## BRISTOL WITHOUT BREAKING THE BUDGET

If you are trying to keep your costs down to a minimum, here are a few useful ways to do this when you come to Una Mirada in September

TRAVEL

Bristol International airport is a hub airport for Easyjet and Ryanair as well as other low cost airlines. There is regular shuttle bus from the airport (£7 one way, £11 return) to take you into the city and once you are there you can walk to the venue, hostels & hotels, restaurants, shops and interesting places to visit.

However, if you are travelling with others it might be worth pre-booking a taxi (£20-£25 each way to the centre). With enough people it may be cheaper than the bus.

You can see if Easyjet fly direct to Bristol here <a href="http://www.easyjet.com/en/routemap">http://www.easyjet.com/en/routemap</a>

and Ryanair destinations for Ryanair with September prices <a href="https://www.ryanair.com/gb/en/cheap-flight-destinations">https://www.ryanair.com/gb/en/cheap-flight-destinations</a>



Cheapest flights from Bristol £ 27.99 Budapest Trip Types Warsaw (WMI) £ 27.99 clear filters ( £ 29.99 Krakow Dublin £ 16.99 £ 30.99 Knock £ 19.99 £ 30.99 £ 22.99 Bergerac £ 30.99 Ibiza Castellon (Valencia) £ 22.99 Malaga £ 30.99 Kaunas £ 22.99 Mallorca £ 30.99 Venice (TSF) £ 22.99 Rzeszov £ 31.99 £ 23.99 Limoges Gdansk £ 35.99 Bologna £ 24.99 Poland £ 41.99 Milan Bergamo £ 24.99 Malta £ 57.99 Poznan £ 24.99 £ 60.99 Gran Canaria Wroclaw £ 24.99 £ 60.99 Lanzarote £ 25.99 Beziers £ 60.99 Tenerife Sth Barcelona (GRO) £ 27.99 Barcelona (REU) £ 27.99

A full list of airports which fly to Bristol can be found here <a href="http://www.bristolairport.co.uk/where-can-i-fly/explore-destinations">http://www.bristolairport.co.uk/where-can-i-fly/explore-destinations</a>

Other UK airports where you might be able to get cheap flights are Luton, Stansted, Gatwick, Heathrow and Southampton. But you will then need to allow the time and cost of getting to Bristol.

Feel free to post in the group or event to see if anyone can help with lifts to and from these airports. You could always try Megabus, <a href="http://uk.megabus.com/uk-destinations.aspx">http://uk.megabus.com/uk-destinations.aspx</a> which do cheap coach journeys within the UK and from Belgium, France, Germany, Italy, Netherlands and Spain. Eurolines <a href="http://www.eurolines.co.uk/en">http://www.eurolines.co.uk/en</a> also do coach journeys from a wider list of countries.

## **SLEEP**

There are three hostels in Bristol centre, within walking distance of our lovely venue.

Full Moon Backpackers Hostel | beds from £17.50 | <a href="http://www.fmbristol.co.uk/">http://www.fmbristol.co.uk/</a> 17 mins walk from the venue | 1 North Street, Stokes Croft, Bristol BS1 3PR | Tel: +44 117 924 5007

Rock n Bowl Motel | beds from £10.00 | http://www.thelanesbristol.co.uk/hostel/
13 mins walk from the venue | 22 Nelson Street, Bristol BS1 2LA | Tel: +44 117 325 1980

YHA Bristol | beds from £16.00 | <a href="http://www.yha.org.uk/hostel/bristol">http://www.yha.org.uk/hostel/bristol</a>
10 mins walk from the venue | 14 Narrow Quay, Bristol BS1 4Q | Tel: +44 117 325 1980
You can also book this hostel through <a href="http://www.hostelworld.com/">www.booking.com</a>
You can also see a few more places a little further away here <a href="http://www.hostelworld.com/">http://www.hostelworld.com/</a>

Or try Airbnb https://www.airbnb.co.uk/

Feel free to post in the group or event to see if any local dancers attending the event can help with a place to stay.

## **EAT**

Staying at a hostel or Airbnb will mean you can generally cook your own food and there are supermarkets nearby to buy supplies.

