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HOW WILL YOU BENEFIT FROM PASSION PLANNER?

CUSTOMIZE IT TO YOUR NEEDS.

whether you are a recent grad who feels a little lost, or a professional looking to balance work, family, and your passions, this planner is structured to be tailored to your needs

STAY POSITIVE.

inspirational quotes and "good things that happened" sections keep you motivated and focused on your progress



FOLLOW YOUR PASSIONS.

short and long-term goal setting activities, weekly to-do lists, and monthly check-ins keep you focused on the bigger picture

CREATE A KEEPSAKE.

high quality materials ensure that you can enjoy your planner, ideas, memories, and reflections for years to come



GET FOCUSED.

weekly and daily focus sections allow you to target and focus on what is most important

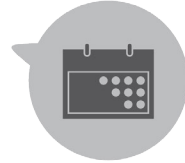
MANAGE YOUR TIME.

a daily appointment calendar allows you to visually keep track of how you spend your time



KEEP IT ALL TOGETHER.

one place to store everything. tasks, appointments, schedules, notes, doodles, journal entries, goals. you name it, we've got a space for it



PUT YOURSELF FIRST.

separated and prioritized to-do lists for personal and work tasks because all too often we put our personal needs on the back burner

LOOK AT THE BIG PICTURE.

complete annual and monthly calendars allow you to get a bird's eye view of your year and months so you can plan ahead and stay organized



DECLUTTER.

a physical notebook allows you to empty your thoughts onto paper and declutter your mind, enabling you to visualize your goals and focus more on the present

CHALLENGE YOURSELF.

weekly challenges give you the opportunity to challenge yourself to positively influence your life

A FRESH START

WHAT IS THE BIGGEST GOAL YOU WOULD LIKE TO ACCOMPLISH THIS YEAR?

WHO OR WHAT MOTIVATES YOU MOST?

WRITE SOME WORDS OF ENCOURAGEMENT FOR YOURSELF TO READ DURING HARD TIMES:

WELCOME!

Welcome to Passion Planner — the one place for all your thoughts. Passion Planner is more than just a planner — it is a tool that helps you break down your short and long-term goals and incorporate them into your daily life. It has been designed to encourage you to plan for the future, reflect on the past, but most importantly, act on the present. Think of it as a 24/7 life coach that fits in your backpack — always ready to challenge you to focus on what is most important, accept your thoughts and ideas without judgment, and prompt you to reflect on your everyday life. We hope that it becomes a place where you can unclutter your mind, allowing you to focus on the present moment.

OUR STORY

While being caught in a period of directionless floating, I felt overwhelmed by nostalgia of the past and fear of the future. I realized that enough was enough. I needed to take a step back and define what direction I wanted my life to go in. I took out a piece of paper, asked myself, “What do I want with my life?” I concluded that one of the most important things to me was creating things that helped people.

I thought about the times I felt most fulfilled and productive and I realized that during those moments a trusty sidekick, my planner, is what helped me the most. I searched far and wide for the perfect planner, but with each planner, I felt like something was missing. They were all very practical, but not personal, and I wanted to change that.

I wanted to make a planner that could be the place for all your thoughts by having the structure of an appointment calendar, the potential for creativity of a sketchbook, and the reflection space of a journal. I wanted a planner that not only got people thinking about where they wanted to go, but also help them get there. I wanted to create the planner I wish someone had given me when I was feeling lost, so I decided to make it myself. That’s how Passion Planner was born.

HOW THIS PLANNER IS SET UP

Each part of Passion Planner provides enough structure to act as a solid starting point, while still allowing plenty of room for customization. Its layout balances structure and flexibility to allow people from all different lifestyles to incorporate it into their everyday lives. Passion Planner takes lifelong goals and breaks them down into smaller monthly, weekly, and daily steps.

- **Passion Roadmap:** Helps you create a roadmap and step-by-step game plan to reach your goals. Once your roadmap is set up and steps are created, they can be used as checkpoints and deadlines in the monthly and weekly layouts.
- **Monthly Layouts:** Helps you check in with your previous month, define your most important Passion GameChanger, break down your goals into actionable steps, and set deadlines.
- **Weekly Layouts:** Incorporates your goals and passions into the context of your daily responsibilities. Each week has sections for you to write in the week’s focus and the day’s focus, schedule appointments, list both personal and work tasks by priority, jot down the good things that happened, and a blank space to customize each week to your needs.
- **Reflection Pages:** At the end of each month, there are questions to reflect on the past month and progress you’ve made.
- **Blank and Grid Pages:** At the very end of the planner, there are extra pages to use as creative space — the possibilities are endless!

ONE LAST THING...

Whether you were one of our very first Kickstarter supporters or someone who’s holding a Passion Planner for the very first time, we thank you for giving us the privilege to be a part of your life. With time, consistency, and persistence, you will soon understand the potential this planner has to create change and inspire action in your life. If it seems a little overwhelming at first, take it slow and make it a point to use it for a short amount of time every day until you get comfortable. Passion Planner is intended to be a guiding tool, not an obligation; a gift you give yourself.

Wishing you excitement, love, a clear mind, and so much more in this year and beyond,

STAY CONNECTED

ANGELIA TRINIDAD

PASSION PLANNER FOUNDER AND DESIGNER



ANGELIATRINIDAD.COM



ARTRINIDAD.COM



@ANGELIATRINIDAD



PASSIONPLANNER.COM



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YOUR PASSION ROADMAP

A STEP-BY-STEP GUIDE TO MAPPING OUT YOUR GOALS

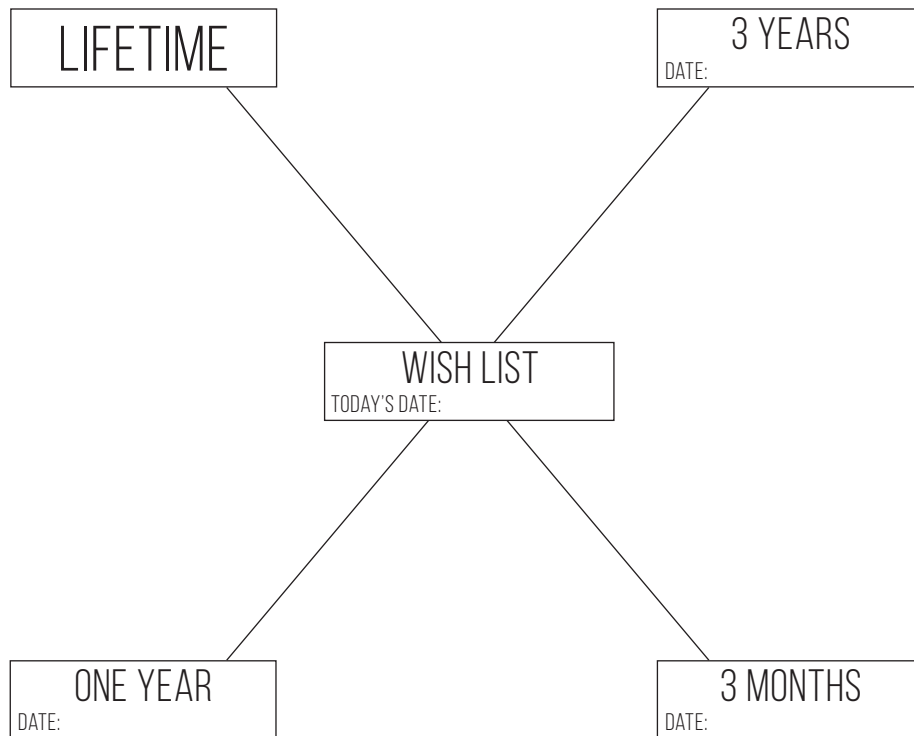
1. MAKE A WISH LIST

Set a timer for five minutes. For the next five minutes, imagine that this piece of paper is magical; whatever you write in it will come true within the designated time frame. Think of it as a wish list describing your ideal life. Ask yourself,

“IF I COULD HAVE ANYTHING, BE ANYTHING, OR DO ANYTHING, WHAT WOULD IT BE?”

Write every single thing that comes to mind and be as specific as possible. Lastly, do not feel the need to be realistic or justify your dreams. Just write.

READY. SET. GO.



2. PRIORITIZE

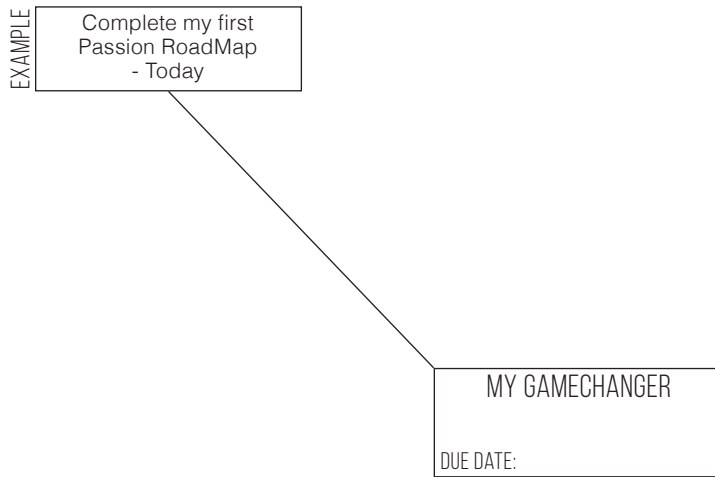
Time's up! Now set the timer for 1 minute. Go back and for each of the four sections, circle one goal that would have the MOST positive impact on your life.

