiritual. So start your adventure by climbing higher and higher, up into everything I have designed and planned for you. Come to the top of the mountain and know that I am your God!

Today's Verse:

On the mountain of the Lord it will be provided.
Genesis 22:14

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Lord, help me: _____

Date: ____ / ____ / ____



Today's Devotional | Stephen McGough

This verse has ministered to me a lot through the last few years. I continually pray that God will grow to be my number one desire above all else. Impossible in my own power, but not when God strengthens my heart to love Him. May God help us put Him first above all else.

Today's Verse:

Whom have I in heaven but You? And besides You, I desire nothing on earth. My flesh and my heart may fail, But God is the strength of my heart and my portion forever.

Psalm 73:25-26

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Lord, help me: _____

Date: ____ / ____ / ____



Today's Devotional | Sue Kay

Make this personal and pray it daily with expectancy.
Father God, give me your spirit of wisdom and revelation in the
knowledge of *you*!

Today's Verse:

That the God of our Lord Jesus Christ, the Father of glory, may give
to you the spirit of wisdom and revelation in the knowledge of Him.
Ephesians 1:17

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Date: ____ / ____ / ____

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DAYS

Today's Devotional | Billy Willis

God cares about every detail of your life, large or small. In fact, nothing you worry about is too big or too small for God. Everything is small to God! He is better at caring for you than you are at caring for yourself. He is the ultimate "care-r." Not only does he care, but he has all the power to help you in all your cares and concerns. Give your worries to the Lord today!

Today's Verse:

Give all your worries and cares to God, for he cares about you.
1 Peter 5:7

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Today's Devotional | Bob Grizzle

David was seeking a place to offer a sacrifice to atone for his transgression. It was offered to him as he was the king for no cost.

David said no, if he was to make a sacrifice it would cost him something to make that sacrifice. As I approach time of fasting and prayer, what will that cost be? What am I seeking for, and what am I willing to do to see it accomplished? Dear Lord, show me what you would have me do to further your kingdom!

Today's Verse:

And the king said unto Araunah, Nay; but I will surely buy it of thee at a price: neither will I offer burnt offerings unto the LORD my God of that which doth cost me nothing. So David bought the threshingfloor and the oxen for fifty shekels of silver.

2 Samuel 24:24

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Today's Devotional | Brad Swartout

Despite what we are going through, let's not throw off our confidence in the fact that God is sovereign! And as we "remain," and persevere through prayer, one day we will look back on these hard times and be victoriously standing on the other side of our trials. Seeking God is truly the answer to life's challenges.

Today's Verse:

Consider it pure joy, my brothers and sisters whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance.

James 1:2

Rejoice in our confident hope. Be patient in trouble,
and keep on praying.

Romans 12:12

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Today's Devotional | Gary Coon

Life brings many decisions and circumstances both small and large. Some situations are so huge that we may spend much time in prayer seeking God for help in taking the correct path. God loves you so much that he wants to help us select the right path in all that we encounter in life; even the smallest of issues. It is sometimes impossible to decide what we should do but if we will trust God he will take us the direction we need to go. Consider and apply the following scripture to your life.

Today's Verse:

Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.
Proverbs 3:5-6

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Lord, help me: _____

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Today's Devotional | Ken Lundeen

Fasting may be difficult for some, but all can fast. It may mean something you eat: sweets, meats and other treats. It can mean something you do: media, secular reading, games, etc. It can be meals: one or two per day. It can mean a beverage you like.

Today's Verse:

Whatever you do do it heartily unto the Lord.
Colossians 3:23.

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Lord, help me: _____

Date: ____ / ____ / ____



Today's Devotional | Linda Anderson

Rest. want you to be able to come to Me and breathe deeply and feel My presence. Saturate yourself in My presence and know what it feels like to just "be". Be in Me. To completely drink Me in and be filled. To come into a place where there's nothing else and no one else but you and Me. For this is the place you will know you have protection, love, rest, and times of refreshing. This is the place that you can come to be strengthened and you will know My hope!