Here are a few suggestions of great value places to eat out but there are a huge variety of eateries in Bristol. \*
\*Information correct at time of writing but please check opening hours etc before making a special trip

Try St Nicholas Market for breakfast, brunch or lunch

Monday to Saturday 9.30am to 5pm | 11 mins walk from venue | <a href="http://www.stnicholasmarketbristol.co.uk/">http://www.stnicholasmarketbristol.co.uk/</a>
There are loads of great food stalls and cafes (Matina, Eat a Pitta, Al Bab Mansour/Moorish and Carribean Wrap are worth looking out for) and it's well worth a wander around, a great chilli sauce shop too. Nearby you can also find the **Friday Food**Market (Friday 10am to 4pm) on Wine Street, offering shoppers and visitors the opportunity to purchase some of the best local produce and street food available in the City.

**Edna's Kitchen** | Castle Park, Bristol (Generally 10am-5pm Monday-Sunday, but weather dependent so possibly later if the weather is good) | http://www.ednas-kitchen.com/news.htm | Homemade vegetarian Middle Eastern food.

Pieminister | http://www.pieminister.co.uk/ | 24 Stokes Croft, Bristol, BS1 3PR | +44 117 942 3322 | 19 mins walk from venue OR 7 Broad Quay, Bristol, BS1 4DA | +44 117 325 7616 | 19 mins walk from venue | OPENING TIMES | Monday - Wednesday 11am – 10pm | Thursday - Saturday 10am – 11pm | Sunday 11am – 10pm | Not the cheapest place to eat but a Bristol favourite worth a mention. Hearty fare to keep you dancing and you can look out for the pies in the supermarkets too. Like many places, the lunch menu is cheaper, so good value if you prefer your main meal at lunchtime. You can also look out in St Nicholas Market for these guys.

**Sticks & Broth** | Bridge House, 48-52 Baldwin Street BS1 1QQ | 12 mins walk from venue | <a href="http://www.sticksnbroth.com/">http://www.sticksnbroth.com/</a> 12 noon to 10:30 Monday to Saturday | 12 noon to 9:00 on Sundays.

A smattering of other Japanese dishes feature, but the rich tonkotsu ramen is the real reason to visit. Try the express menu for a cheap, but quality, lunch from £6.50 (Mon-Sat 12-4)

It's not always easy to locate a decent bowl of ramen on British shores – which is why Sticks & Broth is such a welcome find. The menu's list of classical dishes and modern fusion, alongside a great drink selection and popular lunchtime special, means you can experience some of the best British ramen for under a tenner.

Opened as a joint venture between the owners of Thai Kitchen (formerly of the Fish Market) and the fantastic Baowow, Sticks & Broth is a yakitori and ramen bar with 24-hour tonkotsu (pork bone) broth providing the base for a number of delicious dishes.

If you're visiting for lunch, then the £6.50 Tokyo Express menu, which allows you the option of ramen or donburi (rice bowl), is an affordable option. The house ramen is tremendous – smokey, rich brisket sits atop rocket, grilled corn, noodles and a soft boiled egg soaked in soy sauce, all surrounded by a beautifully subtle pork bone broth. The garlic cloves and crusher that sit on each table as a simple condiment mean you can apply some explosive flavour to a subtle dish.

A fine selection of beers, ales, wines and spirits are available should your budget permit. There's no sake as yet, but plans are afoot to add it to the list.

<sup>\*</sup>Review from May'16 https://www.timeout.com/bristol/restaurants-and-cafes/sticks-broth

**Maximillians** | 45 Broad Street, Bristol BS1 2EP | Tel: +44 117 921 0515 | 13 mins walk from venue | Open Mon-Fri 8-5 Good for lunch only due to opening times but reported to be huge portions . "Supersized baps for those on a budget."

'GIANT BAPS!' screams the sign in the window of Maximillions, a deli that's hidden a little off the beaten track in Bristol's snoozy Broad Street. And it is a giant bap you'll get, as long as you can get to it – the queue has been known to reach the back of the shop and out again.

Simply pick your meat – usually a daily-changing selection of roast this or barbecue that, pick a white or brown bap, and then any five salads to go in it. And that really is any five salads – the definition of which has been stretched to include potato salad, pasta salad, sauerkraut, a vast variety of pickles, hard boiled eggs, onion bhajis, and more. The combinations are endless, the meat is always cooked to perfection, and the final concoction inevitably sits at six inches high and the circumference of a small dinner plate.