READY. SET. GO.

These are the four goals that you are going to prioritize. Think of them as the most important destinations in your life right now. Now we are going to create a Passion Plan to map out how to get there. A Passion Plan is a mind map that visually breaks down your goals into steps that are specific, actionable, measurable, and time sensitive.

3. CREATE YOUR FIRST PASSION PLAN

Your Passion GameChanger is the goal that would have the most positive impact on your life right now. Write this goal down in the blank box below. If you are unsure of what to write, simply write the goal circled under your three month section. Set your timer for five minutes. Write down as many necessary steps you must take or tasks you must complete to get you to your goal; the more detailed the better. Connect each step to the middle box with a line (see example).



4. ADD SPECIFICS

Assign due dates for each of these tasks by estimating the amount of time needed to complete them. Be specific and be sure to indicate how much, how many, or by when.

5. CREATE A TIMELINE

Look over each task and write the number “1” next to the one that must be completed first. Add a number “2” next to the second task, and so on until all tasks are numbered.

6. MAKE A DATE

Now write these tasks in the corresponding due dates in your weekly layout. Throughout the year, use these as checkpoints to keep you on track.

7. WORK AT IT!

For this goal, strive to do at least one productive thing every day before 10 AM to get you closer to your goal. Consistency is key: if you skip a day, be sure to make up for it the next day.

8. REPEAT

Repeat this process for as many goals as you'd like.

EXTRA CREDIT

Find a follow-up buddy to check in with you and help you stay accountable for your goals.

Cross out “Lifetime”, “3 Years”, “1 Year” and “3 months” and replace them with “5 YEARS”, “3 YEARS”, “3 MONTHS” and “1 MONTH” respectively. Now challenge yourself to meet those deadlines.

HOW THIS PLANNER IS SET UP

Imagine you are about to start your first solo trip. Your car is packed up and ready to take on the journey from Los Angeles to New York. You start the engine and you're off! First stop: the Grand Canyon.

About two hours into the trip, you realize you're lost. You fumble around for your map and freak out for a moment realizing you've forgotten it. You shrug it off and keep driving Northeast, the general direction of your destination, telling yourself you will get there eventually.

Before long, you get distracted by another place and never actually make it to the Grand Canyon.

Many of us treat goal setting this way; we dream and think about where we want to go, but don't have a map to help us get there.

Passion Planning is a process that helps you create that map.

It takes your abstract goals, breaks them down into more manageable steps on paper, and gives you a way to integrate those steps into your daily life.



WHY WRITING WORKS



Think of your mind as a juggler and the thoughts that occupy your mind as balls.

The more balls your mind must juggle at one time, the more strain you put on it and the more susceptible you are to becoming overwhelmed and dropping everything. When you write your thoughts, things to-do, goals, anxieties, etc., onto paper you effectively place that "ball" down.

After putting down all of the balls, you can then pick and choose which one you want to focus on.

Lastly, writing these things down in one place also assures you that no matter when you want to revisit that thought, you will know exactly where it is.

WHY PRIORITIZING WORKS

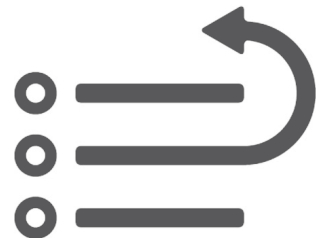
Working off the last metaphor, imagine that each of the balls were assigned a dollar value. One ball is worth \$1000, three are worth \$100, and five are worth \$1.

You are told that if you are able to juggle as many balls in the air for one minute, you will win the assigned value of the balls. The only catch is if any of the balls touch the floor at any given point, you will win nothing. Which balls would you choose to juggle?

Obviously the \$1000 ball, and if you're a seasoned juggler, maybe a couple of the \$100 ones. But why not play it safe and just hold the most valued \$1000 ball for one minute? The smartest strategy seems pretty obvious, but most people do exactly the opposite when it comes to their tasks and priorities. They pick up all of the balls, toss them up in the air, and scramble to keep them from dropping, splitting their attention by treating the important and trivial tasks as equals.

When faced with the decision to complete a task, ask yourself, "Is this action getting me closer to my goals?" If not, have the self-control to choose NOT to do it. Prioritizing takes a little extra thought and effort, but if done right, this extra step will pay dividends.

It may be hard to hone in and focus on what's important, so I've designed this planner to give you a space every week and every day to determine what you should be focusing on during that time period. Each day, ask yourself: "If I could only do one thing today, and still feel like my day was successful, what would it be?" and write it in your "Today's Focus" box. Aim to get your "Today's Focus" task done every day and you will find yourself living a happier and more fulfilling life.

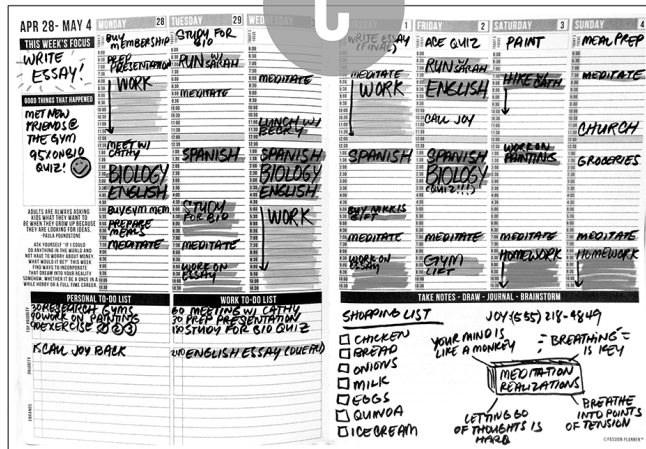
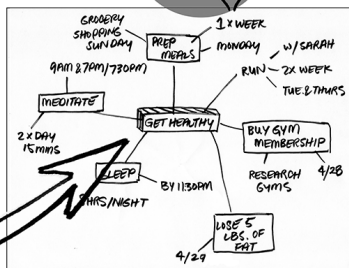
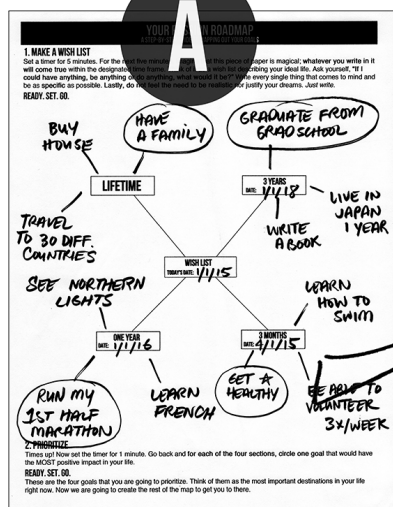


PASSION PLANNING: TYING IT ALL TOGETHER

DREAM BIG.

BREAK IT DOWN.

WORK AT IT.



PASSION ROADMAP

a one page overview of your short-term and long-term goals

PASSION PLAN

a mind map that breaks down any goal into smaller and more manageable steps

WEEKLY LAYOUTS

a place to incorporate those steps into your daily agenda

B PASSION PLAN EXAMPLE

HOW DO I CREATE A PASSION PLAN?

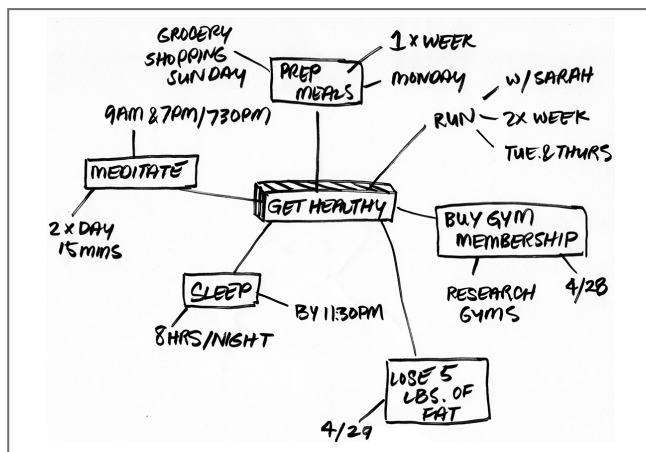
STEP 1: Write down any goal in the middle of the page.

STEP 2: Write down as many necessary steps you must take or tasks you must complete to get you to your goal.

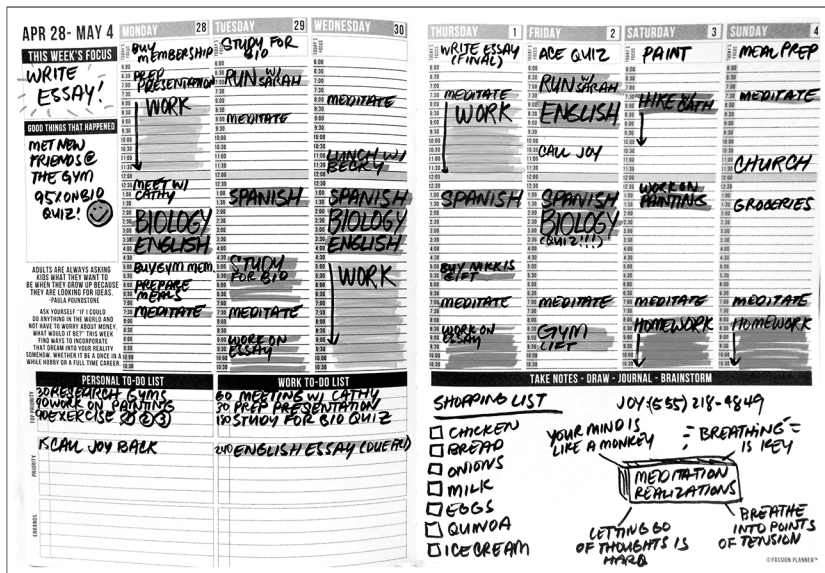
STEP 3: Go back to each step and add details to make them more:

- Specific: With whom, where, when?
- Actionable: Ask yourself, can you assign this to someone else? If not, what details can you add to make that possible?
- Measurable: How many, how often, or how much?
- Time Sensitive: Assign a deadline to each.

