



Working Overseas Careers Panel

Faculty of Biology, Medicine and Health
Thursday 29 September 2016

In partnership with The University of Manchester
Alumni Association and Careers Service

Welcome

Welcome to our Career Panel event. It gives you the opportunity to talk to former students who studied similar subjects to you, and have gone on to be successful in their careers.

You will meet former and current medical students at different stages of their career who are able to offer advice and guidance. You will have the opportunity to ask them questions about their individual career paths.

At the end of the session, we will break and you will have the opportunity to network with our panellists informally. Here you can ask follow up questions, seek additional advice and exchange contact information.

Timetable

5:45 - 6.00

Registration

6.00 - 6.15

Welcome talk

6.15 - 6.45

Panellists' introductions

6.45 - 7.30

Question and Answer session

7:30 - 8.00

Networking

Making the most of the event

Before the event

- Research the contributors - in this guide you will find information about the panellists attending the event including their career timeline.
- What do you want to know - think about what you want to get out of the event, who you're particularly interested in meeting and what you need to ask about their individual career path.

During the event

- Exchange contact details - don't be afraid to ask for contact details, if there's someone you'd like to stay in contact with, ask them for an email address or phone number.

After the event

- Get LinkedIn - now that you've met some people working in the sector you're interested in, connect with them on LinkedIn and discover more about them and their employers.

Prompts and possible questions to ask

- What is a typical day like in your role?
- How did you get started in this role?
- What kind of work experience would be helpful?
- What is the selection process like?
- What are the key skills needed for this role?
- What is the working environment like?
- What do you enjoy most about this role?
- What is the most challenging part of your role?
- Where did you look for work?
- Is there any other advice you could give someone interested in this career path?

Anne Johnstone

Degree:

MPH The Evidence Based Approach
(Current student)

Job:

Humanitarian Adviser (DESA)

Organisation:

Department for International
Development

'There is more than one path you
can follow to work in the medical
field in international development.
Organisations value transferable skills as
well as technical expertise.'

Find me on [LinkedIn](#)
Questions and notes:



2016 Joined
DFID as a
Humanitarian
Adviser

2015
commenced
MPH at
Manchester
University

2015-16
coordinated an
NGO medical
programme in
eastern Ukraine

2006 BSc in Geography from
Edinburgh University, joined
the private sector

2010 MSc Water Resource
Management from Heriot-
Watt University

2012 started working on
WASH with NGOs in Thailand
and Bangladesh

Dr. Dhammika Perera

Degree:

MPH The Evidence Based Approach 2009

Job:

Global Medical Director

Organisation:

Marie Stopes International

'Understand the limitations of a medical
degree. Always question yourself and
others.'

Have clarity on where you want to go as
early in your career as possible.
Identify priorities in life and in your
career.

Keep in touch with fields aligned to your
goals (outside of medicine).

Understand early what brings you
contentment and a sense of purpose.'

Find me on [LinkedIn](#)
Questions and notes:



2014 - Present
- MSI

2010 - 2014 -
IRC, Head of
Reproductive
Health

2009-2010 -
MPH Manchester

2005-2009 - MSF

1999 - Graduated
Colombo Medical School

1999-2003 Ministry
of Health Sri Lanka

2003 - 2005 MSF

2005 - Post-grad diploma -
Int. Health - Oslo Uni

Dr Judith Ormrod

Degree:

PhD Psychiatry 2005

Job:

Lecturer, Nursing & Midwifery/ Health Psychologist

Organisation:

The University of Manchester

'Keep an open mind - if possible enrol on a specialist course such as the tropical nursing course at the London School of Tropical Medicine or the Liverpool School of Tropical Medicine. Remember you may have planned your career but circumstances change. Talk to people, volunteer, remain curious and learn a few phrases... it helps!'

Find me on Questions and notes:



2015 Invited by Liverpool School of Tropical Medicine to undertake Ebola project

2013 Briefly worked in Zambia

2012 Worked in Mwanza, Tanzania during summer break on a gynaecology unit and theatres

Returned to nursing and teaching, University of Manchester



Dr Holly Eadsforth

Degree:

MBChB 2013, and current Global Health MSc student

Job:

THET long term volunteer

Organisation:

GRASPIT medical training Kenya

'Medicine offers an incredible passport to explore the world, whether or not that involves clinical work. Persistence pays off; if you actively seek out opportunities in the areas you are interested in, more will start materialising. You can afford to be critical of these and choose a role which is right for you.'

Questions and notes:



2016 Quality Improvement Emergency Medicine clinical fellowship, Royal Edinburgh Infirmary

Expedition Medic on Kilimanjaro and Ugandan marathon

2016 THET long-term volunteer in Kenya



Careers Service:

www.careers.manchester.ac.uk

Open Times:

Monday—Friday
9am—5pm

General enquiries:

+44 (0)161 275 2828

Student and graduate information and guidance enquiries:

+44(0)161 275 2829

The Atrium,

1st floor University Place,
Oxford Road,
Manchester
M13 9PL



Further Advice

Whatever stage you are at in your career planning, hopefully this event will have inspired you to take the next steps with confidence.

There is a huge network of support for you at The University of Manchester so take advantage of it while you are here. You can benefit from a wide range of services such as:

- Help finding internships/work experience
- CV/covering letter writing guides and workshops
- Company profiles and testimonials
- Guidance services
- Appointments with careers consultants
- Mentoring schemes
- Practice interviews/practice psychometric tests
- Paid work vacancies

Feedback Questionnaire

Thank you for taking the time to fill out this short questionnaire. Your comments will help us to improve our events to meet your needs more closely and we may use them anonymously to promote future events.

Student no. _____

Year 1 Year 2 Year 3 Year 4 Year 5 Foundation year

2. Please rate how strongly you agree with the following statements:

	Strongly Disagree	Disagree	Agree	Strongly Agree
i) My confidence has increased in networking with professionals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ii) I feel motivated to take action regarding my career (Seek careers advice, update CV, source internship etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
iii) A good range of careers were represented	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
iv) Talking to the contributors was beneficial	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
v) I enjoyed the event	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
vi) I would recommend this event to others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Did you learn about careers you hadn't realised were an option for you, if so, what were they?

4. What was the best thing about the event?

5. What was the most useful piece of advice or information you received today?

6. What will you do now as a result of attending this event?

7. Was there anything you didn't like, or felt could be improved

8. Any additional comments: (please use overleaf if required)