There is adequate seating upstairs (and if you choose to eat in, then you get even more salad to fill your plate), and fantastic coffee and tea. Best of all, baps come in at under a fiver – £3.70\* each, in fact, regardless of fillings. Most won't be able to finish in one sitting, but you'll no doubt be tempted back to try again.

\*Review from Jan'15 <a href="https://www.timeout.com/bristol/restaurants-and-cafes/maximillians">https://www.timeout.com/bristol/restaurants-and-cafes/maximillians</a>

**Cosmo** | The Pavilion, 30 Triangle West Bristol BS8 1ET | Tel: +44 117 934 0999 | 9 mins walk from venue | Mon-Thu 12:00-15:00 £7.50 / 17:30-22:30 £13:50 | Fri 12:00-15:00 £7:50 / 17:30-23:00 £14.99 | Sat 12:00-16:00 £8.99 / 17:30-23:00 £15.99 | Sun 12:00-22:00 £13.50 | http://www.cosmo-restaurants.co.uk/locations/bristol/

Authentic World Kitchen. All you can eat, Lunch from £7.50, dinner from £13.50 per person. Various offers available so worth checking on the website. "We serve over 150 dishes at our restaurants. We carefully prepare each of these in small batches to ensure they are always fresh. We also take an enormous amount of pride in the presentation, our dishes are a feast for the eyes not just the taste buds. We invite you to take a gastronomic journey through different countries and cultures, so you can discover the most authentic flavours of the world."

The Canteen | 80 Stokes Croft, Bristol BS1 3QY | Tel: +44 117 923 2017 | 19 mins walk from venue | http://www.canteenbristol.co.uk

Breakfast: 10am – 12 noon (Mon – Sat) | Lunch: 12 noon – 3pm | Dinner: 5 – 10pm (9pm Fri & Sat) | Sunday Service: 12 - 5pm Great sustainable food, reasonably priced. All main meals are usually priced between £5 and £10 and even come with a free soup and crusty bread.

The Thali Cafe, Clifton | 1 Regents Street, Bristol BS8 4HW | Tel: +44 117 974 3793 | 16 mins walk from venue | Open 12pm-10pm every day | <a href="http://www.thethalicafe.co.uk/find-us/thali-cafe-in-clifton/">http://www.thethalicafe.co.uk/find-us/thali-cafe-in-clifton/</a>

The Thali Cafe is an award-winning restaurant renowned for producing simple food full of exotic flavours, using local produce and traditional Indian techniques.

The word thali refers to the way meals are eaten in India – where a selection of healthy, delicious and nutritious dishes are served together on one plate – and also to the stainless steel dishes they're served on. Thalis vary from region to region in India with unique delicacies specific to regional characteristics. The Thali Cafe menu reflects the diversity of Indian cooking. Prices from £5.00

You may also manage to pick up some of the pre-theatre deals depending on what time you decide to eat. We'll let you know about any discounts we manage to arrange with restaurants close to the venue nearer the event.

 $\sim$ 

## **EXPLORE**

If you have some time and energy before, after or between dancing, Bristol is a great place to wander around, particularly in the area around our venue, St George's Bristol <a href="https://www.stgeorgesbristol.co.uk/venue-info/">https://www.stgeorgesbristol.co.uk/venue-info/</a>.

You can find some of Banksy's works using the google map (here is a link to some info and a few pictures <a href="http://www.bristolpost.co.uk/Banksy-artwork-Bristol-tour-handy-map/story-26441991-detail/story.html">http://www.bristolpost.co.uk/Banksy-artwork-Bristol-tour-handy-map/story-26441991-detail/story.html</a> and a list and description of some of them can be found here <a href="http://visitbristol.co.uk/things-to-do/banksy-walking-tour-p1354013">http://wisitbristol.co.uk/things-to-do/banksy-walking-tour-p1354013</a> plus you can book a guided tour (or just use some of the info here to do it yourself) <a href="http://banksytours.co.uk/">http://banksytours.co.uk/</a>

Here are a list (also you can use the map view to see what is closest) of other free things to visit in Bristol <a href="http://visitbristol.co.uk/things-to-do/my-bristol/free-days-out">http://visitbristol.co.uk/things-to-do/my-bristol/free-days-out</a> and if you want to see some art while you're here, try this link <a href="http://visitbristol.co.uk/things-to-do/bristol-art-map-p1720043">http://visitbristol.co.uk/things-to-do/bristol-art-map-p1720043</a>