



reINVENT retirement

OLLI Auburn Montgomery Campus | 2016 Winter and Spring | Course Descriptions

WINTER TERM

Crochet

Learn basic crochet stitches such as chain, single crochet, double crochet and triple crochet. Also, learn crochet terminology/abbreviations and how to read a pattern. Start and finish a small, fun project incorporating the stitches learned. Students will be required to purchase the necessary supplies.

Jan. 25–Mar. 7 | Monday 9–10:30 a.m. | 7 weeks

Instructor: Kem Kim

From the Word to Film: A Close Reading of *To Kill a Mockingbird* and an Analysis of the Film

The combined class of **A Reconsideration of *To Kill a Mockingbird* and *Jem or Atticus?*** will first read and discuss Harper Lee's masterpiece *To Kill a Mockingbird*, concentrating on the major issues in the novel.

We will then discuss background and the process of transferring the novel into the classic film version. As a group, we will take a critical look at how successfully the film captures the flavor and texture of Lee's *South* at a critical point in its history. Other topics about the novel and the film will include: Who is the main character in the novel? The film? Is Atticus or Jem the hero of either? Is Atticus guilty of any criminal behavior? Is Atticus the greatest hero in American film history, as the American Film Institute believes? What film techniques were used to convert the novel into film? And, finally, what do Scout, Jem, and Atticus represent to us who believe in justice and freedom and the accompanying frustration when we face a world that too often denies those rights to our fellow humans?

Jan. 25–Mar. 14 | Monday 9–12:15 p.m. | 8 weeks

Instructors: Nancy Anderson & Dr. Cliff Browning

Near Death Experience

Twenty-five years ago Dr. Raymond Moody's (M.D. Ph.D.) book *Life After Life* created a worldwide change in an understanding of death. Dr. Moody's research has rippled throughout the world and has helped in no small part to form modern expectations of what people will experience after death - the tunnel, the white light, the presence of long-dead loved ones waiting on the "other side." Dr. Moody inspired a first generation of researchers dedicated to a scientific understanding of human consciousness and death, researchers who have in turn created a new science of near-death studies. Bruce Greyson, professor of psychiatry at the University of Virginia, has said that "a whole new world" opened up following the publication of Moody's research. *Life After Life* was hugely successful because it addressed two major problems in twentieth-century Western Civilization: (1) the loss of collective societal myths having to do with death and dying, and (2) the systematic devaluation of anything to do with the spiritual side of humans. The class will cover Dr. Moody's *Life After Life* and the NDE of Howard Storm, Dannion Brinkley, Eben Alexander, and others.

Jan. 25–Mar. 14 | Monday 10:45 a.m.–12:15 p.m. | 8 weeks

Instructor: Gary Kennington

Intermediate Hiking

Participants will hike to see the foliage and some beautiful views on trails within 45 minutes of Montgomery, such as Swayback Bridge Trail, north of Wetumpka, the beautiful trails at Lake Martin, and the beauty of Central Alabama's woodlands. The hikes will be 4-5 miles with some moderate hills as the class progresses. Participants should clear this physical activity with their physicians. Participants need to bring water, some trail snacks and hiking gear (good shoes, socks, backpack or waistpack). Participants will meet in the parking lot of the Lifelong Learning Building at 10:45 a.m. on Mondays and will stop for a meal on the way home. Hikers will carpool and share the cost of gas.

Jan. 25–Mar. 14 | Monday 10:45 a.m.–early afternoon | 8 weeks

Instructor: Dottie Blair

Connections II

James Burke continues to explore an "Alternative View of Change" (the subtitle of the series) that rejects the conventional linear and teleological view of historical progress. Burke contends that one cannot consider the development of any particular piece of the modern world in isolation. Rather, the entire gestalt of the modern world is the result of a web of interconnected events, each one consisting of a person or group acting for reasons of their own motivations (e.g., profit, curiosity, religious) with no concept of the final, modern result to which the actions of either them or their contemporaries would lead. The interplay of the results of these isolated events is what drives history and innovation and is also the main focus of the series and its sequels.

