



CAL230



CAL270

**Coke**  
Diet  
CAL0

**Coca-Cola**  
zero  
CAL0

**Coca-Cola**  
cherry  
CAL230

**PIZZA**  
CAL230

**Minute  
Maid**  
LEMONADE  
CAL250

**Wii**  
FRUIT  
PUNCH  
CAL260

**Fanta**  
Orange  
CAL250

# Thirsty??

\$2.49

**Red Bull**  
\$3.50 CAL10-110

**DASANI**  
Bottled water  
\$1.99 CAL0

**coffee**  
\$2.49 CAL0



**fresh  
BREWED**  
iced tea  
Sweet & Unsweet  
CAL110/0

This is the end of the menu.  
There aren't any pizzas or  
sandwiches here. Not even a  
salad. You should probably head  
back to the beginning. That's  
where we keep the munchies!

Dig our food philosophy at [mellowmushroom.com](http://mellowmushroom.com)



[instagram.com/MellowMushroom](https://www.instagram.com/MellowMushroom)



[twitter.com/MellowMushroom](https://twitter.com/MellowMushroom)



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# NOTHING GETS YOU HIGH LIKE A SLICE OF PIZZA PIE

# MAGIC



## BRUSCHETTA **v**

Diced tomatoes, basil and seasonings tossed in balsamic vinegar and olive oil. Topped with feta and fresh basil, served on garlic toast points and drizzled with a balsamic glaze.

**\$7.95** CAL100x5

## STUFFED PORTOBELLO MUSHROOM **v**

Portobello mushroom cap, basted with garlic butter, stuffed with artichoke hearts, feta cheese, sun-dried tomatoes, spinach and mozzarella. Baked and drizzled with a balsamic glaze. Served on a bed of spring mix tossed with an herb vinaigrette dressing.

**\$8.95** CAL150x2

## MEATBALL TRIO

Three meatballs grilled with fresh mozzarella on a bed of Mellow red sauce with shaved parmesan and basil, sprinkled with breadcrumbs.

**\$7.95** CAL150x3

## MAGIC MUSHROOM SOUP **v**

A rich, creamy soup flavored with burgundy wine and herbs. Topped with Italian montamoré, grilled shiitake, button and portobello mushrooms and fresh chives.

**\$4.95 Bowl** CAL360

# DESERTS!

## SUNDAE FUNDAY

Your choice of our giant house baked cookies, served with all-natural vanilla bean ice cream, dark chocolate truffle sauce and house made fresh whipped cream, topped with an all-natural bing cherry.

**\$5.95** CAL470x2 **Peanut butter**  
CAL420x2 **Oatmeal raisin**  
CAL470x2 **Triple chocolate chunk**

## GIANT GOURMET COOKIE

Our massive house-baked gourmet cookies.

### Three decadent choices

Triple chocolate chunk (CAL300x2)

Oatmeal raisin (CAL240x2)

Peanut butter (CAL300x2) made with Reese's® peanut butter cups®.

**\$2.95**



## MARY JANE'S TRIPLE CHOCOLATE BROWNIE

No plain Jane brownie here, this one's a buttery chocolate, chewy brownie generously studded with Hershey's® milk chocolate kisses, bittersweet and semi-sweet chocolate chunks.

**\$2.95** CAL300x2

**x3**

## HALF BAKED BROWNIE SUPREME

The name says it all. Our decadent triple chocolate brownie served with all-natural vanilla bean ice cream, dark chocolate truffle sauce and house made fresh whipped cream, topped with an all-natural bing cherry.

**\$5.95** CAL420x2

**V = Lacto-ovo vegetarian**

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Consuming raw or undercooked meats may increase your risk of foodborne illness. We utilize a vast range of ingredients in the preparation of our food that may not be denoted in the item's description. Please notify your server of any known allergic reactions to specific foods.

# Locals ONLY

YOU'LL ONLY FIND THESE TASTY TREATS AT THIS LOCATION.

# Lunch! SPECIALS

Available 11:00a.m.-2p.m., Monday-Friday

Two slices with 1 ingredient and soft drink

**\$7.50**

Soup & salad combo (lil' salad choice) and soft drink

**\$7.99**

Half hoagie, chips and soft drink

**\$7.99**

## FREE MUNCHIES

ARE THE BEST MUNCHIES  
HERE'S HOW TO GET 'EM

Sign up for our e-club at [mellowmushroom.com/signup](http://mellowmushroom.com/signup).  
[Scan the QR code to get there].



