

A scenic landscape featuring a large white circle in the center. The background shows a mountain range with a lake in the foreground. The mountains are illuminated with a warm, golden light, suggesting a sunset or sunrise. The lake is calm, reflecting the sky and the mountains. In the foreground, there are several large, dark rocks scattered along the shoreline. The overall mood is serene and peaceful.

SENIOR CARE
ALISO VIEJO
CA

With award-winning schools, attractive neighborhoods, and fabulous shopping, dining and entertainment, Aliso Viejo is certainly a popular place to live and if you are looking for senior care there are many options.

The city has a thriving healthcare system and is an inviting community with many options for seniors looking for assisted living.



The City, which is continually ranked one of the safest cities in the nation, boasts rolling hillside, valley terrain and picturesque views of mountains, streams, parks and city lights.

In 2009, Forbes.com listed Aliso Viejo as one of "America's Top 25 Towns to Live Well". This City of roughly 47,823 ranked 16th among the top towns in the nation. You can find more general information about Aliso Viejo at:

<http://www.cityofalisoviejo.com>



Now depending on the type of care you are looking for will depend on you and your families' healthcare situation. To get more information and detailed descriptions of the type and definition's of the medical and non- medical services go to <http://www.pathways2care.com/guidance-planning/>

If you need emergency medical attention, and are in the middle of a crisis an acute care hospital would be the type of care your senior may need. The acute care hospitals that serve Aliso Viejo are:



1. Health Care, Mission Hospital Regional Medical Center

27700 Medical Center Road
Mission Viejo, 92691

(949) 364-1400 | www.mission4health.com

2. Health Care, CHOC at Mission Hospital

27700 Medical Center Road
Mission Viejo, CA 92691

(949) 364-1400 | www.mission4health.com

3. Health Care, Hoag Health Center - Aliso Viejo

26671 Aliso Creek Road,
Aliso Viejo, Town Center

(949) 425-0550 | www.hoaghospital.org

4. Health Care, Saddleback Memorial Medical Center

24451 Health Center Drive
Laguna Hills, 92653

(949) 837-4500 | www.memorialcare.org/saddleback

5. Health Care, South Coast Health Center

5 Journey, Aliso Viejo,
Adjacent to AV Library

(949) 389-8969 | www.SouthCoastMedCenter.com

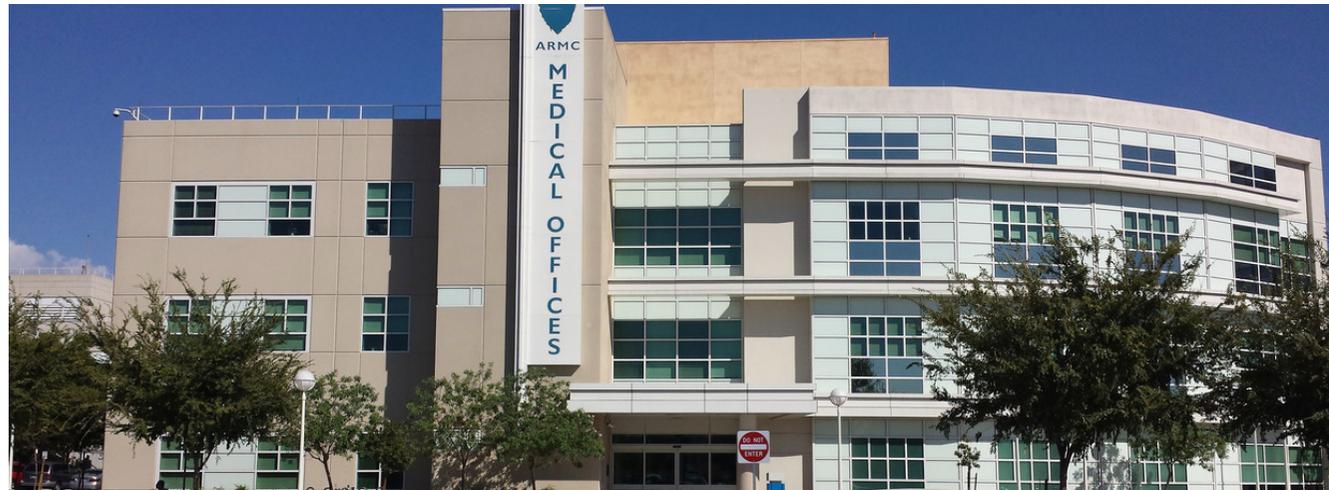
6. Health Care, South Coast Medical Center

31872 Coast Highway
Laguna Beach, 92651

(949) 499-1311

Now if you senior has been recently been discharged from an Acute Care Hospital often they will be discharged to a Skilled Nursing Facility (SNF). In California there are over 1200 SNF, skilled nursing care facilities, commonly referred to as nursing homes, are licensed healthcare facilities that are inspected and regulated by the state's Department of Health Services.

They offer long- and short-term care for seniors who suffer from serious or persistent health issues, such as Alzheimer's disease, or who need rehabilitation services that are too complex to be treated at home or at an assisted living facility.



