

CASTLE CRAIG HOSPITAL

·26 · 06 · 2016 ·

REUNION INVITATION

Dear former patients and friends,

We have great pleasure in inviting you to our summer reunion. This is a splendid opportunity to meet up with old friends and share our experience, strength and hope. To accommodate our guests and current patients, there will be once again a marquee installed on the front lawn and this will ensure adequate and comfortable seating for all present, and we will be providing a barbecue lunch.

Castle Craig is alcohol and drug free environment. We would ask you to respect this and not come to the reunion if you have consumed alcohol or any mind changing drugs during the previous week.

A coach service is available to transport people to and from Glasgow and if you wish to use this service please remember to tell us when you reply. Information about how to reply is on the next page.

We look forward to greeting you at Castle Craig. We know that it will be a most enjoyable occasion.

How to Reply

You can reply by email, telephone or post. Please include the following in your reply:

- Your name
- DOB
- Details of any partners or guests
- If transport from Glasgow is needed







Fill in the form and use our freepost envelope

Reunion Transport

Please note that the pick-up point for buses is:

Strathclyde Buildings India Street, Glasgow

- The coach will be departing at 9:00 prompt. Please try
- to arrive there at least 10 minutes before the coaches depart.
- The return coach will set off from Castle Craig at **16:30** and is estimated to arrive at India Street by **17:45**

Have you joined the Friends?

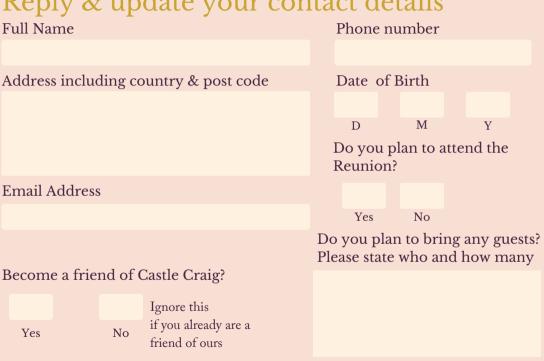
We want you to stay in touch with us, and we want to keep you informed about what's happening at Castle Craig. When you become a friend of Castle Craig you will receive:

- A membership pack including our *butterfly badge* to be proudly worn as a friend of Castle Craig
- Our newsletter
- Information regarding renewal weekends/workshops
- Discounted accommodation at our Lodges

Visit *castlecraig.co.uk/friends* to join and find out more.

Or complete the form on the next page and mail it back to us using our **freepost envelope**.

Reply & update your contact details



Want to enhance your recovery?

Please take time to fill out this survey and return to us -or do it online at: http://tiny.cc/dsypay

Just a few

the next

questions on

more

Are you regularly attending a fellowship programme?

Yes No Rather not say

Would you be willing to travel to Castle Craig for a recovery renewal

workshop?

Yes No Rather not say

Would you be interested in a workshop near London?

Yes No Rather not say

Would you be interested in individual recovery coaching or one-to-one therapy?

Yes No Rather not say

What have been some of the biggest challenges to your recovery?	
Do you notice addictive tendencies re-appearing in other ways?	
Vec (alone an exist)	Dath on that you
Yes (please specify) No	·
now often do you encounter pee	er pressure' in the workplace or socially?
Never Rarely Occasionally	Regularly Don't know
What are some issues you would like to address at a recovery workshop? Other (please specify)	
what are some issues you would i	tike to address at a recovery workshop: Other (please specify)
Spirituality Shame Self-esteem	Inner Family Trauma Peer Stress Addictive
Spirituality Shaffle Self-esteem	child dynamics pressure busting tendencies