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## LaGrange Housing Authority is RAD Approved!!

# Life Skills

## Mandatory Life Skills Training Classes

RAD allows PHAs and owners of HUD-assisted housing to preserve and improve affordable housing units that could be subject to vouchers and demolition. RAD provides greater funding certainty for potential lenders and increased operational flexibility for PHAs and owners to serve their communities. RAD is a central part of the Department's rental housing preservation strategy which is designed to:

Safeguard long-term rental housing assistance for both current tenants and future generations;

Improve and Modernize HUD-assisted multifamily properties; and

Stabilize these properties

Starting **November** life skills classes will be made **MANDATORY FOR RESIDENTS THAT RECEIVE SUBSIDIZED RENTS**. This **DOES NOT** include residents 62 years or older, working at least 22 hours a week, or **full time** student. Life Skills will be a 12 week program that will count toward your community service hours if you are under that agreement. We are putting together some great courses that are full of energy and information. We will continue you to give more information in the up coming weeks about registration and start date.

The soul of change is developed on ambition. The courage to move forward with an idea and take the risk of bringing it to life. We need to learn how to set goals for ourselves, plan how they will reach their goals, and enact their plans. Once people feel comfortable with charting their own course, they will readily move into action. By teaching this process, we equip everyone to take initiative in their lives.

**General Awareness Training** is just a few things we will touch on in our life Skills Training.

- Awareness of your surroundings
- Recognizing a potentially dangerous situation
- Have personal medical information and keep up with appointments
- Emergency preparedness
- Avoid drugs and alcohol
- Be sexually responsible
- How to say "no," respectfully
- How to ask for help
- Be open-minded
- Accept constructive criticism



## COMMUNITY SERVICE Opportunities!!

Over the next few months, the West Georgia Star Residential Services Program will be hosting several different workshops within the housing authority. For those who choose to attend, not only will you gain pertinent knowledge, but participation can also help you gain community service hours. Workshops are typically worth 2 hours of community service, and you must attend the entire workshop to gain credit. Please see your monthly newsletters for dates, times, and locations of workshops. For more information, please contact Shatevia Culpepper at (706) 884-5032.

## What's Going on Around Town?

**FEEDING THE VALLEY** The Mobile Pantry program allows the Food Bank to provide direct distribution to needy families in locations where there is limited access to emergency food pantries. Each month, teams of volunteers hand-pack boxes of staple food items for delivery directly to needy families. More than 6000 families received food each month through our Mobile Pantry Program. Each month the food bank distributes to 36 Mobile Pantry sites. This program is back in action located on both sites. Starting September 9, 2015 for both sites Ben Hill 9am-12pm and Lucy Morgan 1pm-4pm. Volunteers are welcomed but we ask that your services be cleared by West Georgia Star program manager Shatevia Culpepper contact (706) 884-5032

# BRINGING THE AGES TOGETHER

**Bringing the Ages Together, LLC!**

**FREE FESTIVAL**

WELL CARE  
GA. DEPT OF LABOR & More Agencies

**FREE FISH FRY FRIED BISCUITS**

WIN A "32" LCD TV & TABLET NOTEBOOK

ALFRED JENNINGS FREE HEALTH SCREENING CLINIC  
ARK MINISTRIES  
WARREN TEMPLE UMC  
1PM-4PM

Mackey Wilson Jennings  
507 East Depot St.  
Lagrange, Georgia 30241

**Saturday  
Sept 19<sup>th</sup> 1-5pm**

Sponsored By:  
The GA. Diabetes  
Coalition of Atlanta  
West Georgia Health  
Mackey Wilson Jennings  
Funeral Home, Inc.

DJ & LIVE MUSIC  
FREE FOOD  
FAMILY FUN  
FREE BENCO PRIZES

The free health and screen clinic has been providing services to the community for 10+ years. Each year it has grown to greater and better opportunities for our community to be aware of health risk through preventative maintenance to the body. Bringing The Ages Together is the vision dreamed by the late Alfred Jennings and carried out by beloved daughter Wanda Jennings. This event will be at **507 East Depot St. Sept 19th 1pm to 5pm**

# LOOSE WEIGHT AND GET IN SHAPE “ZIP-EM UP”

West Georgia Star & LHA is providing Free fitness classes for our residents. Look Better, Feel Better Perform Better attend bootcamp Mondays Tuesdays Thursdays to get your beginning measurement, please wear fitted clothes to get an accurate measurement!!!