STEP 4: Now write these tasks and the corresponding due dates in your weekly layout. Throughout the year, use these as checkpoints to keep you on track.



C WEEKLY LAYOUT EXAMPLE



WEEKLY PASSION PREP ROUTINE:

Pick one day out of the week (preferably Sunday or Monday) where you set aside 30 minutes to 1 hour preparing for the week ahead.

STEP 1: Input all of your mandatory appointments in your appointment calendar including classes, work, doctor's appointments, etc.

STEP 2: List all of the to-do's of the week in order of priority, including steps from your Passion Plan.

STEP 3: In the box to the left of the task, write how many minutes it should take to complete the task.

STEP 4: Starting with the highest priority, write the tasks in appropriate time slots into your agenda.

STEP 5: Fill in each day's focus and decide what the one thing that needs to get done this week is and write it in your "This week's focus" section.

EXTRA CREDIT: To best prepare for the next day's activities, spend 5-10 minutes the night before reviewing what is on tomorrow's agenda, making changes as needed.

2016

JANUARY

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U.S. HOLIDAYS

Jan 18: Martin Luther King Jr. Day
Feb 14: Valentine's Day
Feb 15: Presidents' Day
Mar 17: St. Patrick's Day
Mar 27: Easter Sunday

May 08: Mother's Day
May 30: Memorial Day
Jun 19: Father's Day
Jul 04: Independence Day
Sep 05: Labor Day

Oct 10: Discoverers' Day
Oct 31: Halloween
Nov 11: Veterans Day
Nov 24: Thanksgiving Day
Dec 25: Christmas Day

SPACE OF INFINITE POSSIBILITY

2017

JANUARY

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JULY

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SEPTEMBER

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OCTOBER

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DECEMBER

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U.S. HOLIDAYS

Jan 16: Martin Luther King Jr. Day
Feb 14: Valentine's Day
Feb 20: Presidents' Day
Mar 17: St. Patrick's Day
Apr 16: Easter Sunday

May 14: Mother's Day
May 29: Memorial Day
Jun 18: Father's Day
Jul 04: Independence Day
Sep 04: Labor Day

Oct 9: Discoverers' Day
Oct 31: Halloween
Nov 11: Veterans Day
Nov 23: Thanksgiving Day
Dec 25: Christmas Day

SPACE OF INFINITE POSSIBILITY

JANUARY

THIS MONTH'S FOCUS

PERSONAL	
WORK	

PEOPLE TO SEE

PLACES TO GO

NOT TO-DO LIST

SUNDAY	MONDAY	TUESDAY
27	28	29
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17	18 MARTIN LUTHER KING JR. DAY	19
24	25	26
31	1	2

PERSONAL PROJECTS

TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:

DUE DATES	

WORK PROJECTS

TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:

DUE DATES	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 NEW YEAR'S DAY	2
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BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

DEC 27 - JAN 2

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

EVERY NEW BEGINNING
COMES FROM SOME OTHER
BEGINNING'S END.

- SENECA -

SET ASIDE 30 MINUTES TO WRITE DOWN ALL
THE PROJECTS THAT YOU'VE COMPLETED IN
2015. FOR EACH PROJECT, WRITE ONE THING
YOU'VE LEARNED FROM THAT EXPERIENCE.
READY. SET. GO.

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PERSONAL TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

WORK TO-DO LIST

WEDNESDAY	30	THURSDAY	31	FRIDAY	1	SATURDAY	2
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	NEW YEAR'S DAY	TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

WEEK 1

JAN 3 - JAN 9

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

THE SECRET OF GETTING
AHEAD IS GETTING STARTED.

- MARK TWAIN -

LOOK AT YOUR PASSION GAMECHANGER
THAT YOU DEFINED AT THE BEGINNING OF
THE PLANNER. THINK OF THREE CONCRETE
TASKS YOU CAN DO THIS WEEK TO HELP
YOU ACHIEVE THAT GOAL. NOW ASSIGN
THOSE TASKS TO YOUR "TODAY'S FOCUS"
FOR THREE DIFFERENT DAYS OF THIS WEEK.
NOW IT'S UP TO YOU TO EXECUTE.
YOU GOT THIS!

SUNDAY 3

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MONDAY 4

TODAY'S
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TUESDAY 5

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PERSONAL TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

WORK TO-DO LIST

WEDNESDAY 6		THURSDAY 7		FRIDAY 8		SATURDAY 9	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
6:00		6:00		6:00		6:00	
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SPACE OF INFINITE POSSIBILITY

WEEK 2
JAN 10 - JAN 16

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

BETTER THREE
HOURS TOO SOON THAN
A MINUTE TOO LATE.
- WILLIAM SHAKESPEARE -

CHALLENGE YOURSELF TO BE 15 MINUTES
EARLY TO ALL COMMITMENTS YOU HAVE
SET THIS WEEK. MARK EACH TIME YOU
SUCCEED IN YOUR PLANNER WITH A
SMILEY FACE TO CELEBRATE EVERY
SMALL VICTORY.

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TODAY'S FOCUS	
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MONDAY	11
TODAY'S FOCUS	
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TUESDAY	12
TODAY'S FOCUS	
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PERSONAL TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

WORK TO-DO LIST

WEDNESDAY 13		THURSDAY 14		FRIDAY 15		SATURDAY 16	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

JAN 17 - JAN 23

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

PREPARATION IS THE KEY TO SUCCESS. THIS WEEK, SPEND 30 MINUTES EVERY NIGHT PREPARING FOR THE FOLLOWING DAY IN YOUR PLANNER. DEFINE WHAT YOUR "TODAY'S FOCUS" IS, AND BLOCK OUT TIME FOR YOUR CRITICAL APPOINTMENTS (DON'T FORGET TIME FOR YOURSELF!).

PERSONAL TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

SUNDAY		17	MONDAY		18	TUESDAY		19
TODAY'S FOCUS			TODAY'S FOCUS		MARTIN LUTHER KING JR. DAY	TODAY'S FOCUS		
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WORK TO-DO LIST

[illegible]

WEDNESDAY	20	THURSDAY	21	FRIDAY	22	SATURDAY	23
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

JAN 24 - JAN 30

GOOD THINGS THAT HAPPENED

EITHER I WILL FIND A WAY,
OR I WILL MAKE ONE.
- PHILIP SIDNEY -

WHENEVER YOU FIND YOURSELF STUCK AT WHAT FEELS LIKE A DEAD END, ASK SOMEONE WHO HAS BEEN ABLE TO PUSH PAST THAT PROBLEM FOR ADVICE AND GUIDANCE. IT DOESN'T HAVE TO BE IN PERSON. EMAIL AND PHONE CALLS WORK JUST AS WELL.

SUNDAY24		MONDAY25		TUESDAY26	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY 27		THURSDAY 28		FRIDAY 29		SATURDAY 30	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

JAN 31 - FEB 6

GOOD THINGS THAT HAPPENED

THE MAN WHO MOVES A
MOUNTAIN BEGINS BY
CARRYING AWAY
SMALL STONES.
- CHINESE PROVERB -

THINK OF A PROJECT YOU HAVE BEEN PUTTING OFF BECAUSE OF ITS MAGNITUDE. BREAK IT DOWN INTO AS MANY STEPS AS POSSIBLE TO MAKE IT LESS INTIMIDATING. COMPLETE THEM AND CROSS THEM OFF. USE THAT MOMENTUM TO KEEP YOU GOING.

SUNDAY		31	MONDAY		1	TUESDAY		2
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY 3		THURSDAY 4		FRIDAY 5		SATURDAY 6	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

FEBRUARY

THIS MONTH'S FOCUS

PERSONAL

WORK

PEOPLE TO SEE

PLACES TO GO

NOT TO-DO LIST

SUNDAY	MONDAY	TUESDAY
31	1	2
7	8	9
14 VALENTINE'S DAY	15 PRESIDENTS' DAY	16
21	22	23
28	29	1

PERSONAL PROJECTS

TOP PRIORITY PROJECT:

DUE DATES

PROJECT:

DUE DATES

WORK PROJECTS

TOP PRIORITY PROJECT:

DUE DATES

PROJECT:

DUE DATES

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6
10	11	12	13
17	18	19	20
24	25	26	27
2	3	4	5

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

FEB 7 - FEB 13

GOOD THINGS THAT HAPPENED

THIS WEEK, TRY TO FILL AS MANY TIME SLOTS AS POSSIBLE. SCHEDULE OUT EVERYTHING: FROM SLEEP, TO MEALS, TO TIME FOR YOURSELF. BY DOING SO, YOU CREATE A VISUAL REPRESENTATION OF WHERE YOUR TIME IS GOING, ALLOWING YOU TO ASSESS YOUR PRODUCTIVITY AND TRULY BE PRESENT DURING EACH MOMENT.