Today's Verse:

Find rest O my soul, in God alone; my hope comes from Him.
Psalm 62:5

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Lord, help me: _____

Date: ____ / ____ / ____



Today's Devotional | Stephen McGough

God doesn't just get us out of our pits, which we usually create with our own sins and forgive us. He goes another step to then say I will bless you, too! I will crown you with my love! Even after our failures, God forgives and chooses to bless!

Today's Verse:

Bless the LORD, O my soul, And all that is within me, bless
His holy name. Bless the LORD, O my soul, And forget none of
His benefits; Who pardons all your iniquities, Who heals all your
diseases; Who redeems your life from the pit, Who crowns
you with lovingkindness and compassion.
Psalm 103:1-4

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Sue Kay

Sometimes seeking God is just taking a negative thought captive or simply praying "God help me". No amount of seeking is too small nor need too large for the creator. Even when I have been walking in my own ways and desires, I am never too late to repent and run to Him. Every minute of every day is a new chance to seek Him.

Today's Verse:

But seek first the kingdom of God and His righteousness,
and all these things shall be added to you.
Matthew 6:33

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Billy Willis

Paul categorizes everything in life into two categories. The first being knowing Jesus and knowing him well. The second being pretty much everything else a person could possibly be consumed with. Paul reminds us that only *one thing* truly matters in life. Knowing and growing in our relationship with Jesus is the only thing that truly matters and it has “infinite value”. Everything else can be counted as garbage in comparison. Stop dumpster diving and start diving into the treasure chest of God's presence today!

Today's Verse:

Yes, everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord. For his sake I have discarded everything else, counting it all as garbage, so that I could gain Christ.
Philippians 3:8

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Bob Grizzle

Jesus was watching as people placed their offerings into the treasury, this one widow gave all that she had (two mites). Are we giving all that we have in our fasting and prayers to see God work, or are we giving of our abundance? Dear Lord help me to give my all to you not holding anything back for your glory.

Today's Verse:

And there came a certain poor widow, and she threw
in two mites, which make a farthing.
Mark 12:42

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Today's Devotional | Brad Swartout

I love the answer God gives Moses as he pleads for God to use anyone but him. God does not let Moses "off the hook" but instead walks with him through the difficult task God assigned him to. Don't run from the calling God has placed on your life. Instead take God on the journey with you by remaining in him. For the full story read Exodus 4:1-17..

Today's Verse:

Now go! I will be with you as you speak, and I will instruct you in what to say.
Exodus 4:12

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Gary Coon

Seasonal stories like: "Twas the night before Christmas and all through the house" are cute, but don't let them overshadow or replace the incredible true story of Shepherds, Angels, Bethlehem, Mary, Joseph and the birth of Jesus!

Today's Verse:

The Angel said . . . "I bring you good news that will bring great joy to all people. The Savior – yes, the Messiah, the Lord – has been born today. . . The Angel was joined by a vast host of others – the armies of heaven – praising God and saying,
"And peace on earth to those with
Glory to God in highest heaven,
Whom God is pleased."
Luke 2:10-14

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Today's Devotional | Ken Lundeen

Fasting is purposeful. It focuses on God, and not our circumstances.
Fasting focuses on our heart attitude and submits us to His leading.
Fasting forces us to not lean on our own understanding,

Today's Verse:

Trust in the Lord with all your heart and lean not on your own
understanding; in all your ways submit to him, and he will
make your paths straight.
Proverbs 3:5-6.

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Stephen McGough

Sin is joyful for a moment, but the joy passes (Hebrews 11:25).

Walking in a strong relationship with God produces a joy that is full! Something on the inside only God can give you! His smile on your heart is incomparable and comes more and more the closer we get to Him!

Today's Verse:

You will make known to me the path of life; In Your presence
is fullness of joy; In Your right hand there are pleasures forever.
Psalm 16:11

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Date: / /



Today's Devotional | Sue Kay

Today's verse says that I can have what I pray for if only I will believe that my prayer will come to pass. Not doubting, trying to solve the problem myself or just giving up on what seems like unanswered prayer is the tricky part. Lord help me to truly trust that you will answer my prayers and Holy Spirit cause my prayers to line up with the Word of God.

