

KC Wellness International Expo and Mid USA Classic  
KCI Expo Center  
11730 NW Ambassador Dr  
Kansas City, MO 64153  
October 28 and 29 2016  
Sanction #1013

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_ GBO Card \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ Purchase at weigh in \_\_\_\_\_  
Team or Coach Representative \_\_\_\_\_

**Divisions:**

\*\*\*\*Please Note that all Teen Divisions must be 16 or older and accompanied by a Guardian

\*\*\*\*\*Please check appropriate box for classes below

**Men's Bodybuilding**

**Novice** Light up to 165 \_\_\_\_\_ Middle 165.25 up to 184 \_\_\_\_\_ Heavy Greater than 184.25 \_\_\_\_\_

**Open** Bantam less than 150 \_\_\_\_\_ Light- up to 165 \_\_\_\_\_ Middle 165.25 up to 180 \_\_\_\_\_

Light Hvy 180.25 up to 199 \_\_\_\_\_ Heavy 199.25 up to 224 \_\_\_\_\_ Super Heavy greater than 224.25 \_\_\_\_\_

**Teen** (16 through 19 years of age) \_\_\_\_\_ Age \_\_\_\_\_

**Masters** 40 – 49 \_\_\_\_\_ 50 – 59 \_\_\_\_\_

**Woman's Bodybuilding**

**Novice** Light up to 165 \_\_\_\_\_ Middle 165.25 up to 184 \_\_\_\_\_ Heavy Greater than 184.25 \_\_\_\_\_

**Open** Light up to 165 \_\_\_\_\_ Middle 165.25 up to 184 \_\_\_\_\_ Heavy Greater than 184.25 \_\_\_\_\_

**Teen** (16 to 19 years of age) \_\_\_\_\_ Age \_\_\_\_\_

**Masters** 40 – 49 \_\_\_\_\_ 50 – 59 \_\_\_\_\_

**Men's Classic BB (Open Only)**

Under 5'5" Weight limit = up to 150lbs \_\_\_\_\_ 5'5 1/4" up to 5'6" = Weight up to 160lbs \_\_\_\_\_

5'6 1/4" up to 5'7" = Weight up to 174lbs \_\_\_\_\_ 5'7 1/4" up to 5'9" = Weight up to 190lbs \_\_\_\_\_

5'9 1/4" up to 6'2" = Weight up to 216lbs \_\_\_\_\_ Over 6'2" = Weight up to 236lbs \_\_\_\_\_

**Woman's Classic BB**

Under 5'3" Weight limit = up to 137lbs \_\_\_\_\_ 5'3" to 5'7" Weight limit = up to 147lbs \_\_\_\_\_

over 5'7" Weight limit = up to 160lbs maximum \_\_\_\_\_

**Masters** 40 – 49 \_\_\_\_\_ 50 – 59 \_\_\_\_\_

**Figure**

**Novice** Height Classes: Under 5'2" \_\_\_\_\_ 5'2" up to 5'5" \_\_\_\_\_ 5'5" up to 5'7" \_\_\_\_\_ Over 5'7" \_\_\_\_\_

**Open** Height Classes: Under 5'2" \_\_\_\_\_ 5'2" up to 5'5" \_\_\_\_\_ 5'5" up to 5'7" \_\_\_\_\_ Over 5'7" \_\_\_\_\_

**Teen** (16 to 19 years of age) \_\_\_\_\_ Age \_\_\_\_\_ **Masters** 40-49 \_\_\_\_\_ 50 – 59 \_\_\_\_\_

## Fitness

**Novice** Height Classes: Under 5'2" \_\_\_\_\_ 5'2" up to 5'5" \_\_\_\_\_ 5'5" up to 5'7" \_\_\_\_\_ Over 5'7"

**Open** Height Classes: Under 5'2" \_\_\_\_\_ 5'2" up to 5'5" \_\_\_\_\_ 5'5" up to 5'7" \_\_\_\_\_ Over 5'7"

**Teen** (16 to 19 years of age) \_\_\_\_\_ Age \_\_\_\_\_ **Masters** 40-49 \_\_\_\_\_ 50 – 59 \_\_\_\_\_

## Men's Beach Body

**Novice** Short – Under 5'6 \_\_\_\_\_ Medium- 5'6" 1/4 to 5'9" \_\_\_\_\_ Med/Tall- 5'9" to over 6' \_\_\_\_\_

**Open** Short – Under 5'6 \_\_\_\_\_ Medium- 5'6" 1/4 to 5'9" \_\_\_\_\_ Med/Tall- 5'9" ¼ to 6' \_\_\_\_\_ Tall  
– Over 6' (Open Only) \_\_\_\_\_