You'll get the inside scoop on Mellow Mushroom happenings, and an email that entitles you to a **FREE spinach dip or bruschetta with any pizza purchase on your next visit.**

When you visit us again, choose your free munchie and show your server the email (either printed or on your phone) when you order a pizza. That's it! Easy as pizza pie.

Want more? Once you're an e-club member, text "Mellow211" to 47377 for updates on the specials happening at your local Mellow.

## HUMMUS v

Creamy hummus served with toasted pita wedges or garlic toast points. Garnished with paprika, basil and olive oil.

**\$6.95 CAL180x4** with pita: **CAL210x4**

## PRETZEL BITES v

Our signature Mellow dough, cut into bite sized pieces, finished with garlic butter and parmesan. Served with a side of our Pabst Blue Ribbon™ beer cheese dip, it's the perfect shareable munchie.

**\$5.99 CAL340x4**

## PRETZELS v

Signature Mellow dough twisted into pretzels:

- Garlic butter and parmesan, with a side of Mellow red sauce

**CAL270x3** **CAL270x6**

**with beer cheese**  
**CAL330x3**

**CAL290x6**

- Butter and kosher salt, with a side of mustard

**CAL260x3** **CAL260x6**

**with beer cheese**  
**CAL320x3**

**CAL280x6**

**\$5.95 half** **\$8.95 whole**

(Add Pabst Blue Ribbon™ beer cheese for \$2.49)

## SPINACH ARTICHOKE DIP v

Fresh sautéed spinach blended with artichokes, mozzarella and parmesan in a creamy sauce topped with shaved parmesan and baked until it's warm and bubbly. Served with garlic toast points.

**\$6.95 CAL180x4**

## OVEN ROASTED WINGS

Crisp double-baked wings. Choose from

Hot (CAL270/550) Jerk (CAL280/560)

Mild (CAL370/740) Sweet Thai chili (CAL370/740)

BBQ (CAL330/660) Naked (CAL280/550)

Served with your choice of ranch (CAL200/410) or bleu cheese dressing (CAL200/400) and celery.

**\$5.95 half (5)** **\$9.95 whole (10)**

## SOUP OF THE DAY

Ask your server for details.



# SALAD



## GREEK SALAD v

Romaine and iceberg lettuce, shredded carrots, red cabbage, onions, cucumbers, green peppers, mushrooms, feta, kalamata olives, roma tomatoes, pepperoncini and banana peppers.

**\$5.95 lil'** **\$8.95 regular**  
CAL170 CAL340

## CAESAR SALAD v

Romaine lettuce tossed with Caesar dressing and topped with shaved parmesan and house made croutons.

**\$5.95 lil'** **\$8.95 regular**  
CAL450 CAL780

[Add all-natural chicken for \$5.29, CAL+50/140]

## HOUSE SALAD v

Spring mix and romaine with roma tomatoes, cucumbers, black olives and onions, topped with shaved parmesan. We suggest balsamic vinaigrette with this salad.

**\$3.99 lil'** **\$6.49 regular**  
CAL90 CAL180

## CHEF SALAD

Romaine and iceberg lettuce, shredded carrots, red cabbage, onions, cucumbers, green peppers, mushrooms, kalamata olives, roma tomatoes, mozzarella, ham and sprouts.

**\$5.95 lil'** **\$9.95 regular**  
CAL150 CAL310

## ENLIGHTENED SPINACH SALAD v

Fresh spinach topped with dried cherries, apples, house made candied pecans and feta.

**\$5.95 lil'** **\$9.95 regular**  
CAL400 CAL800

[Add applewood smoked bacon for \$2.79, CAL+160]

## THE CAPRI v

Seasoned roma tomatoes, fresh mozzarella and basil drizzled with a balsamic glaze. Served with a side of spring mix tossed with an herb vinaigrette dressing.

**\$7.95** CAL560

## CHOICE OF SALAD DRESSING:

Signature Esperanza\* (CAL220/440)  
Herb vinaigrette\* (CAL260/510)  
Balsamic vinaigrette\* (CAL240/480),  
Bleu cheese\* (CAL200/400)  
Caesar\* (CAL240/470)  
Honey mustard\* (CAL80/170)  
Ranch\* (CAL200/410)  
Lite ranch (CAL130/250)  
Spicy ranch (CAL200/400)  
Thousand island (CAL190/380)

[\*All-natural dressings]

## SPIKED SAUSAGE

Crumbled sausage grilled with Pabst Blue Ribbon™ beer, caramelized onions, grilled green peppers, montamoré and parmesan cheeses with garlic aioli.

