

Home Remedy Tips To Remove Pimples Permanently:

Pimples are irritating and painful for everyone. If you are also facing a problem of pimples, then you must know these effective remedies to completely remove permanently and have a clear and beautiful skin. Pimples normally occur on the face, back, neck, and shoulders. Though it is not a critical situation but can make you feel miserable due to its appearance.

Remedies suggested by the **Skin Specialist in Delhi:**

➤ **PAPAYA:**

It's the most common used ingredient in skin treatment. Mash the papaya and prepare a paste from it. Apply it on face and neck and rinse after 30 minutes.

➤ **HONEY:**

The raw honey is great for clearing up pimples. It has anti-bacterial properties, which helps in reducing irritation and infections. It retains moisture in the skin.

➤ **ALOE VERA:**

The gel-like sap of aloe Vera plant heals various skin problems including acne and pimples. You can directly apply this gel to avoid damage from pimples. You can soak it for a long time without rinsing.

➤ **BALANCED DIET:**

You must adopt a nutritious and healthy diet with fewer amounts of oils, carbohydrates, and dairy and sugar products. Increase fruits, vegetables enriched in vitamins and minerals.

➤ **AVOIDING DANDRUFF:**

Dandruff is the strong source of pimples. So look after the white fungal part in your hair and treat them to remove permanently.

➤ **GARLIC:**

Garlic contains antiseptic and anti-fungal qualities. Blend a paste of garlic cloves and add honey in it. Apply it on the pimples and keep for 15 minutes. Then rinse with warm water.

➤ **CUCUMBER:**

Cucumbers are enriched with vitamin A & vitamin C. Prepare a paste by grating the cucumber and apply for 15 minutes. Then rinse the face.

➤ **LEMON:**

It is enriched with vitamin C. It is effective to dry up the pimples very fast. Use a cotton ball and dip in the fresh lemon juice. Apply it to pimples before sleeping at night.

➤ **TOMATOES:**

Like cucumber, tomatoes are also enriched with vitamins A & C. Just applying tomato paste keeps away pimples problems at bay.

➤ **TEA TREE OIL:**

Apply tea tree oil gently on the affected area and avoid spreading of pimples. It also helps reducing redness of pimples.

➤ **STAY CLEAN:**

Always use natural and mild face washes to clean your face almost three times every day.

To get all kinds of skin treatments, visit [Dermalife clinic](#), who is the best [skin specialist in Delhi](#).

Reference By:- <http://dermalifehairnskinclinic.blogspot.in/2016/02/home-remedy-tips-to-remove-pimples.html>