Jan. 25–Mar. 14 | Monday 1:30–3 p.m. | 8 weeks

Instructor: Jim Barber

Legal Issues for Seniors

The World War II generation is leaving us daily, and the Baby Boomer generation has turned Social Security age. There is a large shift in the population of the United States and, as social issues become evident with the rise of an aging population, the law has focused on an area of practice known as "Elder Law." Elder law concentrates on the needs of citizens sixty years old or older as defined by the Older Americans Act. Elders should have a general knowledge of elder law issues in order to plan for retirement and to be able to maintain a dignified and comfortable style of living as they age. The class will review basic estate planning, voluntary and involuntary designations of authority, long-term care issues, nursing home care, health care programs, income maintenance, estate planning and administration, and elder abuse and financial exploitation.

Jan. 25–Mar. 14 | Monday 6:30–8 p.m. | 8 weeks

Instructor: Attorney Robert Stroud

Gardening

Participants will learn gardening tips and tricks from a variety of Alabama's best Master Gardeners! A wide variety of topics will be presented including month-by-month gardening tips, seed starting, house plants, tips on growing backyard tomatoes, butterfly gardens, and three more topics to be announced at the December Open House/Preview Night. Many "show and tell" opportunities exist to generate healthy dialogue in the classroom. Historically, some class members have also brought in cuttings, etc. from their home gardens to share! Valuable resources and contact information will be provided weekly.

Jan. 27–Mar. 16 | Wednesday 9–10:30 a.m. | 8 weeks

Instructor: Various Master Gardeners

Enjoying Poetry

A poem should not mean, but be.
—Archibald MacLeish

Most Americans don't read much poetry today. Among the possible reasons is the way readers are typically taught poetry in school, where too much emphasis is placed on poem meaning. But experiencing a poem isn't like solving a puzzle. "What does it mean" is the wrong question. Participants will explore how poetry "means" through calling to readers' experiences of the world through all senses, not just, or even primarily, through the eyes. The class will use an eclectic representation of poems, some familiar, some not, to explore how a poem rides on its own meaning in order to Be. Text expense will be no more than ten dollars, and participants will have the opportunity to bring their own poems to discuss.

Jan. 27–Mar. 16 | Wednesday 10:45 a.m.–12:15 p.m. | 8 weeks

Instructor: Rick Anderson

Chinese Culture and Language

Participants will learn Chinese Culture and Language through a variety of approaches, including performances, audio and visual aids, interactive exercises and lectures.

Jan. 27–Mar. 16 | Wednesday 10:45 a.m.–12:15 p.m. | 8 weeks

Instructor: AUM's Confucius Institute

The Fundamentals of "Real" Football

This class will give you the chance to learn the ins and outs of soccer from a professional soccer referee in a fun and interactive class environment. Besides learning the rules and field of play, you will visit a local soccer field and even get a chance to try some basic ball handling skills. By the end of this six-week course you will be the go-to expert at your grandchild's next soccer match.

Jan. 27–Mar. 1 | Wednesday 10:45 a.m.–12:15 p.m. | 6 weeks

Instructor: Dave Toellner

Introduction to Microsoft Access 2010

If participants are looking for a data management system to replace or supplement their paper filing system, they might be interested in learning to use Microsoft Access 2010. This introductory class is designed for new and beginning users of Access 2010 and will cover the basics for creating and using a simple database system. Participants need to be familiar with using personal computers, a keyboard, and a mouse, as well as entering basic text into a document. Experience with Microsoft Word and Microsoft Excel is helpful. Participants also need to have the Access 2010 program installed on their home computers to obtain maximum benefit from this class. Classes will be held in the computer lab at the AUM Center for Lifelong Learning. Enrollment is limited.

Jan. 27–Mar. 16 | Wednesday 1:30–3 p.m. | 8 weeks

Instructor: Barbara Larson, Ed.D.

The Importance of the Dead Sea Scrolls for Both the Bible and History

The discovery of the Dead Sea Scrolls has had a major impact on our understanding of the history of the Near East and the entire environment in which both the Hebrew Bible and the New Testament were written. This class will examine the discovery of the 930 scrolls found between 1947 and 1952 that contain scrolls about the community which found them, and biblical texts copied 1,000 years before the oldest Hebrew text on which the translations of the Old Testament (Hebrew Bible) were based. The class will use the books *Understanding the Dead Sea Scrolls*, edited by Hershel Shanks, founder and CEO of The Biblical Archaeology Society, *The Dead Sea Scrolls Today*, by James VanderKam, professor at University Of Notre Dame, plus two translations of the scrolls, *The Complete Dead Sea Scrolls in English*, by Geza Vermes, and *The Dead Sea Scrolls Bible*, by Martin G. Abegg. No books are required for this class, but participants may find the last two extremely helpful.

