



# Iceland-The Insiders Guide

## Day 1- Blue Lagoon



The Blue Lagoon is a unique wonder of nature, with warm mineral-rich geothermal water in the middle of a black lava field. The naturally high levels of silica and minerals give the Lagoon its rich blue colour.

The facilities include modern changing rooms and showers, an indoor geothermal pool, a winter garden and restaurants. A visit to the Blue Lagoon is both invigorating and exciting whether you bathe there surrounded by snow in the middle of the winter or in the long summer daylight. We stopped there for approximately an hour for the best swim of my life.

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## Day 1-Laugavegur (High Street)

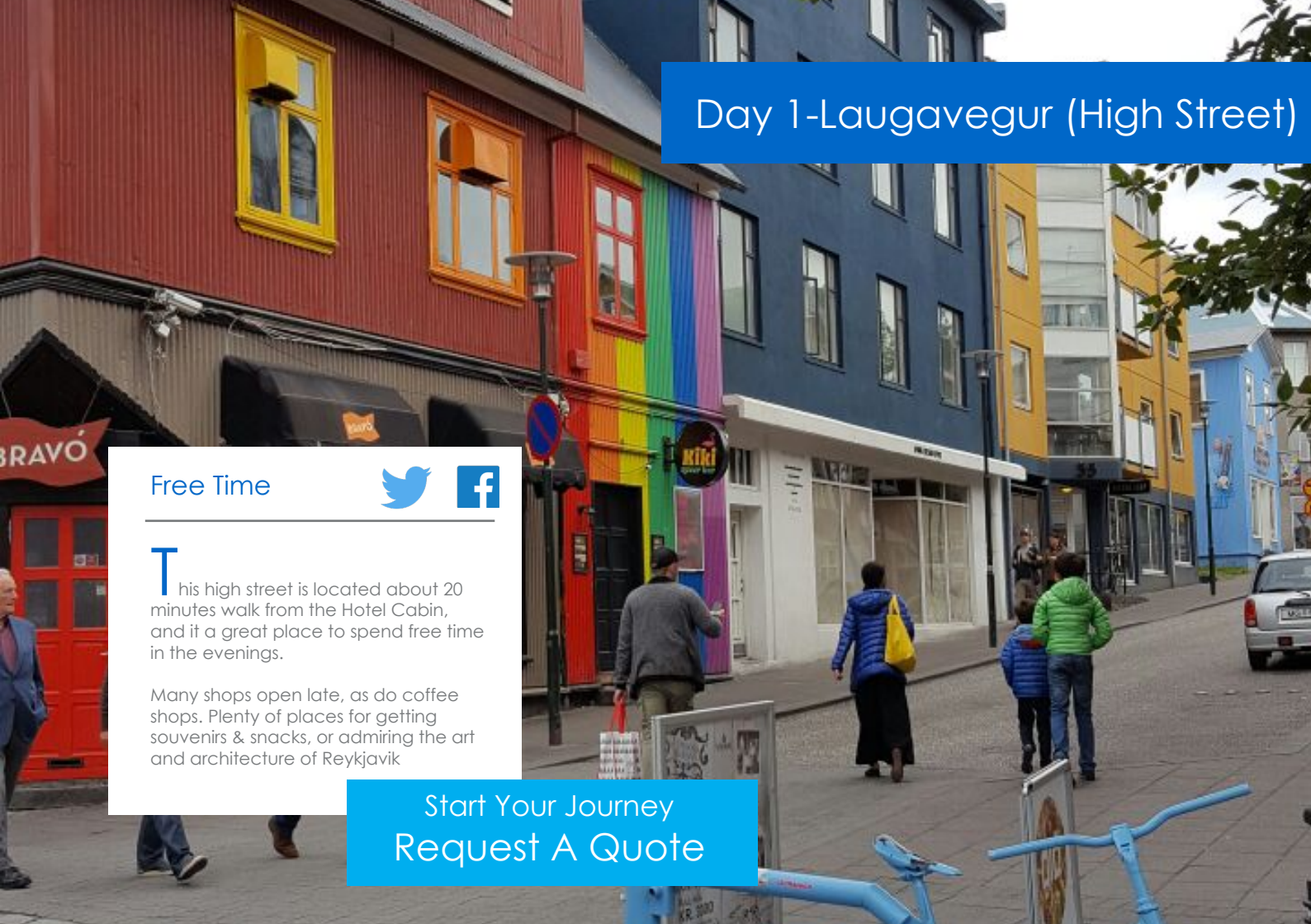
### Free Time



**T**his high street is located about 20 minutes walk from the Hotel Cabin, and it's a great place to spend free time in the evenings.

Many shops open late, as do coffee shops. Plenty of places for getting souvenirs & snacks, or admiring the art and architecture of Reykjavik

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# Day 2-Seljandsfloss Waterfall

## South Shore Adventure

**W**e travelled by coach across the south of Iceland

First Stop – The Seljandsfloss waterfall. The surroundings are beautiful, and a must see. Make sure to walk around the entire area if you have time.

You can walk behind this waterfall – waterproof clothing and decent shoes essential

Stop doesn't take long- 20 mins approx.

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**T**he Reynishverfi is a black sand beach in the region of VÍK. Famous for its black charcoal like sand and basalt sea stack.

It's truly one of the most picturesque beaches in the world and a great place to capture some beautiful photos.

## Day 2-Reynishverfi

Discover More of Iceland **Here**

## Day 2-Glacier Walk

The Sólheimajökull, a glacier tongue extending south from the Mýrdalsjökull Glacier and witness glacial processes in action.

During the 2 hour tour you will be walking on the southernmost glacier in Iceland where you will experience pure ice with amazing landscape.

The guides provide all equipment needed- crampons, harnesses, helmets & ice axes

Teachers were extremely impressed with the guides and their interactions with the children.



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## Day 3-Golden Circle Tour

The Þingvellir National Park is another stop on this tour from where the forces of tectonic plates are clearly visible, followed by a walk to the Icelandic Parliament established in the year 930.

The tour continues to Gullfoss, the most beautiful waterfall in the country as well as the Geysir geothermal area with its hot springs. Strokkur, the most active geysir erupts every few minutes. The last stop is the Kerio crater.



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## Day 3-Bingvellir National Park

**T**he Þingvellir is seen as Iceland's national shrine. For this reason it holds a vital role in Icelandic history as one of the world's oldest parliaments and has been given a UNESCO World Heritage Site.

A canyon runs through the park forming the meeting point of two of the earth's tectonic plates (mid Atlantic ridge)

The ground is uneven and there aren't barriers at all ledges. Groups need to be cautious when walking

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## Day 3-Great Geysir

We viewed one of the most active geysers in the area, Strokkur.

It spouts hot water up to 20 metres every 10 mins. It's a fantastic photo opportunity and another amazing stop on the adventure list.

There's a shop, café & multi media exhibition by the coach park

See Our Other Destinations





# Overview – Trip Review

Iceland was an incredible experience, full of sites and activities which are unlike the majority of our other tours & destinations.

The Laugavegur high street provided a relaxed, safe place for the group to have free time for shopping and admiring street art and vibrant buildings.

The visits were full of 'wow' moments (waterfalls, geyser, glacier, volcanoes, lava fields, Blue Lagoon!) Nothing quite like climbing a glacier and then cooling down with some fresh, ice cold water which runs down the glacier, looking at the most incredible view.



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