

# JOIN THE #FASTTURKEY CHALLENGE

[FASTTURKEY.CA](http://FASTTURKEY.CA)



## HOW IT WORKS:

This Thanksgiving, really give thanks by doing the Fast Turkey Challenge. You agree to fast by skipping lunch on Friday October 7th and donate your lunch money to the homeless who can't afford to eat. You also agree to Challenge your friends to do the same, or they have to buy you lunch at your favourite restaurant instead.

## THE CAUSE:

All funds raised will go to Good Shepherd Ministries to help feed the homeless. At Thanksgiving they work tirelessly to provide a full Thanksgiving meal to those who can't afford to eat. In just the last few years, Good Shepherd Centre has seen more than a 50% increase in the number of meals and snacks served each day. Today they are Toronto's largest meal program, serving more than 1300 meals a day.



**GOOD SHEPHERD  
MINISTRIES™**  
WELCOME HOMELESS

**SIGN UP NOW & FAST AT LUNCH ON OCT. 7TH!**

GET MORE DETAILS AND INFO AT

[FASTTURKEY.CA](http://FASTTURKEY.CA)