WORK TO-DO LIST

ERRANDS

WEDNESDAY 10		THURSDAY 11		FRIDAY 12		SATURDAY 13	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
6:00		6:00		6:00		6:00	
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SPACE OF INFINITE POSSIBILITY

WEDNESDAY	17	THURSDAY	18	FRIDAY	19	SATURDAY	20
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

FEB 21 - FEB 27

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[illegible]

- FRANCIS BACON -

DON'T BE AFRAID TO ASK QUESTIONS,
ESPECIALLY THE DIFFICULT ONES. ASKING IS
ALWAYS BETTER THAN ASSUMING.

SUNDAY		21	MONDAY		22	TUESDAY		23
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
6:00			6:00			6:00		
6:30			6:30			6:30		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

PRIORITY		

ERRANDS		

WORK TO-DO LIST	

WEDNESDAY 24		THURSDAY 25		FRIDAY 26		SATURDAY 27	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

FEB 28 - MAR 5

GOOD THINGS THAT HAPPENED

APPRECIATION IS A
WONDERFUL THING: IT MAKES
WHAT IS EXCELLENT IN
OTHERS BELONG TO US
AS WELL.
- VOLTAIRE -

WRITE A SMALL NOTE OF APPRECIATION TO SOMEONE THAT HELPED YOU THROUGH THE MONTH AND HAND DELIVER IT TO THEM BY THE END OF THE WEEK.

SUNDAY		28	MONDAY		29	TUESDAY		1
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY 2		THURSDAY 3		FRIDAY 4		SATURDAY 5	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

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MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

MARCH

THIS MONTH'S FOCUS	
PERSONAL	
WORK	

PEOPLE TO SEE

PLACES TO GO

NOT TO-DO LIST

SUNDAY	MONDAY	TUESDAY
28	29	1
6	7	8
13 DAYLIGHT SAVING BEGINS	14	15
20	21	22
27 EASTER SUNDAY	28	29

PERSONAL PROJECTS	
TOP PRIORITY PROJECT:	
DUE DATES	

WORK PROJECTS	
TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:	
DUE DATES	

PROJECT:	
DUE DATES	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5
9	10	11	12
16	17 ST. PATRICK'S DAY	18	19
23	24	25	26
30	31	1	2

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

MAR 6 - MAR 12

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[illegible]

- HENRY DAVID THOREAU -

THIS WEEK, CHALLENGE YOURSELF TO BE COMPLETELY PRESENT IN EVERY MOMENT. PUT AWAY YOUR SMARTPHONE, BE MORE ATTENTIVE TO YOUR SURROUNDINGS, AND IMMERSE YOURSELF IN THE COMPANY OF THOSE AROUND YOU.

SUNDAY		6	MONDAY		7	TUESDAY		8
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
6:00			6:00			6:00		
6:30			6:30			6:30		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

PRIORITY	

ERRANDS		

WORK TO-DO LIST	

WEDNESDAY 9		THURSDAY 10		FRIDAY 11		SATURDAY 12	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
6:00		6:00		6:00		6:00	
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SPACE OF INFINITE POSSIBILITY

MAR 13 - MAR 19

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

A PERSON WHO NEVER
MADE A MISTAKE NEVER
TRIED ANYTHING NEW.

- ALBERT EINSTEIN -

MISTAKES ARE OFTEN THE BEST TEACHERS. THIS WEEK, REFLECT ON A MISTAKE YOU'VE MADE IN THE PAST. WHAT LESSONS DID YOU LEARN FROM THAT EXPERIENCE?

SUNDAY		13
TODAY'S FOCUS	DAYLIGHT SAVING BEGINS	
6:00		
6:30		
7:00		
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PERSONAL TO-DO LIST

TOP PRIORITY	

PRIORITY

ERRANDS

WORK TO-DO LIST

WEDNESDAY 16		THURSDAY 17		FRIDAY 18		SATURDAY 19	
TODAY'S FOCUS		TODAY'S FOCUS	ST. PATRICK'S DAY	TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MAR 20 - MAR 26

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[illegible]

- LEONARDO DA VINCI -

GET OUT OF YOUR COMFORT ZONE AS MUCH AS POSSIBLE THIS WEEK. TRY TO LEAVE THE HOUSE EVERYDAY, MEET NEW PEOPLE, AND EXPLORE NEW PLACES. GO OUT AND EXPERIENCE WHAT THE WORLD HAS TO OFFER.

SUNDAY		20	MONDAY		21	TUESDAY		22
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

WORK TO-DO LIST	

ERRANDS		

WEDNESDAY 23	THURSDAY 24	FRIDAY 25	SATURDAY 26
TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS GOOD FRIDAY	TODAY'S FOCUS
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7:00	7:00	7:00	7:00
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SPACE OF INFINITE POSSIBILITY

MAR 27 - APR 2

GOOD THINGS THAT HAPPENED

- RALPH WALDO EMERSON -

WITH GREAT SUCCESS COMES GREAT POTENTIAL
FOR CRITICISM. NO MATTER WHAT PEOPLE SAY,
BE YOURSELF, STAY TRUE TO YOUR INTUITION,
AND KEEP DOING YOUR BEST. EVERYTHING WILL
FALL INTO PLACE.

SUNDAY		27	MONDAY		28	TUESDAY		29
TODAY'S FOCUS		EASTER SUNDAY	TODAY'S FOCUS			TODAY'S FOCUS		
6:00			6:00			6:00		
6:30			6:30			6:30		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY	30	THURSDAY	31	FRIDAY	1	SATURDAY	2
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

APRIL

THIS MONTH'S FOCUS

PERSONAL	
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WORK	
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PEOPLE TO SEE

--

PLACES TO GO

--

NOT TO-DO LIST

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SUNDAY	MONDAY	TUESDAY
27	28	29
3	4	5
10	11	12
17	18	19
24	25	26

PERSONAL PROJECTS

TOP PRIORITY PROJECT:

DUE DATES	

PROJECT:

DUE DATES	

WORK PROJECTS

TOP PRIORITY PROJECT:

DUE DATES	

PROJECT:

DUE DATES	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2
6	7	8	9
13	14	15	16
20	21	22 EARTH DAY	23
27	28	29	30

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

APR 3 - APR 9

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[illegible]

- SOPHOCLES -

THIS WEEK, HELP SOMEONE THAT IS GOING THROUGH A TOUGH TIME. LET THEM KNOW THEY CAN COUNT ON YOU FOR ADVICE AND SUPPORT. YOUR COMPASSION WILL BE GREATLY APPRECIATED.

SUNDAY		3	MONDAY		4	TUESDAY		5
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST	
TOP PRIORITY	
PRIORITY	
ERRANDS	

[illegible]

WEDNESDAY 6		THURSDAY 7		FRIDAY 8		SATURDAY 9	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

APR 10 - APR 16

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

OUR GREATEST WEAKNESS
LIES IN GIVING UP. THE MOST
CERTAIN WAY TO SUCCEED IS
ALWAYS TO TRY JUST
ONE MORE TIME.

- THOMAS EDISON -

THINK OF SOMETHING YOU HAVE
FAILED AT BEFORE. THIS WEEK, TRY IT
AGAIN WITH THE INSIGHT AND WISDOM
YOU HAVE GAINED FROM HAVING
PREVIOUSLY FAILED.

SUNDAY		10	MONDAY		11	TUESDAY		12
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

[illegible]

WEDNESDAY 13		THURSDAY 14		FRIDAY 15		SATURDAY 16	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

APR 17 - APR 23

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[illegible]

- SUN TZU -

LEARN HOW TO SAY NO; IT IS IMPOSSIBLE TO PLEASE EVERYONE. EVALUATE YOUR PRIORITIES AND ELIMINATE TASKS THAT ARE NOT IMPACTFUL FROM YOUR SCHEDULE THIS WEEK.

TUESDAY		19
TODAY'S FOCUS		
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WORK TO-DO LIST

[illegible]

WEDNESDAY 20	THURSDAY 21	FRIDAY 22	SATURDAY 23
TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS EARTH DAY	TODAY'S FOCUS
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10:30	10:30	10:30	10:30

SPACE OF INFINITE POSSIBILITY

APR 24 - APR 30

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[illegible]

- MICHEL ANGELO -

THINK ABOUT ONE LIMITATION YOU HAVE SET FOR YOURSELF THIS WEEK. APPROACH THE PROBLEM FROM A DIFFERENT ANGLE AND PUSH YOURSELF TO GO PAST IT.

SUNDAY		24	MONDAY		25	TUESDAY		26
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

ERRANDS		

WORK TO-DO LIST	

WEDNESDAY 27		THURSDAY 28		FRIDAY 29		SATURDAY 30	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

MAY

THIS MONTH'S FOCUS	
PERSONAL	
WORK	

PEOPLE TO SEE

PLACES TO GO

NOT TO-DO LIST

SUNDAY	MONDAY	TUESDAY
1	2	3
8	9	10
MOTHER'S DAY		
15	16	17
22	23	24
29	30	31
	MEMORIAL DAY	

PERSONAL PROJECTS	
TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:	
DUE DATES	

WORK PROJECTS	
TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:	
DUE DATES	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6	7
11	12	13	14
18	19	20	21
25	26	27	28
1	2	3	4

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

MAY 1 - MAY 7

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

WHAT SEEMS TO US AS
BITTER TRIALS ARE OFTEN
BLESSINGS IN DISGUISE.