Jan. 27–Mar. 16 | Wednesday 1:30–3 p.m. | 8 weeks

Instructor: Ed Beckstrom

Ballroom & Social Dancing – II

This is an intermediate course in social and ballroom dancing following the introductory course. Participants will learn more steps for the waltz, foxtrot, tango, rumba, cha cha and swing (and salsa as time permits). While the class will briefly review the dances at the beginning of the term, some basic knowledge of these dances will help. Couples are welcome but NOT essential. The class will employ a potluck system of people bringing snacks and light dinner fare to keep energy up. Come have fun! Experienced dancers are encouraged to come as well.

Jan. 27–Mar. 16 | Wednesday 6:30–8 p.m. | 8 weeks

Instructors: Sandra Carbaugh and Dale Baskett

SPRING TERM

Intelligent Investing: How to Generate Income and Preserve Your Wealth in Retirement

In today's world, it has become essential to understand how to best manage your own finances in retirement. This course will not teach you how to become rich, but it may help you avoid dying poor. No services are being offered or being sold. The purpose of this course is to give you the ability to manage your own personal finances at the lowest cost and to generate the income you need while conserving your assets or, if you choose to have someone do it on your behalf, to understand what they are doing.

Apr. 4–May 16 | Monday 9–10:30 a.m. | 7 weeks

Instructor: Jason Bryant

Introduction to Pine Needle Basket Making

Explore the creative opportunities of the ancient art of pine needle basket making as you design and make your own baskets. You will learn basic techniques with your first basket built around a sliced black walnut. From this basic basket we will then cover different stitches, decorative shaping, and embellishments. Students will complete at least one basket during the weeks of class. All supplies (thread, pine needles, walnuts, and agates) will be provided at a modest cost.

Apr. 4–May 16 | Monday: 9–10:30 a.m. | 7 weeks

Instructor: Jean Kerr

World Religions

This course surveys the five major world religions and their influence exerted on our modern world. Specific weeks will be devoted to Hinduism, Buddhism, Judaism, Islam and Christianity. This review will take into consideration the history, beliefs and characteristics of these religions. The textbook entitled, *Experiencing the World's Religions* by Michael Molloy, 5th edition, will be used as a guideline for the class but is an optional purchase for participants. Class discussion is highly

encouraged.

Apr. 4–May 16 | Monday 10:45 a.m.–12:15 p.m. | 7 weeks

Instructor: Gary Kennington

The First World War—the “Great War”

The “thunderclap” of August 1914 initiated a war that would destroy a generation, sweep monarchs from their thrones, transform societies and usher in the age of total warfare. This course will provide an overview of the military, political, social and cultural history of the First World War, viewed through multiple national perspectives. The class will examine the origins of the war, the impact of nationalism, the effect of total war on the societies that fought it, the ultimate cost of the conflict and its continuing legacy. Visuals will include maps, photos, art, posters and postcards.

Apr. 4–May 16 | Monday 10:45 a.m.–12:15 p.m. | 7 weeks

Instructor: Ann Linder

Writing Your Story: The Craft of the Memoir

People have different motivations for writing the stories of their lives and families. Some writers simply want a tangible record to pass on to their family members and the next generation. Other people with an instinct to shape and record family or personal history know intuitively that their stories are universal in terms of the human condition and want to share them. No matter your motivation for wanting to write your memoir, the craft of shaping anecdotes that encapsulate the drama and theme you want to explore or record underpins the writing process for the memoir. This class will focus on the anecdote as the building block for writing a memoir and will move towards understanding ways to connect those anecdotes to a narrative line that becomes a coherent true story called the memoir.

Apr. 4–May 9 | Monday 1:30–3 p.m. | 6 weeks

Instructor: Daphne Simpkins

Royal Deaths and Diseases

With an aging monarch and an intense interest in

the health of the royal family, Royal Deaths and Diseases bring to light the most intimate records of Britain's kings and queens. It exposes the secrets of their illnesses and dealings with doctors and reveals the truth behind deaths on the battlefield, failed successions and the often catastrophic consequences of an untimely royal death.

Apr. 4–May 16 | Monday 1:30–3 p.m. | 7 weeks

Instructor: Jim Barber

An Introduction to Birding

An Introduction to Birding will provide the skills you need to take your enjoyment of nature to the next level. During a mix of classroom activities and local field trips you will learn how to identify the birds you see and hear, why birds behave the way they do, and how to choose the best optics and field guides. Field trips require a moderate amount of walking on fairly easy trails. These trips will not conflict with other scheduled courses. Please DO NOT purchase binoculars or bird books before the first class.