	<b>\$7.95 half</b>	<b>\$11.95 whole</b>
<b>French</b>	<b>CAL610</b>	<b>CAL1210</b>
<b>Multi Grain</b>	<b>CAL610</b>	<b>CAL1210</b>
<b>Pita</b>	<b>CAL700</b>	<b>CAL1400</b>

## TEMPEH v

Marinated tempeh, grilled onions, mushrooms, green peppers, topped with feta and sprouts. Served with pesto mayo.

	<b>\$7.95 half</b>	<b>\$11.95 whole</b>
<b>French</b>	<b>CAL560</b>	<b>CAL1020</b>
<b>Multi Grain</b>	<b>CAL560</b>	<b>CAL1020</b>
<b>Pita</b>	<b>CAL650</b>	<b>CAL1250</b>

## TOFU v

Grilled onions, mushrooms and green peppers with teriyaki-marinated tofu covered with provolone and topped with sprouts. Served with mayo, lettuce and tomato.

	<b>\$6.95 half</b>	<b>\$10.95 whole</b>
<b>French</b>	<b>CAL470</b>	<b>CAL920</b>
<b>Multi Grain</b>	<b>CAL470</b>	<b>CAL920</b>
<b>Pita</b>	<b>CAL560</b>	<b>CAL1110</b>

## PORTOBELLO & CHEESE v

Grilled portobello mushrooms basted with garlic butter, mozzarella, artichoke hearts, sun-dried tomatoes, spinach, feta and mayo, topped with sprouts.

	<b>\$7.95 half</b>	<b>\$11.95 whole</b>
<b>French</b>	<b>CAL480</b>	<b>CAL880</b>
<b>Multi Grain</b>	<b>CAL480</b>	<b>CAL880</b>
<b>Pita</b>	<b>CAL540</b>	<b>CAL1070</b>



## "CARNIE" PUB BURGER\*

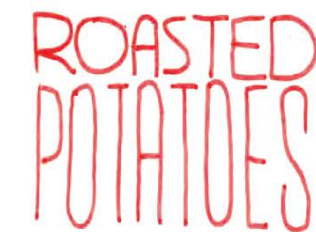
100% choice, all-natural, black angus beef, USDA certified from family owned and operated Harris Ranch. Finished with swiss, caramelized onions, garlic aioli, romaine lettuce, sliced tomato and pickle chips. Served on a grilled brioche bun.

**\$9.99** CAL1010 (Served with roasted potatoes)

## "HERB" VEGGIE BURGER v

Our signature veggie patty made from quinoa, kale, brown rice and roasted mushrooms. Seasoned with roasted garlic and shallots. Finished with fresh avocado, cheddar, garlic aioli, romaine lettuce, sliced tomato and onion. Served on a grilled brioche bun.

**\$9.99** CAL820 (Served with roasted potatoes)



**Add to any sandwich for \$2.29** CAL120

Red potatoes roasted with caramelized onions, fresh rosemary, kosher salt, fresh garlic and a hint of paprika.

# SANDWICHES & BURGERS

**MUSHROOMS ONLY!**

ALL SANDWICHES ARE SERVED HEATED ON YOUR CHOICE OF PITA OR HOAGIE ROLL (FRENCH OR MULTI GRAIN), SERVED WITH YOUR CHOICE OF CHIPS.

## MEATBALL

Seasoned meatballs in a Mellow red sauce topped with melted mozzarella.

	<b>\$7.95 half</b>	<b>\$11.95 whole</b>
French	CAL340	CAL740
Multi Grain	CAL340	CAL740
Pita	CAL430	CAL860

## STEAK & CHEESE

All-natural shaved rib eye, onions, mushrooms, green peppers, provolone, mayo, lettuce and roma tomatoes.

	<b>\$7.95 half</b>	<b>\$11.95 whole</b>
French	CAL520	CAL1030
Multi Grain	CAL520	CAL1030
Pita	CAL610	CAL1220

## MUSHROOM CLUB

Ham, applewood smoked bacon, provolone or swiss, caramelized onions, grilled mushrooms, mayo, lettuce and roma tomatoes, topped with sprouts.