- OSCAR WILDE -

THERE IS A LESSON TO BE LEARNED FROM EVERY EXPERIENCE. FOR EVERY NEGATIVE EVENT THAT HAPPENS THIS WEEK, WRITE DOWN A LESSON LEARNED THAT CAME FROM IT. TOUGH SITUATIONS MAKE US STRONGER INDIVIDUALS.

SUNDAY		1		MONDAY		2		TUESDAY		3	
TODAY'S FOCUS				TODAY'S FOCUS				TODAY'S FOCUS			
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PERSONAL TO-DO LIST

WORK TO-DO LIST

[illegible]

WEDNESDAY 4		THURSDAY 5		FRIDAY 6		SATURDAY 7	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MAY 8 - MAY 14

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

IT'S NOT WHAT YOU
LOOK AT THAT MATTERS,
IT'S WHAT YOU SEE.

- AUTHOR UNKNOWN -

CHALLENGE YOURSELF TO BE MORE OPEN-MINDED THIS WEEK. PUT YOURSELF IN ANOTHER PERSON'S SHOES AND TRY THINKING OUTSIDE OF THE BOX AND LOOKING AT IT FROM A DIFFERENT PERSPECTIVE.

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PERSONAL TO-DO LIST	
TOP PRIORITY	
PRIORITY	
ERRANDS	

[illegible]

WEDNESDAY 11		THURSDAY 12		FRIDAY 13		SATURDAY 14	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MAY 15 - MAY 21

GOOD THINGS THAT HAPPENED

- ABRAHAM LINCOLN -

AVOID THE UNNECESSARY STRESS
THAT COMES WITH PROCRASTINATION.
ASSIGN TIME FRAMES FOR EACH OF YOUR
TASKS. FOCUS ON ONE AT A TIME AND
ELIMINATE DISTRACTIONS.

SUNDAY		15	MONDAY		16	TUESDAY		17
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY 18		THURSDAY 19		FRIDAY 20		SATURDAY 21	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MAY 22 - MAY 28

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

THE VARIOUS EXPERIENCES WE FACE
THROUGHOUT OUR LIVES MAKE US UNIQUE
AND VALUABLE. THINK ABOUT A TIME WHEN
YOU FACED DIFFICULT CIRCUMSTANCES AND
REFLECT ON HOW THAT MADE YOU GROW
AS A PERSON.

SUNDAY		22	MONDAY		23	TUESDAY		24
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY 25		THURSDAY 26		FRIDAY 27		SATURDAY 28	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MAY 29 - JUNE 4

- HORACE MANN -

PERFORM A RANDOM ACT OF KINDNESS
EVERY DAY OF THIS WEEK. GIVE SOMEONE
A GENUINE COMPLIMENT, PAY FOR THEIR
MEAL, OR DONATE SOME OF YOUR TIME TO
A NONPROFIT ORGANIZATION.

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WORK TO-DO LIST

[illegible]

WEDNESDAY	1	THURSDAY	2	FRIDAY	3	SATURDAY	4
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

JUNE

THIS MONTH'S FOCUS

PERSONAL	
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WORK	
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PEOPLE TO SEE

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PLACES TO GO

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NOT TO-DO LIST

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SUNDAY	MONDAY	TUESDAY
29	30	31
5	6	7
12	13	14
19	20	21
FATHER'S DAY		
26	27	28

PERSONAL PROJECTS

TOP PRIORITY PROJECT:

DUE DATES	

PROJECT:

DUE DATES	

WORK PROJECTS

TOP PRIORITY PROJECT:

DUE DATES	

PROJECT:

DUE DATES	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4
8	9	10	11
15	16	17	18
22	23	24	25
29	30	1	2

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

JUNE 5 - JUNE 11

GOOD THINGS THAT HAPPENED

EACH PLAYER MUST ACCEPT THE
CARDS LIFE DEALS HIM OR HER:
BUT ONCE THEY ARE IN HAND, HE
OR SHE ALONE MUST DECIDE HOW
TO PLAY THE CARDS IN ORDER
TO WIN THE GAME.

- VOI TAIRE -

WRITE DOWN YOUR FIVE GREATEST STRENGTHS.
FOCUS ON USING THESE STRENGTHS TO YOUR
ADVANTAGE THIS WEEK TO COMPLETE
YOUR TASKS.

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PERSONAL TO-DO LIST

WORK TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

WEDNESDAY 8		THURSDAY 9		FRIDAY 10		SATURDAY 11	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

JUNE 12 - JUNE 18

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

YOU HAVE YOUR WAY. I HAVE MY WAY. AS FOR THE RIGHT WAY, THE CORRECT WAY, AND THE ONLY WAY, IT DOES NOT EXIST.

- FRIEDRICH NIETZSCHE -

ASK FOR SOMEONE'S ADVICE ON HOW TO SOLVE A PROBLEM AND TRY SOLVING IT THEIR WAY. YOU MAY LEARN SOMETHING VALUABLE BY APPROACHING THE SITUATION FROM A NEW PERSPECTIVE.

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MONDAY 13

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TUESDAY 14

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PERSONAL TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

WORK TO-DO LIST

WEDNESDAY 15		THURSDAY 16		FRIDAY 17		SATURDAY 18	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

WEEK 25

JUNE 19 - JUNE 25

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

TWENTY YEARS FROM NOW YOU WILL BE MORE DISAPPOINTED BY THE THINGS THAT YOU DIDN'T DO THAN BY THE ONES YOU DID DO. SO THROW OFF THE BOWLINES, SAIL AWAY FROM SAFE HARBOR, CATCH THE TRADE WINDS IN YOUR SAILS. EXPLORE, DREAM, DISCOVER.

- MARK TWAIN -

START THAT ONE PROJECT THAT YOU'VE BEEN PUTTING OFF BECAUSE OTHERS HAVE SAID "IT'S IMPOSSIBLE" OR "IT WILL NEVER WORK." KICKSTART YOUR PROJECT AND SEE HOW QUICKLY THOSE WHO DOUBTED YOU START TO BELIEVE.

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PERSONAL TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

WORK TO-DO LIST

WEDNESDAY 22		THURSDAY 23		FRIDAY 24		SATURDAY 25	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

JUNE 26 - JULY 2

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

HINDSIGHT IS 20/20.

- CHELSEA WONG -

MID-YEAR CHECK-IN: REFLECT ON THE PROGRESS YOU'VE MADE IN THE PAST SIX MONTHS. FILL OUT THE PASSION ROADMAP ON THE FOLLOWING PAGES TO REDEFINE YOUR NEW GOALS. CHALLENGE YOURSELF TO SET A HIGHER STANDARD AND APPLY THE LESSONS YOU HAVE LEARNED SO FAR TOWARDS YOUR FUTURE GOALS.

SUNDAY		26	MONDAY		27	TUESDAY		28
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

WEDNESDAY 29		THURSDAY 30		FRIDAY 1		SATURDAY 2	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

YOUR MID-YEAR PASSION ROADMAP

A STEP-BY-STEP GUIDE TO MAPPING OUT YOUR GOALS

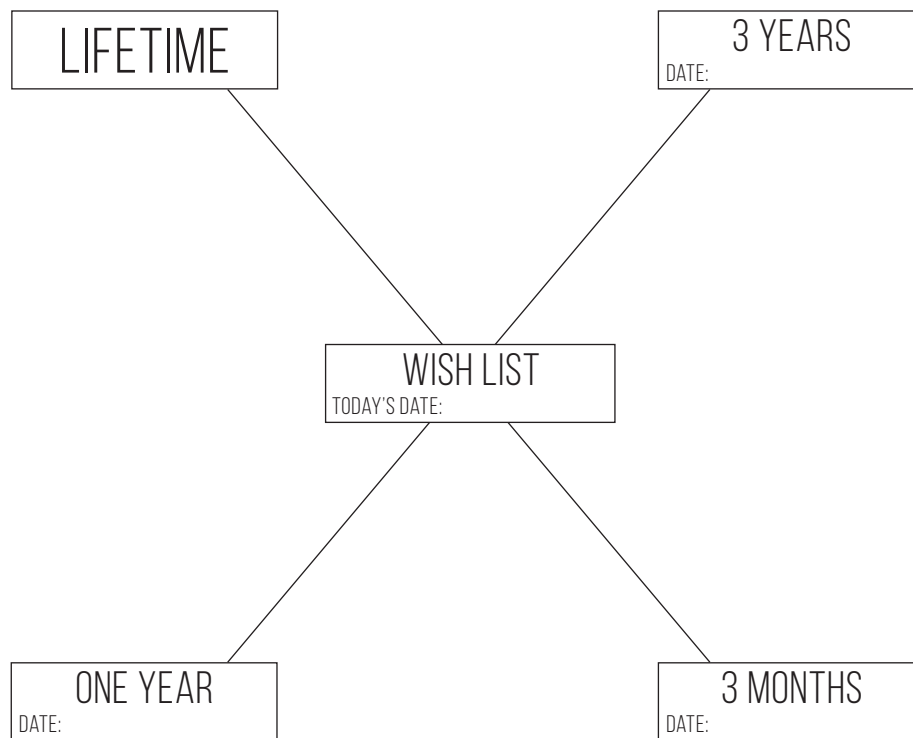
1. MAKE A WISH LIST

Set a timer for five minutes. For the next five minutes, imagine that this piece of paper is magical; whatever you write in it will come true within the designated time frame. Think of it as a wish list describing your ideal life. Ask yourself,

“IF I COULD HAVE ANYTHING, BE ANYTHING, OR DO ANYTHING, WHAT WOULD IT BE?”

