# Musculoskeletal disorders in selected occupational groups
## A case study in the music industry

We are exploring the musculoskeletal disorders in musicians. These disorders include pain, weakness, pins and needles, and numbness.

As part of this research, we would like **university students and staff** to complete the attached questionnaire to use as a comparison group for musicians, to allow us to determine whether musicians are different to the general population. Only those aged 18 years or older are eligible to participate. ***If you are also currently studying music, employed as a musician or a member of the Musicians' Union of Australia or the Music Teachers' Association of South Australia, please complete the musicians' questionnaire, do not complete this questionnaire.*** Please contact the research team if you are unsure which questionnaire you should complete.

It is anticipated that this research may lead to recommendations which will help reduce the prevalence of musculoskeletal symptoms and the impact of these symptoms for musicians, and potentially other occupational groups. There will be no direct benefits for participants.

Other than the time taken to complete this questionnaire, there are no foreseeable risks or harms.

The questionnaire can be accessed at https://www.surveymonkey.com/r/Musculoskeletal_AnimalVetSciences or by scanning the QR code below. If you would prefer to complete a paper version of this questionnaire, please contact Jessica Stanhope (jessica.stanhope@adelaide.edu.au, Ph: 08 8313 1985) so that this can be sent to you. Please only complete the questionnaire once. The questionnaire takes approximately 5-10 minutes to complete, and those who complete and submit the questionnaire by June 10, 2016 will go into a **DRAW FOR A $250 GIFT CARD, OR ONE OF FIVE $50 GIFT CARDS.** To go into the draw an email address or phone number must be provided. This will be removed from the questionnaire as soon as possible, to protect your anonymity.

***Who is conducting the research?***
This research is being conducted by Jessica Stanhope. This research will form the basis for the degree of PhD (Public Health) at the University of Adelaide under the supervision of Prof. Dino Pisaniello, Prof. Philip Weinstein and Dr. Rebecca Tooher.

***Confidentiality and privacy***
Once you complete the questionnaire, it will be collected by one of the researchers. All contact details provided will be removed from the questionnaire as soon as possible, and only the research team will have access to this. Following the prize draw all contact details supplied for this purpose will be destroyed. The contact details of participants wanting a summary of the research findings will be destroyed once these findings have been provided.

All electronic data will be stored on The University of Adelaide's server in password protected folders. Only the research team will have access to this data. Paper questionnaires will be stored securely within a locked filing cabinet, in a locked office within The University of Adelaide. These will also be scanned, and all data will be entered onto the computer to allow for analysis, and will be stored on The University of Adelaide's server in password protected folders. All data will be retained for five years following publication.

It is anticipated that results will be presented at conferences, in published papers, and within a PhD thesis. All data will be aggregated so that the identity of participants cannot be determined; thus protecting your privacy and confidentiality.

***Consent and complaints***

Participation in this project is completely voluntary. By completing and returning the questionnaire you are providing consent to be involved in the study. As this is an anonymous survey, you will not be able to withdraw from the study once your questionnaire has been submitted. Non-participation in the study will not impact upon your study or employment.

The study has been approved by the Human Research Ethics Committee at the University of Adelaide (approval number: H-2015-279). If you have questions or problems associated with the practical aspects of your participation in the project, or wish to raise a concern or complaint about the project, then you should consult the Principal Investigator. Contact the Human Research Ethics Committee's Secretariat on phone +61 8 8313 6028 or by email to hrec@adelaide.edu.au. If you wish to speak with an independent person regarding concerns or a complaint, the University's policy on research involving human participants, or your rights as a participant. Any complaint or concern will be treated in confidence and fully investigated. You will be informed of the outcome.

***If you have any questions regarding the project, please contact one of the researchers.***

Jessica Stanhope, PhD candidate, Ph: 08 8313 1985, jessica.stanhope@adelaide.edu.au
Prof. Dino Pisaniello, Professor of Public Health, Ph: 08 8313 3571, dino.pisaniello@adelaide.edu.au
Prof. Philip Weinstein, Head of the School of Biological Sciences, Ph: 08 8313 6222, philip.weinstein@adelaide.edu.au
Dr. Rebecca Tooher, Senior Lecturer, Ph: 08 8313 1316, rebecca.tooher@adelaide.edu.au