	<b>\$7.95 half</b>	<b>\$11.95 whole</b>
French	CAL560	CAL1030
Multi Grain	CAL560	CAL1030
Pita	CAL610	CAL1220

## OLD SCHOOL JERK

Jerk chicken and pineapple grilled and topped with mushrooms, onions, green peppers, provolone, mayo, lettuce and roma tomatoes.

	<b>\$7.95 half</b>	<b>\$11.95 whole</b>
French	CAL480	CAL960
Multi Grain	CAL480	CAL960
Pita	CAL500	CAL1000

## AVOCADO

Seasoned avocado, onions, provolone, mayo, lettuce and roma tomatoes, topped with sprouts.

	<b>\$6.95 half</b>	<b>\$10.95 whole</b>
French	CAL400	CAL800
Multi Grain	CAL400	CAL800
Pita	CAL490	CAL980

## ITALIAN

Ham, pepperoni, salami, fresh mozzarella, caramelized onions, basil, spring mix, mayo, roma tomatoes and herb vinaigrette.

	<b>\$7.95 half</b>	<b>\$11.95 whole</b>
French	CAL570	CAL1130
Multi Grain	CAL570	CAL1130
Pita	CAL660	CAL1210

## CHICKEN & CHEESE

All-natural grilled teriyaki chicken, provolone, onions, mushrooms, green peppers, mayo, lettuce and roma tomatoes.

	<b>\$7.95 half</b>	<b>\$11.95 whole</b>
French	CAL470	CAL930
Multi Grain	CAL470	CAL930
Pita	CAL490	CAL970



## BASE

(Choose up to two)

Lettuce blend [CAL30] (romaine and iceberg lettuce, shredded carrots and red cabbage)

Romaine [CAL30] Spinach [CAL20]

Spring mix [CAL40]

**\$4.95**

## CHEESES

Cheddar [CAL110] Feta [CAL160]

Mozzarella [CAL40] Provolone [CAL100]

Seasoned ricotta [CAL50] Shaved parmesan [CAL100]

**\$1.29**



## SPECIALTY CHEESES

Bleu cheese [CAL100] Montamoré [CAL60]

Fresh mozzarella [CAL120]

Daiya vegan cheese [CAL90]

**\$2.29**

## FRUITS & VEGGIES

Artichoke hearts [CAL10] Banana peppers [CAL0]

Black olives [CAL40] Broccoli [CAL10]

Cucumbers [CAL0] Diced apples [CAL20]

Garlic [CAL10] Green olives [CAL40]

Green peppers [CAL10] Jalapeños [CAL20]

Mushrooms [CAL20] Onions [CAL10]

Pepperoncini [CAL20] Pineapple [CAL20]

Roma tomatoes [CAL0] Sprouts [CAL0]

Roasted red peppers [CAL10]

**\$.79**

## SPECIALTY FRUITS, VEGGIES & NUTS

Fresh basil [CAL0] Candied pecans [CAL150]

Dried cherries [CAL150] Kalamata olives [CAL80]

Sun-dried tomatoes [CAL90]

Portobello mushrooms [CAL10]

**\$1.79**

## PROTEINS

Anchovies [CAL30] Ham [CAL90]

Pepperoni [CAL130] Salami [CAL220]

Tempeh [CAL220] Tofu [CAL60]

**\$1.59**

## SPECIALTY PROTEINS

Avocado [CAL50] Meatballs [CAL150]

Applewood smoked bacon [CAL160]

**\$2.79**

## ALL-NATURAL PREMIUM PROTEINS

Grilled chicken or steak [CAL50/140]

(Marinated in your choice of)

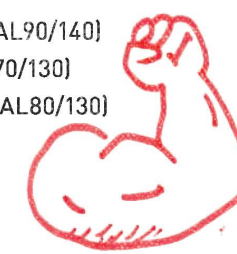
BBQ [CAL80/150] Buffalo [CAL90/140]

Curry [CAL80/130] Jerk [CAL70/130]

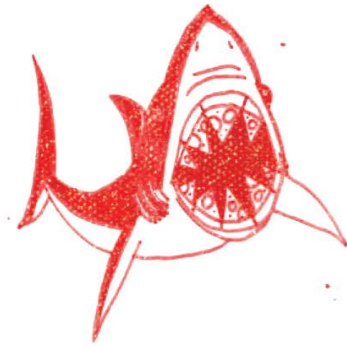
Pesto [CAL100/150] Teriyaki [CAL80/130]

Herb vinaigrette [CAL110/160]

**\$5.29**



# SPECIALTY PIZZA PIE



## GREAT WHITE v

Olive oil and garlic base with sun-dried tomatoes, provolone, feta, seasoned ricotta, fresh basil and mozzarella, roma tomatoes and onions.