Write every single thing that comes to mind and be as specific as possible. Lastly, do not feel the need to be realistic or justify your dreams. Just write.

READY. SET. GO.



2. PRIORITIZE

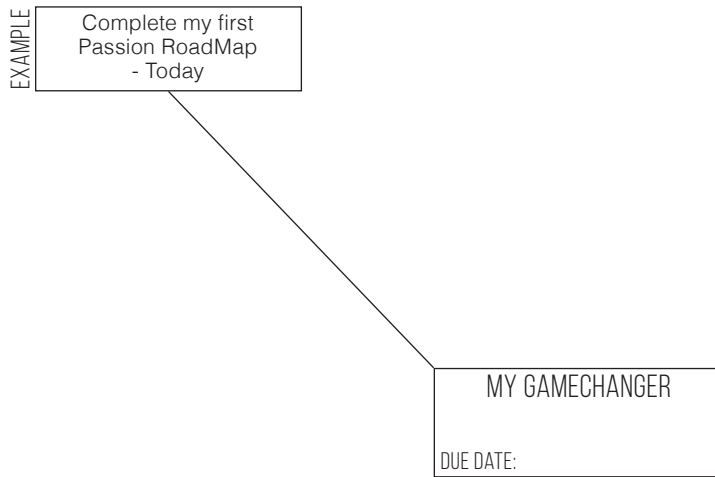
Time's up! Now set the timer for 1 minute. Go back and for each of the four sections, circle one goal that would have the MOST positive impact on your life.

READY. SET. GO.

These are the four goals that you are going to prioritize. Think of them as the most important destinations in your life right now. Now we are going to create a Passion Plan to map out how to get there. A Passion Plan is a mind map that visually breaks down your goals into steps that are specific, actionable, measurable, and time sensitive.

3. CREATE YOUR FIRST PASSION PLAN

Your Passion GameChanger is the goal that would have the most positive impact on your life right now. Write this goal down in the blank box below. If you are unsure of what to write, simply write the goal circled under your three month section. Set your timer for five minutes. Write down as many necessary steps you must take or tasks you must complete to get you to your goal; the more detailed the better. Connect each step to the middle box with a line (see example).



4. ADD SPECIFICS

Assign due dates for each of these tasks by estimating the amount of time needed to complete them. Be specific and be sure to indicate how much, how many, or by when.

5. CREATE A TIMELINE

Look over each task and write the number "1" next to the one that must be completed first. Add a number "2" next to the second task, and so on until all tasks are numbered.

6. MAKE A DATE

Now write these tasks in the corresponding due dates in your weekly layout. Throughout the year, use these as checkpoints to keep you on track.

7. WORK AT IT!

For this goal, strive to do at least one productive thing every day before 10 AM to get you closer to your goal. Consistency is key: if you skip a day, be sure to make up for it the next day.

8. REPEAT

Repeat this process for as many goals as you'd like.

EXTRA CREDIT

Find a follow-up buddy to check in with you and help you stay accountable for your goals.

Cross out "Lifetime", "3 Years", "1 Year" and "3 months" and replace them with "5 YEARS", "3 YEARS", "3 MONTHS" and "1 MONTH" respectively. Now challenge yourself to meet those deadlines.

JULY

THIS MONTH'S FOCUS

PERSONAL	
WORK	

PEOPLE TO SEE

--

PLACES TO GO

--

NOT TO-DO LIST

--

SUNDAY	MONDAY	TUESDAY
26	27	28
3	4 INDEPENDENCE DAY	5
10	11	12
17	18	19
24	25	26
31	1	2

PERSONAL PROJECTS

TOP PRIORITY PROJECT:	
DUE DATES	

WORK PROJECTS

TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:

DUE DATES	

PROJECT:

DUE DATES	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2
6	7	8	9
13	14	15	16
20	21	22	23
27	28	29	30
3	4	5	6

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

JULY 3 - JULY 9

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

BEWARE THE BARRENNESS
OF A BUSY LIFE.

- SOCRATES -

TAKE SOME TIME TO RELAX THIS WEEK.
WE OFTEN GET CAUGHT UP IN THE
BUSYNESS OF LIFE AND FORGET TO TREAT
OURSELVES. REWARD YOURSELF FOR YOUR
HARD WORK. YOU'VE EARNED IT.

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PERSONAL TO-DO LIST

TOP PRIORITY	

PRIORITY

ERRANDS

WORK TO-DO LIST

WEDNESDAY 6		THURSDAY 7		FRIDAY 8		SATURDAY 9	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

JULY 10 - JULY 16

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

EVERYTHING HAS BEAUTY
BUT NOT EVERYONE SEES IT.
- CONFUCIUS -

MAKE A CONSCIOUS EFFORT TO WRITE
DOWN AND REFLECT ON ALL OF THE GOOD
THINGS THAT HAVE HAPPENED THIS WEEK,
SEE HOW MUCH OF AN IMPACT POSITIVE
REFLECTION HAS ON YOUR LIFE.

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PERSONAL TO-DO LIST

WORK TO-DO LIST

[illegible]

WEDNESDAY 13		THURSDAY 14		FRIDAY 15		SATURDAY 16	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

JULY 17 - JULY 23

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

- JAMES RUSSEL LOWELL -

THIS WEEK, PUSH YOURSELF OUT OF YOUR COMFORT ZONE. DO NOT LET FEAR HOLD YOU BACK FROM ACHIEVING YOUR GOALS.

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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY	20	THURSDAY	21	FRIDAY	22	SATURDAY	23
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

JULY 24 - JULY 30

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

LOST TIME IS NEVER
FOUND AGAIN.

- BENJAMIN FRANKLIN -

CHALLENGE YOURSELF TO STOP
MULTI-TASKING. FOCUS YOUR TIME AND
ENERGY ON DOING ONE THING AT A TIME.

SUNDAY		24	MONDAY		25	TUESDAY		26
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY 27		THURSDAY 28		FRIDAY 29		SATURDAY 30	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

WEEK 31

JULY 31 - AUG 6

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

TO LOVE ONESELF IS
THE BEGINNING OF A
LIFELONG ROMANCE.

- OSCAR WILDE -

MAKE A LIST OR MIND MAP OF AT
LEAST FIVE REASONS WHY YOU LOVE
YOURSELF. POST IT IN A PLACE THAT YOU
SEE EVERYDAY.

SUNDAY 31

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MONDAY 1

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TUESDAY 2

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PERSONAL TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

WORK TO-DO LIST

WEDNESDAY 3		THURSDAY 4		FRIDAY 5		SATURDAY 6	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

AUGUST

THIS MONTH'S FOCUS	
PERSONAL	
WORK	

PEOPLE TO SEE

PLACES TO GO

NOT TO-DO LIST

SUNDAY	MONDAY	TUESDAY
31	1	2
7	8	9
14	15	16
21	22	23
28	29	30

PERSONAL PROJECTS	
TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:	
DUE DATES	

WORK PROJECTS	
TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:	
DUE DATES	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6
10	11	12	13
17	18	19	20
24	25	26	27
31	1	2	3

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

AUG 7 - AUG 13

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

KEEP YOUR FACE ALWAYS
TOWARD THE SUNSHINE
AND THE SHADOWS WILL
FALL BEHIND YOU.

- WALT WHITMAN -

CHALLENGE YOURSELF TO BE POSITIVE AND OPTIMISTIC WHEN YOU ARE FACED WITH NEGATIVITY. BRUSH OFF ALL NEGATIVE ENCOUNTERS THIS WEEK AND TRY TO POSITIVELY IMPACT AT LEAST ONE PERSON EVERY DAY.

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TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	TOP PRIORITY

	PRIORITY

	ERRANDS

WEDNESDAY 10		THURSDAY 11		FRIDAY 12		SATURDAY 13	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

AUG 14 - AUG 20

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

MAGIC IS BELIEVING IN
YOURSELF, IF YOU CAN DO
THAT, YOU CAN MAKE
ANYTHING HAPPEN.

- JOHANN WOLFGANG VON GOETHE -

DO SOMETHING YOU HAVE ALWAYS
WANTED TO DO, BUT DID NOT HAVE THE
COURAGE TO TAKE THE FIRST STEP.

SUNDAY		14	MONDAY		15	TUESDAY		16
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	TOP PRIORITY

	PRIORITY

	ERRANDS

[illegible]

WEDNESDAY 17		THURSDAY 18		FRIDAY 19		SATURDAY 20	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

AUG 21 - AUG 27

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

PURSUЕ SOME PATH,
HOWEVER NARROW AND
CROOKED, IN WHICH YOU
CAN WALK WITH LOVE
AND REVERENCE.
- HENRY DAVID THOREAU -

ASK YOURSELF IF THE PATH YOU ARE ON
IS ONE YOU TRULY LOVE. TRUST YOUR
INSTINCTS AND FOLLOW YOUR OWN
UNIQUE JOURNEY.

SUNDAY		21	MONDAY		22	TUESDAY		23
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

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WORK TO-DO LIST

WEDNESDAY 24		THURSDAY 25		FRIDAY 26		SATURDAY 27	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

AUG 28 - SEPT 3

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

WEALTH IS THE ABILITY
TO FULLY EXPERIENCE LIFE.

- HENRY DAVID THOREAU -

PAY EXTRA ATTENTION TO YOUR EXPENSES.
SPEND YOUR MONEY ON EXPERIENCES
RATHER THAN MATERIAL OBJECTS.
POSSESSIONS DON'T SHAPE WHO YOU ARE,
BUT YOUR EXPERIENCES DO.