Unlike many cities in California, Aliso Viejo really only has one Skilled Nursing Facility. Technically it is a Continuing Care Retiring Community, boosting an array of services for all phases of the aging process.

The Covington gives you many choices as the premier Continuing Care Retirement Community in South Orange County. They offer active Independent Living that is maintenance-free, Assisted Living accommodations, compassionate Memory Care, Skilled Nursing and rehabilitation services, all on there 12 acre campus.

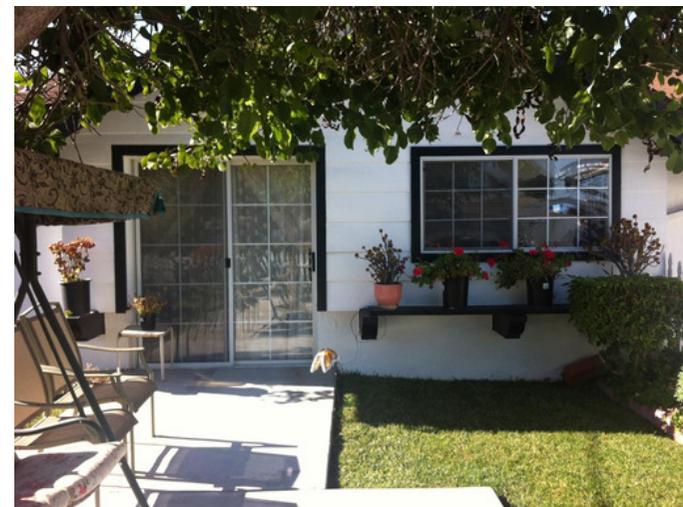


If for some reason you are looking for Skilled Nursing, and the Covington doesn't meet your needs (CCRC usually require a considerable "buy in") and this may not be what your loved one is looking for at this time, not to worry there are many other options nearby.

Often after a stay at a Skilled Nursing Facility or Acute Care stay a senior may need to continue the rehabilitation process, but is well enough to continue the skilled nursing care at home.

"Home health care is a wide range of **health care** services that can be given in your **home** for an illness or injury. **Home health care** is usually less expensive, more convenient, and just as effective as **care** you get in a hospital or skilled nursing facility (SNF)." As stated on www.Medicare.gov

There are currently 80 home health agencies (HHA) that service Aliso Viejo, but physically there is only one HHA located in the city. That being Building Blocks Pediatric Hhs which specializes in treating ill children. That being said with 80 home health agencies that provide care in Aliso Viejo – deciding on what home health care agency to use might seem intimidating. The Internet has numerous (often misleading and overwhelming) sources of information. One very useful tool is on the government website Medicare.gov where you can compare agencies in a geographic area, compare their rankings among other health care agencies and see how they compare to both the state and national care.



Often confusing to many seniors is the difference in the term "Home Health" and "In Home Care" the later meaning assistance with the non medically skilled services such as the normal activities of daily living (ADL's). This type of assistance for the elderly usually includes bathing, grooming, toileting and help dressing. It is reasonable for a caregiver to be expected to do errands, grocery shopping and cooking. In home care unfortunately can be the most expensive type of care usually ranging in price from \$18 - \$22 an hour and is rarely covered by health insurance. Many long-term care insurance plans can pay for it and in certain cases MediCal will allot a nominal amount of funds for In Home Supportive Services (IHSS) and there are certain benefits for Veterans as well.

When you Google "How many home care agencies are in Orange County?" you get about 4,590,000 results in 0.46 seconds. "In home care" is quickly becoming a large industry with over 48 national franchises listed on EntrepreneurMagazine.com

There is on one Assisted Living / Residential Care Facilities for the Elderly in Aliso Viejo. This being the Arcadian@Aliso a community capable of providing service to 84 residents. California Community Care Licensing websites reports visiting the facility over 13 times between the years 2012 to 2014, with several A citations (immediate health, safety and personal rights impact) as well as B citations. It's extremely important to note that one or more citations may be under appeal and/or may have been corrected.



We at Pathway to Care know firsthand how overwhelming, confusing and stressful the search for senior care can be. As a team we work daily touring and prescreening care facilities for our clients. We look specifically for the character of the owners of these establishments, as this usually indicates the quality of the care provided. We intentionally make a point of speaking with current residents in the communities we evaluate in order to one get their opinion of the care, but most importantly to see if our current client will be a good "fit".

Costa Mesa Office

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Costa Mesa, CA 92626
Phone: 800-640-5626



*FINDING SENIOR CARE OPTIONS
& WAYS TO PAY FOR IT*

Yorba Linda Office

22815A Savi Ranch Pkwy
Yorba Linda, Ca 92887
Phone: 714-408-4413

We are keenly aware of the “chandelier effect” realizing that at times the most beautifully decorated community may not have the care and staffing needed for every senior. We deal daily and directly with the aging process, and as a team we search for the best care facilities for our clients. Often we see an adult child struggle with the task of finding the right care arrangements for their aging parents – many try to do this alone assuming they can “do the research” alone – we do this daily and know it can not be done by one inexperienced person. Sadly we are called after a serious fall or a financial crisis. Our goal is to help families find the best senior care available in Orange County, California.

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