<b>\$12.95 S</b>	<b>\$19.95 M</b>	<b>\$24.95 L</b>
<b>CAL300x4</b>	<b>CAL390x6</b>	<b>CAL430x8</b>

## HOUSE SPECIAL

Mellow red sauce base with mozzarella, pepperoni, sausage, ground beef, ham, applewood smoked bacon, mushrooms, black olives, roma tomatoes, green peppers and onions. Topped with extra mozzarella.

<b>\$13.95 S</b>	<b>\$20.95 M</b>	<b>\$25.95 L</b>
<b>CAL360x4</b>	<b>CAL450x6</b>	<b>CAL480x8</b>

## AWESOME WITH SAUSAGE

## KOSMIC KARMA v

Mellow red sauce base with feta and mozzarella, spinach, sun-dried tomatoes and roma tomatoes with a pesto swirl.

<b>\$13.95 S</b>	<b>\$20.95 M</b>	<b>\$25.95 L</b>
<b>CAL350x4</b>	<b>CAL400x6</b>	<b>CAL430x8</b>

## MAGICAL MYSTERY TOUR v

Pesto base with button and portobello mushrooms, feta and mozzarella, spinach and light jalapeños on a pesto basted crust.

<b>\$13.95 S</b>	<b>\$20.95 M</b>	<b>\$25.95 L</b>
<b>CAL320x4</b>	<b>CAL420x6</b>	<b>CAL460x8</b>

## MIGHTY MEATY

Mellow red sauce base with mozzarella, pepperoni, sausage, ground beef, ham and applewood smoked bacon.

<b>\$13.95 S</b>	<b>\$20.95 M</b>	<b>\$25.95 L</b>
<b>CAL380x4</b>	<b>CAL480x6</b>	<b>CAL510x8</b>

## MAUI WOWIE

Pesto base with mozzarella, ham, pineapple, jerk chicken, banana peppers, applewood smoked bacon and mozzarella on a pesto basted crust.

<b>\$13.95 S</b>	<b>\$20.95 M</b>	<b>\$25.95 L</b>
<b>CAL380x4</b>	<b>CAL470x6</b>	<b>CAL520x8</b>



## GLUTEN-FREE INGREDIENTS: BASES/SAUCES

Mellow red sauce, olive oil and garlic, pesto

## VEGGIES

Green peppers [CAL0]      Onions [CAL10]  
Black olives [CAL10]      Spinach [CAL0]  
Fresh tomatoes [CAL0]  
Button mushrooms [CAL0]  
Sun-dried tomatoes [CAL30]

## CHEESES

Mozzarella [CAL20]      Feta [CAL30]  
Provolone [CAL30]  
Daiya vegan cheese [CAL20]

## PROTEINS

Ground beef [CAL20]      Ham [CAL10]  
Pepperoni [CAL30]  
Italian sausage [CAL10]  
Applewood smoked bacon [CAL30]

Our cooks have been trained on the importance of preventing cross contamination. The kitchen will wash hands, put on fresh gloves and a fresh apron, and only use gluten-free dedicated cooking utensils and ingredients. Everything is made to order, and prepared in a separate area. A screen pan is used during the baking process so the gluten-free crust never makes direct contact with the pizza stone.

Mellow Mushroom has prepared this menu based on the most current ingredient information from our food suppliers and their stated absence of wheat/gluten within these items. While we take every precaution to ensure that cross contamination of ingredients does not occur, these items are being prepared in a kitchen that also processes foods containing wheat, milk, soy, tree nuts, peanuts and seeds. Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.

Smart Flour Crust Ingredients: Smart Flour (Tapioca Flour, Sorghum Flour, Amaranth Flour, Teff Flour), Potato Starch, Modified Tapioca Starch, Sorghum Flour, Water, Olive Oil, Molasses, Sugar, Flax Seed, Yeast, Salt, Xanthan Gum, Agave, Baking Powder (Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Guar Gum, Baking Soda, Canola Oil.