SUNDAY		28	MONDAY		29	TUESDAY		30
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY 31	THURSDAY 1	FRIDAY 2	SATURDAY 3
TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

SEPTEMBER

THIS MONTH'S FOCUS

PERSONAL	
WORK	

PEOPLE TO SEE

--

PLACES TO GO

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NOT TO-DO LIST

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SUNDAY	MONDAY	TUESDAY
28	29	30
4	5 LABOR DAY	6
11	12	13
18	19	20
25	26	27

PERSONAL PROJECTS

TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:

DUE DATES	

WORK PROJECTS

TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:

DUE DATES	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3
7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	1

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

SEPT 4 - SEPT 10

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

BE NOT AFRAID OF GROWING
SLOWLY, BE AFRAID OF
STANDING STILL.
- CHINESE PROVERB -

STRIVE TO IMPROVE AND GROW AT YOUR OWN PACE. SLOW PROGRESS IS BETTER THAN NO PROGRESS.

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PERSONAL TO-DO LIST	
TOP PRIORITY	
PRIORITY	
ERRANDS	

[illegible]

WEDNESDAY 7		THURSDAY 8		FRIDAY 9		SATURDAY 10	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

SEPT 11 - SEPT 17

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

FRIENDSHIP IS THE SOURCE OF
THE GREATEST PLEASURES, AND
WITHOUT FRIENDS EVEN THE
MOST AGREEABLE PURSUITS
BECOME TEDIOUS.

- ST. THOMAS AQUINAS -

SOMETIMES WE FORGET HOW FORTUNATE WE ARE TO HAVE FRIENDS OR FAMILY WE CAN DEPEND ON. THIS WEEK, MEET WITH A LOVED ONE THAT HAS POSITIVELY IMPACTED YOUR LIFE. LET THEM KNOW HOW MUCH THEY MEAN TO YOU AND HOW THANKFUL YOU ARE TO HAVE THEM.

SUNDAY		11	MONDAY		12	TUESDAY		13
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY 14		THURSDAY 15		FRIDAY 16		SATURDAY 17	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

SEPT 18 - SEPT 24

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[illegible]

MAKE IT A HABIT TO MAKE YOUR BED EVERY MORNING. THIS EASY TASK ONLY TAKES A FEW MINUTES AND IS SCIENTIFICALLY PROVEN TO INCREASE PRODUCTIVITY. DOING THIS WILL KICKSTART YOUR DAYS WITH POSITIVE MOMENTUM.

SUNDAY		18	MONDAY		19	TUESDAY		20
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

PRIORITY		

ERRANDS		

WORK TO-DO LIST	

WEDNESDAY 21		THURSDAY 22		FRIDAY 23		SATURDAY 24	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

SEPT 25 - OCT 1

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- FRIEDRICH SCHILLER -

MAKE IT A POINT TO BE HONEST WITH YOURSELF THIS WEEK. RE-EVALUATE YOUR GAMECHANGER AND ASK YOURSELF IF THE GOALS YOU HAVE SET ARE TRULY YOUR OWN.

SUNDAY		25	MONDAY		26	TUESDAY		27
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

PRIORITY	

ERRANDS		

WEDNESDAY 28		THURSDAY 29		FRIDAY 30		SATURDAY 1	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

OCTOBER

THIS MONTH'S FOCUS

PERSONAL

WORK

PEOPLE TO SEE

PLACES TO GO

NOT TO-DO LIST

SUNDAY	MONDAY	TUESDAY
25	26	27
2	3	4
9	10 DISCOVERERS' DAY	11
16	17	18
23	24	25
30	31 HALLOWEEN	1

PERSONAL PROJECTS

TOP PRIORITY PROJECT:

DUE DATES

WORK PROJECTS

TOP PRIORITY PROJECT:

DUE DATES

PROJECT:

DUE DATES

PROJECT:

DUE DATES

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1
5	6	7	8
12	13	14	15
19	20	21	22
26	27	28	29
2	3	4	5

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

OCT 2 - OCT 8

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

LIFE COMES FROM
THE EARTH AND LIFE
RETURNS TO THE EARTH.
- ZHUANGZI -

GO GREEN AND CHALLENGE YOURSELF TO BE MORE ENVIRONMENTALLY CONSCIOUS THIS WEEK. CARPOOL WITH A FRIEND, RIDE YOUR BIKE TO SCHOOL/WORK OR USE REUSABLE GROCERY BAGS. TAKE INITIATIVE AND DO YOUR PART IN KEEPING OUR PLANET CLEAN.

PERSONAL TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

SUNDAY		2	MONDAY		3	TUESDAY		4
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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WORK TO-DO LIST

[illegible]

WEDNESDAY 5		THURSDAY 6		FRIDAY 7		SATURDAY 8	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

OCT 9 - OCT 15

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

EVERY ARTIST WAS
FIRST AN AMATEUR.

- RALPH WALDO EMERSON -

THIS WEEK, FOCUS ON SOMETHING YOU HAVE JUST BEGUN RECENTLY. INVEST AT LEAST 30 MINUTES INTO IT EVERY DAY. AT THE END OF THE WEEK, REFLECT ON WHAT YOU'VE EARNED.

SUNDAY		9	MONDAY		10	TUESDAY		11
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
			DISCOVERER'S DAY					
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PERSONAL TO-DO LIST

[illegible]

WORK TO-DO LIST

WEDNESDAY 12		THURSDAY 13		FRIDAY 14		SATURDAY 15	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

OCT 16 - OCT 22

GOOD THINGS THAT HAPPENED

TRY TO LEARN SOMETHING
ABOUT EVERYTHING
AND EVERYTHING
ABOUT SOMETHING.

- THOMAS HUXLEY -

LEARN SOMETHING NEW THIS WEEK
WHETHER IT BE READING A NEW BOOK OR
LISTENING TO A PODCAST, FIND INTEREST
IN SOMETHING OUTSIDE OF YOUR
NORMAL ROUTINE.

SUNDAY		16	MONDAY		17	TUESDAY		18
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY	19	THURSDAY	20	FRIDAY	21	SATURDAY	22
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

OCT 23 - OCT 29

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[illegible]

- RALPH WALDO EMERSON -

THIS WEEK, SET ASIDE 15 MINUTES EACH DAY TO MEDITATE. MEDITATION IS A GREAT WAY FOR YOU TO RELAX, RELIEVE STRESS, AND PUT YOUR MIND AT EASE.

SUNDAY		23	MONDAY		24	TUESDAY		25
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

WORK TO-DO LIST	

PRIORITY	

ERRANDS		

WEDNESDAY 26		THURSDAY 27		FRIDAY 28		SATURDAY 29	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

OCT 30 - NOV 5

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[illegible]

- JOHANN WOLFGANG VON GOETHE -

CHASE YOUR GOALS WITHOUT HESITATION.
FOCUS ON YOUR STRENGTHS AND UTILIZE
THEM TO THEIR FULL POTENTIAL. BELIEVE IN
YOUR ABILITIES AND KNOW THAT YOU ARE
MORE CAPABLE THAN YOU THINK.

SUNDAY		30	MONDAY		31	TUESDAY		1
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

PRIORITY		

ERRANDS		

WORK TO-DO LIST	

WEDNESDAY 2		THURSDAY 3		FRIDAY 4		SATURDAY 5	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

NOVEMBER

THIS MONTH'S FOCUS

PERSONAL

WORK

PEOPLE TO SEE

PLACES TO GO

NOT TO-DO LIST

SUNDAY	MONDAY	TUESDAY
30	31	1
6 DAYLIGHT SAVING ENDS	7	8
13	14	15
20	21	22
27	28	29

PERSONAL PROJECTS

TOP PRIORITY PROJECT:

DUE DATES

WORK PROJECTS

TOP PRIORITY PROJECT:

DUE DATES

PROJECT:

DUE DATES

PROJECT:

DUE DATES

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5
9	10	11 VETERANS DAY	12
16	17	18	19
23	24 THANKSGIVING DAY	25	26
30	1	2	3

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

NOV 6 - NOV 12

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[illegible]

- THOMAS CARLYLE -

TRY TO DO SOMETHING ACTIVE FOR AT LEAST 20 MINUTES EVERY DAY THIS WEEK. EXERCISE BOOSTS ENERGY, IMPROVES MOOD, AND MOTIVATES YOU TO BE MORE PRODUCTIVE THROUGHOUT THE DAY.

SUNDAY		6	MONDAY		7	TUESDAY		8
TODAY'S FOCUS	DAYLIGHT SAVING ENDS	TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS
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PERSONAL TO-DO LIST	
TOP PRIORITY	

PRIORITY	

ERRANDS		

WORK TO-DO LIST	

WEDNESDAY	9	THURSDAY	10	FRIDAY	11	SATURDAY	12
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	VETERANS DAY	TODAY'S FOCUS	
6:00		6:00		6:00		6:00	
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SPACE OF INFINITE POSSIBILITY

NOV 13 - NOV 19

GOOD THINGS THAT HAPPENED

A GOOD TRAVELER HAS NO
FIXED PLANS, AND IS NOT
INTENT ON ARRIVING
- LAO Tzu -

NO MATTER HOW LONG YOU HAVE LIVED IN A PLACE, THERE ARE STILL MANY PLACES YOU HAVE YET TO DISCOVER. SET ASIDE ONE DAY THIS WEEK TO EXPLORE YOUR CITY THROUGH THE EYES OF A TOURIST. VISIT A PLACE THAT YOU'VE HEARD OF BUT HAVE NEVER HAD THE CHANCE TO EXPLORE.

