

# HOW TO LEARN FRENCH

**in only 10 minutes a day**



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Bonjour !

I'm Jérémie from the website [LearnFrenchTogether.com](http://LearnFrenchTogether.com).

In this guide, I want to share with you 6 tips for learning French in only 10 minutes a day.

First and foremost, I want to thank you for trusting me with your information and giving me a shot. My hope is that, after reading this, you will have a better understanding of what I am all about and how I can help you. Take what you find in this free report and apply it. Really use it. And I promise that you will see improvements in your French.

French can be a difficult language to master. There are so many facets in French (Grammar, vocabulary...) that it can quickly become confusing and leave your head spinning. You never know what actually works and what doesn't.

I'm here to tell you that, with my help, it doesn't have to be as difficult as it seems. If you follow my tips, which I lay out along the way, you will find out that learning French can be a lot easier than you thought.

While completing my undergraduate and graduate studies, I had the opportunity to study abroad two times in Spain and in the United States. By applying these tips, I have been able to speak English and Spanish by devoting only 10 minutes of my time every day

Let's start with the most important tip. This is something you absolutely have to do. There's no way around it

Are you ready ?



## Don't spend too much time on it

From my experience, it is more important to work on adopting the right state of mind than spending hours learning French. Indeed, the common idea that people have when learning a new language is "It will take a lot of work before I can speak it fluently".

THAT'S COMPLETELY WRONG!

Indeed, you only need to work 10 minutes a day to learn French and the tips in this report are going to help you learn French in an efficient way.

## Make French a daily habit

You need to **start using French every day**.

Don't worry, it's easier than you think. Here are three helpful tips to keep you on track :

1. Don't miss any days. Remember that you only need to work on your French 10 minutes a day.
2. Mark it on a calendar.
3. Find something fun to do. It will be much easier if you can be excited about French every day. Avoid doing something that you will not enjoy. It will make you quit wanting to learn French.

Don't worry about what kind of practice you're doing. Read, write, speak, or listen to French. **Just do something every day.**

## Why is it important to make French a daily habit ?

Have you ever heard the common myth "it takes a minimum of 21 days to form a new habit" ?

Philippa Lally, a health psychology researcher at University College London, made a study to scientifically back this myth up. His study showed that a new behavior becomes automatic after **an average of 66 days**.

Successful people have learned to develop good habits, and it takes discipline, courage, and hard work **on a daily basis** to keep those habits in place.



By making French a daily habit you will be on a good track to learn French easier and quicker.

## **Don't get stuck in your French daily routine!**

As you understood, learning French took much more patience than effort. Speaking a foreign language is a combination of several skills, like listening, writing, and speaking.

In order to make the learning process less monotonous and to develop those skills, I suggest you diversify exercises.

Here is a list of exercises to do:

- Learn a grammar lesson
- Read an article on the Internet every day
- Read the news on the Internet
- Watch French movies and TV shows in the original version (first with subtitles, then without)
- Find online lyrics from a song that you like and try to make a translation of it
- Meet people that speak French in order to chat with them  
(You can also make friends 😊)
- Read French books

The Internet is full of free French lessons for beginners, so use it when you feel you are getting stuck in your daily French routine.

## **How to memorize French**

Learning a new language can be confusing, either if you're in school or have been out of school for a long time. Many of the people that are learning French have to deal with memorizing it.

Indeed, in order to speak French you will have first to memorize new words, phrases, and grammar rules.

Here is what I suggest you do in order to memorize French better and faster:



- **Listen**

It can be easier to remember a sound than a word or phrase

- **Imagine**

Some people remember things better when they imagine them. Imagining the words or phrases can be very helpful in memorizing them

- **Say it out loud**

When you are learning a word or a phrase, repeat it out loud, it will help your mind to remember it

- **Repeat**

Our brains are used to better memorizing things that we repeat. When you are learning a word or a phrase, don't hesitate to repeat it aloud five or six times.

## Review your French

Just like us, our brains can sometime be lazy. Indeed, if you learning something and don't review it, you'll probably forget it quickly. That's what happened to me after I moved back from Spain.

I stopped practicing Spanish and I almost forgot everything. I had to review my Spanish to get everything back. This mistake cost me a lot of time, so now I make sure that it will not happen to me again.

Here is what I suggest so that you don't experience what happened to me with my Spanish:

1. **Get a small notebook** that you keep with you all the time so that you can write French words or expressions
2. Every time you do something in French, **write down a few notes** about it
3. **Look at your notes every day**, at the end of the day.



## Find something you are interested in and use it to learn French

The Internet gave us access to an infinite amount of helpful resources in French materials, which were impossible to access 15 years ago.

Frequently, when learning a language, we are attracted by a specific country. So, my advice here is that you should select a newspaper from that country and read it so that you can be steeped in its culture.

If you have passions or pastimes, look online for French resources related to them. You will learn French faster and without even noticing it.

For example, I am really into sports. In order to improve my English, I started to read and watch everything that was related to sports in English. I made a list of websites where I could read articles about Football and Basketball and I also started to watch games in English so that I could make my brain grow used to it.

Start to read books in French as soon as you have the occasion; it is really a powerful resource in order to improve your French.

If you can, try to meet people that speak French and be friends with them. Thus, you will be able to chat with them. It is not always easy (trust me, I experienced it while speaking Spanish and English) but going out of your comfort zone will greatly help you learn French and improve it.

To do so, make a post online, speak to French speaking people on forums, take a vacation to a French speaking country, or go out where French speaking people are. More and more French students are studying abroad, creating a huge opportunity for you to speak with them.

A bientôt,

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P.S – I would love to hear your thoughts after you try this. Please drop us a line and let us know what your experience was – Good or Bad. Send an email to [jeremie@learnfrenchtogether.com](mailto:jeremie@learnfrenchtogether.com)



## Resources:

Here is a list of French resources I compiled for you. Feel free to use them.

- **French TV**

[www.tv5mondeplus.com](http://www.tv5mondeplus.com)  
<http://www.bfmtv.com>  
[www.french24.com](http://www.french24.com)

- **French TV Shows**

Plus Belle la vie



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## Scène de Ménages



## Un gars, une fille



- **French Movies**

## Le fabuleux destin d'Amélie Poulain



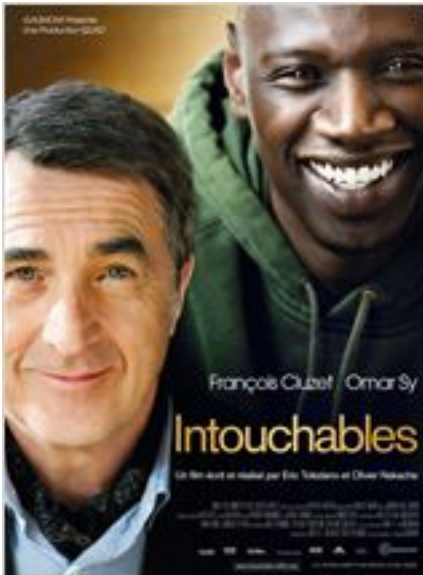




## La Haine



## Intouchables





## L'auberge espagnole



- **French Online News**

[www.20minutes.fr](http://www.20minutes.fr)

[www.lequipe.fr](http://www.lequipe.fr)

[www.lemonde.fr](http://www.lemonde.fr)

- **French Podcasts**

<http://onethinginafrenchday.podbean.com>

<http://radiolingua.com/shows/french/one-minute-french/>