# Gluten-Free Pie

VEGAN + ANCIENT GRAINS

**TOP TIP**

Gluten-free pizzas and ingredients are priced the same as our medium pies.

All gluten-free pizzas are served on our 12" signature gluten-free crust. Additional gluten-free items may vary by location; ask your server for details.

## HOUSE SPECIAL

Mellow red sauce base with mozzarella, pepperoni, sausage, ground beef, ham, applewood smoked bacon, mushrooms, black olives, roma tomatoes, green peppers and onions. Topped with extra mozzarella.

**CAL260x8**

## VEG OUT v

Mellow red sauce base, mozzarella, spinach, green peppers, mushrooms, onions, black olives and tomatoes.

**CAL170x8**

## CHEESE v

Mellow red sauce and mozzarella.

**CAL160x8**

## MIGHTY MEATY

Mellow red sauce base with mozzarella, pepperoni, sausage, ground beef, ham and applewood smoked bacon.

**CAL280x8**

## KOSMIC KARMA v

Mellow red sauce base with feta and mozzarella, spinach, sun-dried tomatoes and roma tomatoes with a pesto swirl.

**CAL220x8**



## MEGA-VEGGIE v

Mellow red sauce base with feta and mozzarella, sun-dried tomatoes, spinach, green peppers, mushrooms, onions, black olives, roma tomatoes, broccoli, banana peppers, artichoke hearts and tofu.

**\$14.95 S**  
**CAL300x4**

**\$21.95 M**  
**CAL340x6**

**\$26.95 L**  
**CAL420x8**



## FUNKY Q. CHICKEN

BBQ chicken, mozzarella and cheddar, caramelized onions and applewood smoked bacon. Finished with a bbq sauce swirl.

**\$13.95 S**  
**CAL360x4**

**\$20.95 M**  
**CAL450x6**

**\$25.95 L**  
**CAL490x8**

## LOADED POTATO PIE

Olive oil and garlic base with sliced roasted red potatoes, applewood smoked bacon, caramelized onions, cheddar and mozzarella. Garnished with chives then drizzled with sour cream and spicy ranch dressing.

**\$13.95 S**  
**CAL400x4**

**\$20.95 M**  
**CAL510x6**

**\$25.95 L**  
**CAL560x8**

## THAI DYE

Olive oil and garlic base, all-natural curry chicken, mozzarella, roma tomatoes, onions. Topped with fresh basil, cucumbers and a sweet swirl of Thai chili sauce.

**\$13.95 S**  
**CAL310x4**

**\$20.95 M**  
**CAL400x6**

**\$25.95 L**  
**CAL420x8**

OR CURRY TOFU IN VEGETARIAN

LESS DOUGH, YO!  
ASK YOUR SERVER HOW TO GET THE SAME TASTY PIE ON A THINNER MELLOW CRUST.

## HOLY SHIITAKE PIE v

Olive oil and garlic base, shiitake, button and portobello mushrooms, caramelized onions, mozzarella and montamoré. Drizzled with garlic aioli and spritzed with black truffle oil. Garnished with fresh chives and shaved parmesan.

**\$13.95 S**  
**CAL360x4**

**\$20.95 M**  
**CAL460x6**

**\$25.95 L**  
**CAL480x8**

## RIB EYE PIE

Olive oil and garlic base, all-natural grilled shaved rib eye steak, portobello mushrooms, artichoke hearts, kalamata olives, provolone, feta and mozzarella.

**\$14.95 S**  
**CAL340x4**

**\$21.95 M**  
**CAL440x6**

**\$26.95 L**  
**CAL470x8**

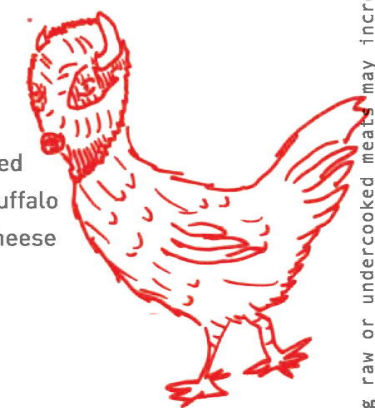
## BUFFALO CHICKEN

Mozzarella, all-natural buffalo chicken, caramelized onions, applewood smoked bacon with a swirl of buffalo sauce. Served with a swirl of your choice of bleu cheese or ranch dressing.

