



CASTLE CRAIG
HOSPITAL



•26 •06• 2016•

REUNION INVITATION

Join us!

Dear former patients and friends,

We have great pleasure in inviting you to our summer reunion. This is a splendid opportunity to meet up with old friends and share our experience, strength and hope. To accommodate our guests and current patients, there will be once again a marquee installed on the front lawn and this will ensure adequate and comfortable seating for all present, and we will be providing a barbecue lunch.

Castle Craig is alcohol and drug free environment. We would ask you to respect this and not come to the reunion if you have consumed alcohol or any mind changing drugs during the previous week.

A coach service is available to transport people to and from Glasgow and if you wish to use this service please remember to tell us when you reply. Information about how to reply is on the next page.

We look forward to greeting you at Castle Craig. We know that it will be a most enjoyable occasion.

How to Reply

You can reply by email, telephone or post.
Please include the following in your reply:

- Your name
- DOB
- Details of any partners or guests
- If transport from Glasgow is needed



l.douglas@castlecraig.co.uk



Call 01721 725 605
Ask for **Lucy Douglas**



Fill in the form and use
our freepost envelope

Reunion Transport

Please note that the pick-up point for buses is:

**Strathclyde Buildings
India Street, Glasgow**

- The coach will be departing at **9:00** prompt. Please try to arrive there at least 10 minutes before the coaches depart.
- The return coach will set off from Castle Craig at **16:30** and is estimated to arrive at India Street by **17:45**

Have you joined the Friends?

We want you to stay in touch with us, and we want to keep you informed about what's happening at Castle Craig. When you become a friend of Castle Craig you will receive:

- A membership pack including our *butterfly badge* to be proudly worn as a friend of Castle Craig
- Our newsletter
- Information regarding renewal weekends/workshops
- Discounted accommodation at our Lodges

Visit castlecraig.co.uk/friends to join and find out more.

Or complete the form on the next page and mail it back to us using our **freepost envelope**.

Reply & update your contact details

Full Name

Address including country & post code

Email Address

Become a friend of Castle Craig?

Yes

No

Ignore this
if you already are a
friend of ours

Phone number

Date of Birth

D

M

Y

Do you plan to attend the
Reunion?

Yes

No

Do you plan to bring any guests?
Please state who and how many

Want to enhance your recovery?

Please take time to fill out this survey and return to us -or do it online at:
<http://tiny.cc/dsypay>

Are you regularly attending a fellowship programme?

Yes

No

Rather not say

Would you be willing to travel to Castle Craig for a recovery renewal workshop?

Yes

No

Rather not say

Would you be interested in a workshop near London?

Yes

No

Rather not say

Would you be interested in individual recovery coaching or one-to-one therapy?

Yes

No

Rather not say

Just a few
more
questions on
the next
page...



What have been some of the biggest challenges to your recovery?

Do you notice addictive tendencies re-appearing in other ways?

Yes (please specify)

No

Rather not say

How often do you encounter 'peer pressure' in the workplace or socially?

Never

Rarely

Occasionally

Regularly

Don't know

What are some issues you would like to address at a recovery workshop? Other (please specify)

Spirituality

Shame

Self-esteem

Inner child

Family dynamics

Trauma

Peer pressure

Stress busting

Addictive tendencies