Today's Verse:

For this reason I am telling you, whatever you ask for in prayer, believe (trust and be confident) that it is granted to you, and you will [get it].
Mark 11:24

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Today's Devotional | Mary Coram

John Cotton (Puritan) in 1641 spoke about all Christians living in a calling that tends to public good, using gifts supplied by God, and was by God's leading. Does fear of what He might ask us to do show that we are not fully convinced that He really loves us? Let us instead say each day in this year: **"I will not fear, I trust you Jesus, that I may answer the call."**

Today's Verse:

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.
1 John 4:18

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Mary Coram

Zacharias and the shepherds were afraid when the angel spoke to them of God's plan. When the angel spoke to Mary, she was perplexed. Could this be part of what made her favored? As Mary so willingly answered the call, let us also willingly say each day this year: **"I will not fear, I trust you Jesus, that I may answer the call."**

Today's Verse:

In the sixth month of Elizabeth's pregnancy, God sent the angel Gabriel to Nazareth, a town in Galilee, The angel went to her and said, "Greetings, you who are highly favored! The Lord is with you."

Mary was greatly troubled at his words and wondered what kind of greeting this might be.

Luke 1:26, 28-29

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Today's Devotional | Mary Coram

Could this be another part of why God favored Mary? She believed! Recently, Pastor Stephen asked in his sermon "What is your greatest desire?" For 2015 my greatest desire was "that I would surrender all and make God my Lord, Adonai, and Master." What is your greatest desire for 2016? Shall we, standing in belief, proclaim each day in this year: **"I will not fear, I trust you Jesus, that I may answer the call."**

Today's Verse:

Blessed is she who has believed that the Lord would fulfill his promises to her!"
Luke 1:45

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Today's Devotional | Mary Coram

John Cotton also believed the “success of the calling” was the Lord’s burden as one depends on God, the gift giver, and not on the gifts themselves. The woman with the perfume was doing what she could and leaving the success of it unto the Lord. Jesus proclaimed it a success in verse nine. This year let us depend on the God and proclaim each day: **“I will not fear, I trust you Jesus, that I may answer the call.”**

Today's Verse:

Some of those present were saying indignantly to one another, “Why this waste of perfume?” “Leave her alone,” said Jesus. “Why are you bothering her? She has done a beautiful thing to me.” She did what she could. She poured perfume on my body beforehand to prepare for my burial.”

Mark 14: 4, 6, 8

Today I am fasting: ☐ Daniel ☐ Skip A Meal
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Today's Devotional | Mary Coram

Could it happen today when people would want to hang onto our every word about Jesus? Two components are a part of every Christian's calling: being in the Word and praying daily. Beth Moore said, "Courage, love, and joy need to be our calling card when fear goes viral." This year let us be so filled with the fullness of God that we will be able to say each day: **"I will not fear, I trust you Jesus, that I may answer the call."**

Today's Verse:

Every day he was teaching at the temple. But the chief priests, the teachers of the law and the leaders among the people were trying to kill him. Yet they could not find any way to do it, because all the people hung on his words.
Luke 19:47-48

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Today's Devotional | Billy Willis

How do you approach your time in God's word? Is it a dry, religious duty you perform so that you can check it off your list of "things a good Christian should do?" Duty entails a religious mindset, and makes our time in God's word something to dread. How about a different approach? When you read your Bible today, think of it as sweet devotion to God. Devotion entails a relationship mindset, and makes our time with God something to delight in.

God wants your time with Him to be a delightful conversation with Him.

Listen for God's voice today, He wants to talk with you!

Today's Verse:

Didn't our hearts burn within us as he talked with us on the road and explained the Scriptures to us?

Luke 24:32

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Today's Devotional | Bob Grizzle

Fasting is a private thing between me and my Lord. The Lord has taught me that if I don't tell anyone what I am doing, my adversary won't know either. Let us keep our sacrifice of prayer and fasting between ourselves and our Lord, so that He can do his work and receive the glory he deserves.