**\$14.95 S**  
**CAL380x4**

**\$21.95 M**  
**CAL500x6**

**\$26.95 L**  
**CAL540x8**



# PIZZA PIE OR CALZONE

Build  
it!

A LITTLE  
 A LOT  
 A LOT A LOT

Customize to your taste with any of the fresh ingredients listed on the right-hand page. All calzones are made with fresh Mellow dough and served with a side of Mellow red sauce.

## CHEESE PIZZA v

Mellow red sauce base and mozzarella on Mellow's crust, buttered and sprinkled with parmesan.

**\$9.95 S**      **\$12.95 M**      **\$15.95 L**  
CAL250x4      CAL320x6      CAL350x8



## CHEESE CALZONE v

Stuffed with mozzarella and seasoned ricotta then basted with garlic butter and sprinkled with parmesan.

**\$9.95** CAL580x2

## VEGGIE SUPREME CALZONE v

Spinach, mushrooms, roma tomatoes, seasoned ricotta and mozzarella.

**\$12.95** CAL570x2

## BASE SAUCES

Olive oil and garlic, pesto, Mellow red sauce

## CHEESES

Cheddar [CAL30-40]      Feta [CAL20-30],  
Mozzarella [CAL20]      Provolone [CAL20-30],  
Seasoned ricotta [CAL10-20]  
Shaved parmesan [CAL10-20]

**\$1.29 S**      **\$1.79 M**      **\$2.29 L**

## SPECIALTY CHEESES

Bleu cheese [CAL20-30]  
Montamoré [CAL30-40]  
Daiya vegan cheese [CAL20]  
Fresh mozzarella [CAL20],

**\$1.49 S**      **\$2.49 M**      **\$3.29 L**

## FRUITS & VEGGIES

Fresh basil [CAL0]      Artichoke hearts [CAL0]  
Cucumbers [CAL0]      Broccoli [CAL0]  
Jalapeños [CAL0]      Mushrooms [CAL0]  
Black olives [CAL10]      Garlic [CAL0]  
Green peppers [CAL0]      Onions [CAL10]  
Pepperoncini [CAL10]      Pineapple [CAL10]  
Green olives [CAL10]      Spinach [CAL0]  
Banana peppers [CAL0]      Roma tomatoes [CAL0]  
Roasted red peppers [CAL0]  
Caramelized onions [CAL0]

**\$1.29 S**      **\$1.79 M**      **\$2.29 L**



## PREMIUM FRUITS & VEGGIES

Avocado [CAL10-20]      Pesto swirl [CAL30-40]  
Kalamata olives [CAL10]  
Portobello mushrooms [CAL0]  
Sun-dried tomatoes [CAL20-30]

**\$1.49 S**      **\$2.49 M**      **\$3.29 L**

## PROTEINS

Anchovies [CAL10]      Ground beef [CAL20]  
Ham [CAL10]      Salami [CAL60-70]  
Tempeh [CAL60-80]      Tofu [CAL10]  
Pepperoni [CAL30]      Italian sausage [CAL10]

**\$1.29 S**      **\$1.79 M**      **\$2.29 L**

## SPECIALTY PROTEINS

Applewood smoked bacon [CAL20-30]  
Meatballs [CAL20-30]

**\$2.29 S**      **\$4.29 M**      **\$4.49 L**

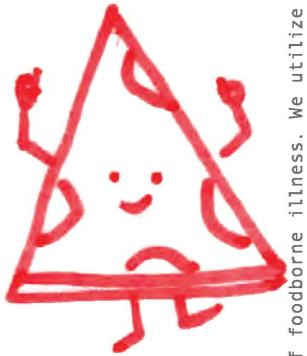
## ALL-NATURAL PREMIUM PROTEINS

Grilled chicken or steak [CAL20-30/40-60]

**(Marinated in your choice of)**

BBQ [CAL20-30/60-80]      Buffalo [CAL20-30/50-60]  
Curry [CAL20-30/40-60]      Jerk [CAL20/40-60]  
Pesto [CAL20-30/40-70]      Teriyaki [CAL20-30/40-70]  
Herb vinaigrette [CAL30-40/50-70]

**\$4.49 S**      **\$5.99 M**      **\$6.49 L**



Consuming raw or undercooked meats may increase your risk of foodborne illness. We utilize a vast range of ingredients in the preparation of our food that may not be denoted in the item's description. Please notify your server of any known allergic reactions to specific foods.