Apr. 6–May 18 | Wednesday 9–10:30 a.m.

Instructor: Carol Alford

Chinese Culture and Language

Participants will learn Chinese Culture and Language through a variety of approaches, including performances, audio and visual aids, interactive exercises and lectures.

Apr.–May 18 | Wednesday 9–10:30 a.m. | 7 weeks

Instructor: AUM's Confucius Institute

Treasures of the Montgomery Museum of Fine Arts

Take a closer look at the collections and special exhibitions on view at the Montgomery Museum of Fine Arts, located in the Blount Cultural Park. Each week there will be a gallery presentation on a topic in art, including American paintings in the Blount Collection, recently acquired American treasures, Southern Art, the Weil Print Study room, and the Loeb Collection of First Period Worcester Porcelain.

The course will also visit a special exhibition, A Shared Legacy: Folk Art in America. The show features folk art created in the nineteenth and early twentieth centuries, including portraits, landscapes, still life, sculpture, and more.

Apr. 6–May 18 | Wednesday 9:30–10:30 a.m. | 7 weeks

Instructor: Alice Novack and Docents

Class is located at the Montgomery Museum of Fine Arts.

The Flawed Hero: A Close Analysis of Steven Spielberg's *Schindler's List*

Considered one of the most intense and honest treatments of the Holocaust, Spielberg's masterpiece examines one of the most puzzling questions on modern heroism: Why would a womanizing, successful, and wealthy member of the Nazi party risk his fortunes and even his life to save over 1,000 Jews destined to die in Auschwitz? Set in Krakow, Poland, in 1939, Oscar Schindler beats the Nazis at their own deadly plan to exterminate every Jew in Europe. Following a discussion of the background on the Holocaust, we will closely analyze the possible motives that led to this man's heroic efforts. Spielberg's masterful filmic techniques will also be discussed as they contribute to the over-all effect of the film.

Apr. 6–May 18 | Wednesday 10:45 a.m.–12:15 p.m. | 7 weeks

Instructor: Cliff Browning

Personal Finance

Students will learn best practices in the following finance topics: Financial Literacy; Money Management; Expense Reduction; Stock Investments; Fund Investments; Housing Investment; Insurance Protection; Identity Theft and Fraud.

Background on these topics are available from the suggested reference book for the course:

Personal Finance for Dummies, 7th Edition, By Eric Tyson, MBA, Suggested Retail: \$22.99

Apr. 6–May 18 | Wednesday 10:45 a.m.–12:15 p.m. | 7 weeks

Instructor: Joe Newman

Zentangle

Zentangle is an easy to learn, fun way to create beautiful images by drawing structured patterns. Patterns appear complicated and difficult but are made with simple pen strokes. Students learn basic Zentangle patterns and how to put those patterns into a finished design. Explore this beautiful art form created by Rick Roberts and Maria Thomas. Students will be required to purchase the necessary supplies. The cost for supplies is approximately \$20 paid directly to the instructor.

Apr. 6–May 18 | Wednesday 10:45 a.m.–12:15 p.m. | 7 weeks

Instructors: Sharon Wheelahan and Suzie Smith, Certified Zentangle Teachers

Zentangle II: Beyond the Basics

Prerequisite Zentangle. In this class, students who have had the basic Zentangle class will have the opportunity to add more advanced tangles and techniques to their creative library. New and exciting ways to use the Zentangle process will be presented. Students will be required to purchase the necessary supplies. The cost for supplies is approximately \$20 paid directly to the instructor.

Apr. 6–May 18 | Wednesday 1:30–3 p.m. | 7 weeks

Instructors: Sharon Wheelahan and Suzie Smith, Certified Zentangle Teachers

Line Dancing

Line dancing is defined as choreographed dance with a repeated sequence of steps danced by a group of people in lines or rows. It can be danced to country, pop, swing, and other forms of music.

Put this definition together with a well-known instructor who is the executive secretary of the Alabama Square Dance Callers Association, and you have a course that will get your brain and body working while you have lots of fun. No partners are needed.