Today's Verse:

But thou, when thou fastest, anoint thine head, and wash thy face;
That thou appear not unto men to fast, but unto thy Father which is in secret:
and thy Father, which seeth in secret, shall reward thee openly.
Matthew 6:17-18

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DAYS

Today's Devotional | Gary Coon

Constantly on the go describes the culture we live in today. Issues at work fill our minds. Family problems greet us at the door. Stress and anxiety wear us down. Regardless of your circumstances you can find the rest you need.

Today's Verse:

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

Matthew 11:28-29

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Today's Devotional | Ken Lundeen

Fasting is important because it
brings God's promises from His word into our lives!

Today's Verse:

I press on toward the goal to win the prize for which
God has called me heavenward in Christ Jesus.
Philippians 3:14

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Today's Devotional | Stephen McGough

This life that we live today isn't with our old nature, we are new people who now have Christ living through us. We must choose to die to our desires so His can reign today. We can be victorious today because He lives in and through us!

Today's Verse:

I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me.
Galatians 2:20

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Today's Devotional | Sue Kay

When you truly trust in something or someone you do things without fear and with boldness. Father God, thank you that you are always with me and help me to go into everyday with that knowledge in my heart.

Today's Verse:

Be strong, courageous, and firm; fear not nor be in terror
before them, for it is the Lord you God Who goes with you;
He will not fail you or forsake you.
Deuteronomy 31:6

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Today's Devotional | Billy Willis

Too many of us, exhaust our lives living and pursuing things that don't really matter. Pause for a moment and take an inventory of how you have spent the last week of your life. What consumed you? Where did you invest most of your thoughts, time, talents, and treasure (your money). Write it down. Ask yourself, "In 100 years, when my body rests in a grave, will these things even matter?" Now write down what will matter 100 years from now. Its incredible how a few moments of evaluation can change our perspective and ultimately our lives. Choose today to live for what truly matters!

Today's Verse:

For I want you to understand what really matters so that you may live
pure and blameless lives until the day of Christ's return
Philippians 1:10

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Today's Devotional | Bob Grizzle

Having faith that your prayers will be answered is all that Jesus is looking for. Even faith as a grain of a mustard seed will move mountains. Believing in what we are praying for will put into action all of heavens resources to get it accomplished.

Today's Verse:

Therefore I say unto you, what things soever ye desire,
when ye pray, believe that ye receive them, and ye shall have them.
Mark 11:24

Today I am fasting: ☐ Daniel ☐ Skip A Meal
☐ Water only ☐ Media ☐ Other: _____

Lord, thank you for: _____

Lord, I pray for this person/these people: _____

Lord, help me: _____

Date: ____ / ____ / ____



Today's Devotional | Gary Coon

Believers don't neglect or underestimate the value of the time you spend studying the Word of God. It is the roadmap for successful Christian living.

Today's Verse:

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.
2 Timothy 3:16-17

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Today's Devotional | Ken Lundeen

Fasting chooses the "one thing" that is important, sitting at the feet of Jesus. Every time Mary of Bethany is mentioned in Scripture, she is found at the feet of Jesus.

Today's Verse:

But few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.
Luke 10:42

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40 DAYS

To desire more of God seems so difficult at times, but we need to remember that God has given us a new heart in Christ! We *can* and *do* love Him! We must believe and by faith help activate that new love for Christ! Don't be bored with God today; you have a new heart burning for Him!

Moreover, I will give you a new heart and put a new spirit within you; and I will remove the heart of stone from your flesh and give you a heart of flesh.
Ezekiel 36:26

Lord, thank you for: _____

Lord, I pray for this person/thesepeople: _____

Lord, help me: _____

Date: ____ / ____ / ____



Today's Devotional | Sue Kay

Let's go church! God is trustworthy. He is with us. He answers prayer. He will guide us. It is time that we took God at His Word and started showing the lost the signs that will help to open their eyes.

Today's Verse:

And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.

Mark 16:17-18

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Lord, help me: _____

This image shows a single sheet of white paper with horizontal green ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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Sundays at 10 am

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