

# Erectile Dysfunction Elimination by Sildenafil Citrate

## sildenafil citrate



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Realpharmacyx

What is erectile dysfunction- more commonly ED? Many of us do not have clear idea about ED. Here is the explanation: When a man has difficulty either getting erect or keeping his erection, the problem is known as erection dysfunction or male impotence. Mostly, hard on weakens due to insufficient blood flow to penile organ, which prevents a healthy erection. Sometimes the cause of ED could be related to lifestyle, side effects of medicines used or in use, mental or physical health disorders etc.

*“80 percent of men have felt relieved on speaking to their doctors about ED, and there are higher chances of treating impotence when that is done by following the recommended treatment option.”*

### **Misconceptions about ED Tablets**

There is a misconception that impotence happens only to old aged men. It is very relevant in young age as well. Just that by the time one is in 50's or 60's the health deterioration increasing, some of these affect erectile strength. Out of the innumerable treatments to male impotence, the first-line remedy suggested by doctors at large is [Sildenafil Citrate](#) drugs. But, these work only if erectile dysfunction is connected to vascular health disorder, leading to low blood supply to the male reproductive organ.

### **Benefits of Using Impotence Pills**

We all find the easiest and simplest treatments as beneficial, not to mention the cost effectiveness. The erectile dysfunction remedy medication offers all the above mentioned benefits. It can be taken orally with water, fit to use when needed, and one can **buy Sildenafil Citrate 100mg tablets online** as well. It is low cost treatment, and is done without requirement or instruments, invasive technique or anesthesia. The pill can be taken at home once prescribed.

*Also, **Sildenafil Citrate 100mg** pills work 80 to 90 percent of times in users who have taken this drug for getting rid of impotence temporarily.*

nfo: ED Drug Use, Dosing, Myths and More

## Sildenafil Citrate



Doctor is the best person to consult about how much of the medication dosage to take. One can take the tablet up till 4 hours to 1 hour before sexual activity. The medicine can be taken with or without food, but high-fat food must be avoided such as French Fries and Cheeseburgers etc. It can take longer for [Sildenafil Citrate tablets](#) to start working if heavy meals and alcohol are used. Do not use more than one pill in a day.

*50mg or 100mg of anti-impotence tablet has helped at least 4 out of 5 men in keeping erections hard sufficiently for intercourse.*

### Impotence Treatment with Pills

The medicine works with impotence, by increasing blood circulation to male reproductive organ, so that the user can maintain hard on enough for sexual intercourse. It takes about 30 to 60 minutes for the tablet to begin effecting, and an individual must only utilize the treatment when needed and not for recreation. Stimulation is necessary for the pill to work.

### Effects and Safety

Common side effects are upset stomach, headache, face flushing, stuffy or runny nose, muscle or back pain, dizziness, nausea etc. Those allergic to the pill must not take it. The medication is unsuitable for men with cardiac/kidney/liver disorders, heart attack, diabetes, very high blood pressure and some other critical health issues.

*The drug does not protect against HIV or sexually transmitted diseases. It is not meant for non-users such as men without impotence, teenagers, children, women etc.*