**Teen** (16 to 19 years old) \_\_\_\_\_ Age \_\_\_\_\_ **Masters** 40 -49 \_\_\_\_\_ 50 – 59 \_\_\_\_\_

## Woman's Beach Body

**Novice** Under 5'2" \_\_\_\_\_ 5'2" up to 5'5" \_\_\_\_\_ 5'5" up to 5'7" \_\_\_\_\_ Over 5'7" \_\_\_\_\_

**Open** Under 5'2" \_\_\_\_\_ 5'2" up to 5'5" \_\_\_\_\_ 5'5" up to 5'7" \_\_\_\_\_ Over 5'7" \_\_\_\_\_

**Teen** (16 to 19 years old) \_\_\_\_\_ Age \_\_\_\_\_ **Masters** 40 -49 \_\_\_\_\_ 50 – 59 \_\_\_\_\_

**Mixed Pairs Open Only** \_\_\_\_\_ (Fill out both names above)

**Disabled/Adaptive** \_\_\_\_\_ Please tell us your division

## GBO Swag

**Swag Male Height: Up to 5'8" Short** \_\_\_\_\_ **5'8" 1/4 and above Tall** \_\_\_\_\_

**Swag Female Height: Up to 5'4" Short** \_\_\_\_\_ **5'4" 1/4 and above Tall** \_\_\_\_\_

## READ BEFORE SIGNING

In consideration of being allowed to participate in any way in a Global Bodybuilding Organization Sanctioned Event, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

- 1) The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2) **I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, BOTH KNOWN AND UNKNOWN, EVEN IF ARISING FROM THE NEGLIGENCE OF THE** promoters Andre Botha, Biomass Bodies LLC, and Global Bodybuilding Organization LLC or others, and assume full responsibility for my participation; and, these risks and dangers may be caused by my own actions or inaction's, the actions or inaction's of others participating in the activity, the condition in which the activity takes place, or the negligence of the "releases" named below;
- 3) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and, 4) There may be other risk and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the activity. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, **HEREBY RELEASE AND HOLD HARMLESS** Global Bodybuilding Organization LLC, Andre Botha, Biomass Bodies LLC, and their officers, officials, agents, and/or employees, other participants,

sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event **KC Wellness International Expo and Mid USA Classic 2016, WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, TO THE FULLEST EXTENT PERMITTED BY LAW. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Furthermore:

For good and valuable consideration, the receipt of which is hereby acknowledged, I hereby consent to the photographing of myself and the recording of my voice and the use of these photographs and/or recordings singularly or in conjunction with other photographs and/or recordings for advertising, publicity, commercial or other business purposes. I understand that the term "photograph" as used herein encompasses both still photographs and motion picture footage. I further consent to the reproduction and/or authorization by Global Bodybuilding Organization LLC, and media assigned to the KC Wellness International Expo and Mid USA Classic 2016 to reproduce and use said photographs and recordings of my voice, for use in all domestic and foreign markets. Further, I understand that others, with or without the consent of Global Bodybuilding Organization LLC may use and/or reproduce such photographs and recordings. I hereby release Global Bodybuilding Organization LLC, Andre Botha, Biomass Bodies LLC and any of its associated or affiliated companies, their directors, officers, agents, employees and customers, and appointed advertising agencies, their directors, officers, agents and employees from all claims of every kind on account of such use. I take full responsibility of my actions in respect to rules and regulations governed by Global Bodybuilding Organization LLC, the hotel in which I have registered to stay while participating in the **KC Wellness International Expo and Mid USA Classic 2016** and all rules of the Venue.

\_\_\_\_\_  
DATE SIGNED:\_\_\_\_\_

(Participant's Signature)

**FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, **EVEN IF ARISING FROM THEIR NEGLIGENCE**, to the fullest extent permitted by law.

\_\_\_\_\_  
DATE SIGNED:\_\_\_\_\_

(Parent/Guardian Signature)

Emergency Phone Number:\_(\_\_\_\_\_)\_\_\_\_\_

**Note: You must purchase a Global Bodybuilding Organization membership card in order to compete. Please go to [www.gboonline.com](http://www.gboonline.com) and go to Join Global Bodybuilding Organization Tab.**

**Mail your registration and Cashier's Check or Money Order to:**

**Biomass Bodies LLC**

**4204 NE Davidson Rd #359**

**Kansas City, MO 64116**

**First Entry \$60.00 Crossovers**

**\$40.00**

**Please send the appropriate amount with your entry to the above listed address**