Apr. 6–May 18 | Wednesday 1:30–3 p.m. | 7 weeks

Instructor: Wayne Nicholson

Introduction to Word 2010

Do you want to learn Microsoft Word 2010 to create documents such as letters, lists, and reports? Then this course may be just what you need! It is designed for individuals with little or no experience in working with Word 2010. Participants will learn the basics of Word 2010, including creating documents, formatting and editing documents, printing documents, creating bulleted lists, creating tables, and using mail merge. The instructor is one of our own LLI members who has extensive experience in working with Microsoft Word. The classes are informal and paced according to the needs of the participants. The only prerequisite is that participants need to be familiar with personal computers, using a keyboard, and using a mouse. It will be helpful if participants also have the Word 2010 program installed on their home computers. Enrollment is limited. Register early!

Apr. 6–May 18 | Wednesday 1:30–3 p.m. | 7 weeks

Instructor: Barbara Larson, Ed.D

Beginner Golf

The game of golf is a lifelong activity that you can enjoy no matter what your skill level. In this course, we will be covering not only the fundamentals of golf, but also the history and rules of the game. This course will include facts about where the game began, important figures, and how the game is trending today. You will also get the chance to get your hands dirty and learn the proper way to actually play the game, along with having a great time doing it... from learning about the greatest

professional golfers in the world past and present, to the latest and greatest technology in the game. This course will be sure to spark your interest. A fee of \$99 will be collected the first week of class. NOTE: CLASS ENROLLMENT LIMITED TO 12 STUDENTS

Apr. 6–May 4 | Wednesday 5–6:30 p.m. | 5 weeks

Instructor: Kyle Sullivan, Assistant Golf Professional | Wynlakes Golf and Country Club

Brown Bag Lunch — Encouragement for Caregivers of Alzheimer's Patients

There is a surprising and freeing future for caregivers after Alzheimer's disease (Al) runs its course and leaves the building where you have been trying to make a home. The house will never be the same. Your heart will never feel the same. In spite of its bad reputation, living with Al isn't all about heartbreak. It is about change. Al refocuses the way you see yourself, your home, the people around you, and the way you wake up to your day and envision your future--and some of those changes are quite liberating. This Brown Bag luncheon is a forum for discussing the daily work and future benefits of caregiving for an Alzheimer's patient. Presenter and veteran caregiver Daphne Simpkins will be discussing her newest book *What Al Left Behind* (available on Amazon).

Wednesday, Feb. 10, 2016 | 12:20 – 1:20 p.m. | Lunch provided

Brown Bag Lunch — The Birth of Alabama: It Was a Complicated Delivery

Alabama became a state almost 200 years ago, and preparations are underway for major celebrations as part of the bicentennial commemorations. The presentation is about the history of Alabama leading up to statehood. The Indian people who lived here were gradually surrounded and displaced by outsiders of mixed backgrounds. The amazingly rich and interesting story was part of a larger international drama and set the foundations for what would become the new state of Alabama.

Presenter: Ed Bridges

Monday, Feb. 22, 2016 | 12:20–1:20 p.m. | Lunch provided

Brown Bag Lunch — Renascence Re-entry: Reclaim, Rebuild, Reintegrate

Since 2006, Renascence has provided transitional housing—for six months to a year—for men released on parole for non-violent offenses. This structured program has assisted over 206 men from all over the state by providing a stable, drug-free environment that assists them to reclaim their lives. Participants develop a strategy for their own success and to rebuild their lives, with guidance from the staff. By taking action and being accountable, individuals are reintegrated successfully into society as productive and responsible individuals.

Presenters: Representatives of the administration and the residents

Wednesday, Apr. 6, 2016 | 12:20–1:20 p.m. | Lunch provided

Brown Bag Lunch — Smart Phone and iDevice Tips and Tricks

We will look at useful tips and tricks for iPad and smart phone users. We will cover topics including built-in apps, how to use iCloud, and useful accessories. Bring along your device, and learn ways to work more efficiently with your device, while learning some educational features.

Presenters: Advanced Technologies, Auburn Montgomery Outreach

Monday, May 9, 2016 | 12:20–1:20 p.m. | Lunch provided

OLLI OPEN HOUSE

Attend an OLLI Open House session on Thursday, March 10 from 4-5:30 p.m. at the AUM Center for Lifelong Learning (CLL) located at 75 TechnaCenter Drive, Montgomery, AL 36117. Attendees will learn about upcoming classes, meet instructors, tour the Center for Lifelong Learning, and meet other members.