**M 10a-11a Lucy Morgan**  
**6p-7p Ben Hill**

**T 10a-11a Ben Hill**  
**6p-7a Lucy Morgan**

**TH 10a-11a Lucy Morgan**  
**6p-7p Ben Hill**

**S Youth Sports Training**  
**9am - 10am Lucy Morgan**  
**10:30am - 11:30am Ben Hill**



A **\$6,000** reward is being offered to anyone with information that leads to an arrest in the murder investigation of James Morrow. The West Georgia Star and Troup County Crime Stoppers are offering the combined reward of **\$6,000**. Individuals with information are asked to call the LaGrange Police Department at 706-883-2603 or Troup County Crime Stoppers at 706-812-1000. Tips may also be sent in the form of private message via the department's Facebook page, <http://facebook.com/lagrangepolicedept>.

## USDA Rural Development Housing Programs

USDA Rural Development housing programs work to improve the quality of life for rural Americans by ensuring that they have access to safe, well-built, affordable homes. A house is more than a roof over our heads; it is often the foundation upon which rests our ability to live near good jobs and to gain access to good schools and other public services.

Homeownership builds economic stability and, over the long term, creates equity to finance education, business startups and retirement. USDA thus not only helps rural people acquire homes, it helps build better lives and communities.

The direct and indirect impacts of housing development and rehabilitation reverberate throughout the Nation. Residential construction and rehabilitation stimulate various manufacturing and trade industries and related professional services. Housing activity also benefits the larger economy as wages are earned and spent by those directly involved in housing development.

If you need more information please come to the main office and pick up a information package to put you on the road to home ownership.



| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday | Saturday   |
|---|--|--|--|--|--------|--|
|   |  | <b>Rent Due</b><br><b>Fitness Workshop (Repeats every Tuesday):</b><br>Ben Hill: 10am - 11am<br>Lucy Morgan: 6pm-7pm | <b>Last Day to Turn In Food Bank Applications</b>  | <b>Fitness Workshop (Repeats every Thursday):</b><br>Lucy Morgan: 10-11am<br>Ben Hill: 6pm-7pm                           |        | <b>Last Day to Pay Rent</b><br><b>Fitness Workshop for Kids (Repeats Every Saturday)</b><br>Lucy Morgan: 9am-10am<br>Ben Hill: 10:30am-11:30am |
| <b>Rent Late</b>                                    | Offices Closed   | <b>West Georgia Star After School Program Closed</b>   | <b>Disposessory Warrants Filed</b><br><b>Food Bank</b><br>Ben Hill: 9am-12pm (while supplies last)<br>Lucy Morgan: 1pm - 4pm (while supplies last) | <b>West Georgia Star Youth Leadership Platform Open House (Parents Must Attend) @ 5pm @ Ben Hill Community Building.</b> |        | <b>Leadership Training for Tenant Association Officers</b><br>1pm-4pm @ Lucy Morgan Community Building   |
| <b>Lucy Morgan Tenant Association Meeting @ 4pm</b> | <b>Fitness Workshop:</b><br>Lucy Morgan: 10-11am<br>Ben Hill: 6pm-7pm<br><b>Garden Club Meets @ 6pm @ Ben Hill Pavilion.</b> | <b>Orientation for New Residents (MANDATORY) @ Ben Hill Community Building</b><br>9am-11am and 4pm-8pm               | <b>West Georgia Star After School Program Open House (Parents must Attend)</b><br>5:30pm-4:30pm  | <b>Orientation for New Residents (MANDATORY) @ LUCY MORGAN Building</b><br>9am-11am and 6pm-8pm                          |        |  |
|   | <b>Pest Control and Housekeeping Inspections</b><br><b>Garden Club Meets @ 6pm @ Ben Hill Pavilion.</b>                      |  |  | <b>Ben Hill Tenant Association Meeting @ 6pm</b>   |        |  |
|   | <b>Pest Control and Housekeeping Inspections</b><br><b>Housekeeping Workshop for Ben Hill Residents 9-11am</b>               | <b>Garden Club Field Trip to Columbus, GA @ 4:30pm</b>   | <b>Housekeeping Workshop for Lucy Morgan Residents</b><br>9am-11am   |  |        |  |

WEST GEORGIA STAR Issue 13 September 2015

201 Chatham St  
 LaGrange Ga, 30241  
 706-884-5032ph  
[www.westgeorgiastar.org](http://www.westgeorgiastar.org)

## IMPORTANT NUMBERS

### Benjamin Hill Apartments

Chatham Street 706-882-6416

Fax 706-882-0781

Multipurpose 706-884-5032

### Other Numbers

Street Lights 706-883-2130

Animal Control 706-298-3606

Emergency 911

HUD Atlanta Office  
 1-404-331-5001

Fraud Hotline 1-800-347-3735

After Hours 706-882-6416

### Lucy Morgan Apartments

Borton Street 706-884-9856

Fax 706-407-2261

### Non-emergency Police

706-883-2603

Crime Stoppers 706-812-1000

Poison Control 1-800-222-1222

### Housing Discrimination

1-800-669-9777

Tenants should text the word "LaGrange" followed by the crime report tip to 274637 to anonymously report criminal activity