PERSONAL TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

SUNDAY		13	MONDAY		14	TUESDAY		15
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
6:00			6:00			6:00		
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WORK TO-DO LIST

WEDNESDAY 16		THURSDAY 17		FRIDAY 18		SATURDAY 19	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
6:00		6:00		6:00		6:00	
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SPACE OF INFINITE POSSIBILITY

NOV 20 - NOV 26

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

FRIENDSHIP MULTIPLIES
THE GOOD OF LIFE AND
DIVIDES THE EVIL.

- BALTASAR GRACIAN -

HANDWRITE A NOTE TO A FRIEND WHO
HELPED YOU DURING A HARD TIME
AND DELIVER IT TO THEM BY THE END
OF THE WEEK. LET THEM KNOW YOU ARE
THANKFUL TO HAVE THEM IN YOUR LIFE.

SUNDAY		20	MONDAY		21	TUESDAY		22
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
6:00			6:00			6:00		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

[illegible]

WEDNESDAY 23	THURSDAY 24	FRIDAY 25	SATURDAY 26
TODAY'S FOCUS	TODAY'S FOCUS THANKSGIVING DAY	TODAY'S FOCUS	TODAY'S FOCUS
6:00	6:00	6:00	6:00
6:30	6:30	6:30	6:30
7:00	7:00	7:00	7:00
7:30	7:30	7:30	7:30
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SPACE OF INFINITE POSSIBILITY

NOV 27 - DEC 3

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[illegible]

THIS WEEK, GIVE BACK TO YOUR
COMMUNITY. TAKE TIME OUT OF YOUR
SCHEDULE TO VOLUNTEER FOR AN
ORGANIZATION THAT YOU ARE PASSIONATE
ABOUT. YOUR EFFORTS WILL BE GREATLY
APPRECIATED AND POSITIVELY IMPACT
SOMEONE'S LIFE.

SUNDAY		27	MONDAY		28	TUESDAY		29
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
6:00			6:00			6:00		
6:30			6:30			6:30		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

ERRANDS		

WORK TO-DO LIST	

WEDNESDAY	30	THURSDAY	1	FRIDAY	2	SATURDAY	3
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
6:00		6:00		6:00		6:00	
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

DECEMBER

THIS MONTH'S FOCUS

PERSONAL	
WORK	

PEOPLE TO SEE

--

PLACES TO GO

--

NOT TO-DO LIST

--

SUNDAY	MONDAY	TUESDAY
27	28	29
4	5	6
11	12	13
18	19	20
25	26	27
CHRISTMAS DAY		

PERSONAL PROJECTS

TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:

DUE DATES	

WORK PROJECTS

TOP PRIORITY PROJECT:	
DUE DATES	

PROJECT:

DUE DATES	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3
7	8	9	10
14	15	16	17
21	22	23	24
			CHRISTMAS EVE
28	29	30	31
			NEW YEAR'S EVE

BREAK IT DOWN: CREATE A MIND MAP OF THIS MONTH'S GAMECHANGER

DEC 4 - DEC 10

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

- VOLTAIRE -

DO YOURSELF A FAVOR AND FORGIVE THOSE
THAT HAVE WRONGED YOU IN THE PAST.
IT IS NOT WORTH YOUR TIME AND
ENERGY TO DWELL IN THE MEMORY OF
A NEGATIVE SITUATION. MOVING ON
IS A HEALTHY STEP TOWARDS A HAPPIER
AND MORE FULFILLING LIFE.

SUNDAY		4	MONDAY		5	TUESDAY		6
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

TOP PRIORITY

PRIORITY

ERRANDS

WEDNESDAY 7		THURSDAY 8		FRIDAY 9		SATURDAY 10	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

DEC 11 -DEC 17

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[illegible]

- JOHANN WOLFGANG VON GOETHE -

THIS WEEK, LOOK THROUGH YOUR BELONGINGS AND FIND AT LEAST THREE ARTICLES OF CLOTHING THAT YOU NO LONGER WEAR. DONATE THEM TO YOUR LOCAL HOMELESS SHELTER. THIS SMALL ACT OF KINDNESS WILL BRING JOY TO ANOTHER PERSON'S LIFE.

SUNDAY		11	MONDAY		12	TUESDAY		13
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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WORK TO-DO LIST

	DATE	DESCRIPTION	STATUS
TOP PRIORITY			
PRIORITY			
ERRANDS			

WEDNESDAY 14		THURSDAY 15		FRIDAY 16		SATURDAY 17	
TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS	
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SPACE OF INFINITE POSSIBILITY

DEC 18 - DEC 24

THIS WEEK'S FOCUS

GOOD THINGS THAT HAPPENED

WHAT YOU GET BY
ACHIEVING YOUR GOALS
IS NOT AS IMPORTANT AS
WHAT YOU BECOME BY
ACHIEVING YOUR GOALS.

- HENRY DAVID THOREAU -

REFLECT ON HOW MUCH YOU HAVE GROWN
THIS YEAR. USE THIS POSITIVE ENERGY AS
MOMENTUM TO FINISH THE YEAR STRONG!

SUNDAY		18	MONDAY		19	TUESDAY		20
TODAY'S FOCUS			TODAY'S FOCUS			TODAY'S FOCUS		
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PERSONAL TO-DO LIST

WORK TO-DO LIST

[illegible]

WEDNESDAY 21	THURSDAY 22	FRIDAY 23	SATURDAY 24
TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS CHRISTMAS EVE
6:00	6:00	6:00	6:00
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SPACE OF INFINITE POSSIBILITY

DEC 25 - DEC 31

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READ ALL THE "GOOD THINGS THAT HAPPENED" SECTIONS IN YOUR PASSION PLANNER. LOOK BACK AT ALL OF THE AMAZING MEMORIES THAT YOU'VE MADE THIS YEAR AND REFLECT ON ALL THAT YOU'VE ACCOMPLISHED. WRITE DOWN THREE WAYS IN WHICH YOU'VE GROWN THIS YEAR. USE THAT POSITIVE ENERGY TO HIT THE GROUND RUNNING FOR THE COMING YEAR.

SUNDAY		25	MONDAY		26	TUESDAY		27
TODAY'S FOCUS	CHRISTMAS DAY	TODAY'S FOCUS		TODAY'S FOCUS		TODAY'S FOCUS		
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PERSONAL TO-DO LIST	
TOP PRIORITY	

PRIORITY	

ERRANDS		

WORK TO-DO LIST	

WEDNESDAY 28	THURSDAY 29	FRIDAY 30	SATURDAY 31
TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS	TODAY'S FOCUS NEW YEAR'S EVE
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SPACE OF INFINITE POSSIBILITY

MONTHLY REFLECTION

WHAT WAS THE MOST MEMORABLE PART OF THIS PAST MONTH? DESCRIBE IT.

[illegible]

WHAT WERE THE THREE BIGGEST LESSONS YOU'VE LEARNED IN THIS PAST MONTH?

[illegible]

REVIEW YOUR PLANNER FOR THE PAST MONTH AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT MONTH TO ADJUST THEM?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONTHLY REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS PAST MONTH AND THE MONTH BEFORE IT?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST MONTH?

NAME THREE THINGS YOU CAN IMPROVE ON THIS UPCOMING MONTH.

WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST MONTH?

END OF THE MONTH CHECKLIST

- ☐ **HIGHLIGHT YOUR ACCOMPLISHMENTS:** GO BACK TO YOUR PASSION ROADMAP AND HIGHLIGHT ANY GOALS YOU REACHED OR STEPS YOU COMPLETED.
- ☐ **REFORM:** CHOOSE THIS MONTH'S GAMECHANGER FROM YOUR ROADMAP. USE THE SPACE ON THE BOTTOM RIGHT OF YOUR MONTHLY LAYOUT TO BREAK THE GOAL DOWN INTO SMALLER STEPS AND ASSIGN DEADLINES FOR EACH STEP.
- ☐ **SET CHECKPOINTS:** MOVE THESE STEPS INTO THEIR RESPECTIVE WEEKLY LAYOUTS AS CHECKPOINTS TO TRACK PROGRESS.

END OF THE YEAR REFLECTION

FROM 1-10, HOW DO YOU FEEL OVERALL ABOUT THIS PAST YEAR?

WHAT ADVICE WOULD YOU GIVE YOURSELF AT THE BEGINNING OF THE YEAR?

WHAT WERE THE THREE BIGGEST LESSONS YOU LEARNED THIS PAST YEAR? WHAT IS ONE WAY TO INCORPORATE THESE LESSONS INTO YOUR LIFE?

REVIEW YOUR PLANNER FOR THE PAST YEAR AND ASSESS YOUR PRIORITIES. ARE YOU HAPPY WITH HOW YOU SPENT YOUR TIME? IF NOT, WHAT STEPS CAN YOU TAKE THIS NEXT YEAR TO ADJUST THEM?

END OF THE YEAR REFLECTION

HOW ARE YOU DIFFERENT BETWEEN THIS YEAR AND THE LAST?

WHAT OR WHO ARE YOU ESPECIALLY GRATEFUL FOR THIS PAST YEAR?

[illegible]

NAME THREE THINGS YOU CAN IMPROVE ON NEXT YEAR. WHAT ARE CONCRETE ACTIONS YOU CAN TAKE TO WORK TOWARDS THESE IMPROVEMENTS?

[illegible]