

# Jessica Fox

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## NMC Registered Nurse (Child) 1412533E

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I am currently working as an RN (Child) within UK. I have over 6 years experience of working with children, including neonates and infants. I hold clear and enhanced CRB as well as a full UK driving license.

## Work experience

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Paediatric Intensive Care Unit, St George's  
Healthcare NHS Trust

May 2015 — Present

Band 5 Staff Nurse

We support a large paediatric general surgical caseload together with paediatric urology and ENT. We are a Major Trauma Centre and so support paediatric neurosurgery, orthopaedics and plastic surgery.

We have the largest caseload of paediatric oncology intensive care patients in the UK and also support infectious diseases, neurology, endocrinology, gastroenterology and respiratory paediatrics.

I have experience of caring for complex PICU patients requiring advanced mechanical ventilation and cardiovascular support.

Courses and Study days

- Foundation Course in Critical Care Nursing - Completion date May 2016.
- Tracheostomy Simulation and Study Day - July 2015
- Paediatric Immediate Life Support - June 2015

Projects and assignments

- Reflective essay and literature review on endotracheal tube suctioning in aim to improve local practice.
- The use and effectiveness of The Glasgow Coma Scale in PICU (extended group project - ongoing)
- Intravenous Drug Calculations tool.
- TPN and Fluid Calculation tool.
- " My names is, I like to be called." Boards to ensure all nurses know the name of their patient and parents or carers, and what they like to be addressed as.

Barts Bank

September 2014 — May 2015

Health Care Support Worker

I formed a good relationship with ward 7F within the Children's Hospital at the Royal London and was able to arrange regular bank shifts in my leave from university.

Ward 7F is a fast paced environment that specialises in High Dependency, Neurology and Haematology.

Working within my limitations and named role as a Health Care Support Worker I was able to manage my own patient work load.

The Little Gym

December 2009 — September 2013

Developmental Gymnastics Instructor

I have worked in both full time and part time positions at The Little Gym Chiswick and The Little Gym Harpenden.

The Little Gym is a motor skill development programme for children aged 4 months to 12 years. I taught both parent child and child only classes. Part of my job was to make parents confident and competent in performing parent-child skills independently, whilst increasing their awareness of how this aids their child's development.

I took charge of the facility as well as having an active role in the training of new staff members.

## Freelance

January 2010 — Present

Nanny & Babysitter

I have over 6 years experience as working as a sole charge Nanny and Babysitter for multiple families.

References and further dates are available on request.

## Tatua Communication CBO, Kibera, Kenya

January 2010 & May 2010

Volunteer

In 2010 I traveled to Kenya to work within Schools in the Kibera Slums on a project called Amani Kwetu (Peace in our area).

On my return to the UK I volunteered for Feed the Minds, the UK charity which funded the project, as an Office Assistant.

## Qualifications

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University Advanced Diploma in Children's Nursing

8 GCSEs at A grade including Maths, English and Science & IT

Adult, Child and Infant First Aid - July 2013

## Education

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### Children's Nursing

March 2011 — March 2015

London Southbank University

#### Clinical Placements

Evelina London Children's Hospital

- Paediatric Intensive Care

Great Ormond Street Hospital

- Cardiac Intensive Care
- Neuroscience and Neurosurgery
- Orthopedics and Spinal Surgery
- Ear, Nose and Throat
- Oncology, Haematology and Bone Marrow Transplant Ward (International and Private Patients)
- Bone Marrow Transplant
- Surgical Same Day Admissions Unit
- Surgical Day Unit

The Portland Hospital For Women and Children

- Paediatric Intensive Care
- Neuro Rehab

Community and Outreach Placements

- North London Health Visiting Team
- North London Children's Community Nursing Team

- Special Needs School

St George's V.A. School  
Harpenden

2004 — 2009

## Hobbies

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### Lacrosse

- King's College 1st Team, 2011-2013
- Hertfordshire 2nd Team, 2006 - 2011
- East of England Trials, 2011
- Centex England Training Camp, 2006 - 2007
- East Advance Lacrosse Camp, 2005 - 2006

### Supporting Family Projects

- Surf Travel Group Ltd & Surf Work Travel Blog
- Kogelo Tours
- Othona Community Centre

## References

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References available upon request.