

# ANYTIME FITNESS OF FORT PIERCE



**GROUP  
FITNESS**

## CLASS SCHEDULE

FREE TO ALL MEMBERS

NON-MEMBERS \$10 PER CLASS TO BE PAID AT FRONT DESK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SILVERSNEAKERS CIRCUIT W/DONNA 8AM-9AM	ZUMBA W/TERESA 9AM-10AM	SILVERSNEAKERS CIRCUIT W/DONNA 8AM-9AM	ZUMBA W/TERESA 10AM- 11 AM	SILVERSNEAKERS CIRCUIT W/DONNA 8AM-9AM	VINYASA FLOW YOGA W/ AMELIA 9AM-10AM
BOOM MUSCLE W/ JOHN 9AM-9:30AM		BOOM MUSCLE W/ JOHN 9AM-9:30AM		BOOM MUSCLE W/ JOHN 9AM-9:30AM	
BOOM MUSCLE W/ JOHN 10AM-10:30AM	ZUMBA W/ TERESA 6PM-7PM	BOOM MUSCLE W/JOHN 10AM-10:30AM		BOOM MUSCLE W/JOHN 10AM-10:30AM	
RIPPED & LEAN W/ ANGEL 5:30PM-6:30PM		BATTLEGROUND BOOT CAMP 5:30PM-6:30PM W/JOHN	VINYASA FLOW YOGA W/ AMELIA 5:30PM-6:30PM		